

DOCTORS ADVISE OPERATIONS

Saved by Lydia E. Pinkham's Vegetable Compound.

Swarthmore, Penn. — "For fifteen years I suffered untold agony, and for one period of nearly two years I had hemorrhages and the doctors told me I would have to undergo an operation, but I began taking Lydia E. Pinkham's Vegetable Compound and am in good health now. I am all over the Change of Life and cannot praise your Vegetable Compound too highly. Every woman should take it at that time. I recommend it to both old and young for female troubles."—Mrs. EMILY SUMMERSGILL, Swarthmore, Pa.



Canadian Woman's Experience: Fort William, Ont. — "I feel as if I could not tell others enough about the good Lydia E. Pinkham's Vegetable Compound has done for me. I was weak and tired and I could not rest nights. A friend recommended your Compound and I soon gained health and strength and could not wish to sleep better. I know other women who have taken it for the same purpose and they join me in praising it."—Mrs. Wm. A. BUFFY, 631 South Vicker Street, Fort Williams, Ontario.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these women it will help any other woman who is suffering in a like manner?

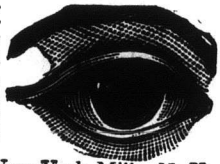
If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Eyesight Restored

EYEGASSES MAY BE ABANDONED

A Wonderful Discovery that Corrects Afflictions of the Eye without Cutting or Drugging

There is no need of cutting, drugging or probing the eye for the relief of most forms of disease, as a new method—the Actina treatment—has been discovered, which eliminates the necessity of former torturous methods.



There is no risk or necessity of experiment, as many people report having been cured of failing eyesight, cataracts, granulated lids, and other afflictions of the eye after being pronounced incurable.

Rev. Geo. B. Fairhead, New York Mills, N. Y., writes: "A Noted Oculist examined my wife's eyes, and said cataract was apparent in both organs. By the use of Actina her sight has become clearer and stronger, and the use of Actina is a constant comfort to her eyes and ears. We would not be without it."

Rev. N. P. Uhlig, 2014 Cortez St., Chicago, Ill., writes: "By the use of Actina my eyes have grown strong. You can use my name as reference."

Rev. J. S. Boyd, Courtenay, N. D., writes: "The use of the 'Actina' has brought my eyes to a very satisfactory and comfortable condition. I can read all day and all night, if necessary, without discomfort. 'Actina' also stopped head noises, and relieved cataract."

Hundreds of other testimonials will be sent on application.

"Actina" can be used with perfect safety by every member of the family for any affliction of the eye, ear, throat or head. A Free Trial of the "Actina" is given in every case.

Send for our FREE TRIAL offer and valuable FREE BOOK. Address: Actina Appliance Co., Dept. 84B, 811 Walnut St., Kansas City, Mo.

When writing advertisers please mention The Western Home Monthly.

there just the same. I can safely say I have taught scores of boys and girls at dancing classes the great art, and have been thanked over and over again for it. I am also a good hand at cards, and can play most games, but skating is another great hobby of mine, and the more the merrier I say. I am looking forward to it already. Well, I would like to see this in print so I will not take up any more of your valuable space. Will you please forward the W.H.M. to me at Medicine Hat. Hoping you will oblige, yours truly, Dido.

Only Once in a Lifetime

Ontario, West, Nov. 18th, 1912. Dear Editor: As this is my first letter to your Correspondence column I will be pleased to see it in print. My father has taken The Western Home Monthly for a long time, and we are always anxious to get it. I play the organ, and can bake good bread, cakes and cookies. I will close with a short poem: "Only Once in a Lifetime."

It was a pitiful mistake, an error sad and grim. I waited for the railway train, the light was low and dim. It came at last, and from the car there stepped a dainty dame, And looking up and down the place, she straight unto me came. "Oh, Jack," she cried, "oh, dear old Jack!" and kissed me as she spake; Then looked again, and frightened cried, "Oh! what a bad mistake!" I said, "Forgive me, maiden fair, for I am not your Jack, And as regards the kiss you gave, I'll straightway give it back." And since that night I've often stood upon that platform dim, But only once in a man's whole life do such things come to him.

Wishing the W.H.M. every success, I will sign myself, A Farmer's Daughter. Please send address. Ed.

A Little Particular

Manitoba, December, 1912. Dear Editor: I have often read your charming magazine, and wish some of those dear girls who write would send me a line. My girl must be tall and fair complexion. I enjoy a good dance particularly if my partner is a nice girl. I smoke and chew gum—not tobacco, and enjoy town life better than country. I am five feet ten inches tall, blue eyes and fair hair. I must close now as this is my first letter, and hoping to get some correspondence I will leave my address with the Editor.

Lickly Georgie.

One Who Works Hard

Agassiz, B.C., November, 1912. Dear Editor: I would like to come into your cheerful circle, and have a little to say about the latest topic. I am very fond of dancing, and think it is very healthful with the right people, but when you come to think how many dollars are thrown away on it by bachelors—I say bachelors because married men with children have more use for the mighty dollar—it is too bad. I know there are lots of people in need of necessities alone, and what a lot of pleasure that money would bring them. My husband is a good workman but we have a hard time to make ends meet with five bright children. One man was heard to relate "Oh, there are no poor people here because they never pay their debts." It is a shame too, because this is a beautiful country where we live. I am afraid it will be a poor Christmas for us, and children look to it as their brightest time, but it brings heartaches and disappointments to some as well as joy and happiness to others.

I remain, Rule Britannia.

Likes the Prairie Life

Manitoba, Nov. 25th, 1912. Dear Editor: Can you spare a wee space in your journal for this my first letter to the Correspondence column. I have been in this country for two years, and have read the W.H.M. from cover to cover each month. It does not seem necessary to be a subscriber in order to

For The Nervous Woman,

Or the woman who experiences hot flashes nothing is so good to soothe, quiet and calm the nervous system as a pure glyceric extract of native medical plants, and made without alcohol, which has been sold by druggists for the past forty years, and most favorably known as Doctor Pierce's Favorite Prescription. In younger years some women suffer from dizziness, or fainting spells, hysteria, headache, bearing-down feelings and pain. All these symptoms of irregularity and female disturbance are relieved by the use of this famous "Prescription" of Doctor Pierce.

As a powerful, invigorating tonic "Favorite Prescription" imparts strength to the whole system, and in particular to the organs distinctly feminine. For over-worked, "worn-out," "run-down," debilitated teachers, milliners, dressmakers, seamstresses, "shop-girls," house-keepers, nursing mothers, and feeble women generally, it is an excellent appetizing cordial and restorative tonic.



Mrs. McDonald.

"My disease was called retroversion," writes Mrs. LYDIA McDONALD, of Mecosta, Mich., Route 1. "I had nervous chills and numb spells and they would leave me very weak. Then I had inflammation and the doctor said I had a floating kidney. I doctored seven months with our family physician. He said I would have to have an operation. Then I stopped taking his medicine. After taking three bottles of Dr. Pierce's medicines I have not had any nervous chills or weak spells. I am better than for years."

"My daughter is now taking the 'Prescription' and Dr. Pierce's Golden Medical Discovery, also the 'Pellets' for nervousness and weak, tired feeling. These remedies have helped her ever so much in a short time. We have great faith in your medicines for female troubles."

Dr. Pierce's Pleasant Pellets induce mild natural bowel movement.

Any Man May Easily Regain Lost Strength

Any man, young or elderly, who feels the need of new strength; stronger nerves, greater ambition, new, robust, vigorous health, by filling in the coupon below will receive by return mail (sealed), as a gift from me, a valuable little 86-page illustrated book or pocket compendium giving a vast amount of strictly personal and private advice which should be of great value to every single or married man to the end of his days. The book also tells all about a new self-treating method which anyone can use in his own home and which, without employing a single drug or medicine, is designed to quickly restore lost strength and to give men back their vigor of youth. Call at my office or write for free book to-day.

SANDEN.

The only legitimate way to restore lost strength is to send a genuine supply of nerve-force or vitality into the weakened system. Therefore, if I can show any debilitated man how he may easily supply his weakened nerves, his depleted organism, with this marvellous power, I can then put him in the way of restoring his youth and of keeping him feeling young and capable to a ripe old age. A thoroughly strong, healthy, magnetic man is the greatest inspiration in the world and his fascinating influence is felt alike by all men and all women who are near him. Nothing but death itself can conquer the giant of strength and vigor.

I cannot here give space to thoroughly describe the method which I recommend in the treatment of lost strength, but will merely say the power which your system absorbs is generated by a vitalizing appliance which I make and distribute. This appliance I call a HEALTH BELT because it is made to wear around the

waist. It produces a great volume of a force that I term Vitality, and it sends this force into your nerves and blood after hour all night while you sleep. There is no shock, but merely a pleasant, warm, soothing sensation which induces a sound refreshing sleep. Weak back often disappears at once, and a better feeling is immediately experienced. Two or three months' wear is usually sufficient to restore lost strength. The cost is nominal. With special attachments, my HEALTH BELT is used by women as well as men for rheumatism, kidney, liver, stomach, bladder disorders, etc.

My 86-page illustrated book for men, aside from its general advice, fully explains the new, drugless method for restoring strength which is referred to above. Write for free copy to-day. Please use coupon below. If living near by call in person and have a free demonstration of the treatment.

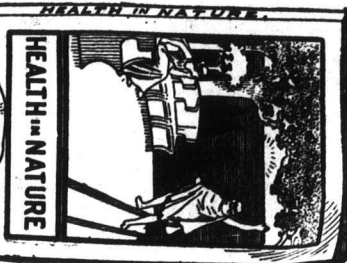
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paper, and should be read by every man, young, middle aged or elderly, whether ailing or strong.

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