Passion Sunday.

DANGEROUS COMPANIONSHIP.
Walk circumspectly not as unwise, but as (Ephes. v. 15-16) To-day, my dear brethren, I propose to make a few remarks on the dangerous occasions of impurity, so common in

these times. The danger of which I wish specially to speak is that which comes from the familiar acquaintance which now exists to such a great extent, and is taken so much as a matter of course, between young persons of different sexes. This undue familiarity is too common everywhere in this country; and more anywhere else in a city like that in which we live. Young women here with us, even though they be Catholics, and good enough Catholies in some respects, seem to forget, or rather never to begin to realize, the laws of decorum and modesty which well-instructed persons, even though not professing to be specially religious, have hitherto rightly for granted.

To take a flagrant instance. A priest being a man educated according to the rules of respectable society, is unspeak-ably surprised when he for the first time hears some young woman, apparently of a careful conscience, ask him if it is a sin to flirt. For what is this which is sin to first. For what is this which is called firsting? It is simply deliberate-ly and wantonly acting in a way to attract the attention of particular per-sons of the opposite sex, to make signals which are to be understood as marks of preference for, or of desire of acquaint-ance with, some young man or men whom she may chance to see on the street. A sin to flirt! How can you ask such a question? Why, outwardly and at the question? Why, outwardiy and at the first appearance, the act is not very different from that of an abandoned woman seeking to attract those whom she thinks will notice her. The intention, of course, in your minds is often comparatively harmless, it is true; but by outward standards the act is simply disreputable. Furthermare, it shows a disreputable. Furthermore, it shows f-eling which any lady, really worthy of the name, would hesitate to show even to one whose character she well knew to be good, and who had for a long time given to her respectful and proper atten-tions. A woman or girl who flirts seems to be, if she is not in reality, lost to all seuse of decency; and those are almost as much so who shamelessly walk at night up and down the avenues in the ope of attracting attention. This seeking to form unknown acquaint-

ances of the opposite sex or to attract special attention among them is, then, a thing which no Catholic girl should think of, if she has any sense of shame. But when such acquaintances are formed by an introduction in itself proper, they should be very carefully considered. For a young woman to make one of the other sex her friend or familiar companion, as she well may one of her own is a thing which should be unheard of She should have but one such friend, and he should be one who has acted honorably to her by proposing to her to take the honorable part of her husband, and whom before God and in her conscience felt to be worthy, and accepted by a binding engagement. Before that and to all other young men, politeness with proper modest reserve should be the constant rule, affection and familiarity out of the question. And yet we find girls keeping company, as it is called, and that without any sort of serious guarantee of the purposes of the other party, not only with one after another, but even with more than one at

For the reasons, plain enough, on which these directions rest, promiscuous assemblies of both sexes, such as those to be found at certain gatherings, now unfortunately so popular, are full of danger and had far better in all cases be avoided. A freedom of manners prevails in them—to say nothing of direct temptations to the senses—an ease of making acquaintance, which opens a free door to sin. I do not wish to be too severe, but, as a rule, I do say, leave much places alone. Young women re-

THE WORKS OF PENANCE.

A work of penance is any kind of punishment which the sinner willingly undergoes in order that he may satisfy for his sins, or as St. Paul expresses for his sins, or as St. I all expresses it in the first chapter of his Epistle to the Colossians, that he may fill up in his flesh, those things that are wanting in the sufferings of Christ. Not that the sufferings of Christ are not in themselves sufficient for our salvation, but that it is the will and the design of God, as is made abundantly clear by this and many other passages of Scrip-ture that we should obtain the salvation of Christ by doing certain good works ourselves. And as the nature of punishment requires that it be painful and afflicting to self-love, so anything whatsoever which is naturally painful and afflicting to us, and which we ingly undergo with the view of doing penance for our sins, is a penitential

Penitential works are of three classes: (1) those which we are communded to undergo under the pain of sin; (2) those which are left to our own free choice, according to our particular wants, without any other command but the general one of doing penance for our sins; (3) those which we are forced to undergo by the order of Provid-ence whether we will or no, but which we may turn to our advantage by re-ceiving them in the spirit of pen-

In the first class the leading place sias in the sacrament of penance is a very painful work, a work is most humiliating to our selfa work which covers us with no and confusion; but it is only a moment, and that momentary for a moment, and that momentary hadilation and shame, united as they a with the merits of Christ, God ac-cepts in exchange for the everlasting humiliation and shame which would



way. You will save money by purchasing your clothing from us because we supply you direct from the great cloth-producing centre of HUDDERSFIELD, and you thus avoid the middleman.

ABSOLUTE SATISFACTION—NO DELAY.

WE GUARANTEE IN STYLE, CUT, FIT, AND MATERIAL WRITE TO-DAY FOR PATTERNS. BOOKLET, ETC.,

Our business is being built up on our guarantee to fully satisfy our customers, and we urge you to give us a trial. Our cutters are expert, our cloths are very superior, and we can make you a suit which you will be proud to wear at prices as low as from \$6.13 to \$13. If you prefer, we will send you a suit length of cloth, which your own tailor will make up, for from \$2.08 to \$7.20. We also supply a splendid range of ladies' costume cloths from 47c to \$1.11 per yard, or complete costumes from \$6.75 to \$12.37.

GROVES & LINDLEY,

68 CLOTH HALL ST, HUDDERSFIELD, ENGLAND.

mitted a mortal sin, that the sin will are the toils and labors of our state of

Another penitential work which we must perform under pain of sin is the penance received in confession. Many people think very lightly of this; it is generally some short prayer; they do not believe it amounts to anything; and it often happens that they return to confession saying in an indifferent tone that they forgot to perform their tone that they forgot to perform their penance, or that they are not sure whether they said it or not. Now the confessor might very easily give a penance which would not slip their memory. If he said, "Make the way of the Cross every day for a week," or "Come to Mass every day for a month," it is altogether likely that they would remember the penance that they would remember the penance to Mass every day for a week," or would remember the penance they would remember the penance that they would remember the penance that they are not sure masters, if your servants are disobedient and careless; what excellent opportunities this gives you of offering up a daily penance most acceptable to God. Sickness and pain attack you; here also is a large field for making up your accounts with God to your great advantage. And so of all the other crosses which God sends upon us in this they would remember the penance. they would remember the penance and know when they finished it. But through pity for their weakness, through fear that they might not perform a harder penance and might thus burden their conscience with a new sin, he gives a few short prayers to be said. This work, however, though easy in itself, yet on account of its being a part of the sacrament of penarce, is worth far more in the sight of God than any other works no matter how painful, performed of our own accord. Let no

A third penitential work to be performed under pain of sin is the keeping of public fasts of the Church. This work is obligatory on all between the ages of twenty-one and sixty who are not excused by reason of poverty, sickness or hard labor. The obligation is a strict one, and no man or woman who is not certain of belonging to one of the above mentioned classes should dare to excuse themselves from fasting. Abstinence from

their senses in a thousand different their senses in a thousand different ways; for example, by kneeling upright at our prayers without any support; by sitting on a hard chair when we have an easy one at hand; by total abstinence from liquor, even though we never drink to excess; by not eating of some dish that we are fond of; by giving up some harmless pleasure, or limiting our indulgence in it severe, but, as a rule, I do say, leave such places alone. Young women respect yourselves; demand the respect of others. There is the moral in a nutshell.

There is the moral in a nutshell.

Apropos of the recent exclusion of a priest from the bedside of a patient in then, when we might be engaged in then, when we might be engaged in the cathering that the conversation. We may do such works as will strike at the root of our vices; for example, he can be a priest from the bedside of a patient in Catholic Transcript says: "There is always more or less hazard in trusting the cathering that the cath our vices: for example, by giving alms liberally if we are inclined to be stingy; by making it a point never to speak about any one unless we have something good to say, if we are inclined to be uncharitable in our speech; by asking no unnecessary questions, if we are inclined to be excessively curious; by acts of humility if we are inclined to be proud. We be proud. We may practise extra de-votional exercises such as going to Mass on week-days, paying visits to the of these things done in a spirit of penance will be most pleasing to

Lastly, there is the third class of penitential works, those things which they will go to reduce the debt of temporal punishment due to our sins. There

CRESOLENE ANTISEPTIC TABLETS

SORE THROATS AND COUGHS

TOBACCO HABIT

LIQUOR HABIT

This painful work is so strictly laid by God Himself upon all who have com-Address or consult Dr. McTaggart, 75 Yonge treet, Toronto, Canada.

not be forgiven unless confession is life, a penance laid upon the human race made, if it be possible to make it.

life, a penance laid upon the human race at the time of Adam's fall. There are the at the time of Adam's fall. There are the inclemencies of the weather, rain, frost, snow. Parents, if your children are obstinate and a torment to you, remember how you behaved towards your own parents and your neglect to bring up your children well, and take the children well, and take the pain they give you as a penance sent from God for these sins, servants, if your masters and mistresses are harsh and ill-natured; masters, if your servants are disobedilife, which there is no avoiding, but which may be easily turned to the best account in the way of doing penance

for our sins. All that we need is the spirit of pen-ance, which will keep us ever on the alert, ready to seize on any chance doing penance which God throws in our way. And this spirit of penance we must all strive to excite in our performed of our own accord. Let no performed of our own accord. Let no one, therefore, think lightly of the penace given in confession. It is so important that should the confessor forperant that should the confessor forperanded as a symbol of penance, and the position. Those who put ashes on their position. Those who put ashes on their position. hearts, at the beginning of Lent. On Ash portant that should the confessor forget to impose it he would be doing the penitent a great injury, and the penitent's own interest should lead him to remind the confessor of it.

A third penitential work to be perfectly and the penitent of the confessor of it. penance for them are simply hypo selves from fasting. Abstinence from the age of seven to the end of life. Now we come to the second class these works which are left to our own choice. The choice is a very large one. We may punish our bodies with every one of her children on Ash Wednesday: "Memento, homo, quia pul-vises, et in pulverem revertervis. Re-member man that thou art dust, and

A GREAT RISK.

Catholic hospitals, doctors and nurses. Many of them have no faith whatever in the rites and ceremonies of the Cath-olic Church. It is hard to imagine, therefore, that they will be vigilant in having the priest called in on time. They can not see the necessity of it, and they can not understand why the sick, who need quiet, should be disturbed by thoughts of approaching dissolution or by the terrors of the judgment to come Mass on week days, paying visits to the Blessed Sacrament, making the Way of the Cross, reciting the Rosary in the family, reading pious books. All or any cases where infants are born into the world only to die. Who will haptize these helpless innocents? Many Protestant physicians are careful to learn the ceremonies of Catholic baptism, and we must endure whether we will or no, but which we may turn to our advan-it to the children who are in immediate tage. These are the miseries and troubles which we are daily exposed to in this life, and which we cannot avoid. It seems as though God would force us to do what is good for us.

The presence of successive danger of death. The presence of suc it to the children who are in immediate danger of death. The presence of such different kinds; we must undergo them if we only receive them with patience and submission from the hand of God, direct emissary from his satanic place in the Catholic sick room as a direct emissary from his satanic majesty himself. Catholics who employ such a scoffer wantonly jeopardize the eternal welfare of their offspring, and they can not, whatever eventuates, be

CANADIAN PACIFIC HOMESEEKERS **EXCURSIONS**

Manitoba, Saskatchewan, Alberta Special Trains leave Toronto 2.00 p.m. on JULY 13, 27 AUG. 10, 24 SEPT. 7, 21

econd class tickets from Ontario stations to principa

LOW ROUND-TRIP RATES Winnipeg and return \$32.00; Edmonton and return \$42.50, and to other points in proportion. Tickets good to return within 60 days from going date. TOURIST SLEEPING CARS on all excursions. Comfortable berths, fully equipped with bedding, can be secured at moderate rates through local agent.

Early application must be made

ASK FOR HOMESEEKERS' PAMPHLET containing rates and full information. Apply to nearest C.P.R. Agent or to R. L. Thompson Dist. Pass. Agt., Toronto. ONLY DIRECT LINE NO CHANGE OF CARS

W. FULTON, Agent, LONDON



The Angle Lamp

30 DAYS FREE TRIAL

THE 1900 WASHER CO. 55 Yonge Street

Love would put a new face on this pagans and enemies too long; and it would warm the heart to see how fast the vain diplomacy of statesmen, the impotence of armies and navies and lines of defense, would be superseded by this unarmed child.—Emerson.



CAN YOU SPARE SIX MINUTES?

This is all the time i akes to wash a whole tubful of clothes with a "1900 Washer. spotlessly clean, and

onsible woman. Don't TORONTO, CAN.

30 Days' Free Trial of "1900 Gravity" Washer to any

> send a cent of money until you have tried it. We pay the freight. Write to-day for illustrated booklet. Address me personally, C.R.P. Bach, Manager THE 1900 WASHER CO., 357 Yonge Street,

American Solid Continent

SAVING MONEY

Most men intend to save money, but with the average man this intention is never realized. One of the surest and best methods of saving money is presented by means of Life Insurance, as the amount regularly paid by way of premium on a policy is actually saved, while the additional benefit of protection for

the family or dependent ones is afforded by the policy. It will be greatly to your own advantage to begin saving money at once

by procuring a policy from the

North American Life

Assurance Company

"Solid as the Continent

HOME OFFICE

TORONTO



SEAT

YOUR CHURCH COMFORTABLY Interior Fittings and Panelling

ALTARS PULPITS FONTS **LECTERNS** DESKS

The Valley City Seating Co., Ltd. Dundas, Ont.

THERE'S NOT A FLAW IN A PAIL OR TUB MADE OF

DDY'S JIBREWARE

T Every one is a Solid, Hardened, Lasting Mass without a Hoop ¶ And, beside, many other Exclusive Features are yours, too, if you positively persist in geting Eddy's. Always, everywhere in - - - - Ask for Eddy's Matches

DONALD McLEAN, Agent, 426 Richmond St., London

was the net amount of insurance on the Company's books December 31st. 1908 and the year's operation showed that



made very substantial gains in other departments of its business:

(a) It gained in Assets \$1,329,098 (b) " " Reserve 948,268 (c) " " Income 302,571 (d) " " Surplus 348,296

while its ratio of expense to income was smaller than in previous years.

Head Office - WATERLOO, ONT.

A SPLENDID GIFT

CANZONI"

T. A. DALY



These poems mainly in Irish and Italian idialect, are full of the spirit of humor and pathos. PRICE \$1.10

POST PAID Catholic

Record Office

London - Canada

O'KEEFE'S LIQUID EXTRACT OF is an ideal preparation for

building up the

BLOOD AND BODY It is more readily assimilated. and absorbed into the circulatory fluid than any other preparation of iron. It is of great value in all forms of Anemia and Ceneral Debil-

For Sale at Drug Stores

W. LLOYD WOOD, Toronto, -- General Agent - Canada

Dominion Land FOR SALE

Any Dominion Land open for Homestead or pre-emption entry may be acquired by the purchase of scrip issued by the Dept of Interior.

Volunteer Bounty Scrip entitles the purchaser to take up tw adjoining quarter sections and after residing on or near the land and cultiresiding on or near the land and cultivating it or keeping stock thereon for three years he will receive a patent from the crown. Homestead entry may be made for another quarter section adjoining and under the pre-emption law another one quarter section may be purchased at Three Dollars per acre. Lands in

Moose Jaw and Lethbridge District PRICE OF SCRIP \$800 For further information and scrip

HEALY & CO. Phone Main 5705

124 Shuter st., Toronto, Ontario.

"Ten beautiful Easter Postals, Crosses Angels, etc, and your name in gold on each for 25 cents. Norman Peel Mansfacturing Co., London, Ont.

CHATS WITH YO

MARCH 27, 1909.

Mottos of a Great

Herbert Whiteley was London a poor boy, capital than a determine He did win many mili God fearing man. He God fearing man. He achieved success through

achieved success throalways adhered to:
Save the small earn
make large ones.
Never fail to fill an have taken it; keep you Never say you can

asked of you. Never say 'I'll try," Never hunt for excus If you have an idea, s

You must either co guered.

Be something; alway
thing practical and hel Begin At The

There is no other pli at the beginning. If to learn a business, you low down. Many boy take in thinking that a humble position at a an acknowledgmen But the higher a bui the lower the foundat The master of a busin from the bottom to the graduate who is not veralls and go to we machine shops, star chance than if he d that this would be education was be afraid to begin at Overcoming We often hear you

their circumstances might succeed, but, are too many obsta What did Napoleon stances? He asked shals about a n in contemplation, if circumstan able, it might be ac leon replied, "Circ nothing about circ circumstances." "Only give me a I will lift the world,

The man of busine Stevens was a mannever wanted to t undertaking until failed and pronoun possibility. Then undertake the job. first undertook to the Marrimac river were swept away w it was completed, a drowning. Captain cally undertook th the dam and it wil Your The idea is pre munities that your

for generals nor they must be kep

until their physica

by age and their become blunted by to the history of long list of heroe have nobly dist we shall find that who performed t won for them an fame and placed t queror of the who at the age of th was crowned Em thirty-three year years of age, who ment, he boldly the American Co two when made chequer. Edmu twenty-five, was Treasury. Our but twenty-five treat of the Brieat, and was archief of all the der Hamilton, at colonel and a twenty-five a r ury. Thomas J three when he able Declaratio

Think about

If you are e

Master

consider yours ployer's busin Try to get his consider your aims and diffic Do you war you are not c wheel in a rig to do is to point of vie intelligently ultimate goal putting yours loyer's ideas loyer's ideas
to give him y
Instead of p
you might d
point of view
hazard, you
best account
est possible a "But more stances that that may con will be able hesitation employer's

them. The

enough, vo