

HOME CIRCLE COLUMN

Pleasant Evening Reveries dedicated to tired Mothers as they join the Home Circle at Evening Tide.

SCHOOL OF MOTHERHOOD.

There have been innumerable projects for schools or school courses in the art and science of motherhood. Some of them may have been successful, for all anyone knows, although in the rush of news on the advance styles in corsets and earrings and other necessities there seems no place for reviewing the motherhood situation. But the will of the late Mrs. Lizzie Morill Palmer, of Detroit, is attracting some attention, momentarily. Mrs. Palmer left some-thing like one million dollars to found a school of motherhood. The million surely twinkles in the ear, even if motherhood doesn't mean much to some mothers.

Mrs. Palmer's idea went deeper than the mere vocal and instrumental teaching of motherhood. And properly so. For the fundamentals of motherhood can be picked from a ninety-eight cent dictionary, while what we want to see taught is the responsibility, not the medicine of it.

Mrs. Palmer understood that. Her plans provide for no ordinary clinic in obstetrics, but for a school that shall train girls of ten years and upwards, mentally, morally, physically, and religiously for the discharge of the functions of wifehood and motherhood and the management, supervision and inspiration of the home. Poor girls will receive the training free. Rich girls will pay—if it should strangely happen that any girls with money to spend are interested in such affairs.

The will of Mrs. Palmer may never be executed in its finest intention. Ours is a busy world, and motherhood is hardly more than an incident as some women view it. But it's a good will. The beautiful idealism of it may impress a few, even if people do snort at the thought of going to school for posterity's sake.

A trifle eccentric, no doubt, but hearken to these words of Mrs. Palmer: "I hold profoundly the conviction that the welfare of any community is divinely and hence inseparably dependent upon the qualities of its motherhood and the spirit and charity of its homes."

It sounds like the music of an old song. You couldn't get trot to it to save your soul, but it does have a certain melody.

Boys, do not forget that profanity is a mark of low breeding. Show us the man who commands the best respect; an oath never trembles on his tongue. Read the catalogue of crime. Inquire into the character of those who depart from virtue. Without a single exception you will find them to be profane. Truth is one of the rarest gems. Many a youth has been lost to society by allowing it to tarnish and foolishly

Generous Canada.

From the London (Eng.) Times (week-ly edition).—It was the Province of Ontario which responded with such unparalleled generosity to the appeal of the Red Cross made on 'Our Day,' 1915, and sent over £300,000 'to help at the Front our wounded from home and overseas.' Canada, like other of the great Dominions of the Empire, has her own peculiar responsibilities towards the sick and wounded of the armies which she has despatched to serve in France and is training at home. She is bearing that responsibility through the admirably organized Canadian Red Cross, the support of which must necessarily be the first care of the Canadian people. But they do not forget the wider needs of the community as a whole. The Joint Committee of the British Red Cross Society and Order of St. John carries on its work in all theatres of the war for the benefit of all the sick and wounded of His Majesty's forces from whatever part of the Empire they are gathered. That is why whatever local efforts are made in inhabitants of the Dominions and Colonies recognize the claims and generously supply the needs of the central body.

Standard Hotel Regulations.

A standard hotel shall be a place of public accommodation approved and licensed as such by the Board and containing such number of bed-rooms to-gether with complement of bedding and furniture and public waiting and serving rooms and conveniences as in the opinion of the Board are suited to the needs of the locality and the travelling public. Each such standard hotel shall be a well appointed eating house with appli-ances requisite for daily serving of meals to guests of the hotel. The pre-mises shall be kept comfortably heated, properly lighted and ventilated and sanitary clean at all times. The sign "Licensed as a Standard Hotel under the Ontario Temperance Act" shall be placed over the main entrance. On the inside of the door of every guest chamber shall be posted the rates of the hotel and whether on American or European plan. Standard hotels located where water service are available shall have adequate modern lavatory and water closet and bath, accommodation for both sexes. Licensees are warned that under the Ontario Temperance Act liquor cannot be sold, served or kept upon the pre-mises of a standard hotel. Fire escapes must be provided in accessible places.

Children Cry
FOR FLETCHER'S
CASTORIA

throwing it away. If this gem still shines in your bosom, suffer nothing to displace it or dim its luster.

It has been well said that a single bitter word may disquiet an entire family for a whole day. One surly glance casts a gloom over the whole household, while a smile, like a gleam of sunshine, may light the darkest and weariest hour. Like unexpected flowers, springing up along our dusty road, full of fresh fragrance and beauty, so kind words and gentle acts and sweet di-positions make glad the home where peace and blessing dwell. No matter how humble the abode if it be thus garnished with grace and sweetened with kindness and smiles, the heart will turn longingly toward it from all the tumults of the world, and home, if it be ever so homely, will be the dearest spot beneath the circuit of the sky.

The best sauce for any meat is cheer-fulness. Never grumble while eating; laughter aids digestion.

A clean, well aired and well managed house results in good natured inmates.

True ladyhood is heightened rather than lessened by housewifery traits.

If you love, love more. If you hate, hate less. Life is too short to spend in hating any one. Why war against a mortal who is going the same road with us? Why not expand the flower of life and happiness by learning to love, by teaching those who are near and dear the beautiful lessons? Your hands may be hard, but your heart need not be. Your form may be bent and ugly, but do you know that the most beautiful flowers grow in the most rugged, un-sheltered places? The palace for care, the cottage for love. Not that there is no love in a mansion; but somehow if we are not very careful, business will crowd all there is of beauty out of the heart. This is why God has given the Sabbath and Saturday nights, that we may leave business and have a little heart cleaning.

Take the trouble to get well acquaint-ed with your children, and to interest yourself in their pastime, etc. By this means they will learn to trust and con-fide in you, and are not easily led away by outside influence.

The person that has wiped wet eyes, moistened parched tongues, put a new star in the sky of a dark life, added beauty and bloom, the song of birds and the blossom of flowers to the lot of another is—whether he be rich or poor, known or unknown, bond or free—one of God's nobility.

THE FALL WEATHER HARD ON LITTLE ONES

Canadian fall weather is extremely hard on little ones. One day it is warm and bright and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Land of Economy.

Haiti is one country where almost everything is utilized, particularly if the substance be wood or tin. Lumber is \$60 per thousand, and any substitute for it is eagerly welcomed. For instance, a partition fence belonging to some well-to-do people on a prominent street is made of the tops, bottoms, and sides of packing boxes that contained cans of condensed milk; two doors farther on is a fence made of old barrel staves and packing-box strips for fencing is by no means uncommon. Job carpenter shops and manufacturers of cheap handmade furniture are always eager bidders for packing cases. They are utilized whenever possible in building houses and for interior work. Tin cans, with the solder melted off and the tops and bottoms removed, are flattened out and used as shingles, in mending fences, patching holes, and for numerous other purposes. The five gallon oil cans, however, are prized and cherished family possessions. These cans have a regular market value of 15 to 20 cents gold. It is no usual occurrence for a woman to buy a five-gallon can of kerosene, hoist it to her head, and tramp all day peddling the oil in small quantities—at cost, if she can do no better—just for the sake of obtaining the tin. These receptacles are used for carrying water, boiling clothes, and storing and cooking food.

Discovered.

"Who gave the bride away?" asked Mrs. Jones of her daughter, who had just returned from the wedding. "Her little brother," replied the daughter; "he stood up in the middle of the ceremony and yelled, 'Hurrah, Blanche, you've got him at last!'"

Children Cry
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CASTORIA

FOR YOUNG FOLKS

A Sleepy Time Story That Tells of Good Deeds Done.

SAVING AN EMPEROR'S LIFE.

Kindly Act of a Poor Man Grows Into a Remarkable Series of Adventures. Other Things of Interest to Little People.

Children, said Uncle Ben to Polly Ann and little Ned, I am going to tell you about

THE BEGGAR'S PENNY.

A generous man gave a beggar a penny. The beggar went on his way until he came to a baker's shop. He was just going to buy some bread with the penny when an old man came up with a pilgrim's staff in his hand. The pilgrim was selling pictures of the city of Jerusalem in order to get money to ransom his brother, who had been taken prisoner by the Turks at Jeru-salem.

The poor beggar was moved by the story of the pilgrim. He gave him the new penny and told him its story. The baker saw this kind act of the lame beggar, and as a reward he gave him more bread than he could have bought for the penny.

When the pilgrim came to Jerusalem he went at once to the Turkish gov-ernor and offered him all the money he had gathered for his brother's freedom. The governor, however, wanted more money and would not let the brother go. The pilgrim said, "This is all that I have except one copper penny," and then he told the story of the penny. The governor asked to see the penny that had done so many good actions. "I will keep it," he said, "and wear it next my heart, and perhaps a blessing will go with it." Then he gave the pil-grim all his money back again and let his brother go free.

Soon after this the Turkish governor was in battle. An arrow struck him on the breast, but it glanced off without hurting him. It had struck against the penny, and thus his life was saved.

When the war was over the gov-ernor went to his master, the emperor, and as they talked together he told how his life had been saved by a penny. He showed him the penny and told its story. As the emperor gazed at it he exclaimed again and again: "It is won-derful! It is wonderful!"

The governor, seeing his delight, gave him the penny, and the emperor fas-tened it with a golden chain to the hilt of his sword. One day soon after this the emperor was about to drink a cup of wine when the empress asked to see the hilt of his sword. As he held it up the penny dropped into the cup of wine. When he took it out he saw that the copper had turned to a green color. Some one had mixed poison with the wine, but the change in the color of the penny warned the emperor, and his life was saved.

Then the emperor had the penny put in his crown, surrounded by diamonds and jewels of great value.

THAT SUNBURN.

How to Cure This Ache of All Thin Skins.

Sunburn is often extremely painful. In many cases where a girl has been out in the sun practically all day the skin blisters and causes very real suf-fering. It is a wise girl who knows how to care for her own sunburn, for she will save herself a good bit of pain by doctoring it at once.

When you return to the house after a day in the open and find your arms, neck and face all rose colored from the sun don't stop to question why, but start in treating it at once. The burn never hurts the first day, and some-times it does not the second day, but you will certainly get it the third un-less you are very careful. Don't wait until the skin begins to itch and smart before you put on a cream, but at the first sign of rose color where white usu-ally is start your doctoring at once. Cocoa butter is excellent to take the sting out of sunburn, and witch hazel cream is another fine emollient. Rub either one in well at the first appear-ance of the burn and then again the next day, and you will not be bothered so much by the pain and itch.

Standardized.

"Do you like Welsh rabbits?" "I prefer real rabbits."

"Why so?" "Then you know what you're eating. Nature makes all her rabbits alike."—Louisville Courier-Journal.

In Doubt.

"Sometimes," confided Mrs. Long-wed to her intimate friend, "I think my husband is the patientest, gentlest, best natured soul that ever lived, and some-times I think it's just laziness."—Christian Herald.

Our National Parks.

The national parks of this country cover a great area, 4,665,996 acres in all. If all were put together it would mean an area of 7,290 square miles, as large, nearly, as the state of New Jer-sey.

Robustness.

"Father," said the small boy, "what is a hypochondriac?" "A hypochondriac, my son, is a per-son whose constitution is so strong that he can stand any amount of worry about his health."—Washington Star.

Making the Little Farm Pay

By C. C. BOWSFIELD

Poultry owners are in a quandary over the expense of feeding their flocks. Farmers in many cases believe that grain is too high for the profitable rais-ing of ducks and chickens. Many practical owners claim that unless they adopt an economical system of feeding the high market value of grain will force them out of the poultry industry.

So far as duck raising is concerned, it never could be profitable without a study of economical feeding and mar-keting. The best way to get rid of heavy grain bills is to dispose of the ducks at the age of about two months, when they should weigh three to four pounds. The cost of feeding is the highest up to this age that it ever can be in raising these fowls. Very little grain is required. Young ducks need a sloppy ration, mainly of wheat bran and middlings, in which may be stirred a small proportion of stale bread or crackers. Young fowls are also fond of skim milk with a small portion of hard or boiled potato. With this kind



THE YOUNG DUCKS ARE PROFITABLE.

of management and the use of an acre or two of clover or alfalfa for range and forage ducks will return a satis-factory rate of profit.

It is folly for those who have to buy grain to raise large flocks of ducks to maturity. As the birds attain their growth they require heavy feeding, and there is little profit in them. This is not the only point to be considered. Ducks at two months bring the high-est price per pound that they ever bring, and this meat is produced at the lowest cost. Therefore I can state in a few sentences that for the average poultry owner the only way to succeed with ducks is to sell them when they are somewhere around three pounds, or four pounds at the highest. See that the feed consumed up to this time is along the line indicated. For in-stance, there is not much expense in supplying skim milk and stale bread or crackers, and these are among the most valuable foods for them. A thin mash of bran and middlings, in which may be placed some boiled potato or turnip and stale bread, is also one of the cheapest rations. Skim milk can be used here also. Clabbered milk and cottage cheese will also afford a maxi-mum amount of nourishment at a mini-mum cost.

Owners who can secure malt can make up a cheap ration with that for a basis. Nearly every family can supply culled potatoes and vegetable tops, and it is also possible to buy from bakeries and restaurants a great deal of wholesome food that has become stale. This is a suggestive outline of feeding and can be varied. A low grade of flour is sometimes available in place of the other mill supplies. If cornmeal and beef scraps can be mixed with this a good ration is secured. Either skim milk or water will do for the moistening. The proportion should be one pound of low grade flour, one of cornmeal, four of bran and one of beef scrap. It will do no harm to add a little boiled potato or turnip to this. Keep within these lines, and the ex-pense will never reach more than 20 or 30 per cent of the market value of the fowl.

Those who made a success last season had been prudent enough to recast their business according to this plan. The marketing of young ducks is also of vital importance. It is foolish for an owner to raise fowls unless he can get profit out of them, so careful inquiry among experts who are supplying the Chicago market show that it is best to sell the birds when they are about two months old, after they have been raised on the kind of diet here de-scribed. A duck at two months ought to bring 60 to 75 cents, and the cost of feeding up to this age need not be above 10 or 15 cents. In contrast to this high rate of profit is the unfortu-nate experience of many who keep their ducks to maturity, feeding high priced grain for three or four months. This is about the same as throwing money into the fire. Only those farm-ers who have considerable cheap grain and vegetable waste and who raise their own meat can afford to keep ducks beyond eight or ten weeks. The cause of many failures will be under-stood by those who study the sugges-tions in this article.

One Killed, Many Injured.
ALTOONA, Pa., Oct. 9.—One man was killed, another is missing, and 22 persons, including eight mail clerks, were more or less seriously injured when the Mercantile Express on the Pennsylvania Railroad crash-ed into the rear of a stock train at the west end of the Lewistown yards. The express was attempting to make up fifty minutes' lost time between Pittsburg and New York at the time of the wreck, it is reported, and the engineer failed to see a red signal, owing to a prevailing fog.

Nineteen Vessels Sunk by Mines.
LONDON, Oct. 9.—Further evi-dence of the heavy toll neutral ship-ping is paying in the world-war is contained in a statement given out by the British Government showing that 19 such vessels have been sunk "by enemy mines," between June 1 and September 24. During the same period, says the statement, 16 En-ente allied vessels also were sunk.

Censured Presidents.
Twice has a president been censured, once by the senate and once by the house of representatives. Jackson was censured by the senate for violation of the constitution and laws in the re-moval of government deposits from the United States bank. After three years of protest the resolution of censure was expunged from the journal of the sen-ate.

Tyler was censured by a committee of the house for his improper veto of the tariff bill of 1842. He protested, but as a senator he had voted against Jackson's protest, and the house sent him a copy of the senate resolution against the reception of Jackson's pro-Test.

One Popular Irish Secretary.
Thomas Drummond, the best of Irish secretaries and the only English official to whom the Irish people have erected a memorial, counted among his most daring and successful achieve-ments the establishment of the Royal Irish constabulary. All before Drum-mond had sought to keep the peace by the use of soldiers, but he planned to replace the troops by a police force drawn from the ranks of the Irish peasantry. Officialdom was aghast and talked of the possibility of treason, but Drummond had his way, and the British government has never had a more faithful body of servants than the Irish constabulary.—London Chronicle.

Too Sensitive.
It was the first night after the show. The leading woman's mother was downcast.

"What's the trouble, dear?" asked the leading woman in surprise. "I made a brilliant hit tonight." "The old lady was surprised."

"Did you, Sophie? I heard the audi-ence shouting 'Play right! Play right!' and I thought you had failed."

And the leading woman laughed in amusement.

"Why, my dear, they were shouting 'Playwright! Playwright!'"

Embarrassing.
Conjuror—Now, to help me with this next trick, I want the services of a boy—just any boy in the audience—yes, you will do, my little man; come along. Now, you've never seen me before, have you? Boy (innocently)—No, father!—London Telegraph.

The wise man expects everything from himself, but the fool looks to others.—Richter.



University Fudge

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