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THROUGH THE DARK SHADOWS



Nearly all our minor aliments, and many of the serious ones, too, are traceable to some disorder of the stomach, liver, and bowels. If you wish to avoid the miseries of indigestion, acidity, heartburn, flatulence, headaches, constipation, and a host of other distressing aliments, you must see to it that your stomach, liver and bowels are equal to the work they have to take 30 drops of Mother Seigel's Syrup daily, after meals, yet thousands of former sufferers have banished indigestion, biliousness, constipation, and all their distressing consequences in just this simple way. Profit by their experience. As a digestive tonic and stomachic remedy, Mother Seigel's Syrup is unsurpassed.

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THE NEW 1,00 SIZE CONTAINS 3 TIMES AS MUCH AS THE TRYAL SIZE SOLD AT 50c PER HOTTLE.



Growing Menace of the Feed Shortage | 1917, when their profits will result from abundant pasture and such grain is to be one of the crew of a better farming special, that is to tour the Province of Ontario during the next two months, and the result looked for from his lectures is apparently the prevention of the sacrifice of breeding stock, which has been taking place of late, owing to the serious shortage of food. The assistance of the district representatives is also being entirely the plant from producting seed, kill the perennial root stakk and sow absolutely clean seed is taken by the Agricultural Department, grain if we are to control this tertwo months, and the result looked for

THROUGH THE DARK SHADOWS

Or The Sunlight of Love

CHAPTER XX.—(Cont'4).

Mrs Ashford hastily composed hereful to the control of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the country so as to ensure a supplication of the departments are co-operating in the office of the country so as to ensure a supplication of the country so as to ensure

rien Leroy, who staggered into the room with his dripping burden in his arms.

The news acted like a tonic; for in a marvellously short time Lady Merivale pale but resolute, came downially in a marvellously short time Lady Merivale value, pale but resolute, came downial typing to reassure her, "but this lady is nearly dead; our boat upset."

"Bring her in here, sir," said the good little woman, her courage and self-posession returning under the emergency. "She had better come up to the bedroom, poor lady."

Adrien carried Eveline up the narraw staircase, followed by Luey, who had hastily produced some spirits with which to restore consciousness.

"You had better fetch a doctor, sir," she called after Adrien, as he came down again.

Leroy hesitated. He knew that Lady Merivale valued her reputation."

"No." said Leroy reassuringly.

which to restore consciousness.

In that her calminess gave way. See exceed the face with her hands and restored the properties of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of toxiness in unfinished to product the toxy of the section of the section of toxiness in unfinished to product the section of toxiness in unfinished to product the section of toxiness in unfinished to the section of the section

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They will give your crops a good start, stimulate growth and rease the yields. Even if you are getting good results from your is. Harab-Davies fertilizers will produce still bigger and better pe. They are prepared from blood, bones, trimmings, etc., in just right proportions to supply the plant food your soil lacks. Let experts help you select the correct fertilizer for your own partiar needs. Write for our free fertilizer booklet and bulletins.

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character and good physique accepted.

Feeders of horses, cattle, sheep and reeders of norses, cattle, sneep and hogs have claimed for years that these animals must be fed a "balanced ration." Special attention has been given to balanced rations for dairy cows. By this is meant that one food constituent should not be fed in excess, while another is lacking for the upkeep of the animal's body. The protein must be in a certain propor-tion to the sugars, starches and fat in the food. Now the hen comes in for her share in this scientific feed-

Ten times as many eggs were produced by hens fed a well-balanced ration as by those given only corn, wheat and oats in an experiment conducted by the Ohio Experiment Sta-tion. The balanced ration consisted of three parts by weight of corn and one part of wheat fed twice daily in the litter, and a mash mixture of two parts meat scrap added to two parts ground corn and one part bran fed in

self-feeding hoppers.

The 21 Barred Plymouth Rock pullets in each lot received the same house space and treatment, except for the difference in feed. The test period lasted for 140 days.

The hens given the balanced ration

ate more feed, which cost about 50 per cent. more than the ration of corn, wheat and oats. However, they Week's Time In Many Instances gained more in weight and produced ten times as many eggs, making a net profit while the other lot was kept at a loss .-- Farmer's Advocate

Poultry Notes.

Plenty of exercise, good food and dry air are necessary for winter eggs. Sprouted oats is one of the most productive egg foods for winter feed-

A Free Prescription You Can Have Filled and Use at Home.

Iondon—Do you war glasses? Are you a victim of eye strain or other eye weaknesser? If so, you will be glad to know that necording to Dr. Lewis there is real hope for you. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful ree prescription. One man says, after trying it. I was almost bind, could not see to glasses and my eyes do not water any more. At night they would pain dreadfully, now they feel fine all the time. It was like a miracle to me. A lady who used it says: "The atmosphere seemed hary with our slasses, but after using this prescription for without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for a without glasses, but after using this prescription for many good draugists and without a many instances of retrieve and many services are used known to employed the prescription for a without glasses, and after using this prescription for a without glasses, and after using this prescription for a without glasses, and after using this prescription for a without glasses, but after using the prescription for a without glasses, and a with the prescription for the research of the prescription for the rese by weight makes a good scatter feed. Vegetables should form a good part of the diet for poultry throughout the entire year.

Stinting fowl in the matter of food or the substitution of poor quality food for good, wholesome grain is food for good, wholesome grain is false economy and must prove a failure. Fowl must receive good food, and plenty of it, if they are to do their best, either in the matter of egg production or the production of flesh. In spite of all the talk about egg-laying strains, etc., there is more in the matter, then the seaf facility then. method of handling and feeding than has ever been realized. The best bred-to-lay fowl that were ever produced will prove a failure in the hands of one man, while stocks for which no special breeding claims can be made will prove a success in the hands of

It is not necessary that the poultry keeper should seriously consider all the feeding fads and fancies that are offered. A simple ration that has produced good results in rearing chicks, bringing them into reasonably early laying, and at the same time has fitted them for the show room, is as follows: Morning feed, wheat and chop fed in the litter, one handful to each bird. Noon, warm mash composed of table scraps dried off with bran

meaning well enough by now.

Poincare stands for "Square Fist," signifying honesty, while Private Dipper, of Deptford, England, has every reason to feel proud of himself, since his name links up a connection with the great John de Ypres, or Ipres. In civilian clothes, probably, Mr. Dipper may not appear particularly warlike, but blood will out. Poor Miss Shirley Kellogg! Though

it is really no reflection on her charming personality to inform her that, in the dim and distant past, her ances-tors, the Cullehogs, kept a pig-farm,

and specialized in hog-killing.

An appropriate nick-name is applied to Sir John Jellicoe. According to an authority, the name is of French extraction, which, interpreted, "Little John."

"Little John."

Last on the list comes General Shrapnel, the father of munition factories, who owes his title to coal, which, in ancient dialect, was "charbonnel." The latter appelation gradually drifted round to "Sharpenel"—hence "Shrapnel."

From "Ye Olde Sugar Loafe" of grandmother's day, to the sparkling "Extra Granulated" in your own cut-glass

bowl, Redpath Sugar has appeared three times daily, for over half a century, on thousands of Canadian tables.

Made in one grade only the highest!

Leroy was reckless; a woman's honor and his own were in imminent peril. Death were sweeter than his failure to save it.

It was not much after nine when the car rolled into Waterloo Station, and Leroy assisted his trembling companion to alight. Wrapped up in Lucy's big coat, she stood quietly by while Leroy left his car in the care of an outside porter, then led her apparently towards the booking office. Passing through this, they manoeuvred to reach the outside, where a taxi was hailed, and the address given.

Thankful at their escape, Leroy stood bareheaded till it disappeared in the throng of vehicles; then he returned to his own motor as he thought unseen and unnoticed.

Alas, for his vain hopes! Miss Penelope and Constance, after a long day's shopping, had come to Waterloo on their way back to Barminster. The sharp eyes of Lady Constance, quickened by love, recognised the figure of Adrien from afar; and, making some excuse to Miss Penelope, she followed and watched the departure.

She did not recognise the lady, it is true; but she saw sufficient to realise that her worst fears were fulfilled. Adrien had neglected her letter for the sake of another woman.

Jasper waited patiently until the DGA

"Let Redpath Sweeten it."