

heat it over the fire with the milk Add the fish to the potato and stir ed; it too dry, add a little extra milk Soason to tasta. Remove from the fire and add the egg, beaten light and the butter. Form in deap in a mixing goon an dfry in deep fat. Deala on soft paper. , Baked Hailbut A thick piece of halibut, weighing about two pounds, one-fourth pound of fat sait pork, one medium-issed of thin silose and piece con-hail to the pork the agy the the butter and one-fourth te aspoon of paprika. Cut the pork the tablespoons of butter and one-fourth tablespoons of butter and one-fourth tablespoons of butter and one-fourth tablespoons of putter. Cut the pork the tablespoons of the firsh by disping in boiling water and the nexcape it of slices and lay it on the pork, then agy the pork on the fish and dradge well with fish on it. Put the remainder of the gork on the fish and dradge well with facer. Bake in a moderally ho town one-haif hour. Meit the butter, stir the errows in the ist and dradge well with facer. Bake in a moderally ho town one-haif hour. Meit the butter, stir the errows in the ist and dradge well with facer. Bake in a moderally ho town one-haif hour. Meit the butter, stir the errows is hold in 24 hours. Stir the errows is hold to the aging effects of years are souther to the action and complete the accompliabed in 24 hours. The first of the action and complete the words were as the accompliabed in 24 hours. The accompliabed in 24 hours. The first tabegraphic message that word the accompliabed in 24 hours. The accompliabed in 24 hours. The accompliabed in 24 hours.

By a Danish process of hardenin wood the aging effects of years at said to be accomplished in 24 hours.

Bake in a moderately hot oven alf hour. Meit the butter, stir rumbs into it, add the calt and in; epread this over the fish and fifteen minutes longer. Ro-to a hot plate and garnish with of lemon cut in fancy shapes thopped paneley. The girth record of a lime is said to have been created by a tree in Nor-folk, Eng., with a circumference of 48 feet.

Fine Sour Milk Doughnuts. ro small capfuls of sugar crear one teaspoonful of butter, s of two eggs, one cupful of s , one-half teaspoonful of bak dissolved in a little water to the wilk one teaspoonful to the milk, one teaspoonfy powder sifted with the re and use both the baking

The American men and women m guard constantly against Kidney tr ble, because we eat too much and our food is rich. Our blood is fil with uric acid which the kidn The making of velour hats was n Austrian monopoly. **SLOAN'S RELIEVES**

NEURALGIC ACHES ROR forty years Sloan's Linimen

It eases and brings comfo

loans

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at the home largely attended. The happy couple are end brief auto trip but will ret Friday and heave Saturday real whence they will sail of enoute to

New Brunswick Fire Salts For Kidneys Prevention Board

FRIGHTFULLY BURNT. This phrase issued to epito-mize the conditions which exist throughout our country. Every hour of the day and night THE TORCH OF CARELESSNESS brings de-

struction to somebody's property in New Brunswick.

ay trouble, bladder weakness and neral decline in health. hen your bidneys feel like lamps sai; your back hurts or the urine loudy, full of sediment or you are red to seek relief two or three s during the night; if you suffer wick headeaba or disw memory. Two out of every three fires occur in our homes. No wonder the housing problem is acute.

Eight out of every ten fires are preventable.

m the we pharmacist about Salts; take a tab Fire waste is an econo

crime, caused principally by carelessness and indifference. CLEAN UP

ccumulations of waste material, rubbish, boxes, shavings, papers and conditions that

SUSSEX OPERA HOUSE

At 3 p. m., ollowing nominating convention of the National Liberal and Conservative Party of the Constituency of Royal.

ST. JOHN ARMORY At 8 o'clock in the evening.

SPEAKERS AT ALL MEETINGS: **RT. HON. ARTHUR MEIGHEN.** Prime Minister of Canada.

HON. F. B. McCURDY. Minister of Public Works.

HON. J. B. M. BAXTER, Minister of Customs and Excise.

Chairman of St. John Meeting, MR. E. A. SCHOFIELD

know, would have made very el judges, but there is doubt as efficiency of the system. Perhaps it is methods of fivir

perhaps that champion of the weights, Jack Britton, who is 37 old, might give us come inside or how it is done. It sound pretty well etstablished in the of Kilbane and Britton that f

of Kilbane and Britton that life keeps them in fighting for holds them there. Both of these champions hav dren, and their epare time is ay eihrements that so often cause carly fall of champions. We might mention another champions is a home man and that is a Bar weight Champion Pote Herman, while he is not very old, says going to remain young by playing his children.

Elimination Race Was Postpor

Schooners Prevented Racing on Account of I Wind and Fog.

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