

FERROVIM

A TONIC FOR ALL.

It makes new blood
It invigorates
It strengthens
It builds

BONE AND MUSCLE

Used with the greatest advantage by all
weak people. Prevents fainting, makes
pallid cheeks into rosy ones.

Davis & Lawrence Co., Ltd., Montreal.

BSUINESS MAXIMS.

A good thing is worth a fair price and
the cheapest.

BUT

An inferior thing is dear at any price.

Compare our Curriculum, equipment,
individual instruction, experienced teachers
and large patronage for trained help with
any other school, and we know which school
you will attend.

Students admitted any time.

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Chartered Accountants,
MARITIME BUSINESS COLLEGES
Halifax and New Glasgow, N. S.

O. J. McCully, M. D., M.R.S. London.
Practice limited to

EYE, EAR, NOSE AND THROAT

Office of late Dr. J. H. Morrison.

163 Germain St.



OUT AT LAST—Ladies
hat fasteners. Does away
with hat pins, which makes
new hole every time used
not so with Handy Fasteners
Mailed anywhere 25c. a pair
Agents wanted. Big profits

MERCANTILE AGENCY,

74 Stanley Street,

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Insurance. Absolute Security
QUEEN INSURANCE CO.

Ins. Co. of North America.

JARVIS & WHITTAKER,

General Agents.

74 Prince William Street, St. John, N. B.

HAD TO GIVE UP ALTOGETHER AND GO TO BED.

DOCTORS DID HER NO GOOD.

By the time Miss L. L. Hanson,
Waterside, N. B., had taken
Three Boxes of MILBURN'S
HEART AND NERVE PILLS
She Was Completely Cured.

She writes us as follows:—
"Gentlemen,—I feel it my duty to ex-
press to you the benefit I have derived
from Milburn's Heart and Nerve Pills.
A year ago last spring I began to have
heart failure. At first I would have to
stop working, and lie down for a while.
I then got so bad that I had to give up
altogether and go to bed. I had several
doctors to attend me, but they did me
no good. I got no relief until urged by
a friend to try Milburn's Heart and
Nerve Pills. I sent to the store for a
box, and by the time I had taken three
quarters of it I began to get relief, and
by the time I had taken three boxes
I was completely cured. I feel very
grateful to your medicine for what it
has done for me.—Miss L. L. Hanson,
Waterside, N.B."

Price 50 cents per box, or \$2 for \$1.00.
All Dealers of
THE T. MILBURN CO., LIMITED,
Toronto, Ont.

Beware
of the fact that
White 'Uave
disinfects your clothes
and prevents disease

The Home

USE OF LEMONS.

Gargle a bad sore throat with a strong
solution of lemon juice and water.

The juice of a half a lemon in a cup of
black coffee without any sugar will cure sick
headache.

Lemon juice and salt will remove iron
dust.

Wash fruit-stained hands in lemon juice
to take off the stains.

A strong, unswetened lemonade taken
before breakfast will prevent and cure a bil-
ious attack.

Lemon juice added to milk until it curds,
and these curds then boiled upon parts swollen
from rheumatism, will bring relief.

Lemon juice mixed very thick with sugar
will relieve that tickling cough that is so
annoying.

A hot lemonade, taken before going to
bed, will cure a cold on the lungs.

A cloth saturated in lemon juice and
bound about a cut or wound will stop its
bleeding.

Lemon juice added to fruit juices that do
not jell readily, such as cherry, strawberries,
etc., will cause them to jell.

Lemon extract. Let stand the rind of four
grated lemons in half pint of alcohol for
about three weeks. Drain off the fluid, bot-
tle and cork, and you have finer extract than
that which you buy at the stores.

Lemon icing. Put a half pound of sugar
in a bowl, and grated rind and juice of one
lemon and half cup of boiling water. Whip
stiff and spread between cake layers.

A slice of lemon added to a glass of tea
makes Russian tea.

Garnish fish, oyster, and crab dishes or
salads with slices of lemons.

Lemon juice is much nicer for salads than
vinegar. This is especially true of fruit
salads.

Squeeze the juice of half a lemon in the
rinse water after you have shampooed your
hair. It will cut all grease.

To keep lemons fresh a long time invert
over them a glass dish that fits closely.—Ex.

A RESOURCEFUL WOMAN.

A year passed as a prisoner in a small
city bedroom never visited by the sun, and
making up in noise what it lacked in light,
would be a severe punishment for most
women. But a woman who had gone
through a long imprisonment in her home,
made necessary by a fall and had come out
again into active life, surprised a prosperous
friend by saying, "Oh, I enjoyed myself all
those months."

"Enjoyed yourself! What do you mean?"
asked her friend.

"I enjoyed myself," answered the conval-
escent. "I had little else to give me pleasure
and so I just studied my own resources. I
did not know I had so many of them. Most
of them I owe to my mother, who taught me
so many occupations when I was a child. I
knitted and I netted and I made tatting. I
crocheted and I embroidered, and I drew—
very badly—the trees and clouds outside my
window. I repeated poetry and the Bible.
I worked out charades and enigmas. Best
of all, I read and read and read. It seemed
rather hard at the time that I could not have
all the books I wanted. But now I know
that I relished the more those I did have, and
I read them until I knew them almost by
heart. So it was a good year, after all."

The multiplication of resources is a won-
derful defence against many of the trials
which life holds for a woman. Each new
power of mind and of hand is a new weapon
against weariness, and a new guaranty that
the possessor shall be capable under all cir-
cumstances of employing herself.—Youth's
Companion.—Ex.

COUGH CANDY.

Take two tumblers. In one place a gill
of whole flaxseed; fill the other with broken
bits of slippery elm bark. Fill both tum-
blers with boiling water and leave standing
for two hours. In a saucepan place one and
one-half pounds of best brown sugar. Strain

into it through muslin all the liquid from
the two tumblers. Put on the fire and boil
stirring constantly until the candy seems on
the point of turning back to sugar. Pour
out quickly onto buttered plates, and break
it into small pieces when cold.—Ex.

BEEF BOUILLON.

Stir well together four pounds of finely
chopped beef and two quarts of water; add a
slice of onion, two bay leaves, six cloves, one
carrot, chopped fine, and a blade of mace.
Stand the mixture over the fire, bring slowly
to boiling point, and simmer for one hour.
Put a tablespoonful of sugar in a small
saucepan. When it burns add a slice of
onion; stir until the onion is brown, then
add it to the bouillon. Strain through a
collander. Beat the whites of two eggs
slightly, add them to the bouillon, bring to
boiling point and boil for two minutes.
Strain through two thicknesses of cheese-
cloth. Add a palatable seasoning of salt and
pepper and half a teaspoonful of kitchen
bouquet. Re-heat and serve in bouillon
cups.—Ex.

CARNATIONS.

It is as easy to raise carnations from seed,
out of doors, as any other plant. Have the
soil mellow and fine, and scatter the seed
over the beds, sifting on a shallow covering
of earth. It would be better, however, to
sow in boxes or pots, as then the plants are
under better control than when in the open
ground.—Ex.

What Sulphur Does.

FOR THE HUMAN BODY IN HEALTH AND DISEASE.

The mention of sulphur will recall to many
of us the early days when our mothers and
grandmothers gave us our daily dose of sul-
phur and molasses every spring and fall.

It was the universal spring and fall "blood
purifier," tonic and cure-all, and mind you
this old fashioned remedy was not without
merit.

The idea was good, but the remedy was
crude and unpalatable, and a large quantity
had to be taken to get any effect.

Nowadays we get all the beneficial effects
of sulphur in a palatable, concentrated form,
so that a single grain is far more effective
than a teaspoonful of the crude sulphur.

In recent years, research and experiment
have proven that the best sulphur for medi-
cinal use is that obtained from Calcium (Cal-
cium Sulphide) and sold in drug stores under
the name of Stuart's Calcium Wafers. They
are small chocolate coated pellets, and con-
tain the active medicinal principle of sulphur
or a highly concentrated, effective, form.

Few people are aware of the value of this
form of sulphur in restoring and maintaining
bodily vigor and health; sulphur acts direct-
ly on the liver, and excretory organs and
purifies the kidneys and enriches the blood
by the prompt elimination of waste material.

Our grandmothers knew this when they
dosed us with sulphur and molasses every
spring and fall, but the crudity and impurity
of ordinary flowers of sulphur were often
worse than the disease, and cannot compare
with the modern concentrated preparations
of sulphur, of which Stuart's Calcium Wafers
is undoubtedly the best and most widely
used.

They are the natural antidote for liver and
kidney troubles and cure constipation and
purify the blood in a way that often surprises
patient and physician alike.

Dr. R. M. Wilkins while experimenting
with sulphur remedies soon found that the
sulphur from Calcium was superior to any
other form. He says: "For liver, kidney and
blood troubles, especially when resulting from
constipation or malaria, I have been surprised
at the results obtained from Stuart's Cal-
cium Wafers. In patients suffering from
boils and pimples and even deep-seated car-
buncles, I have repeatedly seen them dry up
and disappear in four or five days, leaving
the skin clear and smooth. Although Stuart's
Calcium Wafers is a proprietary article, and
sold by druggists, and for that reason tabooed
by many physicians, yet I know of nothing
so safe and reliable for constipation, liver
and kidney troubles and especially in all
forms of skin disease as this remedy."

At any rate people who are tired of pills
cathartics and so-called blood "purifiers,"
will find in Stuart's Calcium Wafers, a far
safer more palatable and effective prepara-
tion.

When Accidents Occur

be prompt to apply Fend's Extract—the
old family doctor; its soothing, healing
powers are marvelous. Cures burns,
scalds, cuts, bruises; relieves all pain.
50 years it has been the one family reme-
dy for every emergency. Inimitable and
weak, watery, worthless; Fend's Ex-
tract is pure, powerful, priceless.

Sold only in sealed bot-
tles under this wrapper.

ACCEPT NO SUBSTITUTE.

Many Women Suffer Untold Agony From Kidney Trouble.

Very often they think it is from so-
called "female disease." There is less
female trouble than they think. Women
suffer from backache, sleeplessness,
nervousness, irritability, and a dragging-
down feeling in the loins. So do men,
and they do not have "female trouble."
Why, then, blame all your trouble to
female disease? With healthy kidneys,
few women will ever have "female dis-
orders." The kidneys are so closely con-
nected with all the internal organs, that
when the kidneys go wrong, everything
goes wrong. Much distress would be
saved if women would only take

DOAN'S KIDNEY PILLS

at stated intervals.

Miss Nellie Clark, Lambeth, Ont., tells
of her cure in the following words:—"I
suffered for about two years with kidney
trouble. I ached all over, especially in
the small of my back; not being able to
sleep well, no appetite, menstruation
irregular, nervous irritability, and brick-
dust deposit in urine, were some of my
symptoms. I took Doan's Kidney Pills.
The pain in my back gradually left me,
my appetite returned, I sleep well, and
am effectually cured. I can highly
recommend Doan's Kidney Pills to all
sufferers from kidney trouble."

Price 50 cents per box, or 3 for \$1.25.
All dealers, or DOAN KIDNEY PILL CO.,
TORONTO, ONT.

MILBURN'S LAXA-LIVER PILLS.

Stimulate the sluggish liver, clean
the coated tongue, sweeten the
breath, clear away all waste and
poisonous matter from the system,
and cure Sick Headache, Bili-
ness, Constipation, Heartburn, Jan-
dice, Water Bristle, Catarrh of the
Stomach, etc.

Mrs. C. Windrum, Baldur, Man.,
writes:—"I suffered for years from
liver troubles, and endured more
than tongue can tell. I tried a great
many different remedies, but they
were of little or no benefit to me.
Some time ago I got a trial package
of Laxa-Liver Pills, and they proved
so beneficial to me that I procured
more. I highly recommend them
to anyone suffering from disordered
liver."

Price 25 cents or 5 for \$1.00, all
dealers, or

THE MILBURN CO., LIMITED
Toronto, Ont.

New Announcements From FREDERICTON BUSINESS COLLEGE

A complete new outfit of Typewriters.
Seating capacity increased by one third.
Largest attendance yet in history of
College.

Offer by the United Typewriter Co. of a
handsome GOLD WATCH, to the Short-
hand Student making highest marks.

YOU may enter at any time. Send for
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