20 to 40 grains of the combined salts may be taken per diem, for two or three weeks, and then a week's interval should elapse. These alternations may continue as long as may be necessary.

One of the best combinations of the Formates on the market is "Capsules Formate Comp." D. & F. Each capsule consists of Sodium Formate. 2 grs.; Potass. Formate, 2 grs.; Quining Formate, 1 gr., Strych. Formate. 1-50 gr.; Calcium Formate, 3 grs. Dose—One or two capsules three times a day. followed by a copious drink of water.

In compact form, and one suitable for prescribing as a general and powerful Muscular Tonic, the Capsules of the Formates are extremely convenient. These Capsules contain, in addition to the usual Salts of the Formates, 1 grain of Quinine Formate and

1-50 grain of Strychnine Formate. This form of administering the Formates is one largely in vogue for increasing tone in those who go in for physical exertion, such as athletes and men actively engaged, who are merely run down and not suffering from any illness, but require a sharp tonic. They are also useful in treatment of Chronic Rheumatism.

## MI KODALI ANEMIA

While it is generally conceded that milk is a complete aliment in the sense that it represents the three essential food elements, i. e., proteids, carbohydrates and fats (together with inorganic salts and water), it is equally well known that this otherwise highly nutritive fluid is exceedingly poor in iron. It is not to be wondered at, therefore, that after a prolonged milk



FOOD that has demonstrated under exacting clinical tests for over a quarter of a century, its value in the dietary of infants, nursing mothers, surgical cases, Consumptives, Typhoid Fever patients and other invalids. The standard Malted Milk representing the highest achievement in every detail peculiar to its manufacture. The result of modifying pure milk with the soluble extract of malted grain in which the enzymes of the malt are perfectly developed under our own supervision. So easily assimilated as to greatly extend the usefulness of a milk diet in private or hospital practice.

Samples sent, free and prepaid, to the proression, upon request.

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