

like a Christian. The best way to keep unholy feelings out is, by keeping holy feelings in. By keeping the truth of God in our memory, and securing the indwelling of the Spirit, by having the Father and the Son abide with us, we may keep our hearts under the influence of holy feeling to such a degree, that the temptation to anger shall have no power over us. Christians do not avail themselves of the privileges offered them. The apostle says our bodies are temples for the Holy Ghost; and Jesus says, if a man loves him, he will come with his Father, and take up his abode with him. That man may thus be on terms of intimacy with the whole glorious Trinity; and while he is in that state, will he be disturbed by any earthly care? will his temper be ruffled by any thing which can occur? When God thus dwells in the soul, anger, malice, envy, and all unholy feelings will flee away."

"MOST TOLERANT CHURCH IN THE WORLD."

Lord John Russell characterized the established church of England as the 'most tolerant church in the world. The London Sun has been making an exhibit of this toleration.

	Conformists,	Non-conformists.
England contains,	8,500,000	8,000,000
Scotland contains,	860,000	1,800,000
Ireland contains,	1,000,000	7,300,000
	10,150,000	17,100,000

In the face of the above, to legislate for the safety of the State Church is monstrous injustice. The Church has no claims on the people. It is the dearest of all denominations of Christian Churches; its practice contradicts its professions; its revenues are misapplied. In Catholic times some good was done with the Church moneys. Of a population of 4,000,000, nearly 50,000 persons were supported by them. Now, three millions of the proceeds of Church lands, appropriated at the reformation, go to swell the incomes of the richest aristocracy on the face of the earth. Besides, the Lord Chancellor has the patronage of 800 livings; the Duke of Devonshire of 43; the Earl of Fitzwilliam of 30; the Duke of Bedford of 29; the Duke of Rutland of 29; the Duke of Beaufort of 27; the Duke of Norfolk of 24; the Marquis of Bristol of 20; the two Universities have presentation of 700; the colleges of Eton and Winchester of 60; the rest of the aristocracy and country gentlemen of 6,000. Then the revenue of this Church, in England and Ireland, amounts to £12,600,000. Half of this enormous sum is spent as follows:—

Archbishop of Canterbury,	£ 46,000
Archbishop of York,	28,000
Bishopric of Durham,	30,000
Bishopric of London,	30,000
The other twenty-five bishops about	£6,000 each.
Dignified clergy, archdeacons, dean, etc., in number about one thousand,	at an income of £3,000 each,
Aristocratical non-residents about five thousand, at an income of £1,000 each,	4,000,000

The following seizures for Church rates have just been made in the parish of St. Botolph, Bishopsgate:—

From the meeting-house of the society of Friends, Houndsditch,	48 chairs.
From Thomas Butler, Brushmaker, Houndsditch, goods, value,	£ 3 14 0
From Charles Gilpin, publisher, Bishopsgate street, goods, value,	6 7 10
Samuel Pierson, iron-monger, Sun Street, goods, value	8 19 8

The amount taken up from the Society of Friends for these obnoxious and unchristian demands, in the year 1850, was upwards of £8,800!!!

What a commentary upon Lord John Russell's estimate of the "most tolerant Church in the world!!!"

THE DYING DRUNKARD.

Stretch'd on a heap of straw—his bed!
The dying drunkard lies;
His joyless wife supports his head,
And to console him tries:
His weeping children's love would ease
His spirit—but in vain:—
Their ill-paid love destroys his peace;
He'll never smile again.

His boon companions—where are they
Who shared his heart and bowl,
Yet come not nigh, to charm away
The horrors from his soul?
What have gay friends to do with those
Who press the couch of pain?
And he is rack'd with mortal throes;—
He'll never speak again.

POWER OF A GOOD MAN'S LIFE.

"The beauty of a holy life," says Chalmers, "constitutes the most eloquent and effective persuasive to religion which one human being can address to another. We have many ways of doing good to our fellow-creatures, but none so efficacious as leading a virtuous, upright, and well-ordered life. There is an energy of moral passion in a good man's life, passing the highest efforts of the orator's genius. The seen but silent beauty of holiness speaks more eloquently of God and duty than the tongues of men and angels. Let parents remember this. The best inheritance a parent can bequeath to a child is a virtuous example, a legacy of hallowed remembrances and associations. The beauty of holiness beaming through the life of a loved relative or friend, is more effectual to strengthen such as do stand in virtue's ways, and raise up those that are bowed down, than precept, command, entreaty, or warning. Christianity itself, I believe, owes by far the greater part of its moral power, not to the precepts or parables of Christ, but to his own character. The beauty of that holiness which is enshrined in the four brief biographies of the man of Nazareth, has done more, and will do more to regenerate the world, and bring it an everlasting righteousness, than all the other agencies put together. It has done more to spread his religion in the world, than all that has ever been written on the evidences of Christianity."

ABSTEMIOUS DIET.—Many cases of illness, both in adults and children, may be readily cured by abstinence from all food. Headaches, disordered stomachs, and many other attacks, are often caused by violating the rules of health, and in consequence some parts of the system is overloaded, or some of the organs are clogged. Omitting one, two, or three meals, as the case may be, gives the system a chance to rest, and allows the clogged organs to dispose of their burdens. The practice of giving drugs to clear out the stomach, though it may afford the needed temporary relief, always weakens the system, while abstinence secures the good result without doing any injury.

Said a young gentleman to a distinguished medical practitioner in Philadelphia, "Doctor, what do you do for yourself when you have a turn of headache or other slight attack?"

"Go without my dinner," was the reply.

"And if that does not cure you, what then?"

"Go without my supper."

"But if that does not cure you, what then?"

"Go without my breakfast. We physicians seldom take medicine ourselves, or use them in our families, for we know that abstinence is better, but we cannot make our patients believe it."

Many cases of slight indisposition are cured by a change of diet. Thus, if a person suffers from constipation, has a headache, slight attacks of fever or dyspepsia, the cause may often be removed by eating rye mush and molasses, baked apples, and other fruits.—*Domestic Receipt Book.*

PIETY AND MENTAL GROWTH.—An hour of solitude passed in sincere and earnest prayer, or the conflict with and conquest over a single passion or "subtle bosom sin," will teach us more of thought, will more effectually awaken the faculty, and form the habit of reflection, than a year's study in the school without them. A reflecting mind is not a flower that grows wild, or comes up of its own accord. The difficulty is indeed greater than many, who mistake quick recollection for thought, are disposed to admit; but how much less than it would be, had we not been born and bred in a Christian and Protestant land, very few of us are sufficiently aware. Truly may we, and thankfully ought we to exclaim with the Psalmist: "The entrance of thy word giveth light; giveth understanding even to the simple."—*Coleridge.*

A MEDICAL HINT TO MOTHERS.—A medical correspondent attributes the high shoulder and the lateral curvature of the spine, which so frequently disfigure young females, to the shoulder-straps of their dresses resting below the shoulder, and on the muscles of the arm, instead of being on the shoulder, which compels the wearer to be constantly hitching her shoulder to keep up the dress, an action that results in forcing up of the shoulder, a distortion of the chest, and a lateral curvature of the spine. He also states, that from this dangerous practice and the consequent exposure of the chest to cold, inward tubercles are formed, and not unfrequently consumption is engendered.

Sweet Olive Oil is a certain cure for the bite of a rattle-snake. Apply it internally and externally.

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[By Order of the Committee.]

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