

I SUFFERED FIVE YEARS

Finally Was Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Paris, Ont.—"For five years I suffered from pains caused by displacement of my organs and in my back. All of this time I was unfit for work and was taking different medicines that I thought were good. I saw the advertisement in the papers of Lydia E. Pinkham's Vegetable Compound and took it faithfully. I am now in perfect health and do all my own work. I recommend it to others, and give you permission to publish this letter in your little books and in the newspapers as a testimonial."

—Mrs. D. CASSADY, Box 461, Paris, Ont.

Why women will continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound!

For forty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



Guide-Advocate

Member of Canadian Weekly Newspapers' Association

FRIDAY, MAY 20, 1921

NOTE AND COMMENT

Women jurors at Pottsville, Pa., object to the term "spinster" as the occupation of some of them. They claim it really means old maid and should not be used.

A pessimistic old bachelor says that "married life means three months of kissing and three hundred months of cussing." But don't be alarmed, young people, he has had no experience of the married state.

Spirits should not be depressed for alcohol made as a by-product of nearly all Brazilian sugar mills is coming into use as motor fuel—substitute for gasoline—so they'll continue to take a joy ride.

Up to date the Province of Ontario has paid out \$252,264 under the provision of the Mothers Allowance Act. The board claims to be now nearly caught up with payments. Last month \$72,444 was paid to those entitled under the act.

The Provincial Forestry Department will set out seven million seedlings in their reserve in Norfolk county this summer and counties will be encouraged to avail themselves of the government's scheme for reforestation of waste lands.

Halifax Echo—Canada holds second rank to Denmark in an unenviable record of a high rate of unemployment. There seems to be less excuse for it in a great, new, sparsely settled country like this than in little old, overcrowded Denmark. The cause is worth investigating.

Boston's latest is a mail order department of health. Do you feel out of sorts this morning, with a bad mouth taste, or pain somewhere, or the like? Then call up the municipal Health Information Bureau. It will answer queries and give advice by return post. The only cost will be a self-addressed and stamped envelope.

The British Empire is becoming more and more the source of supply of gold for the world, the Transvaal mines alone yielding 50 per cent. of the world's production. This change is due, not to any increased output on the part of British mines, but to the sharp fall in that of mines in other countries during the last five years.

Unemployment is a serious problem these days, but labor, in demanding wages even higher than those current in the past year or so, is merely making a bad situation worse and more difficult to solve. With conditions as they are at the moment, public sympathy cannot be allied with labor in its fight for higher wages. The tide has turned, and labor must show its willingness to share some responsibility, and be prepared to accept lower remuneration in order that business may resume and public confidence be restored.

Simcoe county, Ontario, is acquiring a block of 800 acres in the township of Vespra for planting out a municipal forest under the Ontario Government's reforestation scheme. The land, useless for ordinary agricultural purposes, is being secured at a cost of about six dollars an acre. There is some second growth pine, white birch, red oak, and a little hardwood on the property. The whole block was once covered mainly with pine, and since this was removed the land has remained practically idle. The land is within a mile of a railway station and about eight miles from Barrie, the county town.

Now that June, the month of marriages, is approaching, it may be interesting to the contracting parties to know the origin of some of the time-honored customs. When we dig back to the origin of many of the customs which surround marriage even when it is regarded in the light of a religious ceremony, it is surprising to find the number of signs which point directly to the days when a wedding was merely a matter of agreement between a man and a woman, and force, rather than courtship, was the chief argument used. The first form of marriage outside of a tribe was the "marriage by capture." The bridegroom simply went out, accompanied by a friend or two, seized upon some woman who appealed to him, and carried her off to his home. In modern marriage the very name "best man" is simply the successor to the strong-armed warrior who assisted the groom to carry off his bride, just as the wedding ring symbolizes the thongs with which the bride was bound, and the old shoes thrown after the couple take the place of the missiles hurled by the pursuers of the past. The honeymoon itself is nothing more than the space of time when the captor had to hide his prize from her kinsmen until their consent had been gained.

Worms in children, if they be not attended to, cause convulsions and often death. Mother Graves' Worm Exterminator will protect the children from these distressing afflictions.

The Collingwood Bulletin pays the following grateful tribute to Premier Drury—"The Premier's honesty and spirit of fair play are perhaps the biggest assets he possesses. It is something new in the history of the country to find a leader in the Government above resorting to the tricks of the politician. Mr. Drury like all the rest of us, may have faults, but insincerity is not one of them."

Germany has never expressed sorrow for her wickedness. She has never admitted that she was defeated. She has spent her time protesting her inability to meet the comparatively moderate demands of the representatives of the allies. The sooner Germany stops whinnying, faces the inevitable and gets down to work the sooner will her troubles disappear. She understands just one thing—force. And force alone will bring her to her senses.—Philadelphia Inquirer.

Wedding Announcements and Invitations of the finest quality at The Guide-Advocate.

Rheumatism

Neuritis, Sciatica, Neuralgia.

Templeton's Rheumatic Capsules

Have brought good health to half-a-million sufferers.

A healthful, money-saving remedy, well known for fifteen years, prescribed by doctors, sold by druggists, \$1.00 a box. Ask our agents or write for a free trial package. Templetons, 142 King W., Toronto

J. W. McLaren, Local Agent.

CONTRIBUTIONS ACKNOWLEDGED

- The Treasurer of the Muskoka Free Hospital for Consumptives desires gratefully to acknowledge the following contributions received in Watford by the Field Secretary of the National Sanitarium Association—
- A. G. Brown.....\$10.00
 - Wire Works.....5.00
 - Rev. E. H. Sowers.....5.00
 - M. Cameron.....5.00
 - Dr. C. W. Sowers.....5.00
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 - W. J. Trenouth.....1.00
 - J. Coupland.....1.00
 - I. J. Hastings.....1.00
 - A. Friend......25
 - A. Friend......25
- \$ 91.50

Alvinston ratepayers will vote on Hydro on Jan. 6th. \$25,000 is the amount of the bylaw.

Malcolm C. Munroe, a pioneer of Mosa, died last week in his 89th year. He was born near Kilmartin. His wife survives, in her 88th year.

Read the Guide-Advocate "Wants."

A movement is on foot to reopen the Presbyterian church at Sombra which has been closed for nearly five years.

In Ye Olden Time

hoop skirts were worn by those who first asked the drugist for, and insisted on having the genuine Favorite Prescription put up by Doctor Pierce over fifty years ago. Dress has changed very much since that time. But Dr. Pierce's medicines contain the same dependable ingredients. They are standard today just as they were fifty years ago and never contained alcohol. Beauty depends upon health.



Worry, sleepless nights, headaches, pains, disorders and weakness of a distinctly feminine character in a short time bring the dull eye, the "crow's feet," the haggard look, drooping shoulders, and the faltering step. To retain the appearance of youth you must retain health. Instead of lotions, powders and paints, ask your druggist for Doctor Pierce's Favorite Prescription.

PHIPPEN, SASK.—"Doctor Pierce's Favorite Prescription cured me when all other medicines failed. The home doctors could do nothing for me. I happened to see Dr. Pierce's advertisement in the paper, sent for the medicine, and felt a great benefit from even the first few doses. I took but a few bottles until I was entirely well. I cannot speak too highly of the merits of the Prescription." MRS. JAMES BROWN, R. R. 1.

LIVESTOCK FOR SALE

Shorthorn, Angus, Hereford, Holstein, Ayrshire, Jersey

Farmers and stockmen desiring to purchase purebred registered males and females, individually or in ear lots, should communicate with the Secretary of the Lambton County Purebred Livestock Breeders' Association.

Up-to-date lists of the pure bred livestock for sale in the county kept on hand. Expert assistance will be given to all parties desiring to purchase herd sires. Parties desiring to list their animals should communicate with the Secretary.

W. F. MACDONALD, Petrolia, Ont.

A. D. Hone

PAINTER AND DECORATOR
PAPER HANGING

WATFORD ONTARIO

GOOD WORK
PROMPT ATTENTION
REASONABLE PRICES
ESTIMATES FURNISHED
SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

GRAND TRUNK RAILWAY TIME TABLE

Trains leave Watford station as follows—

GOING WEST

Accommodation, 111..... 8.44 a.m.
Chicago Express, 17..... 12.47 p.m.
Detroit Express, 83..... 6.48 p.m.
(a) Express, 5..... 9.11 p.m.
(c) Express, 15..... 10.10 p.m.

GOING EAST

Ontario Limited, 80..... 7.43 a.m.
Chicago Express, 6..... 11.16 a.m.
Accommodation, 110..... 2.28 p.m.
Accommodation, 112..... 5.38 p.m.

(a)—Stops to let off passengers from Toronto, Hamilton and east.
(c)—Stops to let off passengers from Kingston and east.

C. W. VAIL, Agent, Watford.

CHANTRY FARM SHORTHORN CATTLE AND LINCOLN SHEEP

Am booking orders for Silver Grey Dorkings and Black Leghorn Eggs. Winners at C. N. E., and Winter Garden Shows Toronto, also Western London and Guelph Winter. Special prices on lots of 50 or more Black Leghorns from farm flock, handsome and grand layers.

ED. DE GEX KERWOOD ONTARIO

Miller's Worm Powders act so thoroughly that stomachic and intestinal worms pass from the child without being noticed and without inconvenience to the sufferer. They are painless and perfect in action, and at all times will be found a healthy medicine, strengthening the stomach and maintaining it in vigorous operation, so that besides being an effective vermifuge, they are tonical and health-giving in their effects.

Long Distance Service Is Now Classified

THE Classifications on long distance telephone calls in effect from midnight, April 20th, are of interest to all users of that service. It is possible, by a study of your long distance requirements, to effect savings in your long distance bills that are well worth while.

Station-to-Station Service

Station-to-Station service should be used when you are willing to talk to ANYONE at a distant telephone—that is, when you do not need to get a particular person on the line.

Station-to-Station service is not only cheaper, but more rapid and accurate than Person-to-Person service. On Station-to-Station service the call can be completed as soon as the distant telephone is answered, while on a Person-to-Person call the particular party wanted must be located and summoned to the telephone.

The charge for a Station-to-Station call cannot be reversed—that is, it cannot be charged to the telephone called, for in that case the telephone operator would have to locate a particular person to approve the charge, which would make it a Person-to-Person call.

Person-to-Person Service

When you make a call specifying that conversation is desired with a particular person at a given number, Person-to-Person service is used.

As this service requires greater operating labor and circuit time than a Station-to-Station call, the rate is about 25 per cent greater.

Examples of Different Rates

Following are examples showing the station-to-station and person-to-person rates for distances up to sixty-four miles:

Miles	Station-to-Station Rate	Person-to-Person Rate
0-12.....	\$0.10	\$0.15
12-18.....	.15	.20
18-24.....	.20	.25
24-32.....	.25	.30
32-40.....	.30	.40
40-48.....	.35	.45
48-56.....	.40	.50
56-64.....	.45	.55

Every Bell Telephone is a Long Distance Station

The Bell Telephone Company OF CANADA

Red Cross



Ontario Division, 410 SHERBURN ST. TORONTO

"In the field ready and the..."

Enroll with your local or, if there is none in your neighborhood, write to the Ontario Division, 410 SHERBURN ST., TORONTO.

Canadian

Unless you average the saved fuel use. Full money cost altogether there.

Bring in youth with STAIN. oak or wa a Vernico

Vernical Reduced

T. D.