Mrs. Hamilton Tells How She Finally Found Health in Lydia E. Pinkham's Vegetable Compound.

Warren. Ind .- "I was bothered terribly with female weakness. I had pains and was not regular,



my head ached all the time, I had bearing down pains and my back hurt me the biggest part of the was dizzy and had weak feelings when I would stoop over, it hurt tance and I felt blue and discouraged.

"I began taking Lydia E. Pinkham's Vegetable Compound and am now in good health. If it had not been for that medicine I would have been in my grave a long time ago."-Mrs. ARTIE E. HAMILTON, R. F. D. No. 6. Warren, Ind.

Another Case.

Esmord. R. I .- "I write to tell you how much good your medicine has done me and to let other women know that there is help for them. I suffered with bearing down pains, headache, was irregular and felt blue and depressed all the time. I took Lydia E. Pinkham's Vegetable Compound and commenced to gain in a short time and I am a well wo man today. I am on my feet from early morning until late at night running boarding house and do all my own work. I hope that many suffering women will try your medicine. It makes happier wives and mothers."—Mrs. Anna Han-sen, Esmond, Rhode Island.

Guide-Advocate

Wattord, Ont.

PUBLISHED EVERY FRIDAY. WBSCRIPTION-\$1.00 per annum in advance. \$1,50 in advance to the United States.

ADVERTISING RATES.

 Space
 One
 Yea
 Haif Year
 3 Months

 One column
 .865
 \$38
 \$22

 Haif column
 .88
 22
 12

 One fourth column
 .92
 12
 7
 One fourth column 22 12 Shorter periods 12 cents per running inch.

th,

Irs.

ngs,

last

Mr.

Act

has

Miss

and

roy,

idd-

For and the

the

less-the nirty

In-erals de-the

ong,

med for nber ithin

Advertisers will be allowed a change of matter very two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LEGAL ADVERTISING:—First insertion per line, 40 cents; subsequent insertions 4 cents each time per line, Acate measure 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year 25.50

We do Auctioners Cards—85 00 a year.

Locals—10c, per line each insertion. Miminum charge 25 certs.

Advertisements without specific directions will be perfect till forbid and charged accordingly. HARRIS & CO.

une-udnocate

WATFORD, FEBUARY 20, 1914.

CHEERFULNESS

We wonder if we all have an idea of what the definition of cheerfulness is: the dictionary says, good spirit or mirth. But no matter what the definition is, if we do not apply it or put it into practical use. How often we see a dear girl who is homely but has hosts of friends, and we see another girl who is indeed beautiful but no persons seem to love her, nor even care to associate with her. This is the reason, the first girl is happy and cheerful who has a smile and pleasant word for old and young, rich and

Beware of Ointments for

Catarrh That Contain Mercury as mercury will surely destroy the sense of smell and completely derauge the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians.

Sold by druggists. Price 75c. per bottle. Take Hall's Family Pills for constipconstip-

The Duke of Connaught is reported as saying that every household hould have a pet. For my part I have yet to see the household that does not contain a pet of some kind. Gran'ma is the pet in this house the baby is the pet in the next house; further on they have a pet rat—mouse, is it? Well, what's the difference ?-in other houses it's a kitten or a dog, or an ear-splitting canary, and in infrequent homes a parrot-a cynical mountebank in whose body the soul of some groesque acrobat who died of acute ndigestion is reincarnated.

There be pets and pets-and long ago I learned to dread pets. The pet in our house just now is a geranium. Aunt Lucy has got it in a cracked tea-pot in the window of the winter kitchen, with the result that that window is of no use to anybody. If you go near that winow, some one is sure to holler-

"Look out for the geranium Don't touch the geranium!"

Fain would I stand at that winow and view a glorious sunset-a anvas painted by the greatest Artist of them all; but that upstart of a geranium stands between me and it. It is in delicate health, and has to be bundled up and placed behind the cooking stove every night. Woe betide you if you go near the stove while that measly old geranium is there! Like most pets, it is teetotally useless as far as I can see. It long gave evidence of going to have a bud. The mountain was in labor and brought forth a mouse. That geranium brought forth a flower bout the size of a collar-button, and it has been an interesting invalid ever since.

Some people have a pet grievance That's a pet that gets more petting than any other on the list. You don't need to have a grievance to start with in order to have a pet grievance to end with.

Your pet kitten or canary o parrot or pup might die, but the loss of your pet grievance would be more than you could bear.

The very word pet is a dange signal and a warning. It used to be a synonym of "sulk" and "grouch," 'She is in a pet" means that the lady is sulking.

Pets and sulks go arm-in-arm through life, and they are both nuisances. Men and measures. norses, plants, principles, babies, and all manner of things have been petted to death

Still, it wouldn't hurt to have a

Faithfulness

THE KHAN.

Whatever happens, never forsake friend. When enemies gather, when the world is dark and cheerless s the time to try true friendship They who turn from the scenes of distress betray their hyprocrisy, and prove that interest only moves them. f you have a friend who loves you, who has studied your interest and nappiness, be sure to sustain him in adversity. Let him feel that his ove was not thrown away. Real idelity may be rare but it existsin the heart. They only know its worth and power who never loved a friend or labored to make a friend happy.

FISHING

The winter wanes and soon the poor, and who is ever glad and happy, | rains of Spring will start the grasses, not one day pleasant and the other and trees will bud and streams in cross and gloomy. Whereas the flood will thunder down the passes. beautiful girl, we are sorry to say Oh, Spring, sweet Spring, you dear not always, but very often, is selfish old thing, for which all men are and spoiled, and if she cannot do as wishing, when we can drill o'er vale she pleases, or the weather is unand hill, to spend the long day fishpleasant, she very ofter scolds a little | ing! Spring comes apace and soon the face of earth will smile and chuckle, and dames will say to husgrist of chores, with pshawing and to go to work. pishing! We take a pole to some deep hole and spend the long day fishing! Spring is the time when should never be used except on prescriptions from reputable physicians, as the good you can p ssibly derive from them. Hall'- Catarrh Cure, manufactured by F. J. Cheney & Co. Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure youget the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. people climb from age clear back to

A Texas stockman has poisoned nearly three tourths of a million prairie dogs since January last. He received 1½ cents from the government for every dog 'killed.

Can't Do Without Them Bin Pills the only things that keep him well.



FRENCH RIVER, Ont.
"Enclosed please find 50c. for which
kindly send me a box of GIN PILLS, as
I don't feel that I can remain long
without some of them in the house. I

without some of them in the house. I find them so good that if I am out of GIN PILLS, the house seems to be all wrong somehow. Kindly send pills by return mail."

RICHARD HAMLYN.

If you have any trouble in getting GIN PILLS in your neighborhood, write direct to us, enclosing the regular retail price, 50c. a box, 6 for \$2.50, and we will fill your order by return mail, at the same time giving you the name of a nearby dealer who handles GIN PILLS.

There is no other some daily in the same time.

There is no other remedy in the world that acts so quickly and so effectively in that acts so quickly and so effectively in relieving Pain in the Back, curing Kidney and Bladder Troubles, Suppression or Incontinence of Urine and driving Rheumatism out of the system. Sample box free if you write us, mentioning this paper. National Drug and Chem. Co., of Canada Limited, Toronto. Manga-Tone Blood Tablets purify and enrich the blood—especially good for women and young girls, 5oc. a box. 203

STOPPING THE EARTH.

It Would Generate Heat Enough to Turn Our Globe to Vapor.

The stopping of a projectile always results in the generation of heat. The velocity and weight of a projectile being known, the amount of heat devel oped by its stoppage can be calculated. In the case of large bodies moving rapidly the result of the calculation is something astounding.

For example, the earth weighs 6.000, 000,000,000 tons and travels in its orbit at the rate of over eighteen miles a second. Should it strike a target strong enough to stop its motion the heat developed by the shock would be sufficient not merely to fuse the earth, but also to reduce a large portion of it to vapor. It has been calculated that the amount of heat generated by a collision so colossal would equal that obtained from the burning of fourteen globes of coal each equal to the earth

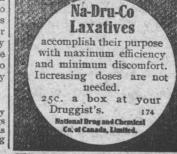
And should the earth after its stoppage fall into the sun, as it certainly would do, the amount of heat that would be developed by its impact on ated by the combustion of 5,000 earths

Two Waterloos. It is a very curious fact that a good many people do not know that two

battles were fought at Waterloo. Both of these were fought against the French, the first under the command of the Duke of Marlborough on Aug. 17, 1705, who on this date actually occupied the same ground as the Duke of Wellington did a little more than a century later, June 17, 1815, the only difference being that the former was marching on Brussels and the latter was marching from Brussels. In the first battle the French were defending Brussels. They marched out to meet Marlborough, but owing to the slack-ness on the part of Schlangenburg, the Dutch general, who was fighting with him, it was not a success, Marlborough only taking a few of the French troops as prisoners. The following one, fought against Napoleon by Wellington, proved to be one of the greatest victories ever recorded in the annals of England.

No matter how deep-rooted the corr or wart may be, it must yield to Hollo way's Corn Cure if used as directed. m

It is not such an easy matter to find a real estate agent in the West these dull days. A number of them bands gay, "To work get down and buckle!" We greet with roars the brokers," and some have even had



Hints For Housewives

From the Boston Globe. Short weights and short measures, which are expensive to consumers, will rapidly disappear if the suggestions to housekeepers, sent out in card pamphlet form by State Commissioner Hanson, are properly taken to

Every woman who manages nome is advised to provide herself with a good scale of about 10 pounds capacity, which will weigh in ounces; a peck measure, a dry quart, a liquid quart, a 60 inch steel tape, and an eight-ounce graduate.

These weapons for justice should remedy, but an exceptionally promptbe submitted to the local sealer of veights and measures for a test of their accuracy.

Then insist on quantity as well as quality when making purchases. In buying meat, says the pamphlet request that all "trimmings" be sent to the house; otherwise a correct check of goods cannot be made. Have all bills itemized.

The cost of living will be reduced ensiderably when the State Commis ioner of Weights and Measures has ducated all the housekeepers of the ommonwealth up to getting their noney's worth at all times and in all

Be A Man

Foolish spending is the father of poverty. Do not be ashamed of hard work. Work for the best alaries or wages you can get, but work for half price rather than be dle. Be your own master, and do not let society or fashion swallow up your individuality-hat, coat and boots. Do not eat up or wear out all you earn. Compel your selfish body to spare something for profits saved. Be stingy to your own appetite, but merciful to others' necessities. Help others and ask no help for yourself. See that you are proud. Let your pride be of the ight kind. Be too proud to be lazy; oo proud to wear a coat you cannot afford to buy : too proud to be in company that you cannot keep up with expenses, too proud to lie, or steal, or cheat; too proud to be stingy.

TWO HOME WOMEN TALKED ABOUT HAIR

Two women met in our store the other day, when one of them said:
"My, how pretty your hair looks!
What have you been doing to it?"
"Why, I have been using Harmony
Hair Beautifier for the past two weeks,"

was the reply.
"Why, indeed!" replied the first was the reply.

"Why, indeed!" replied the first
woman, "that is just what I am using.
Isn't it great, and don't you think my
hair shows a lot of improvement?"

Harmony Hair Beautifier is becoming
all the rage among both men and women
who are particular in the care of their
hair. It is inter what it is named as hair.

nair. It is just what it is named—a hair beautifier. It seems to polish and burnish he hair, making it glossy, silky-soft, and the hair, making it glossy, silky-soft, and more easy to put up in graceful, wavy folds that "stay put." Contains no oil, and will not change color of hair nor darken it. Simply sprinkle a little on your hair each time before brushing it. To keep your hair and scalp dandruff-free and clean, use Harmony Shampoo. This liquid shampoo gives an instantaneous rich, foaming lather that immediately nener test to wave your of the little properties to

pene rates to every part of the hair id scalp, insuring a quick and thorough eansing. It is washed off just as quick, the entire operation taking only a we moments. Harmony Hair Beautifier, 11.00. Harmony Shampoo, 50c. Both quarantéed to satisfy you in every way, or your money back. Sold only at the nore than 7,000 Rexall Stores, and in his town only by we J. W. McLAREN. Watford.

Wireless Phones Not Yet

An official of the Marconi Company An oficial of the Marconi Company, interviewed with reference to the London Times' statement re installation of wireless telephony on the Aquatania and other matters, said the 'report that wireless telephones will be installed on the Aquatania is untrue. The Aquatania will boast a new submarine wireless apparatus and specially designed apparatus for boast a new submarine wireless appar-atus and specially designed apparatus for all lifeboats, but she will not possess wireless telephones. Neither is there any immediate probability of the wireless telephone being installed in business houses. There was, moreover, no truth in the story that Marconi had succeeded in lighting a lamp five miles away by means of a current generated by seizel. deans of a current generated by wireless

Could Hardly Live for Asthma. Writes one man who after years of suffering has tound complete relief through Dr. J. D. Kellogg's Asthma Remedy. Now he knows how needless has been his suffering. This matchless remedy gives sure help to all afflicted with asthma. Inhaled as smoke or vapor it orings the help so long needed. Every dealer has it or can get it for you from his wholesaler. Could Hardly Live for Asthma. Writes

Miss Estelle Mason is making a 32,000-

KEPHALDOL

BIDS PAIN DEFIANCE

This remedy, new to Canada, though well known in Great Britain and on the Continent, brings to all who are "tos't on the thorny bed of pain" a means of

on the thorny bed of pain" a means of speedy and grateful relief.

Kephaldol offers the sufferer from Lumbago, Sciatica, or Rheumatism quick and certain cure, even where the case is of long standing.

No more is it necessary to endure the agony, enforced immobility, backwracking and exhaustion of Lumbago attacks, the torture of Sciatica-ridden limbs, the cramping grip of Rheumatism. Kephaldol is not only a sure, safe and natural remetly, but an exceptionally prompt-

acting cure.

Kephaldol may be taken without fear. There is nothing in it to give rise to bad atter effects—nothing to injure the heart

or other organs.

Thousand of letters from medical men thousand retries in metal metal testify to the wonderful power of Kephaldol to dispel pain and banish agonizing disease. Get a 50 cent package of Kephaldol tablets yourself and experience these benefits. Kephaldol Limited, 31 Latour St., Montreal.

"Feed and Profit"

Dominion Department Of Agriculture.

Dairy Branch.

We came across two records recently We came across two records recently that set us thinking. A Jersey cow that gave a yield of 14,450 pounds of milk and 727 pounds of fat, consumed an average of 12.4 pounds of meal per day all year. An Ayrshire's record was almost identical, 12.8 pounds of meal per day. Just what the average cover in Canada receives what the average cow in Canada receives as meal is uncertain, but this is certain, that vast numbers of them would do inthat vast numbers of them would do infinitely better if they got the opportunity and were fed on the basis of one pound of grain for every three or four pounds of milk per day that they yield.

As the average cow in Canada gives probably only about one hundred and forty pounds of fat per year, it is a question if she gets an average of three pounds of meal per day. The two comes noted

of meal per day. The two cows noted above received four times this amount, and paid for it. More of our cows would pay, that is pay a good profit above the

cost of feed, if they got the right feed.

When we find good dairymen willing to give seventy and eighty dollars worth of feed to a cow per year, it means they not only have faith in their own indgment, and in the cow's productive ability, but beyond this, they keep records oth of milk and fat produced, and feed onsumed, so as to be perfectly certain ney don't waste good feed on cows that don't produce.

Feed record forms and a herd record

book will be supplied free on application to the dairy division, Ottawa. Make sure each cow pays a good profit this

Valuable Book For The Home, Free

Our druggists are presenting to their customers, free of charge, one the most useful books that has come to our notice for some time. This is the Na-Dru-Co Almanac for 1914, issued by the National Drug and Chemical Company of Canada,

In addition to the handy table and other general information, this almanae gives the causes of disease, the symptoms (or signs by which disease is recognized), and the proper treatment to relieve and cure the trouble.

Those living at a distance from a physician, will find this book invaluable in treating the ordinary ailments that come to every family. It will well repay a careful reading and frequent consultation.

The mother voice in politics has reduced the active working day of the child 54 minutes.

Persimmon trees grow in southern Missouri and Arkansas to great size, many of them being three feet in circumference. It is worth \$30 a cord and as it resembles ebony in many particulars it is used by furniture dealers for veneering.

Carl Weishar, of Missouri, exhibited at a recent fair 47 varieties of vegetables and farm products which he raised on 47 acres. There are no vacant fence corners or, in fact, a foot of vacant land on his little farm.

The Oil for the Farmer.—A bottle of Dr. Thomas' Eclectric Oil in the farm house will save many a journey for the doctor. It is not only good for the children when taken with colds or croup, and for the mature who suffer from pans and aches, but there are directions for its use on sick cattle. There should or its use on sick cattle. There should always be a bottle of it in the house. m

Camel's hair, for fine brushes, having ecome scarce, enterprising manufactur-rs now substitute the fine hairs from the ears of steers, and it is sold as the genuine article all over the country.

The conditions most favorable to good nome storage of vegetables in winter are protection from frost, cool enough to revent rapid decay, most enough to revent excessive evaporation, but not noist enough to favor decay.

The Vermont experiment station, after careful investigation, announces that from the reports of growers, the cost of producing a barrel of apples ranges from 25 cents to \$1.00.

cellogg's Asthma Remedy. Now he moves how needless has been his suffering. This matchless remedy gives sure elp to all afflicted with asthma. In aled as smoke or vapor it orings the elp so long needed. Every dealer has or can get it for you from his wholealer.

Miss Estelle Mason is making a 32,000-mile journey around the world with 12 skimo dogs.

25 cents to \$1.00.

Miller's Worm Powders not only make the infantile system untenable for worms, but by their action on the stomach, liver and bowels they correct such troubles as lack of appetite, bilionsness and other internal disorders that the worms create. Children thrive upon them and no matter what condition their worm-infested stomachs may be in, they will show improvement as soon as the treatment begins.

OPPORTU knocks once at every m knocking at your door no Ask us to send you our l logue of Seeds, Bulbs, Tools, Insect Destroyers, try and Bee Supplies. A post card will bring it to: DARCH & HUNTER BOX 1270

Men Fight O Stomachs Napole with a

pretty sure to be a poor fighte almost impossible—for anyone, if digestion is poor, to succee socially—or to enjoy life. In ta Dr. Pierce'

Golden Medical I helps weak stomachs to strong helps them to digest the food the rich, red blood which nourishes This vegetable remedy, to a the liver into activity—oils t the human system so that those behind the counter, or in the h

Has brought relief to many the relieve you and doubtless restor least you owe it to yourself to give trial box of Tablets—Dr. Pierce's can have Dr. Pierce's Cor



THEY BENEFIT they increase able him to raise cost of hauling wi kets when prices get to school every day social life and better co THEY BENEFIT TH

duce the cost of living saves, and by bringing enable a larger propor wages, and with incre and better stores. Public roads are comm

improvement of thes through increased agriulous to all industries. Econor Conerete roads are bes

end. They are free fi good footing to horses vehicle, but most imp practically no expendi Complete information yours for the asking, Write to-day for conc



GOOD F

Place your ord PLANING MI service. We g material. Wel minimum.

Coal.

Electi