

### BLUE AND DISCOURAGED

Mrs. Hamilton Tells How She Finally Found Health in Lydia E. Pinkham's Vegetable Compound.

Warren, Ind.—"I was bothered terribly with female weakness. I had pains and was not regular, my head ached all the time, I had bearing down pains and my back hurt me the biggest part of the time. I was dizzy and had weak feelings when I would stoop over, it hurt me to walk any distance and I felt blue and discouraged.

"I began taking Lydia E. Pinkham's Vegetable Compound and am now in good health. If it had not been for that medicine I would have been in my grave a long time ago."—Mrs. ARTIE E. HAMILTON, R. F. D. No. 6, Warren, Ind.

Another Case. Esmont, R. I.—"I write to tell you how much good your medicine has done me and to let other women know that there is help for them. I suffered with bearing down pains, headache, was irregular and felt blue and depressed all the time. I took Lydia E. Pinkham's Vegetable Compound and commenced to gain in a short time and I am a well woman today. I am on my feet from early morning until late at night running a boarding house and do all my own work. I hope that many suffering women will try your medicine. It makes happier wives and mothers."—Mrs. ANNA HANSEN, Esmont, Rhode Island.

Guide-Advocate Watford, Ont. PUBLISHED EVERY FRIDAY. ADVERTISING RATES. Advertisers will be allowed a change of matter very two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

Guide-Advocate HARRIS & CO. PROPRIETORS. WATFORD, FEBRUARY 20, 1914.

### CHEERFULNESS

We wonder if we all have an idea of what the definition of cheerfulness is: the dictionary says, good spirit or mirth. But no matter what the definition is, if we do not apply it or put it into practical use. How often we see a dear girl who is homely but has hosts of friends, and we see another girl who is indeed beautiful but no persons seem to love her, nor even care to associate with her.

Beware of Ointments for Catarrh That Contain Mercury. Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them.

### PETS

The Duke of Connaught is reported as saying that every household should have a pet. For my part I have yet to see the household that does not contain a pet of some kind. Gran'ma is the pet in this house; further on they have a pet rat-mouse, is it? Well, what's the difference?—in other houses it's a kitten or a dog, or an ear-splitting canary, and in infrequent homes a parrot—a cynical mountebank in whose body the soul of some grotesque acrobat who died of acute indigestion is reincarnated.

There be pets and pets—and long ago I learned to dread pets. The pet in our house just now is a geranium. Aunt Lucy has got it in a cracked tea-pot in the window of the winter kitchen, with the result that that window is of no use to anybody. If you go near that window, some one is sure to holler—

"Look out for the geranium! Don't touch the geranium!" Fain would I stand at that window and view a glorious sunset—a canvas painted by the greatest Artist of them all; but that upstart of a geranium stands between me and it. It is in delicate health, and has to be bundled up and placed behind the cooking stove every night. Woe betide you if you go near the stove while that measly old geranium is there! Like most pets, it is biologically useless as far as I can see.

Some people have a pet grievance. That's a pet that gets more petting than any other on the list. You don't need to have a grievance to start with in order to have a pet grievance to end with.

The very word pet is a danger signal and a warning. It used to be a synonym of "sulk" and "grouch." "She is in a pet" means that the lady is sulking.

### THE KHAN.

Faithfulness. Whatever happens, never forsake a friend. When enemies gather, when the world is dark and cheerless is the time to try true friendship. They who turn from the scenes of distress betray their hypocrisy, and prove that interest only moves them. If you have a friend who loves you, who has studied your interest and happiness, be sure to sustain him in adversity. Let him feel that his love was not thrown away. Real fidelity may be rare but it exists—in the heart. They only know its worth and power who never loved a friend or labored to make a friend happy.

### FISHING

The winter wanes and soon the rains of Spring will start the grasses, and trees will bud and streams in flood will thunder down the passes. Oh, Spring, sweet Spring, you dear old thing, for which all men are wishing, when we can drill o'er vale and hill, to spend the long day fishing! Spring comes apace and soon the face of earth will smile and chuckle, and dames will say to husbands gay, "To work get down and buckle!" We greet with roars the grist of chores, with pshawing and pishing! We take a pole to some deep hole and spend the long day fishing! Spring is the time when people climb from age clear back to childhood, when each heart burns and throbs and yearns for open air and wildwood. Spring is the joy without alloy, the best the gods are dishing, when we can sneak down to the creek and spend the long day fishing! WALT MASON.

A Texas stockman has poisoned nearly three fourths of a million prairie dogs since January last. He received 1 1/2 cents from the government for every dog killed.

### Can't Do Without Them

GIN PILLS the only things that keep him well.



"Enclosed please find 50c. for which kindly send me a box of GIN PILLS, as I don't feel that I can remain long without some of them in the house. I find them so good that if I am out of GIN PILLS, the house seems to be all wrong somehow. Kindly send pills by return mail."

There is no other remedy in the world that acts so quickly and so effectively in relieving Pain in the Back, curing Kidney and Bladder Troubles, Suppression or Incontinence of Urine and driving Rheumatism out of the system.

STOPPING THE EARTH. It Would Generate Heat Enough to Turn Our Globe to Vapor. The stopping of a projectile always results in the generation of heat.

### TWO HOME WOMEN TALKED ABOUT HAIR

Two women met in our store the other day, when one of them said: "My, how pretty your hair looks! What have you been doing to it?" "Why, I have been using Harmony Hair Beautifier for the past two weeks," was the reply.

### Wireless Phones Not Yet

An official of the Marconi Company, interviewed with reference to the London Times' statement re installation of wireless telephony on the Aquatania and other matters, said the "report that wireless telephones will be installed on the Aquatania is untrue. The Aquatania will boast a new submarine wireless apparatus and specially designed apparatus for all lifeboats, but she will not possess wireless telephones. Neither is there any immediate probability of the wireless telephone being installed in business houses. There was, moreover, no truth in the story that Marconi had succeeded in lighting a lamp five miles away by means of a current generated by wireless apparatus."

Na-Dru-Co Laxatives accomplish their purpose with maximum efficiency and minimum discomfort. Increasing doses are not needed. 25c. a box at your Druggist's.

### Hints For Housewives

From the Boston Globe. Short weights and short measures, which are expensive to consumers, will rapidly disappear if the suggestions to housekeepers, sent out in card pamphlet form by State Commissioner Hanson, are properly taken to heart.

Every woman who manages a home is advised to provide herself with a good scale of about 10 pounds capacity, which will weigh in ounces; a peck measure, a dry quart, a liquid quart, a 60 inch steel tape, and an eight-ounce graduate.

Be A Man. Foolish spending is the father of poverty. Do not be ashamed of hard work. Work for the best salaries or wages you can get, but work for half price rather than be idle.

### KEPHALDOL BIDS PAIN DEFIANCE

This remedy, new to Canada, though well known in Great Britain and on the Continent, brings to all who are "tos't on the thorn-bud of pain" a means of speedy and a careful relief.

"Feed and Profit" Dominion Department of Agriculture, Dairy Branch. We came across two records recently that set us thinking. A Jersey cow that gave a yield of 14,450 pounds of milk and 727 pounds of fat, consumed an average of 12.4 pounds of meal per day all year.

How 'will they BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

They BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

OPPORTU knocks once at every m knocking at your door? Ask us to send you our 1 logue of Seeds, Bulbs, Tools, Insect Destroyers, try and Bee Supplies.

Men Fight On Stomachs. Dr. Pierce's Golden Medical I helps weak stomachs to strong helps them to digest the food th rich, red blood which nourishes

How 'will they BENEFIT them increase able him to raise cost of hauling wickets when prices get to school every day social life and better cc

Canada 803. Concrete roads are be end. They are free fi good footing to horses vehicle, but most im practically no expendi Complete information yours for the asking, Write to-day for conc

A GOOD F Place your ord PLANING MI service. We g material. Wel minimum.

Coal. Elect GE We Do All