



### Prevent "Chaps"

—use warm water and Baby's Own Soap.  
Wash in warm water with Baby's Own Soap—rinse well and dry perfectly—and your skin will be soft and never chap.

### IF BACK HURTS BEGIN ON SALTS

Flush your kidneys occasionally if you eat meat regularly.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores, so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headache, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine, so it no longer causes irritation, thus ending bladder disorders. Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.

### Everything About Cuticura Soap Suggests Efficiency

Best Cleanser, Talcum, etc. each, Sold everywhere.  
Cuticura Soap, Talcum, etc. each, Sold everywhere.

### NEW HOTEL CADILLAC DETROIT, MICH.

DEPOT CARS DIRECT.  
Complete everywhere.  
European plan, \$2 and up.  
Two Beautiful Restaurants.  
Last word in food and service.

### NEW HOTEL CADILLAC

C. C. SCHANTZ, Manager.

## SCHOOL-DAYS ARE JOY-DAYS

for youngsters whose bodies are made strong and sturdy by rational exercise and proper food. The boy that is stuffed with foods that have been robbed of mineral salts is a dull boy. Shredded Wheat is the perfect food for growing children because it contains all the brain-making, tissue-building material in the whole wheat grain. A breakfast of two Shredded Wheat Biscuits with hot milk gives a zest for study and play—costs only a few cents.



## REVOLUTIONISTS IN VLADIVOSTOK TAKE CHARGE OF TOWN

U. S. Commander Says They  
Would Oust Foreigners.

### ODESSA LIKELY TO FALL

Chances of Holding City Is  
Doubtful According To  
Official Statement.

WASHINGTON, D. C., Feb. 3.—Revolutionists have entered Vladivostok and are in charge of the town, the war department was advised today by Major-General Graves, commander of the American expeditionary force in Siberia.

General Graves' Message, dated Jan. 31, says the crowds in the city were orderly and that the allied forces were patrolling the streets to protect innocent people and to prevent looting. The revolutionists' platform, the general said, declared for the end of civil war in Siberia, and the interference by foreigners in the internal affairs of the country.

ODESSA'S FATE DOUBTFUL.  
LONDON, Feb. 3.—An official statement to the British war office from Odessa under date of February 2, says that the Bolsheviks have captured Nikolaiev, and are now marching on Odessa. The chances of holding Odessa are regarded as very doubtful, the statement adds.

The capture of Odessa by Ukranian forces commanded by General Pavlenko was announced on January 30 by the Ukrainian press service, according to advices received in London from Vienna.

A dispatch from London on January 31, asserted that officials there were inclined to believe the story of the city's fall untrue. It was pointed out that an official dispatch from Odessa, dated January 29, said that, judging from the rate of the advance of the Bolsheviks, they would be in Odessa within seven to ten days.

### BAD BREATH? DON'T BE OFFENSIVE, REMOVE THE CAUSE

Follow This Advice, and Your  
Breath Will Soon Be Sweet  
and Pure.

The bad part of Bad Breath is the fact that nearly every case shows considerable trouble from indigestion, belching gas, bloating, piles or some form of stomach misery. Oftener than not a pimply face, a sluggish, constipated condition, is the true cause of many a man's failure in life.

By aiding digestion and building up the weak muscles of the stomach and intestines, DR. HAMILTON'S PILLS completely overcome constipation and all forms of stomach illness.

"I was terribly run down with stomach trouble that arose through neglected constipation," writes Mrs. P. D. Quigley, from Washburn P. O. "I simply couldn't half digest my food. I had dreadful headaches, piles and yellow, muddy skin. The effect of DR. HAMILTON'S PILLS was phenomenal. I have gained in weight, have a clear skin, sleep well and enjoy my meals."

There is no need to be in failing health when cure is so sure, so easy, by taking Dr. Hamilton's Pills of Mandrake and Butterbean 25c a box, at all dealers. REFUSE A SUBSTITUTE.

### London & Port Stanley Railway

Time Table Effective September 2, 1919.  
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