



Oxo promotes Nutrition.

The Basis of good COOKERY

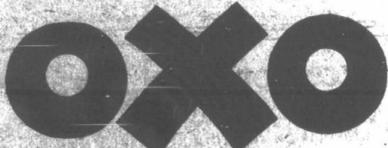
In Oxo you have a concentrated beef-food which admirably meets the everyday needs of cooking.

What was left over from yesterday can be converted—quite easily by using Oxo—into a variety of appetizing and nourishing dishes.

Oxo soups and gravies can be made in a moment, without meat, and with all the goodness and flavor of prime beef.

OXO RECIPE

Take the bones from any cold fish left over, chop it, add two hard boiled eggs, mix well together and put into a saucepan. Add 1 teaspoon of well-boiled rice, a teaspoonful of fresh butter, pinch of white pepper, dash of cayenne and salt, and a teaspoonful of bottle Oxo (or 1 Oxo Cube), mixed with a little hot water. Stir it well and serve very hot.



The great Economy

This Trade Mark is Your Safeguard



EVERY genuine piece of SMP Enamelled Ware carries the SMP shield shape trade mark. Only the choicest articles carry this sign. It guarantees the value in the article; and the use of SMP Enamelled Ware itself guarantees quick heating of foods; absolute purity; ease of cleaning; tenderly cooked food and long wear. Ask the hardware merchant for

SMP Enamelled WARE

Three finishes: Pearl Ware, two coats of pearly grey enamel inside and out. Diamond Ware, three coats, light blue and white outside, white lining; Crystal Ware, three coats, pure white inside and out, with Royal Blue Edging.



Flying Sparks Cause Fires

Conflagrations have been caused by little sparks. You may be careful but your neighbor may not. His house may burn and destroy yours. Use every means to prevent a fire.

Back up your care with reliable insurance. This gives you exactly this. You will be fully indemnified in case of loss.

P. S. MARSTEN
Insurance Broker : : Woodstock, N. B.

Edmundston Locals

Ronald Rideout is laid up with sickness in his home on Burpee street. Miss Helen Nesbitt of St. Stephen is visiting Miss Helen Stevens.

Mrs. Wright has been visiting her daughter, Mrs. Picard, Burpee st.

Mrs. Y. Fred Keith of Moncton is visiting Captain and Mrs. Amos.

What do you think about Grand Falls? Send in your ideas to the editor.

Golden Daffodils in bloom, large and small pots at reasonable prices. R. W. Hammond, Victoria street.

Little Baby Dunbar, infant son of Mr. and Mrs. James Dunbar has been quite ill for the past week.

George F. Barbour, president of the St. John Board of Trade was in town for two or three days this week.

A. Labes, United States Consular agent in St. Leonards was here on Monday and Tuesday of this week.

Mr. and Mrs. James Dunbar and baby are guests at the home of Mr. Dunbar's father and mother, Mr. and Mrs. Alex Dunbar, Grand Falls Road.

The Allan Construction Company of St. Stephen has been awarded the contract by the Public Works department for building the 'Boufface' bridge at St. Basile.

On Saturday night Mrs. Gibson Merritt entertained a small party which included Mr. and Mrs. T. J. Scott, Mrs. J. M. Stevens, and Mr. and Mrs. Walker R. Belyea.

Flowers are delightful at all times, in winter when the world is covered with a mantle of snow especially so. Daffodils and hyacinths in pots at R. W. Hammond's.

The weather here Saturday and Sunday leave us no illusion that we are living in a tropical climate. Bitterly cold, with wind and drifts, make us think longingly of Florida and the South.

The International Pulp and Paper Company hope to get the lease of the Grand Falls again. Once bitten, twice shy. You can't fool all the people all of the time.

The farewell smoker, an account of which will be found in another column of our paper this week, to Walker Belyea was very enjoyable. Mr. Belyea said.

Dr. L. A. Cardat who is taking over Dr. H. R. Kav's practice while he is taking post graduate work in Toronto, arrived last week and is staying at the Grand Central hotel.

At the meeting of the Board of Trade on Monday night Walker Russel Belyea was elected as an additional member to proceed to Fredericton when the Edmundston delegation goes before the government in regard to the Grand Falls power question.

The cold weather of the last week made snow-shoeing ideal and each day large numbers indulging in winter sports were seen. Among the parties of last week was one composed of the Misses Florence Bernier, Jeanne LaPorte, Irene Poitras, Eva Ringuette, Annie LaJoie, Madeline Nicole and Lizette LaJoie.

Mrs. Alex Dunbar entertained at an at home on Wednesday afternoon. Those present were Mrs. White, Mrs. Sherwood, Mrs. Picard, Miss Helen Stevens, Mrs. J. M. Stevens, Mrs. Rideout, Mrs. R. B. Owens, Miss Lillian Brebner, Mrs. (Dr) Lockhart, and Mrs. James Dunbar; Mrs. Matheson, Mrs. Landers, and Mrs. John Hardwick.

Mrs. Thomas Hutchison arrived home from Moncton last week. Mrs. Hutchison went to the General Hospital in Moncton for treatment before Christmas, and before convalescing she developed typhoid fever, necessitating her remaining there much longer than she originally intended.

Her many friends are glad to see her back, and rejoice in her renewed health.

The Observer extends its best wishes for much happiness to Mr. and Mrs. John Sutton. A great many people were surprised to hear the news of the marriage. Mr. and Mrs. Sutton arrived home the end of last week. The wedding took place at the Reformed Baptist parsonage at Woodstock on Feb. 2, the minister of that church, Rev. L. J. Alley, performing the ceremony. The bride was Miss Helen Driscoll of Woodstock. On the evening previous to the wedding Miss Driscoll was the recipient of a number of presents at a shower given by her by the Willing Workers class of the Reformed Baptist church at the residence of Mrs. Harry Irvine, South Queen st., Woodstock. Mr. and Mrs. Sutton will live on Victoria street and expect to be at home next week. The readers of the Observer, we are sure join with us in wishing them lots of happiness and success.

PERTH NOTES

Mrs. F. D. Sadler went to Ottawa last week to attend the opening of the House.

The Sewing Circle will meet with Mrs. Carolyn Armstrong on Thursday afternoon.

Master Edward Palmer who has been so seriously ill, is recovering. Mrs.

C. W. Strols was the nurse in charge of the case.

The members of the Women's Institute entertained their husbands very pleasantly at the Specialty Theatre on Friday evening. Delicious refreshments were served at an early hour.

Arthur Tompkins is visiting relatives at Hartland.

Master Wilfred Pelton arrived here last Thursday from St. Cloud, Minn., and is the guest of his grandmother, Mrs. Jessie Pelton.

Mrs. A. K. Wade was a recent visitor at her home in Grand Falls.

Mrs. E. W. Larlee, who has been spending the winter at Fredericton with her daughter, Mrs. Hugh Smith, returned home on Monday.

Mrs. George Armstrong entertained the Sewing Circle on Thursday afternoon, when a nice lot of work was done. Several new members joined recently.

Miss Alice Brooks of Red Rapids was a week-end guest of Miss Myrtle Mallory.

PILES

Do not suffer another day with itching, bleeding or protruding Piles. No surgical operation required.

Dr. Chase's Ointment will relieve you at once and afford lasting benefit. See a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

For the Kidneys

Kidney troubles are frequently caused by badly digested food which overtaxes these organs to eliminate their acids. Help your stomach to properly digest the food by taking 15 to 30 drops of Extract of Roots, sold as Mother Seigel's Curative Syrup, and your kidney disorder will promptly disappear. Get the genuine. 50c. and \$1.00 bottles.

Mathieu's SYRUP OF TAR & COD LIVER EXTRACT STOPS COUGHS

Sold in numerous sizes bottles by all dealers.

The J. L. Mathieu Co. Sherbrooke, P.Q.

Makers also of Mathieu's Nervine Powders the best remedy for Headache, Neuralgia and Feverish Colds.

For Fascinating Eyes

Make the Use of Muring's Daily Habit. This Refreshing Eye Lotion soon makes Eyes Clear, Radiant, Beautiful, Harmless, Enjoyable. Sold by ALL Druggists.

MURINE for your EYES

CROSBY'S GOLD STAR MOLASSES

SELECTED EXTRA FINE BRIMBO

HAS IT

PULPWOOD

Spruce and fir for immediate shipment. Highest price.

R. R. TIES

Accept delivery at any siding on C. P. or C. N. R. lines.

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This will be the rule of the Road AFTER DEC. 1, 1922

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"FRUIT-A-TIVES" SAVED HER LIFE

This Fruit Medicine Always Gives Relief

917 DORION ST., MONTREAL.

I suffered terribly with Dyspepsia. I had it for years and all the medicines I took did not do me any good.

I read something about "Fruit-a-tives" being good for all Stomach Trouble and Disorders of Digestion, so I tried them.

After finishing a few boxes, I was entirely relieved of the Dyspepsia and my general health was restored; and I am writing to tell you that I owe my life to "Fruit-a-tives".

Mile. ANTOINETTE BOUCHER.

50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

NOTICE OF SALE

TO J. RANDOLPH CLAIR, of the Parish of Wicklow, in the County of Carleton, and Province of New Brunswick, FARMER, and MELISSA M. CLAIR, his wife.

NOTICE IS HEREBY GIVEN that under and by virtue of a Power of Sale contained in a certain Indenture of Mortgage, bearing date the Tenth day of July, A. D. 1920, and made between the said J. Randolph Clair and Melissa M. Clair, his wife, of the First Part, and the CANADA PERMANENT MORTGAGE CORPORATION, of the Second Part, and registered in the Office of the Registrar of Deeds in and for the County of Carleton, in Book 121, page 31, and following pages, as Number 64428, on the Twenty-fourth day of July, A. D. 1920, there will for the purpose of satisfying the moneys secured by said Indenture of Mortgage, default having been made in the payment thereof, be sold at Public Auction in front of the Post Office at Hartland in the said County, on Wednesday, the Twenty-first day of March next, at the hour of Twelve o'clock noon, all the lands and premises described in the said Indenture of Mortgage as follows:—

All that piece, parcel or lot of land lying, being and situate in the said Parish of Wicklow, in said County of Carleton, to-wit:—

In the Second Tier from the River St. John; and on the West side of the said River abutted and bounded as follows:—

On the East by land owned by Peter Giggy; on the North by land owned by Charles McMillin; on the South by land owned by John Bloodworth; and on the West by the base line of the River lots, being the same land conveyed to Melissa J. Clair, wife of J. Randolph Clair by Wooster I. Cronkite by deed bearing the 2nd day of June, A. D. 1919, and registered as Number 62909 in Book 118 of the Carleton County in Pages 319 and 320, saving and excepting therefrom the portion thereof heretofore conveyed by Melissa M. Clair et vir and William C. Cross to Paul W. Caldwell as follows:—

All that lot, piece and parcel of land and premises situate, lying and being in the Parish of Wicklow aforesaid, and bounded and described as follows:—

Beginning where the Somerfield Road cuts the Southern line of a lot of land deeded to the said Melissa M. Clair by Wooster B. Cronkite and wife by deed bearing date the 2nd day of June, A. D. 1919; thence Westerly along the Southern line Eighty-eight rods to land so conveyed to the said Melissa M. Clair as aforesaid; thence northerly along the Western line thereof to the Northern line thereof; thence Easterly along the Northern line thereof Road aforesaid; and thence Southerly along the same to the place of beginning, containing Forty-five Acres, more or less, and being all that portion of said Lot of land so conveyed to said Melissa M. Clair as aforesaid, lying West of the said Somerfield Road, said Deed to said Melissa M. Clair being registered as Number 62909, in Book 118 of Carleton County Records on Pages 319 and 320.

TOGETHER with all the buildings and improvements thereon and the rights and members, privileges and appurtenances to the said lands and premises belonging or in any manner appertaining.

FURTHER NOTICE IS HEREBY GIVEN that if a sufficient offer of purchase is not received for the said lands and premises at said Public Auction, the same will be withdrawn from said sale, and will be disposed of by Private Contract without further notice being given.

IN WITNESS WHEREOF, the CANADA PERMANENT MORTGAGE CORPORATION has hereunto caused its Corporate Seal to be set at the city of Toronto, in the Province of Ontario, this First day of February, A. D. 1923, the affixing of which Seal heretofore is duly attested by the signatures of Edward Roper Curzon, Vice-President and John Massey the 1st Vice-President and 2nd Vice-President of the said Canada Permanent Mortgage Corporation.

C. R. C. CLARKSON
JOHN MASSEY
Vice President
Vice President (SEAL)

WITNESS:
M. Tomlinson

Brighton Lodge No. 31.
Meets Mondays 8 p.m.
A. W. Shaw, C. C.
W. B. Ward, K of R & S
O. A. Hovey, M. F.

Fredericton Business College

Trains young men and women for office positions as no other school in the province of New Brunswick can.

Write for full particulars, and arrange to have a place reserved for you when the WINTER TERM opens on JANUARY 2nd.

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Special attention given to children's teeth.
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Ladies' and Children's Work
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when you have your eyes examined and glasses fitted by

Grover C. Campbell
THE WOODSTOCK OPTOMETRIST
at A. B. Atherton's Jewelry Store, King street, Woodstock.

Patients that have been unable to get satisfaction other places are the ones who give us the greatest praise. Be sure and get the right place and avoid disappointment.

S. W. Smith of East Florenceville is putting on a remarkable stock reduction sale which will attract a good many people to that town and particularly to his store.