HOW TO OBTAIN A GOOD COLOR

A Treatment to Restore the Blood

you haven't enough blood and you deliver himself on the subject one is used for the same purpose. In won't be better until your blood and you won't be better until your blood supply is increased. You skould not lose any time in increasing from other States,' said he, 'seem not lose any time in increasing from other States,' said he, 'seem serve their slender figures.

Is used for the same purpose. In Java little cakes of yellowish fatty earth are sold in the market, and women buy and eat them to preserve their slender figures.

Prices of swine are slightly high-once a month. I wouldn't min the United women buy and eat them to preserve their slender figures.

States, Maine, New Hampshire, serve their slender figures. your blood supply, for people who to think that trout are the only serve their slender figures. neglect anaemia, often silp into a list to eat, but most of our mains deadly decline. When you have deadly decline. When you have increased your blood supply you steed for the latter, people, who are where they can island is a valley where alone the island is a valley where alone the material can be dug, but it is carmaterial can be dug, but it increased your blood supply you get both pickerel and trout, don to can reasonably expect to have a good color, to have lost that tired, not by a good deal. They regard process feeling, to have a good according to have a appetite and get good nourishment from your food. Now the only quick and always effective only quick and always effective only quick and always effective to get a supply of new rich. The store of the from those already quoted. In the palate nearly so quickly as the get a supply of new rich. The potters of Scinde also into the from those already quoted. The potters of Scinde also into the from those already quoted and always effective the palate nearly so quickly as the get a supply of new rich. way to get a supply of new, rich, result is manifest in disturbances of the nerves. If allowed to personal prices is from \$10 to \$13 and in their dietary. Among their weekly expenses an allowance prices is from \$10 to \$13 and in their dietary. Among their weekly expenses an allowance prices is from \$10 to \$13 and in their dietary. Among their weekly expenses an allowance prices is from \$10 to \$13 and in their dietary. Among their weekly expenses an allowance price is \$11.

Pink Pills. Every dose have them better than trout is simple but effective. Take a large supply of new, rich, their weekly expenses an allowance price is \$11.

The highest American price is \$11.

The highest American price is \$11.

The highest American price is \$11. helps to make new blood, simple but elective. Take a large of the pickers, say from two to four pickers, say from two to four pickers, say from through the veins, brings health to every organ and strength to every organ and st every part of the body, making it again under the backbone so as weak, ailing people bright, active to remove that bone and most of the small ribs. Then rub with fine ollaris," form a staple dish with in thousands of cases of which the case of Mrs. George Clark, Abcase of Mrs. George Clark, And bottsford, B.C., is a fair sample. Mrs. Clark says: "After spending two years and six months in a hostwo years and six months in a hospital training for a nurse, I began to fail in health, was very pale and the least exertion would leave me out of breath. After graduating I came to British Columbia to take up my profession as a private and health before a hot fire. When the pickers a private and health, as several days, but found no incontend to the lad.

I, if mother ed the lad.

There is no fire and earth. During the seas-fire and health and earth. During the seas-fire and earth the pickers a hot fire. take up my profession as a private and broil before a hot fire. When one of flood when there is no fish-

Pills: Ont.

HALF MOOSE, HALF ELK.

A Product of a Region Where the Deer Family Congregates.

"No other locality is known ern corner of Minnesota," said warrant them in saying so, Charles Hallock, the sportsman either." and nature student. "Within an area of less than seventy-five miles are found moose, elk, caribou and the distinct varieties of blacktail

There the elk contests the easternhundreds of thousands of people kills the weeds, which can stand hundreds of thousands of people kills the weeds, which can stand the eastern hundreds of thousands of people kills the weeds, which can stand the eastern than the earth when the earth when the earth when the earth which can stand the eastern than the east limits of his present range. most limits of his present range, up and down the earth. Even in almost any other treatment, but on the attacks. To such persons thing. southern connues or his, while the find. In one district of Sweden, it lordly meose, neblest of the Ceris called Degenfors, the poor folk vidae, ranges the middle ground of make use of a white clay, usually

of a single range by so many different representatives of one genus,

"buttered" their slices of black
weed is visible. The other half,
weed is visible. Evans "Evans (the sexton which shows the horns of a moose and an elk, each perfectly developed on one frontal bone, but all one antler, half moose, half elk. What the animal that were these horns was like I was unable to ascertain. I should not suppose though that hybridity would manifest itself in the horns alone. Under the conditions of habitat hybridity would ditions of habitat hybridity would not only be quite possible but even Post natural.

SHARKS PRÈFER WHALE.

Mr. Frank T. Bullen has introduced to a Hull (England) audience to the delights of whaling. It was a singular thing, he said, but he had never seen or heard of a shark attacking a man when there was a whale about. He had seen a man washed off the back of a whale, and although there were 200 or 300 sharks busy all round the whale, they never paid any attention to him at all. A mere miserable morsel of a man was no use to them when there was a whale about. He spent the whole of one Christmas afternoon until sunset on the back of a whale which in rolling, had wrecked their boat. They knew the sharks were underneath and the great problem they tried to solve was how long it would take them to get through the basement and come to the superstructure.

Lots of city farmers make a specialty of sowing wild oats.

Many a me nwho isn't a liar down't toil all the truth herknows.

Fish Equal to Trout.

"The trouble with your finical flint and felspar, lims, clay, oxide but as fish to eat, is," said a New yields ammonia and an oil.

take up my profession as a private nurse. The first case I took I found I was not able to go on with my work. Doctors' tonics failed me, and acting on my own judgment, I purchased a supply of Dr. Williams' Pink Pills. Before I had finished them I was really surprised at the result. The color came back to my face. I gained in came back to my face. I gained in that is something that can't be etrength and by the time I had that is something that can't be used nine boxes I was back at my said of any other fish I know of.

work as a nurse. I have since "After trying Hardy's recipe for work as a marse. I have my friendly cooking a pickere! I found that he Suburban Field of Usefulness Open feeling for Dr. Williams' Pink had understated its results if anything. I venture to say that if some Sold by all medicine dealers or of these carpers at pickerel will treat a pickerel according to its of private lawns in Kent and is abliams' Medicine Co., Brockville, directions they will no longer look out to be tried by a golf club in \$54.00. askant at the misjudged fish, but the neighborhood of Greenhithe. will be ready to take their rods and The idea is the novel one of substitrolls and go out for many a bout tuting the guinea pig for the mowwith him, and ever after declare ing machine and the weed killer. that when a pickerel has a fair Around the lawn is arranged a chance in water free from weeds low wire barrier and into the enas most trout of the same size.

A QUEER DIET.

People Who Eat Earth-Some Find

that great northern thoroughfare found among the roots of the trees other is still under process of treatof migration which reaches from there, by mixing it with rye flour, ment. The half of it in which the when the symptoms are noticed no Nova Scotia to Alaska without a and then baking this abnormal pro-break or interruption.

The han of it in which the symptoms are ment. The han of it in which the symptoms are future trouble will be experienced.

The han of it in which the symptoms are future trouble will be experienced. "I have seen a rare freak of na- also use the stuff for soup. The close. For golfing it is as fast again ture, a product of that occupancy quarrymen of Kiffhausen have for Siberia the inhabitants along the

> A Triumph Of Cookery-

Toasties

Many delicious dishes have been made from Indian Corn by the skill and ingenuity of the ex-

pert cook. But none of these creations excels Post Toastles in tempting the

palate. "Toustles" are a luxury that make a delightin hot-weather economy

The first package tells its own story.

"The Memory Lingers'

Postum Coresi Company, Limited, Battle Grock, Mieli, U.S.A.

A Recipe Said to Make a Despised butter." On analysis this strange Prices Higher in Canada than in banks of the Amoor partake of a food is found to be composed for

fishermen who decry the pickerel of iron, and a residuum of some in the United States than in Cannot only as fish to have sport with, unknown organic matter which ada, due to the fact that Ontario York man who champions that fish of small pulchritude and much jaw, be found in the East. The sea-go-States they range from \$2.50 per There is only this to tell people who are pale, weak and bloodless.

You are pale and weak because the subject one head weak because the subject one head weak because the subject one head in Texas to \$5.30 in Illiu is in Canada the yellow ochre on their expeditions as a reserve in case the stores should run out, and in the Malay Peninsula a white oleaginous clay Peninsula a white oleaginous clay is used for the same purpose. In the subject one head in Texas to \$5.30 in Illiu is and Iowa. While in Canada the yellow ochre on their expeditions as a reserve in case the stores should run out, and in the Malay Peninsula a white oleaginous clay Peninsula a white oleaginous clay is used for the same purpose. In

to the Guinea Variety.

A curious but successful experi-

or lily pads he can fight as long closure are turned a number of

killed by the persistent cutting of the guinea pig's teeth. When they have finished the weeds which are

as it was under the administration don't you see that the seats in the bread with fine white clay; and in where the animals have just been "I do, sir; the congregation does heaven on earth turned loose, is a mass of dande-

In this neighborhood it has been der the usual treatment of those Wilson's Fly Pads kill all the flies who keep them as pets. An as- and the disease germs too. tonishing demand for the animals and if the inland golf clubs, which ng to make war on disease germs; has grown up in the neighborhood, go up in the ratio that the natural fecundity of the animal suggests.

A Medical Need Supplied. - When a medicine is found that not only

with any points on any system us the noise of the "Sturm-unding overhead wires.

SHEEP AND SWINE.

Prices of sheep are much lower

There is no poisonous ingredient

-"The mistress was too- very ill now." last night, and can't see anyone. Them's my orders." Woman -"Yes. Will you say that Miss Sims, the dressmaker, is at the

of these carpers at pickerel will A curious but successful experipaste that recipe in their hats and ment is being made on a number curable ringbone for \$30. Cured him with ment is being made on a number curable ringbone for \$30. Cured him with curable ringbone for \$30. Cured him with a supposedly inpaste that recipe in their hats and ment is being made on a number successful experisuccessful experisu MOISE DEROSCE. Hotel Keeper, St. Phillippe, Que.

give it up!"

Some persons have periodical atfound together, meet there. The carbou is seldom found elsewhere in company with either of them.

There the elk contests the eastern
The company with either of thousands of people in the contests the eastern
The company with either of thousands of people in the contests the eastern
The company with either of thousands of people in the contest of thousands of people in the contest of the tacks of Canadian cholera, dysenvidae, ranges the middle ground of make use of a white clay, usually thing but the finer grasses. An- ket for all summer complaints. If

it every Sunday morning, sir.

American and Canadian sciensuffer at all by being left to work tists tell us that the common house in winter as well as in summer. Indeed, they are healthier than un- and death than any other agency.

The sun comes out every morn-

Minard's Liniment Cures Carget in Cows.

The German Emperor, in com- and I suppose the little beggar had acts upon the stomach, but is so composed that certain ingredients of it pass unaltered through the Gentlewoman, has followed the exof it pass unaltered through the ample of Frederick the Great, who stomach, but is so composed that shon not only as a bandmaster but stomach, but is so composed the stomach, but is so composed the stomach to as the inspirer of several very stiral tered through the stomach to find action in the bowels, then aware that the Kaiser has an expense and is must there is available a purgative and cellent barrytone voice and is musacleanser of great effectiveness. ically gifted beyond the ordinary. Parmelee's Vozetable Pills are of His taste in music is very catholic. this character and are the best of Sullivan's operas he knows backall pills. During the years that ward and forward and his favorite they have been in use they have es- is "Pinafore," which he can whistablished themselves as no other the from end to end. But the fav-pill has done. "Oh, Listen to the Band!" which By the use of telescoping alumin- he used, to whistle incessantly. For um rods, an Ohio telephone com- Basque melodies he has a special pany manager has invented a com- weakness; and with his keen sense pact telephone outfit by which an of beauty no one will he surprised automobilist can connect his car to hear that he sets his face against

HAROLD HATES IT.

"Mother," said little Harold. 'Didn't father say yesterday that we must save money?" "Yes, dear."

"And he would like me to help, wouldn't he, mother?"

'Yes, dear.' "Then, mother, I've got an idea that'll save quite a lot of money.' "What is it, Harold?"

'Why, you wash me two or three times a day, mother don't you?' "Yes."

"Well, look what a lot of money you'd save if you only washed me once a month. I wouldn't mind it,

"The camen can go eight days of a single pair will number mil- can attest the virtue of these pills with ut water," was the intelli- lions in three months. Therefore, in curing nervous disorders, gence imparted to a little boy by all housekeepers should commence

that women are wearing?" "Yes, who leaves his party and comes John, there is; when two women over to yours?" Veteran Politi-Servant (to woman at the door) meet they can't kiss each other cian-"A convert, my son."

> BEST AND HEALTH TO MOTHER AND CHILD. MRS. WINSLOW'S SOOTHING STRUP has been used for over SIXTY YEARS by MILLIONS of used for over SIXTY YEARS by MILLIONS of MOTHERS for their CHILDREN WHILE TRETHING, with PERFECT SUCCESS. It SOOTHES the CHILD, SOFTENS the GUMS, ALLAYS all PAIN; CURES WIND COLIC, and is the best femedy for DIARRHGA. It is absolutely harmless. Be sure and ask for "Mrs. Winslow's Soothing Syrup," and take no other kind. Twenty-five cents a bottle.

When the sun shines lay aside a SOME fine Hundred and Two Hundred little of your enthusiasm for a rainy day.

Minard's Liniment Cures Diphtheria.

have you got that piece "And did you remember?", - 0; she forgot to give it to me.

Oil for Toothaches.-There is no "My dear," said a wife who had pain so acute and distressing as "And they won't have to go made from their hutch to the lawn. byen married three years as she toothache. When you have so unmade from their hutch to the lawn.

According to the Consular and beamed across the table on her beamed across the table on her welcome a visit r apply Dr. Thopostal for circulars or 10c for same mas' Eclectric Oil according to diples and terms. Alfred Tyler, London ont. Kittson county, in the north-west-to find the material a-plenty to plaintains first, then the dandelions pleasant characteristic did I pos- ate relief. It to sches the nerve and daisies.

These broad leaved plants, which no mowing machine will touch, are killed by the persistent cutting of it has.

Mike-"Sure, th' do ter says

part-Soothen Bye Pain. Druggists Sell Murine Eye Remedy, Liquid, 26c, 50c, \$1.00. Murine Bye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail. ... • Murine Hye Remedy Co., Chicage.

If your dwelling place does not afford you a free and unobstructed view of the sky you cannot have Cannot have Limited, Collingwood, Ont.

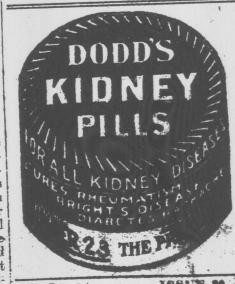
Minard's Liniment Cures Colds, Etc.

WHY THE SQUIRE LAUGHED. Inspector (cross-questioning the terrified class)-"And now, boys, who wrote Hamlet?"

Timid Boy-"P-p-please, sir,

wasn't me.' Inspector (the same evening to and if the inland goir clubs, which have great difficulties with plan-don't let the traitors hide in your his host, the squire of the village) have great dimedities with plan- don't let the traiters finde in your mis nost, the squire of the village) tains, take to the new method the house and fight them under your —"Most amusing thing happened guinea pig population is likely to bed but turn them out of doors and to-day. I was questioning the class, let?' and he answered tearfully, 'P-p-please, sir, it wasn't me.'

Squire (after loud and prolonged laughter)-"Ha! ha! That's good;



UMBURN BLISTERS SORE FEET ody now admits Let it give YOU case Druggiste and Slores everywhere

Tommy's Mamma-Willie Byjones is a nice little boy to play marbles with, isn't he?' Tommy-Yes, Worms feed upon the vitality of ma'am. Tommy's Mamma-Then, The Amos are enthusiastic earth range from \$10 to \$11.50 a head; children and endanger their lives. why don't you play with him in-

Pills for Nervous Troubles. clude earth in their dietary. Among western Canada from \$12 to \$13. "Are you sure," asked his friend, mach suspends healthy action the

> Young Hopeful-"Father, what large proportion of the summer is a traitor in politics?" Veteran Politician-"A traitor is a man who leaves our party and goes over "Mary, is there a single good to the other one." Young Hopein Holloway's Corn Cure, and it thing about these great wide hats ful—"Well, then, what is a man

> > Minard's Liniment Cures Distem FARMS FOR RENT AND SALE.

H. W. DAWSON, Ninety Colborne Street A LBERTA, Manitoba, Saskatchewan large or small parcels.

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If you want to buy or sell a farm cou

H. W. DAWSON.

f string tied round your finger of string tied round your finger for!" "My wife put it there to toon District, and your own family future need worry no more. You were remind me to post a letter." not intended to live and die sta merely to make ends meet. Half the here would soon fatten your bank count. Be fair to yourself. Don't we more time. Write COMMISSIONER BO. OF TRADE, Saskatoon, Saskatchen Western Canada.

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