Stubborn Cases Quickly Relieved, they will know as little as the Chronic Suffere. Absolutely Cured by an Internal Remedy.

Chronic Sufferer Absolutely Cured by an Internal Remisedy.

This disease origin-tes in the blood. Its the poisons in he blood that cause the pain. Get rid of these poisons and you cure the pain. Doesn't that seem logical?

These poisons are composed largely of uric acid which dissolves and quickly passes out of the system if Perrozone is employed, it being a complete and perfect solvent for all the poisons that give rise to rheumatic pain. No case is too chronic no person too old to be forever released from the agonies of rheumatism if Perrozone is used; it cures after all other treatments prove useafter trenders. But don't let this defender of the love of t

the face of the globe can do as much for rheumatism as Ferrozone.'

Mrs D. J. Thurston of Burton. P. Q. writes: 'As a long' sufferer from rheumatism I can say that Ferrozone is the most satisfactory remedy that I used. Quite frequently I would get a bad attack and be laid up in bed. Perrozone removed every trace of the disease and I have been well ever true?'

'Yes. He snored so loud he weke sease and I have been well ever true;

'Yes. He snored so loud he woke
Ferrozone is beyond all question up the whole congregation.'

the proper remedy to use in rheumatism. There is pone better. Beware of substitutes and don't allow a druggist to palm off something he may say is just as good. Insist on having tered, from St Petersburg a Japanese say is just as good. Insist on having Ferrozone, use it as directed and you will be cured. Price soc per box or six boxes for \$2.50, at all druggists or by mail, from N. C. Polson & Co., Kingston, Ont., and Hartlord, Conn., U. S. A.

Red Letter Day.

The origin of a 'red letter day' has been traced back to the third century.

Health and Success.

Weakness and disease cause discouragement, failure and unhappines, but with the use of Dr. Chase's Nerve Food there coince new vigor and energy, new hopes and new confidences, strong effectermination to succeed and the ability to apply one's self mentally and physically. Health and success go hand in hand, By restoring good health, Dr. Chase's Nerve Food helps to success and happiness.

The origin of a red letter day' has been traced back to the third century.

Gregory, bishop of Cemsarca, zealous for the conversion of pagans, found them unwilling to give up their customary recreations at the festivities.

When the description of the too 'arc tomary recreations at the festivities.

When the property is approximately the property of the too 'arc tomary recreations at the festivities.

When the property is approximately the property of the pr of their rods, so taking a leaf out of Why, I only come out this their book, he instituted lestivals in

their book, he instituted restivals in honor of sain's and martyrs.

This example soon led to the institution of holy days, gow corrupted into holidays. In old alumancs all such holy days are set forth in red ink, the rest being in black; hence the term red letter day' for any notable occasion.

the term 'red letter day' for any notable oceasion.

Others say that the origin of the expression is much more recent and is due to the fact that All Saint's day, the 5th of November, the King's birthday and accession and King Charles' day were similarly marked off in red as holidays for the Bank of England, evidently in the time of the later Stuarts.—London Times.

A Man Hates Himself.

Mhan litates Himself.

When he wakes up with headache and had taste in the mouth. Something is needed to settle the stomach, the clear away the dull heavy feeling and create a little appetite. Just get a tumbler of water, some sugar, and pour in a stiff dose of Nerviline. You'll pick up immediately and feel tip-top in a few minutes. Nerviline has to a rough for a condition of this last the has and Children.

CASTORIA

For Infants and Children.

The Kind Yau Have Always Bought hasn't an equal for a condition of this kind. It stimulates, cures the head-ache, relieves the sick leeling and fits you for a hard day's work. "Try Nerviline. Large bottles costs 250

Three Views of the Matter. Sir Henry Campel-Binnerman tells an admir-ble story of the advice given by an Buglishman, a Socteman and an Irishman, respectively, to a gentle-

the money out of his wages.

'But,' said the master, 'he breaks more than his wages amount to,'

'Then,' said the Irishman, raise his Linim

lf Yon Don't Sleep Well.

It's because your nerves are in a weak irritable condition. Ferrozone will make them strong and correct the trouble causing your insomnia. I fell into a state of nervous exhaustion last fail' writes Mrs. J. Strond of Dexter. 'I was run down, couldn't sleep and felt perfectly miserable, tried Ferrozone and was quickly benefitted. I can recommend Ferrozone to anyone suffering from over-wrought nerves and sleeplessness.' No tonic is better, try Ferrozone. Price 50c. at druggist.

In an American paper the following A Good Word for Chamberlain's

GLEANED BY THE WAY.

Conquered! It's a wise college student that goes to bed early and avoids the rush. DRIVEN FROM THE SYSTEM BY ELIM-INATING POISONOUS URATES IN may become a benediction to a human

'Yes, but what have you accou

The Kind You Have Always Bought Bears the Signature of Charty Fletchers.

'Zat ces one true-vat you call his -sentiment?' said the French noble man, pointing to the sign, 'Ladies Entrance,' over the door of a cafe.

an Irishman, respectively, to a gentleman whose servant was constantly breaking articles in the household.

The Englishman in his blant honest way, said to the employer, ohe girli of hin! Dismiss him.

The Sentchman's advice way, 'Stop the money out of his wages,'
But,' said the master, 'he breaks

In an American paper the following a dovertisement appeared: —Notice—II—, who is supposed to be in Chicago, will communicate with his friends at his home he will hear something to his advantage. His wife is dead.

The list of the list

and has been made under his sonal supervision, since its infa Allow no one to deceive you in All Counterfeits, Imitations and "Just-as-good" are Experiments that trifle with and endanger the healt Infants and Children-Experience against Experim

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing-Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhosa and Wind Colle. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and matural sleep. The Children's Panacca—The Mother's Friend.

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me All Fruit consigned to NL is sold by them on Cotton's Wharf by vate sale only, and not handed to other firms in London for disposal by tion

CARRIAGES! Dr. H. Lawrence, DENTIST, JUST RECEIVED I Wolfville, . . N. S.

The Victoria Cross

Weekly Mail and Empire

boy and gifd, so account of its meaning—"Thee-toria Cross," given for conspicuous bravery. If the soil of South Africa could voice the deeds perfor upon it, how many Victoria Crosses would have be found to have been careed by Canada's sons! I hard in the heat of action to notice every act of valor, therefore only those which take place under the every

therefore only those which take place under the eye of superiors of sufficient rank can be noted.

The picture shows one of such deeds. Two troopers are closely pressed by the enemy. The horse of one is hit. Under the withering fire, the man whose mount is unharmed halts, and, risking everything, waits to get his comrade safely mounted behind him and carry him back to the Canadian lines. It is a desperate deed, and one often performed but seldom noticed. When, however, such an act is seen, the reward dear to soldiers' hearts above every other is the result.

result.

This picture is from the brush of Mr. W. B. Wollen, an artist famed for his war pictures, one whose work appears in all the leading illustrated periodicals of the Empire. It is a forceful subject from the hand of a strong man.

The Mail and Empire has obtained the exclusive right for this picture in Canada. It is a perfect tea-color reproduction, and will be given FREE to readers under the following conditions:—

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G spereau, Feb. 29, 1904.

(Signed) J. L. GUTRIDGE.

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President—Mrs J. B. Hemmeon. Vice-Presidents—Mrs L. Sleep, Mrs I. B. Oakes. Recording Secretary—Mrs A. E. Cold-

On Tuesday, July 1st, Thomas Por-

"Poor Tom Preston's message was this (here the silence grew deeper than previously): "Will you tell them the drink and bad companions brought me to this? Will you tell the young chaps to have done with the beer, as I don't want any of them to come to my end; and may God bless them."

Losves St. John Monday, Wodnesday,
Thursday and Saturday at 7.45 a.m., arrive in Digby 10.45 a.m.; leave Digby on arrival of express train from Halifax.

Buffet Parlor Cars run asch way daily on Express Trains between Halifax and Yarmouth, where connection is made with trains of the Halifax & Yarmouth Railway.

How the red blood mantled his father's face, Trains and Steamers are run on Atlantic Standard Time.

As he clasped the wee one in close he embrace:

Kentville, N. S. | glee, Say, papa, why don't you vote for me?

And on to his place at the polls he

-Katherine L. Stevenson.

THE WHITE RIBBON. Paralysis and



women doctored for years without permanent benefit, who were cured in least that there mostlike after taking your Vegetable Consequent, while others who were chronic and incurable came out quite, and some out the market without all others who were chronic and incurable came out quite, and some out the market and fred at him from behind a formation. They distributed a substance to the work of the wor

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We will see that the sense of the property Attended To Technic Moderates.

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TO LET.

For further particulars apply
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Sec. Board of Managers
Wolfvill

Barrister, Solicitor &c.

Note for me, 'came from the rum seller's door Iu the oaths he had never thus heard before;
The Nova Scales demant Building Society, The Phoenix Fire Assurance Co., It is the oaths he had never thus heard before;
The Phoenix Fire Assurance Co., Id.
The Home Plac Glass Assurance Co., Id.
The Home Plac Gla

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VOL. X

THE

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ing on Thurse
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