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AN ITALIAN TRIBUTE

Il Secolo Milan:—It is surprising that such misfortunes do not occur more often, considering the innumerable British otten, considering the innumerable British transports crossing the seas in all direc-tions. This further proves the splendid work of the British Fleet in securing the mastery of the seas, watching all the movements of the enemy, and protecting its own transports and those of its Allies.

OUR IMPERIAL STRUCTURE

OUR IMPERIAL STRUCTURE

London Daily Chronicle:—The Canadian Premier does not doubt that after
victory our Imperial structure will grow
further, because it is a living thing, and
growth is its law. It is the old problem
in a new form—to meet the needs of a
changing world without throwing away
the heritage of our past progress. If on
the whole perhaps the British peoples
may claim in their history to have solved
this problem with an exceptional degree
of success, let us hope that the genius
of the race may yet be with us to solve
it once more in its ever-growing complexities and on its ever-widening arenas.

A WAR TIME REFLECTION

London Daily Mail:—War is as much a conflict of spiritual as of material much a conflict of spiritual as of material forces. If the nation is careless and selfish the Army must feel the reaction. But as heroism evokes heroism, as the great example has a compelling power, we may hope that the divine conduct of our soldiers may lift the whole people up to their level of faith and love. Victory is not to be looked for until, in the fires of trial, inefficiency and sloth and apathy have been burned out of our hearts and lives.

Recipes

The following recipes are taken from the Ladies' Home Journal, which states that each costs about ten cents.

Bean Loaf.—Two cupfuls of lima or soup beans, one cupful of bread crumbs, four tablespoonfuls of peanut butter, two tablespoonfuls of grated onion, one tablespoonful of dried celery leaves, or poultry flavoring, two teaspoonfuls of salt, one-eighth teaspoonful of pepper, one teaspoonful of bacon drippings, one-half cupful of rice stock. Wash and soak the beans over-night: put on in a saucenan. flavoring, two teaspoonfuls of salt, oneeighth teaspoonful of pepper, one teaspoonful of bacon drippings, one-half cupful of rice stock. Wash and soak the
beans over-night; put on in a saucepan,
cover with boiling water, and boil until
tender (about forty-five minutes). Drain;
when cool put through the food chopper;
add the bread crumbs which have been
covered with the old rice stock, peanut
butter, onion, celery, salt and pepper;
mix all well together. Form into a loaf
and put into a small brick pan which has
been brushed with drippings; bake in a
moderate oven for thirty minutes.

Escalloped Corn.—Two cupfuls of
corn, fresh grated or canned, two cupfuls
of whole-wheat or bran bread crumbs,
two tablespoonfuls of butter, one teaspoonful of salt, one-cipht teaspoonful of
pepper, one-half cupful of milk. Brush a
baking dish with butter put half the bread
crumbs in the bottom; add half the corn;
sprinkle with salt and pepper; add another layer of bread crumbs, and the
rest of the corn and sprinkle the top with
bread crumbs, salt and pepper. Put the
butter over the top in little pieces, and
other layer of bread crumbs or broken
crumbs in the bottom; all bake in a moderate oven for thirty minutes.

Lemon Pudding.—Two cupfuls of
milk, three-quarter cupful of sugar, two
tablespoonfuls of cornstarch, two tablespoonfuls of lemon juice, one teaspoonful
of grated lemon rind, a pinch of salt, four
tablespoonfuls of cake crumbs or broken
crackers. Put the milk on in the top of
a double boiler; add the cornstarch, which
has been wet with a little cold water, the
sugar and salt. Stir constantly until it
thickens; set aside to cool, adding the
juice and rind of lemon. Put the crumbs'
in the bottom of a glass bowl, or in sherbet glasses, and pour over the mixture.

Serve very cold.

Mock Cherry Roly-Poly.—One and
one-half cupfuls of flour, two teaspoonfuls of salt, two tablespoonfuls of shortening, one-quarter cupful of milk, one cupful of cranberries, one-half cupful of brown
suear. Sift the flour, baking



Steamed Carrot Pudding .- One-half standed carrot Pudding.—One-half cupful of chopped suit, one cupful of flour, one-half cupful of currants, one-half cup-ful of sugar, one cupful of raw grated carrot, two teaspoonfuls of salt, one tea-spoonful of butter, one teaspoonful of cinnamon. Put the suet, flour, currants, sugar and salt into a bowl. Wash, scrape and grate the carrot; add at once; mix all well together. Brush a mold with butter, and put in the mixture; boil for two hours. If you do not have a mold a lard kettle or any small kettle will do. Serve with lemon sauce.

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