

Drop-in-Days is coming University NEWSBEAT

Prepared by the Communications Department, S 802 Ross, 667-3441

Programme is largest ever**Esalen joins in Conference**

Parapsychologist heads EGO programme

Howard Eisenberg, medical doctor, parapsychologist, and psychotherapist, is the new director of the EGO (Enrichment and Growth Opportunities) programme of the Centre for Continuing Education at York University.

In addition to his activities as EGO Director, Dr. Eisenberg lectures in parapsychology at York and conducts both credit and non-credit courses in parapsychology at the University of Toronto.

Parapsychology is the investigation of psychic phenomena such as clairvoyance and extrasensory perception. Dr. Eisenberg has found that para-

psychology has an important role to play in psychotherapy.

Many patients who are labelled "schizophrenic", he says, are "individuals who are psychically hyperactive. They pick up the thoughts and feelings of others, and this experience is continually invalidated by those around them who tell them 'You're crazy'."

As a consequence, Dr. Eisenberg finds that many such clients are suffering from a high anxiety level, which may be relieved by acquainting them with the literature on parapsychology.

As well, he says, it is possible to train psychically hyperactive people to control or modulate their

sensitivity to psychic phenomena.

In general, Dr. Eisenberg says his therapeutic practice is closest to what is known as psychosynthesis — an eclectic approach to therapy which emphasizes personal responsibility and the "tremendous creative powers of the mind to deal with problems".

"Many patients who come to me are so-called therapy failures, psychologically addicted to tranquilizers," he says.

The first goal of his treatment is to get the patient off whatever drugs they are using, and to encourage them to take responsibility for their lives. Neurosis, he says, is an "irrational manner of perceiving the world and one's self, with a consequent inability to make a comfortable adaptation".

Similarly, an open letter to EGO programme participants concludes with Dr. Eisenberg's wish for "productive happiness".

"Being happy is what life is all about", he says. "Not happy like a junkie, but happy as a result of rationally perceiving the world and being comfortable in it."

And that's what the EGO programme is all about, too.

EGO offers seminars and experiential workshops on Gestalt, Body Awareness, Primal Therapy, Bio-Feedback, Communications, Dream Induction and Transactional Analysis — to name a very few of its programme offerings for the 1976-77 year.

The programme aims to promote personal development and to facilitate interpersonal relations for the general public. As well, Dr. Eisenberg hopes that EGO will acquaint professionals — doctors,

nurses, therapists, and educators — with these methods of treatment, and allow them to enrich their techniques.

EGO has expanded this year to become the largest programme of its kind in North America. It is also unique in that it is the only such programme to be sponsored by a university.

The university affiliation, explains Dr. Eisenberg, ensures a high calibre of offerings, as opposed to the "faddish" offerings of some private institutes.

Although the EGO programme has grown in size and popularity, Dr. Eisenberg feels there is a paradox in that students at York seem generally unaware of its existence. One contributing factor to this may be the emphasis on behavioral studies which is placed on psychology at most North American Universities.

"I graduated with a Master's in Psychology without ever learning about the methods of treatment associated with the 'Human Potential' movement. When I did find out about them, I felt cheated."

Similarly, Dr. Eisenberg feels that psychology students at York and at the University of Toronto do not receive "a full perspective on what is happening in psychology today". His credit course on parapsychology at U of T, for example, is offered by the independent studies programme of Innis College, rather than by the psychology department.

By contrast, Dr. Eisenberg has been invited to present a paper on The Relevance of Psychic Phenomena in Schizophrenia to the prestigious World Congress of

Psychiatry.

Of the EGO offerings this year, one of the most major is a weekend conference jointly sponsored by EGO with the Esalen Institute of California. The Esalen Institute is known internationally as a centre which explores those trends in the behavioral sciences, religion, education, sports, and philosophy which emphasize the potentialities and values of human existence. This is the first time the Institute's leaders, theoreticians, and researchers have come together to present a programme in Canada.

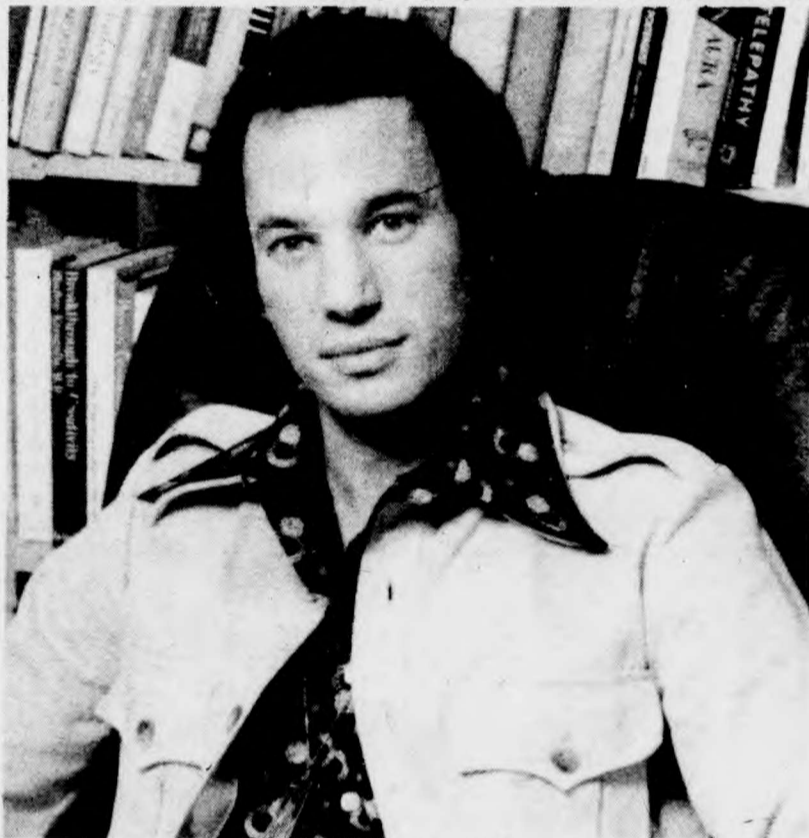
The weekend conference, to be held at the Inn on the Park in Toronto, November 20 and 21, will present seminars and experiential workshops on Integral Medicine, Body-Mind Awareness, Education, Transpersonal Psychology, Gestalt, T'ai Chi, and the Tao of Movement, among others.

Although the conference is intended as an introduction to these areas, Dr. Eisenberg feels the weekend could have long-term benefits for those attending.

"Among other things," he points out, "it's a good chance to form some very good friendships. We have this ridiculous situation in the world with so many people, yet so many who are lonely."

"We expect 600 people at the conference. The people who come are generally those who are looking for deeper ways of relating to others."

Anyone wishing further information about the weekend conference or about other programmes offered by EGO may contact the Centre for Continuing Education at 667-2525.



Dr. Howard Eisenberg

What do Joe Clark and Erich von Daniken have in common? It's the Human Kaleidoscope

The Human Kaleidoscope, a unique series of presentations featuring personalities known around the world for their expertise in such diverse areas as sex, politics, UFOs and extrasensory perception, commences on October 14. The six-part series of lecture-discussions is a joint venture of York University, Seneca College, and the North York Board of Education.

The series is an attempt by those three educational bodies to provide a programme of continuing education for members of the community. One of the main aims of the series is to give members of the audience adequate opportunity not only to hear the thoughts of experts, but also to take part in discussions with them.

All presentations will be held in the Minkler Auditorium, Seneca College, 1750 Finch Avenue East. Tickets for each of the six presentations are \$3.50. A limited number are available from the Communications Department, S802 Ross.

The complete programme of the series follows:
October 14: Morality in Government, with Joe Clark,

Leader of the Leader of the Opposition, House of Commons.
October 21: Sex, Love, Marriage, and Divorce, with Nena and George O'Neill, authors of Open Marriage and of Shifting Gears, and Merle Shain, author of Some Men Are More Perfect Than Others.

November 4: Unidentified Flying Objects; with Dr. J. Allen Hynek, Director of the Center for UFO Studies, and Dr. Frank Drake, Director of the National Astronomy and Ionosphere Center, Cornell University.

November 11: The Miracle of the Gods, with Erich von Daniken, author of Chariots of the Gods?

November 18: Morality in Business, with Malcolm Bricklin, former sports car manufacturer and Leonard Silk, economist and member of the editorial board, the New York Times.

December 2: The Will Beyond Ours, with Dr. J. B. Rhine, retired Director of the Parapsychology Laboratory, Duke University, A. R. G. Owen, Executive Director, New Horizons Research Foundation, Toronto, and Allen Spraggett, Toronto writer and broadcaster.

Visual Arts faculty works displayed

The IDA Gallery, located in Phase II of the Fine Arts Building, is currently featuring the works of prominent artists who are all members of the visual arts department of the Faculty.

The exhibition reflects the varied curriculum offered by the department.

On display are paintings by Claude Breeze, Bruce Parsons, Jerry Abramson, Douglas Morton, Ross Mendes, and John Wilkinson, and sculpture by Ted Bieler, William Allan, Tim Whiten, An Whitlock, and David Gilhooly.

Mixed media works by Vera Frenkel, Helen Lawson, and Toby MacLennan are included, as well as works by Colette Whiten.

Photography by Jack Dale, Michael Semak, and Mohan Juneja, and graphic art by Joy Walker and Keiichi Hayano are featured. Designer Andrew Tomcik has also made a presentation for this exhibition.

The IDA Gallery is designed primarily as a display area for the visual arts department, though it may also

be used for other types of exhibitions or for small performances.

The aim of the Gallery is to give visual arts students the opportunity to display their works in a gallery of professional standards. Throughout the academic year, the gallery will house undergraduate group shows, concentrating in turn on the various areas of instruction in the visual arts department — painting, sculpture, photography, graphic art, and design.

Interspersed with these will be week-long shows of the works of individual faculty. For example, the week of October 11 will feature The Big Book, a collection of 30 collages by Vera Frenkel.

The Gallery will also feature displays from outside York: the circulating shows of the larger museums, or smaller shows and collections which would serve to enrich the curriculum of the department.

During the final six weeks of the academic year, the works of graduating students in the M.F.A. programme will be shown.

The current group show runs until October 8. The Gallery is open from 12 noon until 5 p.m.

Woman's past explored in weekly series

Woman: The Past, a public lecture series sponsored by the Faculty of Arts and the Colleges of York, will be presented each Wednesday evening at 7:45 in the Vanier College Dining Room.

The speakers for this series are faculty members of York University. Leading off the series on October 6, Michael Creal, professor of Humanities and Religious Studies, will lecture on the topic, Women in the Bible.

Women in Ancient Greece is the next topic on October 13. This lecture will be delivered by Margaret Visser who teaches Humanities and Classical Studies.

Paul Swarney (Humanities and History) will speak on Women in Ancient Rome on October 20, and Allen Koretsky from York's English Department will discuss Women in the Middle Ages on October 27.

On November 3, professor of French Literature and Humanities, Gwenda Echard, will talk about Women in the Renaissance, and Ann B. Shteir from the Humanities division of Atkinson College will discuss

Women in the Eighteenth Century on November 10.

Canadian Women and the Past is the topic of English professor Clara Thomas' lecture on November 17, followed by Virginia Rock, English professor and Master of Stong College on November 24. Professor Rock will speak on the topic, Women in the Nineteenth Century American South.

Susan Houston from York's History Department will speak on Women in Nineteenth Century Ontario on December 1, and The Woman Suffrage Movement in Canada is the topic of the December 8 lecture. The speaker for this final lecture will be announced at a later date.

All lectures are free and require no particular educational background or specialized knowledge. A discussion period will follow each lecture, and a brochure on the Woman: The Past series will be available at the lectures.