

it is possible so to improve upon dress that it shall be all that is desirable, and yet not render the wearer conspicuous, has only begun to dawn upon the civilized world. Many attempts have been made at certain hygienic homes, and by individual enthusiasts, to make matters better, but it has been reserved for a Committee of Boston ladies to work out the idea completely and to inaugurate a movement which, we trust, will become world-wide, and which, if carried out, is likely to relieve women from a large proportion of the diseases, under the weight of which many now drag out weary lives.

The *principles* of this reform are easily understood, and should be taken to heart by all who care for their own health, or that of their children. The *details* by which these principles are brought to bear upon the clothing are more confusing, and will probably take many different forms. In fact, no two ladies are likely to agree in every particular in working out these details, as the same result may be obtained in a dozen different ways. The main point is that the reform should be made, and in insisting upon this we shall avail ourselves of various hygienic works, but mainly of the book published by the Boston Committee in furtherance of their scheme. This book is entitled "DRESS REFORM." It appears