

medal of the Royal Canadian Humane
Society to each in recognition of their
but a stone from the parapet, loosened by a falling bomb, crashed down
upon my head and knocked me sense.

less.

Particulars were obtainable of 3.
Particular were obtainable of

A Sensible Thing To Do

When the drug, caffeine -the active principle in tea and coffee-shows in headache, nervousness, insomnia, biliousness, jumpy heart, and so on, the sensible thing to do is to quit both tea and coffee.

It's easy, having at hand delicious pure fooddrink

Instant Postum

It is made from wheat roasted with a bit of wholesome molasses and is free from any harmful substance.

Thousands who prefer to protect their health, use Postum with comfort and

Made in the cup-instantly-with hot water. Convenient, nourishing, satisfying.

"There's a Reason" for POSTUM

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

ST. JOHN AMBULANCE.

"There was a Bang! bang! bang! and out of the green hillside across the valley, two hundred yards away. This is the pleasing statement contained in the sixth annual report of the Canadian Pacific Railway Centre of the St. John Ambulance Association. For the twelve months, ending September 30, 1915, no less than 1,816. "Take cover! cried a fierce, author-sixther was a Bang! bang! bang! and out of the green hillside across the valley, two hundred yards away, the valley, two hundred yards away, the valley, two hundred yards away, the valley, two hundred yards away. The was a Bang! ban

Suddenly from behind a mound of earth a perfect avalanche of bombs ing at Winnipeg by W. T. Davies, C. came hurtling down upon our heads. and before our men realized what was liam Newcombe, a C.P.R. constable. happening, ten of them lay dead or Sir Donald Cameron presented the wounded at the bottom of the trench. medal of the Royal Canadian Humane I opened my mouth to rally my men, Society to each in recognition of their

They will tell you that Dodd's Kidney
There have been many graphic descriptions of darkened London awaiting the Zeppelins; many, too, of the actual arrival of the aerial raiders. But Mr. Alfred Oilivant, the novelist, in "The House on the Cliff," makes the anticipation, the coming and the passing of a Zeppelin through a little coastland viliage of England a picture

They will tell you that Dodd's Kidney Pills will cure you.

They will also tell you that Dodd's Kidney Hils will cure you.

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"Joe" Mitchell, the famous Indian for trapped three foxes at Ashton, P.E.I., two of which were silver grays.

The St. Mary's Army and Navy Hilb Hillian gave an entertain ment recently, for the St. Francis Xavler hospital unit.

Premier Murray of Nova Scotia was presented with a silver tea set, salver seized their rifles and opened fire, each scriptions of darkened London await-shot going home with deadly effect; ing the Zeppelins; many, too, of the the third man, whose right arm hung actual arrival of the aerial raiders. useless at his side, grasped his bay- But Mr. Alfred Ollivant, the novelist, onet with his left hand. By the time in "The House on the Cliff," makes I was on my feet, having quite come the anticipation, the coming and the to myself again, half our enemies passing of a Zeppelin through a little were struck down and the rest were coastland village of England a picture retreating in disorder.

were struck down and the rest were retreating in disorder.

There, alone, leaning against the parapet and protected by a huge iron shield, stoed an enormous German sergeant, sweating, panting, spluttering with rage, and bravely emptied his revolver at us.

The man who had rallied us, the fera twose word the dead had come to life, got one of the shots right in the face. He recled and fell.

Suddenly his comrade with the bayonet, who had carefully crawled forward, sheltered by the bodies of his fallen mates, pulled himself together, and, dodging two bullets, aimed at him, with one gigantic effort plunged his weapon into the German's throat.

It was over; we held our ground, we were saved. At that all-impelling call the dead indeed had come to life.

"All through the winter our lights were saved. At that all-impelling call the dead indeed had come to life."

"All through the winter our lights were the calcales, hably his anxiety as a fer bank of the second offense," he said, his mouth full of plans, and the world she were saved. At that all-impelling call the dead indeed had come to life.

"All through the winter our lights were streed for England a picture more at king and memorable than prementation, of England a picture more striking and memorable than prementation, of many perhaps because in the telling his sense neither of moderation, of more striking and memorable than prementation. A few minure of more striking and memorable than prementation, of many perhaps because in the telling his sense neither of moderation, of many perhaps because in the telling his sense neither of his sense neither of moderation, of many p

"All through the winter our lights were the colonel's hobby, his anxiety and delight. He was terribly thorough. From bathroom, lavoratories, passages and holes the bulbs were removed to guard against temptation and servines against temptation to say a part of the coal alone france will surprise most people is that it has half the world's supply of iron ore, as well as huge untapped coal deposits. For the coal alone France would like Lorraine for she is short of coal, and has to import 10,000,000 tons a year. and servants against carelessness. Altogether, the return of Alsace-You washed in the dark, and you said good-by to your friends by the light nual income by some £10,000,000, so

good-by to your friends by the light of the moon. And every night, when the blinds were down and the curtoins drawn, the colonel went his rounds.

. And, if about the hour of dark, you went into one of the seaward rooms, you would be pretty sure to be greated by a spectral voice from the roundy READS AND WRITES. greeted by a spectral voice from the ceiling, 'I'm not very happy about this curtain,' . . . and you would be aware The Result is Millions of Letters and of a gaunt and vulture-like figure Parcels of Literature.

"I stood with ears alert, and sniffed.
"There was a faint, strange smell in the air, and a faint, far humming.
"I looked seaward. Nothing was visible but a remote destroyer. I gazed up into the heavens. Not a speck darkened the distant blue. Then a man on the crest of the hill, fifty yards above me, a woman at his side, cried suddenly:

"There she goes!"

parcels weighed about 1,500 tons a week. In addition, about 800,000 books and magazines were being distributed week by week, and on behalf of the troops he appealed for even more to be handed in.

The beauty that is only skin deep is better than the kind that rubs off.

"'There she goes!' "I looked again. And sheer over-head I caught a flash and sparkle. It was infinitely far, a part of the blue; as if a tiny patch of heaven had suddenly crystallized.

"For a moment I was astounded.

The loveliness of that remote and shin-Aid Work of the Canadian Pacific Railway Centre. ing something, on whose underwings the westering sun was beating up, possessed and dazzled me. . . . "There was a Bang! bang! bang!

from Kidney Trouble for Years and
Found a Quick and Complete Cure

Hon. C. W. Robinson, for years City
Solicitor of Moncton, N.B., has resigned.

Mr.

TOMMY READS AND WRITES.

of a gaunt and vulture-like figure perched on atable or a chair, safety nin in mouth, adjusting a chink."

Eut when at last a Zeppelin came, it came by day.

"It was a February afternoon of the fairest," says Mr. Ollivant.

"I was slowly climbing the last hill home when of a sudden I was aware of I knew not what.

"Some primeval instinct warned me to beware.

"I stood with ears alert, and sniffed."

"I stood with ears alert, and sniffed."



days when the appetite craves "something different"

Philip McLeod Tells How He Suffered Smith, is dead at the age of 104.



The Dunlop Rubber Company Wants Workmen for Toronto

More men are needed in the Toronto factory of The Dunlop Tire & Rubber Goods Company, Limited, to keep up with the demands of a steadily increasing business. Here is a chance for mechanics, or unskilled workmen who wish to become menhanics, to learn a trade that commands good, wages everywhere. No previous experience in rubber working necessary. The right kind of men can trust the Dunlop Company for a square deal. Send in your name and address for an application blank. Address:

NO STICKINESS Dunlop Tire & Rubber Goods Company, Limited

THE SUMMERLESS YEAR.

Tasty Summer "Snack" for the warm What the Year 1816 Was Like in This

Pacific Railway Courts.

A most successful year, notified and of the green hillide across the classification of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts. All and the sixth annual report of the St. John Ambilance Accounts and the sixth and th Country. The year 1816, that is, 100 years

Hostess-"Pray, don't go yet, Mr.

Mr. Basso—"You must excuse me. the neighbors."

Hostess—"Never mind the neighbors. They deserve it. They noi bors. They deserve it. They poisoned our dog yesterday."

Keep Minard's Liniment in the house Dangers of Pharmacy.

"Did you ever make a serious mistake in a prescription? "Only once. Then I charged a cus-tomer thirty cents for a prescription instead of fifty."

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT. MRS. A. LIVINGSTONE.

Lot 5, P. E. I.
I was cured of a severe attack Rheumatism by MINARD'S LINI-MENT. Mahone Bay. JOHN MADER. I was cured of a severely sprained leg by MINARD'S LINIMENT.

JOSHUA A. WYNACHT. Bridgewater.

Do Not Tell This Often. Smith was a parson. One day he went out fishing and lost a valuable presentation ring. Two years after-wards he went fishing in the same place, and caught a large trout, which he had for supper that night. Suddenly he jumped up half-choked by something that had stuck in his throat.

a violent effort he dislodged it.

Sore Granulated Eyelids,
Eyes inflamed by exposure to Sun, Bust and Wind
quickly relieved by Murine
Eye Style Remedy. No Smarting,
just Eye Comfort. At
Your Druggist's 50 per Bottle. Murine Eye
Salvein Tubes 25c. For Book of the Eye Freezask
Druggists or Murine Eye Remedy Co., Chicago

He Knew The Kind.

A hobo knocked on the back door of a suburban house, which was opened by a large muscular, hard-faced woman. "Get out of here, you miserable tramp!" exclaimed the woman in a screechy voice, at the first sight of the hobo. "If you don't march straight for that back gate I will call my husband!" "I guess not," was the hobo knocked on the back door

Mr. Chaffe—"Johnnie, your mother complains that you are disobedient. That's got to stop. You must obey your mother." Johnnie—"Not much. It's you who have to obey her. It isn't me that's married to her"

clothes and have a bath," said her mother. "You can tell me all about it later."
"Yes," agreed Billy, "and then I'm going to play with Blanco and Cicero and Miss Tampa. The boys can fish a week for all I care!"—Youth's Companion.

Clothes and have a bath," Said her mother. "You can tell me all about it later."

S. Frank Wilson & Constitution of the constitution

YOUNG FOLKS

She had climbed several fences and

was far from the road, with no houses in sight, when she had her advanture. The place was a valley well shut in by hills, with a few trees here and there. It looked as if it might be a pasture, but Billy could see nothing to frighter her when she climbed the fence, and so she hurried on. The brook where her brothers were fishing must be in the woods just over the hills. Strange noises behind her made her

turn sharply. "Hogs!" she said aloud. "How I

hate them!" rete them!"

Perhaps the hogs understood what he said. Anyway, they began to she said. Anyway, they began to grunt more loudly and to run toward her. One brief look showed Billy that the fence on the farther side of the pasture was not far away, the pasture was not far away, and toward it she dashed as fast as her feet would carry her. Then she stopped as suddenly as she half started, for there were half a dozen hogs between her and the fence; and thy, too, had seen her and were running to meet her.

Perhaps the hogs thought that she

had come to feed them, or it may be that they just wanted to be friendly, but Billy did not feel like waiting to see. Her quick eye showed her only one way to safety—a scrubby tree close at hand. Up into the see, the second of the see close at hand. Up into the see, the second of t see. Her quick eye showed her only one way to safety—a scrubby tree close at hand. Up into the branches of that tree she scrambled faster than she had ever climbed before, while with many grunts the hogs gathered at the foot of it and looked up at her with little red eyes.

What am a scrubby tree Stratford. Ont.

MEN WANTED FOR ALL branches of Flinishing trade, including Rubbing and Pollishing and Stealing When applying state experience at the foot of it and looked up at her when upplying state experience and whether married or single. Apply the Geo MeLagan Furniture Co. Limited. Stratford. Ont.

go away!" went away, but three or four stayed ed. Toronto. under the tree. The very largest one lay down close to the trunk and went to sleep. The others rooted in the GENERAL for Burlington. any down close to the trunk and went to sleep. The others rooted in the GENERAL for Burlington. grass and leaves near by. Every few Other servants kept. Best wages. utes they stopped and looked up at

Billy's perch seemed comfortable Billy's-perch seemed comfortable enough at first, but before long she got very tired of it. Would those hogs never go away? A long time passed Billy knew it must be noon, or later. Several times she shouted; but the hills threw back an echo that she was located as much affected for she was located fo almost as much afraid of as she was -

straight for that back gate I will call my husband!" "I guess not," was the calm response of the tramp. "He ain't at home." "Is that so, Mr. Tramp?" was the scornful rejoinder of the large laziv. "How do you know he isn't at home?" "Because, "grinned the hobo, backing toward the aforesaid gate, "when a man marries a woman like you he is home only at meal time."

Ask for Minard's and take no other Flippancies.

Airships should increase the float. Then how she ran! The hogs saw her and came running again, with her and came running again, with her and squeais; but this



Rich Uncle (to his physician)-"So you think there is hope for me?' Physic Doctor"—Not only that, but would inform my nephew; but break the news gently to him."

FORD

Write for rates on Ford cars up



with little red eyes.

"O dear!" cried Billy. "What am I to do? Go away, you horrid pigs, LABORERS, good wages. Apply LABORERS, good wages. Limit-In a little while most of the hogs or write Firstbrook Bros. Limit-

Apply Mrs. Proctor, R.R. No. 2, Freeman,

almost as much afraid of as she was of the hogs, although she knew that it was foolish to feel that way.

At last all the hogs wandered off all businesses will be big one that was asleep specified west Adelaids Street. Toronto.

For Freezing Ice Cream you get best results with CRUSHED ROCK SALT more even freeze. Smoother Icean. Takes one-third less salt an

Machinery For Sale

TORONTO SALT WOLKS, 60-62 Jarvis St., Toronto, Ont.

Wheelock Engine, 150 Airships should increase the floating population.
Cooking school girls don't always pan out well.
When the house ge's cold the tenants are apt to get hot.
Most of the "good fellows" have a lot of bad habits.
Speaking of work, that's as near as some men ever got to it.
When an irritable man is on a loaf, he is not so crusty.
It is casier to carry off an heiress.

Minard's Liniment Lumberman's Friend

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Minard's Liniment Lumberman's Friend

Then how she ran! The hogs saw her and came running again, with many grunts and squeais; but this time she beat them to the fence and scrambled breathlessly over it. Here again her dress got a bad rent, and she bruised one of her bare knees.
But she was safe at last, and by a roundabout way she reached the road once more and limped sadly home. Her mother met her at the door.

"June Cornelia Harrison! What have been worried to death!"

"June Cornelia Harrison! What have been worried to death!"

"Well, you see, I started to go fish-" "When your wife gets angry won't the speak to you?" "She won't do intything else." "You can tell me all about at the speak to you?" "She won't do mother. "You can tell me all about atcly."

Tied to death!"

"Well, you see, I started to go fishing with the boys," began Billy.

"Come right in and change your tothes and have a bath," said her mother. "You can tell me all about atcly."