# Housekeeping, Gardening, Fashions and News of Interest to Women

### SAY DUCHESS HAS JOINED MOVEMENT

London Paper States Marl- Keen of Hearing, They Are borough, Peeress Has Espoused Suffragism.

With Votes Women Would Mate More Wisely and

of her children. The entire family suffers injury and countless gener-ations of the unfit perpetuate the error and tragedy of that union.

"The eugenist has a good case, but the suffragist goes deeper to the root of the matter by demanding the right of women to individual existence. Similarly the suffragist is credited with doing greater good than those who are working to suppress the waite working to suppress the white slave traffic and reform the divorce laws. These noble, humane and courageous The officers and employes of the workers are engaged in a splendid campaign, but the suffragist goes to the beginning of things, namely, the of the Y. M. C. A. building at 415 Yonge

by giving justice to women that men the evening. The "Safety First move and by justice to themselves, and it is ment has now progressed beyond experimental stage and the Grand Trunk perimental stage and the Grand Trunk together, side by side, do justice ents -- part and counterpart

### Aunt Sally's Advice To Beauty-Seekers

C. M.P.: The neck should receive similar attention to that given the complexion, so color and texture of skin will be the same. A yellow neck and a white face give a discordant effect. I advise using for both neck and complexion the treatment recommended

this year's wheat crop as compared to that of last year, is shown in reports received at the headquarters of the C.N.R. These reports are to the effect that up to Saturday, Sept. 13, 4,954,000 bushels of grain had been loaded on C.N.R. cars, as compared with cordinary mercolized wax will help you more than any or all of them. It will The best application for such gradually absorb the withered, dis-colored complexion and you will soon have a new, youthful and healthy-looking skin. You needn't get more than an ounce of wax, which will cost you little at any druggist's. Apply nightly, like cold cream, washing it off mornings. Woman's Realm.

# **BLIND GIRLS AS PHONE OPERATORS**

Well Adapted to "Hello" Work.

BALTIMORE. Sept. 15.—The blind tele-phone girl has come to stay. An excep-tional girl two years ago passed the severe tests of the work, and has since then been a conspicuous example of what the blind, when gifted in other ways, may do, but now a Maryland School for the Blind has turned out five other well-trained girls, and the managers believe that they will be able to open this field of work to many other girls. These six ploneers, who are leading the way for other blind girls of the future, are working with the regulation switchboards, but efforts are being made to evoive a new kind of board which will greatly simplify the training of the girls and increase their efficiency.

The most difficult board now run by

Dr. F. J. Colling, Mrs. Banson and Mrs. Wainwright are given \$1722.16 each, and Thomas T. Colling \$12,222.16. The property includes 460 College street, valued at \$14,000, and the balance, consisting of stocks and life insurance. F. Fenton, son of the late county grown attorney, left \$23,000. The widow s sole beneficiary.

the beginning of things, harnely, the seconomic independence of woman.

Would Mate More Wisely.

"Give woman the right to exist and be an independent citizen and then should she be inclined to marry she will mate more wisely, more happily, more usefully for the state. Give her living wages and a voice in controll.

Mr. G. Bradshaw, recently appointed.

more usefully for the state. Give her living wages and a voice in controlling those who would keep her down in a sweated industry.

"I' see everywhere perfect and convincing proof that the introduction of woman into the realms of citizenship and national government will be signally conductive to the adoption of more practical methods and saner deads. Neither arms nor gallantry do women ask for, but justice. It is only by giving justice to women that men can do justice to the ment and the evening. The "Safety First" movement has now progressed beyond exin inaugurating the safety plan on its lines is showing an interest in the welfare of its employes and patrons which should be duly appreciated. We trust that the meeting will be well attended, and might be a means of promoting the interest of safety.

A special train will leave Cobourg

t 4.00 p.m. stopping at all stations, priving in Toronto in time for the meeting, and will return at the close of the meeting. Special train service has also been arranged for, from York and Mimico, thus enabling every em-

### ploye possible to attend. HERE COMES THE WHEAT

MANY FRESHMEN AT O. A. C.



When Mean Mean Service and the service of the service and the service of the service and the s

Mayor Fitzgerald welcomed the delegates on behalf of the city. Local and national labor men of prominence also speke. Much importance is attached to several questions which were scheduled to come before the convention, among them that of the defence fund for use in time of strikes, as well as legislation for the bester protection of women electrical

were scheduled to come before the convention among them that of the defence func for use in that of the defence func for use in the defence function of the property of the defence function of the property of the defence function of the fu An evidence of the increased yield and the earliness of the harvesting of this year's wheat crop as compared to that of last year, is shown in reports received at the headquarters of the C.N.R. These reports are to the effect that up to Saturday, Sept. 12, 4,954,000 bushels of grain had been loaded on C.N.R. cars, as compared with 441,000 bushels at the same date last year.

MANY FRESHMEN AT O. A. C.

ence. Five to eight good solid pounds of healthy "stay there" fat should be the net result. Sargol charges your weak, stagnant blood with millions of fresh new red blood corpuscles—gives the blood the carrying power to deliver every ounce of fat making material in your food to every part of your body. Sargol, too, mixes with your food and prepares it for the blood in easily assimilated form. Thin people gain all the way from 10 to 25 pounds a month while taking Sargol, and the new fiesh stays put. Sargol tablets are a scien-GUELPH, Sept. 15.— (Special.)—A large waiting list of students applying for entrance at the O. A. C. is quite probable this year. The number of students entered in the freshman year has been unprecedented, and is practically twice as great as six or seven years ago.

tific combination of six of the best flesh-producing elements known to chemistry. They come 40 tablets to a package, are pleasant, harmless and inexpensive and all druggists sell them subject to an absolute guarantee of weight increase or money back.



formed the menu.

Speeches were made by former slave-owners and responded to by former slaves.

An old-time camp meeting service was held. Aged, bent and sliver-haired ex-slave preachers shouted and exhorted the listeners to keep away from the wiles of the devil or be doomed to eternal fire and brimstone



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The Dining Table

HREE dishes well dressed, and a welcome withal,
Both pleaseth thy guest and becometh thy hall."
This old English couplet would serve for a motto for any woman who must be her own "chief cook and bottle washer" for a little dinner nicely cooked and daintily served expresses true hospitality better

What sort of a meal was it, I wonder, that made Solomon say that a dinner of herbs with contentment was better than a stalled ox with brawl-

That we may all find the safe middle path and keep to it is my best

pictures in black and white showing unusual large as this greatly reduced

this beautiful volume The \$4 book is 9x12 inchesmore than twenty times as

Water

Colors

in bright

colorings

illustrate

artistic

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It tells you of the strange people of Panama; it takes you into their huts, shows you how they live, what they eat, what they wear (how little); it tells the things you would want to know about your neighbors, and it is all told in an intimate, easy-reading style that is pleasing and restful.

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