

Hand - Springs or Head - Springs

The Athlete and the College Professor both find the "ideal nutriment" in

Grape-Nuts

"There's a Reason"

Canadian Postum Cereal Co., Limited, Windsor, Ont.

Armour's Bouillon Cubes

Armour's Bouillon Cubes provide a delicious bouillon at a moment's notice. Stimulating, Satisfying, Wholesome, Refreshing, tasting of beef and fresh garden vegetables with the correct seasoning. Chicken and Beef flavors. A cube to a cup of hot water. In boxes of 12, 50 and 100 at all grocers and druggists.

Free samples on request

ARMOUR & COMPANY

CHICAGO

O-Cedar Mop Polish

the magic wand of easier and better housekeeping. Cleans, dusts and polishes all at one time. Puts an end to backbreaking stooping, bending and stretching. Easily cleaned and renewed when soiled.

Your Satisfaction Guaranteed or money refunded. \$1.50 at all dealers, or direct from us.

Channell Chemical Co., Ltd.,
369 Sorauren St., Toronto, Can.
1456 Carroll Ave., Chicago, Ill.



A Mennen summer suggestion

Powder your neck with Mennen's where your collar rubs.

The powder absorbs the perspiration, allays irritation and eliminates chafing. It makes your collar feel so much more comfortable.

If your necktie won't slide easily in your collar, rub the collar with a little Mennen's.

For sale everywhere, 25c, or by mail postpaid. Sample box 4c in stamps.

GERHARD MENNEN COMPANY, NEWARK, N. J.

