Do not apply the Lorceps until the cervix, vagina, vulva, and perineum are dileted and softened.

After dilation, apply the forceps within three hours in primipare, and within two hours in multipare, if nature has not completed delivery.

In using traction on handle attached to traction-rods, pull intermittently, and if considerable force is required, occupy not less than twenty to thirty minutes in delivering the head, taking the time from a watch or clock.

As soon as the head commences to press on the pelvic floor, remove leg-holder and allow extension of the thighs, etc., allow legs and thighs to hang over the end of the labor-table.

THE USE OF ANESTHETICS.

No house physician shall administer an anesthetic without the permission of an attending obstetrician.

In all serious operations, and in all operations on patients in a serious condition from disease or other cause, an official anesthetist shall administer the anesthetic.

The term "attending obstetrician" refers to the individual members of the visiting Burnside staff, and to all physicians who have charge of patients in the private wards.

All obstetricians in charge of private patients are requested to observe these rules.

Examine every male child on the seventh day after birth, to ascertain the condition of the prepuce. If found adherent, "strip" the glands, and secure, if possible, a prepuce freely movable. If this cannot be done after using the prepuce-forceps, and a probe or director, report to an attending obstetrician, who shall see that circumcision is done if required.

During labor and the puerperium, record, or let nurse record, as far as possible, the following: Length of first stage, length of second stage, length of time before expulsive pressure is used over the fundus of the uterus, length of time of such pressure, total length of third stage, time of washing of vulva, time of application of abdominal binder, time of putting patient in bed, time of first weighing baby, time of first washing baby.

In forceps delivery, record when forceps are applied, when head is extracted, when body is expelled or extracted.

In all other operative procedures record length of time of operation.