# WOMEN'S HOME AND MACAZINE PACE

Highland Golf Club Getting Peep At Very Own Cosy Home Monday

The fact that the clubhouse at the on the east side. Across the hall is Highland Golf Club is to throw open its doors for the first time on Monday is arousing pleasurable anticine. day is arousing pleasurable anticipation, especially among the women The broad verandas, which have been built around the substantial-looking square brick ouse, were completed some days ago, and assurance is given that the paint will be so dry no one need fear for port togs or cherished frocks. Inside decorators and electricians have been busy and furnishings are all in place, from the capacious electric range in the kitchen to the last chintz curtain in the ladies' lounge and writing-

The experienced steward has been in charge for several days, and the first hospitality dispensed in the new clubhouse will be the serving of uncheon at noon Monday. After that all will be in order for afternoon tea the dining-room, sitting-room, on the verandas, or out under the friendly old apple trees. Ability to remain for dinner will add to the hours in which the links can be enjoyed by the

Throughout the clubhouse deep blue and tan have been chosen as the keynotes in decoration, worked out with dignity and charm in the diningroom at the end of the central entrance hall, and the big men's lounge

### GUIDE BULLETIN TELLS OF CAMPS

August number of the Ontario Provincial Girl Guide Bulletin, edited by Miss Beth Pennington, very appropriately devotes a large share of space to news of the summer camps.

A very much-appreciated compliment was paid to the Hamilton Guide camp of this summer. The men who granted the use of their grounds were so impressed by the splendid manner in which the camp was conducted and the good shape in which everything was left that they have extended a cordial invitation to the campers to come again on the same

Miss Maude MacLaren, who acted as assistant commandant at the pro-vincial training camp held at the Cronyn farm at Easter, has been one instructors at a successful camp held at Bala for the Guides of the district. Cobourg has boasted

a "real, live camp." Outside of the "pleasure and profit" tige, has been the leaders' training camp in progress at Havergal Colwith a very distinguished personage, Guides' Training School, and memecutive of the Girl Guide movement. No Londoners have found it convenient to take advantage of the opportunity of qualifying for the blue cord McCandless were Mrs. W. H. Abbott under her instruction. Amongst and Mrs. W. W. Gammage. those attending camp, however, one

# SAVED THE LIVES OF

Diarrhoea, dysentery, cholera infantum and summer complaint are re sponsible for more deaths, especially among children, during the summer months than any other form of disease. According to statistics, in the city of Toronto alone, in the past five years out of 1,008 deaths of children from diarrhoea, 757 died during the four summer months. It therefore chooves every mother to look after her children on the first sign of any eness of the bowels by using Dr. Fowler's Extract of Wild Strawberry, a remedy that has been on the market for the past 77 years, and has been proven to be the best there is.

ways recommend it, and now always have a bottle on hand in case of

Price, 50c a bottle; put up only by Ont .- Advt.

Very special consideration has been shown for the women members in the arrangement of the clubhouse, with the whole of the second floor turned over to them. Down the entire length at one side is the locker room, with a number of shower baths. Over the way are two well-equipped dressing-rooms, and tucked in at the front a cosy writing-room, overlooking the green lawns with their gay flower beds, and away beyond, right over the top of London. The men's lockers, shower baths and dressingrooms have been relegated to the True, the original purpose it served before the Highland Golf Club materialized was that of a barn. With its coat of stucco and the transformation effected inside, its plebeian early estate will soon be entirely for-

The ceremonious opening of the clubhouse has been postponed until later, when more of the members are town, and possibly blazing fires on the lounge hearth will be much more acceptable than in this present August weather. There is even possibility this may be deferred until the permanent eighteen-hole course is completed.

### CHILDREN'S HOSPITAL WELCOMES POTENTATE

Committee Hostesses Present Mrs. McCandless With Corsage of Sweet Peas and Roses.

Members of the War Memorial Children's Hospital committee appointed to act as hostesses at the hospital Thursday expressed themselves as delighted with the opportunity afforded to get a glimpse of the genial imperial potentate of the Shriners, Mr. James S. McCandless of Honolulu, and his charming wife, when they paid a brief visit of in-Most gratifying to the spection. number present who have been working indetatigably to see the hospital spent an accomplished fact were the complimentary things said of it by the

distinguished visitors. Prominent guests also of the occasion were Mrs. J. Reid of Windsor, pleasant fortnight holiday in Muspotentate of Mocha Patrol, and Mrs. camps of vacation days, the camp of camps, from the standpoint of prescommittee, and also of the hospital trust, was first in the receiving line. lege, Toronto, during the past week, With him were Mrs. Gartshore, Mrs. J. J. Foote, Mrs. E. B. Smith, regent indeed, as chief instructor, Miss of the Municipal Chapter, I. O. D. E.; Olivia Burgess, Red Cord Guide, com-Mrs. F. J. Greenaway, honorary secmandant of the West England Girl retary of the hospital committee, and Mrs. A. E. Miller. On behalf of the ber of the national headquarters ex- hospital committee, Mrs. Greenaway presented Mrs. McCandless with corsage bouquet of sweet peas and Sunset roses. Accompanying

Among others present were Mr. of the best-known here is Miss Kaye James Gray of the hospital trust, Mr. Symes of Ottawa, who acted as chief R. H. Heard, Miss Elizabeth Ross instructor at last Easter's training and Miss Callard, representing the Victoria Hospital staff, and a numer of city doctors, as well as civic

Chin Strap



The newest hat style from Par The T. Milburn Co., Limited, Toronto, strap isn't tight enough to prevent

Woodstock this week.

Mrs. E. C. Bowker is spending th

veek-end in Toronto. Mrs. Arthur Butchart is visiting in

Toronto and Hamilton Miss Marian Stark of this city i the guest of Miss Irene Anderson in

Windsor

Mrs. Moore of Ann Arbor is reurning home after a visit with Mrs. Harris Elliott.

Mrs. Ed. Westland left Friday for Winnipeg to visit her brother, Mr.

Mr. and Mrs. W. McRoberts of Camlachie are visiting in Goderich

Mrs. I. Lockley of Rochester, N.Y., is the guest of Mrs. Cl. T. Campbell,

Miss Frances Farren of New York City is the guest of the Misses Westby, 393 William street.

Mr. and Mrs. W. H. Parker and Miss Gertrude Parker have left on a motor trip to Kingsville. Mr. George T. Hiscox and Mrs.

Hiscox have returned after a trip of several weeks to England. Miss Nettie Jones has left on a two weeks' visit to friends in De-

troit, Windsor and Camlachie. Mrs. J. D. Tyrell has returned to Toronto after spending a week in town with Mrs. Cl. T. Campbell.

Kenneth Dunleyv is spending a couple of weeks in Windsor, staying

with his sister, Mrs. J. J. Pierney. Miss Ada Pape and her niece, Miss Amelia Moss, are visiting in Kit-

chener, guests of Mr. and Mrs. Fay. Dave Reece, superintendent of the Polk Printing Company, Detroit, a day or two in London this

Mrs. E. J. Liddicoatt, Hellmuth has returned home after a

Jennie Duncanson of Ann Arbor, Mich., is visiting her aunt, Mrs. M. Macoun, and Miss Moore of Lambeth.

Mrs. John Jones, 368 Horton street has returned to the city after a happy visit to her old home in Mount Brydges.

Miss Margaret Smith of the Brockville Collegiate Staff is visiting her sister, Miss N. Smith, Colonial

Mr. and Mrs. Fred Dalton of Detroit returned home by motor after a pleasant visit with friends and relatives in London.

Miss Viola Grose of Granton has been spending the past week in town with her cousins, Misses Dorothy and Irene Burnett, 146 Maitland street.

Misses Annie Turner, Maude Turner, Ida Westman, Christine Livens and Lena Rapley are guests at the Nepahwin, Lake Rosseau, Muskoka.

Mrs. Marshall and Miss Marshall of Toronto, who are spending the remainder of the summer in London, have gone to Goderich for a few

Messrs. Frank and Noel Steers of Ottawa have returned home. They have been in London for the past two months in connection with a survey party.

Mr. and Mrs. Charles Mason and Miss Lucy Mason, Queen's avenue are also in Clinton attending the Tanner-Walker wedding. Mrs. Mason s an aunt of the bride-

The Wauketa Club held an enjoyable dinner party at the Bungalow Tea House this week. The tables were arranged with summer flowers. and covers were laid for sixteen.

Misses Lillian and Jessie Summers have returned home after pleasant visits with their brother, Mr. Edmund Summers of Toronto, and their sister, Mrs. Charles Miller of Hamil-

Mr. John Tagg, general secretary of the Y. M. C. A. of Lockport, N.Y., with Mrs. Tagg and daughter are visiting their uncle, Mr. George B. Tagg and the Misses Tagg at 144 Colborne street. shows the chin strap effect, but the visiting their uncle, Mr. George B. Colborne street.

> are in Clinton attending the wedding instance. Gingham and linen would W. C. T. U. PLANS FAIR WORK. of the latter's niece, Miss Grace Isobel Walker, daughter of Mr. and Mrs. William Walker, to Mr. Wilfred M. Tanner, which is taking place at high

Miss Mildred Deike of Washington, D.C., is visiting her sister, Mrs. W. J. Brown, Wellington street north. She receipt of 15 cents in silver or will spend a couple of weeks in London, and is then going on to Toronto where she will be the guest of her sister, Mrs. Arthur Adams.

The girls of the Cavell Club of Centennial Church were charming when they entertained their friends at a lawn fete. Among gay decora tions of Japanese lanterns and ribbon streamers games were entered into with zest, after which a delight ful supper was served. The commi tee in charge consisted of Nellie War ner, Helen Carrothers, Mattie Young



Write on one side of paper only 2. Sign name and address. 3. Inclose stamped envelope for ecipes, patterns, etc. ARTICLES NECESSARY FOR

LAYETTE.

Dear Miss Grey,—This is my first letter to your Mail-Bex, but have been an interested and sympathetic reader for some time.

I have a very nice vegetable garden, and I thought if some of the needy in the city who have no garden would write I could send them a few vegetables, cucumbers, carrots and beets. also have beans, but they do not keep fresh long when picked. I could send enough for a few days anyway if the family isn't too l also have a green heather

jersey suit coat. The skirt is gone, but I thought as the coat is a sport model with large side pockets it might do for a young girl for school. It's size 38, I think. I have another suit coat of blue serge. It wouldn't be suitable for a separate coat, of course, but the serge is good and it might be made over for a small girl's reefer.
I wonder if some of the exper-

ienced mothers would come to my rescue? I am preparing for my first baby, and would like to know what is necessary for complete and sensible layette. I am making everything myself and would like it as nice as possible, of course.

Well, I will close. I am very sorry my first letter reached such dimensions, but hope you can find room for some of it. Best wishes to all the Boxites. Am inclosing wee mite. HAPPY.

If the express on the vegetables does not come very high it would be a great treat for some poor souls to receive nice fresh vegetables. I am a vegetarian myself, and am always sorry when the season is through, and one has to resort to canned goods. I will give your address to anyone wishing the articles of clothing, or the vegetables, you ave so kindly offered. Many thanks too, for the hospital mite. Part of your letter goes under the head of advertising, and I am unable to pub-

The following is a layette, which has been compiled by the Victorian Order of Nurses, and contains only he essential articles:

Layette-Only Essentials - Three day slips, 3 flannelette night slips, 3 flannelette Gertrude slips, 3 straight bands (wool and cotton mixed), 3 enitted bands (wool and cotton mixed), 3 shirts, 3 pairs long wool stockings, 8 cheesecloth quilted pads, 24 diapers, 2 washable wraps of flannel-

ADVERTISER PATTERNS



Dotted Swiss and organdy don. with hemstitching is combined in this

be equally attractive. The pattern is cut in three sizes:

12, 14 and 16 years. A 15-year size

Tequires 414 yards of 32-inch mater
requires 414 yards of 32-inch mater
day next at 3 o'clock in the headial. One may have this dress fin-quarters to make plans in connection ished as a one-piece style, or with

separate blouse and skirt.

Pattern mailed to any address on Address all pattern orders to the

pattern department.

Age (if child's or misses' pattern).... Measurement: Bust..... Waist.....

cost about \$10. These articles can be seen any morning at Child Welfare Office, Institute Public Health.

Materials Needed-Nine yards flangowns and 3 Gertrude slips, 27 inches long before hemming, 25 inches finished. One ball pink or blue broidery cotton for featherstitching hems: 41/2 yards white lawn makes 3 day slips, same length; 2 yards narrow lace edging; 18 yards diaper cloth, 27 inches wide makes 24 diapers 27 inches square; 6 yards cheesequilted pads 18x27 inches, to protect bed or cot (easily washable); 1 steady nerves.
piece rubber sheeting, 18x27, to put under pads; 2 yards heavy flannel-ette, 36 inches wide, hemmed with ette, 36 inches wide, hemmed with nervous troubles is to purify and pink or blue featherstitching, makes 2 square washable shafls; 6 yards TIVES" will do. narrow tape for necks and sleeves of slips; 2 dozen small buttons; 3 spools white cotton; 1/2-yard nursery flannel, wool and cotton mixed, torn into 3. makes 3 bands 6 inches wide; shirts, knitted bands and stockings can be bought, or are easily made of old underwear, seams featherstitched

CAN'T GO TO SCHOOL.

Dear Miss Grey,-Have read your Mail-Box for the past four years, but never had enough courage to write, and, like many another, now that I have come I am asking for help. I have three little boys, ages 6, 5 and 1 year past, and it is for them I am asking for help. I was wondering if somewhere in your Mail-Box there was not some mother who would have some left-offs that would fit my little boys. I would gladly pay postage on anything, and later on could help someone in need like myself. My husband is out of work, after working three months this year. He was also out of work all last winter, and it is hard for him to get work as he lost the sight of one eye overseas, so you can see what a hard struggle we have had to get along. I have been going to write so often in the past, but kept put would turn up. Most often it has, but just now things look very black, and I am very anxious for my two little boys, 6 and 5, as they have to return to school and I have nothing for them to wear; and it hurts terribly to think they may have to miss the opening of the school because they are both excited about going back, espe-cially the eldest laddie, because he passed. Thanking you in ad-vance, I will sign myself what my

wee son calls me, MUMSIE.
Inclosed find mite for S. C. H., MUMSIE. wishing it were more, and every success to the Mail-Box.

It makes my heart ache to receive o many letters asking for help. You urely have had a lot of trouble to ontend with, Mumsie, although you only have three children to take care of. I had a letter this morning from a mother who had eight children. I the little boys before school mences. It would be a great pity if they were forced to lose their schooling for lack of clothing. As you are a city reader, you could call for any parcels that the city Boxites may have. The hospital mite was most acceptable, Mumsie.

Farmer Joel's Wife-Thank you for the plaster for our hospital fund. have forwarded your letter to Nobody.

GRIFFITHS-BILLINGHAM.

A quiet wedding took place in London recently, when Nellie Eugenia Billingham, formerly of Los Angeles, Cal., was married to Walter Griffiths. Rev Mr Sage performed the ceremony. After a short honeymoon Mr. and Mrs. Griffiths will reside in

PHILLIPS-WEBSTER. The marriage took place Monday at the Ridout Methodist Parsonage of Irene Webster of London, to Wiljaunty collar is finished with "tie and Mrs. Phillips will reside in Lon-

> · After enjoying a holiday since June, the London Women's Christian with an annual mammoth undertaking, the dining-hall at the Western

> SUMMER HEAT HARD ON BABY

No season of the year is so danger-ous to the life of little ones as is the summer. The excessive heat throws the little stomach out of order s quickly that unless prompt aid is at hand the baby may be beyond all uman help before the mother realizes he is ill. Summer is the season when diarrhoea, cholera infantum, CAUTION: Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure, you need mark culy 38, 44 or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt, give waist and length measure. When misses or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

When diarrnoea, choice a infantum, dysentery and colic are most prevalent. Any of these troubles may prove deadly if not promptly treated. During the summer mother's best friend is Baby's Own Tablets. They friend is Baby's Own Tablets. They from the assure is not proved and colic are most prevalent. Any of these troubles may prove deadly if not promptly treated. During the summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They from a summer mother's best friend is Baby's Own Tablets. They fro dysentery and colic are most preva-

## SO MANY PEOPLE **ARE NERVOUS**

of All Nerve Remedies.

This Fruit Medicine Restores Health.

The increase in the number of persons suffering from Nervousness is world-wide; due in a measure, to the reaction following the war. Sleeplessness, Headaches, Mental nelette 27 inches wide, makes 3 night Depression, Rheumatism, Nervous Dyspepsia, Bad Heart Action, are the results of a disturbed condition of the Nervous System.

The nerves and the blood are so intimately, so vitally connected that the condition of one is bound to affect the condition of the other. cloth and 1 small cotton bat, makes the blood is laden with impurities, it is impossible to have strong,

The first essential in treating

"FRUIT-A-TIVES" stimulates the bowels, kidneys and skin and purifies the blood. "Fruit-a-tives" improves appetite and digestion and insures food being properly digest-ed, thus enabling the blood to carry wholesome nourishment to build up or blanketstitched, all seams on out, the body, particularly the nerves.

Men and women who take "Fruita-tives" for some form of nervousness—because they cannot eat or sleep or work or enjoy life—say that this fruit medicine is simply marvelous in its action.

50c a box. 6 for \$2.50, trial size, 25c. At dealers or sent postpaid by Fruit-a-tives, Limited, Ottawa, Ont.

Fine for Skin Exposed to Sun or Flying Dirt

These days the face needs special care and attention. Flying dust and dirt, the beating sun, are severe on any skin. Their despoiling effects are best overcome by the application of pure overcome by the application of pure mercolized wax. This keeps skin and pores in a cleanly condition, the complexion beautifully white and spotless. Reddened, tanned, freckled or roughened cuticle is actually absorbed by it. One ounce of mercolized wax, obtainable at any drug store, is sufficient to completely renovate a soiled complexion. It is used like cold cream, allowed to remain on over night, and washed off in the morning.

Fine lines and even the deeper wrinkles often appear at this season. In such cases nothing is better than a face bath made by dissolving an ounce of pure powdered saxolite in a half pint witch hazel. This is remarkably effective.—Advt.



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ing plums, Bradshaws and Gages, are now on the market at reasonable prices. The mark of the Niagara Peninsula Growers, Limited, Grimsby, Ontario, on the containers stands for carefullypacked, evenly - graded



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Easy terms of payment

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Mrs. Harold Sellers, Pennfield, N.B., writes: "Dr. Fowler's Extract of Wild Strawberry saved the lives of four of my children when all other remedies failed. It stopped the vomiting and terrible diarrhoea with which they were troubled. I will al-

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