


TALK No. 5

MAGIC BAKING POWDER

Does not contain Alum

ALUM is put into inferior baking powders because **it is cheap.** You cannot detect it, because **all baking powders look alike.** Alum is a dangerous mineral acid condemned by food experts as unfit for use in any food preparation, because it works havoc with the stomach and digestive organs and causes certain harm to the entire system.

Your baking results will be the best with **MAGIC** and you have the certain knowledge that your bread, biscuits and pastry will be light, healthful and delicious. There is no substitute for **MAGIC** and it is a medium priced baking powder and the only well-known one made in Canada that does **NOT** contain alum.



NO ALUM

Made in Canada

E. W. Gillett Co. Ltd. Toronto, Ont.

FREE COOK BOOK

If you have not received a copy of Magic Cook Book, send name and address on postal card and this valuable little book will be mailed free of charge.

No. 364

The Evening Chit-Chat

By RUTH CAMERON

"So it happens every year—Always has as yet—Such a lot of things we want, And so few we get. Always happens, always will, Don't know who's to blame, Wish you all a very merry Christmas, just the same."



I'll change that to "Hope you all have had a very merry Christmas just the same" and make it my d-a-y-a-f-t-e-r-Christmas wish for you people.

I also have a few day-after-Christmas-a thoughts for you. Trust you didn't work so hard and get so tired and fussed over the holiday and that all you want to do is to forget the whole thing. If you did you'd better stop here. I've given you fair warning.

In the first place, why isn't it a crackjack idea to notice what people say they wished they'd had given them and jot it down for next year's use. Just now it doesn't seem possible that there is another Christmas coming, but truly there is, and one when you will be quite as glad to know just the right thing to give folks as you would have been this year.

Another thing—it doesn't seem to you now as if you would ever forget what you gave each friend, but unless you jot down a list, just as sure as next Christmas comes round, you will be wondering whether it was to

Louise or Mary you gave the hatpin, and whether it was Eleanor or Kath-erine you presented with a lace jabot. It won't take you ten minutes to jot down a memorandum of your Christmas giving. Do it on the train or trolley car—do it in the time you wait for the potatoes to boil, but any-how you do it—do it now.

Wonder if there are many people who dislike as vigorously as I do the expressions "I think I fared well," "I think you did finely," as applied to Christmas giving. I know there must be a good many people who don't like the frequency with which I hear these or similar expressions used. Seems to me it is a terrible testimony to the commercial spirit we are allowing to infect our Christmas. Try not to think things like these. Try not to say them, and above all be sure not to say them before children.

Speaking of this matter, what do you suppose I heard yesterday afternoon? Two children boasting to each other about the sum total of the value of the gifts they had received. One reckoned the love of her friends and relatives at \$25. The other boasted of \$32 worth of affection.

What WERE their mothers thinking of? Just one thing more—I have been asked if it is necessary to acknowledge Christmas cards. That like so many similar etiquette questions, can be answered in just four words—

Not necessary but courteous.

Ruth Cameron

Facts for Weak Women

Nine-tenths of all the sickness of women is due to some derangement or disease of the organs distinctly feminine. Such sickness can be cured—is cured every day by

Dr. Pierce's Favorite Prescription It Makes Weak Women Strong, Sick Women Well.

It acts directly on the organs affected and is at the same time a general restorative tonic for the whole system. It cures female complaint right in the privacy of home. It makes unnecessary the disagreeable questioning, examinations and local treatment so universally resented upon by doctors, and so abhorrent to every modest woman.

We shall not particularize here as to the symptoms of those peculiar affections incident to women, but those wanting full information as to their symptoms and means of positive cure are referred to the People's Common Sense Medical Adviser—1008 pages, newly revised and up-to-date Edition, sent free on receipt of 31 one-cent stamps to cover cost of mailing only; or, in cloth binding for 50 cents.

Address Dr. R. V. Pierce, Buffalo, N. Y.



Japanned ware should be washed with a sponge, dampened in warm water and dried immediately with a

soft cloth. Obstinate spots can quickly be removed by rubbing with a woollen cloth dipped in sweet oil.

Household Notes.

It is becoming more and more the fashion to serve fruit salads with game. These should be tossed in a French vinaigrette dressing of oil and vinegar, seasoned with salt and freshly ground black pepper.

If leather in chair seats sticks to the clothing, sponge with a mixture of ether and alcohol, dampening the cloth lightly and following it by wiping off with a clean dannel; dampened with pure chloroform.

Jerusalem artichokes, peeled, and left in cold water to keep them from discoloring, and then sliced thin with a silver knife and served on lettuce leaves with a French dressing make a delicious dinner salad.

When books become badly soiled on the edges, if not gilt edged, close the book tightly and erase the marks with an ink eraser. This will cut off all the rough edges, all soiled marks, and leave the book quite clean.

Carrots will make delicious preserves. Take three-quarters of a pound of sugar to a pound of carrots. Add sufficient water to make a syrup and boil until the preserves are thick. A little ginger or lemon should be added to flavor.

While it is advisable to "pack" a water bag flat, occasionally there is necessity for rolling it. If so, it is well to lay a piece of cloth or paper over the bag first, then there will be no possible danger of the sides of the bag sticking together.

To use cold halibut or other white fish, remove the bones and flake it and arrange it in layers in bread crumbs and seasoning, in a buttered baking dish. Cover the top with buttered crumbs, turn in hot milk to moisten sufficiently, sprinkle grated cheese over and bake.

Cases of scissors, containing three, four or five pairs of scissors of assorted sizes, make as acceptable a gift as any woman can wish. Some of these cases are quite handsomely ornamented with silver, a monogram being added sometimes to give a distinctive and personal touch.

When prunes are to be stuffed it is well to select large ones, and soak them overnight. Drain and let them dry before stuffing. A mixture of chopped nuts and figs makes a delicious filling for this fruit. After stuffing the prunes should be rolled in confectioner's sugar.

Lord G. Wellesley.

Mr. Graves' Poetical Tribute. — "Saved From The River."

Mr. Alfred Percival Graves, author of "Father O'Flynn" and a large number of Irish, Welsh, Manx, and English songs and ballads, and an occasional contributor of poems to these columns, has written the following poetical description of Lord George Wellesley's brave rescue of a girl from the Thames near Putney Bridge. The verses were suggested by Lord Rosbery's reference to the rescue in his speech at Manchester.

Fleeting past, in the blast,
The folk as they go
Turn not to view her,
Turn not, or know
That the river unto her
Calls from below.

She is young, ah, how young,
Yet no human tongue
Can tell us how old,
As o'er the bridge side
She stares, into the tide,
An-hungered, a-cold,
Was there none, was there none
This most hapless one
To befriend?
Father above!
Has her one dream of love
This one end?

Is it a prayer
That her deed of despair
May yet be forgiven,
That is lifting her eyes
In such awful surprise
Unto Heaven,
Ere she springs with a cry
To the parapet high,
Wild-eyed and wan,
Sways on the ledge,
Then over the ledge
Is gone—?

The people have heard,
The people have stirred
For their daughter at last,
Women shriek, "Save her!"
Men only waver.
Aghast!
Till stalwart youth shoulders
Aside the beholders
And off the bridge side,
At the height of a steepie,
For that child of the people
Plunges into the tide.

Breathless all
They hold him fall,
Then again emerge
From the dreadful surge
Of the waters' dun
And his strong course urge
To the floating one.

His strokes divide
The angry tide,
While hopes and fears
The watchers thrill,
As stoutly still
He perseveres
Until at length,
With his manly strength
Winning the strife,
He lifts from a grave
In the ghastly wave
A sister's life.

ALFRED PERCEVAL GRAVES.

Indigestion & Dyspepsia

In all its forms can be cured.

It is quite a daily occurrence to hear persons say, "Oh, what a feeling of distress I have after meals, fullness of the stomach, heaviness and headache, I feel too tired to do anything, I have no heart to exert myself, and at times I care for nothing. I often have a pain in the pit of my stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep is restless, my head aches, and I often awake with a sense of suffocation and difficulty of again going to sleep. I have to be careful of what I eat, and my life seems a veritable burden."

Now, it seems a shame and a pity for persons to be suffering like that when it is in their power to get cured by the use of a bottle of Dr. Stafford's Prescription A. A sure cure for persons afflicted with stomach troubles. It can be obtained at

DR. F. STAFFORD & SON,
Duckworth Street and Theatre Hill,
Small size, 25 cents; postage, 5c.
extra; large size, 50 cents; postage, 10c. extra. Mail orders must be accompanied by remittance—Oct 29, 1m.

Going to England.

Mr. B. Friedman is going to England by the S. S. Samidjan to buy goods. The alleged "libel" case being brought against him by Mr. Bonavsky will not be heard till his return. Mr. M. W. Furlong has been engaged. Mr. Friedman's defence will be "justification."

Backache Suffering

A wonderful medicine is this medicine, description of DR. CHASE'S KIDNEY-LIVER PILLS.

Mr. Fred. Gummer, Lillies, Ont., writes: "I can honestly say that Dr. Chase's Kidney-Liver Pills are a wonderful medicine. For six weeks last fall I could scarcely walk around for pains in the back and legs, and was almost completely laid up for work. Though I tried several medicines I got no better. I saw Dr. Chase's Kidney-Liver Pills advertised and bought five boxes. After I had used three boxes, I was greatly improved and by the time I had them all taken felt as well as I ever did. I would advise anyone suffering from kidney disease to use Dr. Chase's Kidney-Liver Pills."

"We have also used Dr. Chase's Syrup of Linseed and Turpentine for bad colds and sore throat and would not be without these medicines for anything."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cent box, at all dealers or Edmanston, Bates & Co., Toronto. Write for a free copy of Dr. Chase's Recipe Book.

JACKMAN'S CLEANSING and PRESSING DEPARTMENT.



Passengers to the city, please 'phone 270, and have your Suite and Overcoat put in good condition by us.

Ladies and Gents!

• Pressing at Shortest Possible Notice.

Does your Overcoat require a new Velvet Collar, Buttons and General Repairs, if so, 'Phone 270 and have it put in First-Class Condition by our staff of expert workmen at a very moderate cost.

Customers Looking for this Dept. will find it on Second Floor Arcade Building.

JACKMAN The Tailor, The Mail Order House.

Fight For Life - in a Balloon.

Thrilling North Sea Adventure—One Man Washed Away.

"Are we in England? We have come in a balloon." These were the words, uttered in a strong German accent which startled the inmates of Park Cottage, near Kirkwall, in the Orkney Islands, recently. "We thought we were in Sweden," added the spokesman, "till we saw the word push on your door bell."

On being asked to enter, two men, covered with blood and mud, staggered into the house. The story told by the balloonists was thrilling. It appeared that about four o'clock on Saturday three gentlemen—Herr Distler, managing director of the Deutscher Toback Club; Captain Joerdens, a retired German Army officer; and Herr Metzger, manager of a rubber factory for automobiles—all belonging to Munich, left that town in the Deutscher Touring Club's balloon for a twenty-four hours ascent.

Wave Washed in the Darkness. "About 7.30 on Sunday morning," Herr Distler states, "the balloonist's greatest dread appeared. We heard the roaring of the sea. The wind was blowing strongly from the south-east. We came down to locate our position. So great was our speed that the basket dashed against the sea, we three were immersed, and," Herr Distler pathetically added, "when we rose clear again we were two." Herr Metzger was not seen any more.

Relieved of the weight of one passenger, the balloon rose out of danger, and all Sunday the balloonists drifted they knew not whither except that the German Ocean was beneath them. A dense fog hung over the sea to a height of about 100 yards. Twice during the darkness the balloonists descended, but each time struck the waves. At last everything, even the anchor, had to be cast overboard, and the emergency rope was pulled to release the remainder of the gas as soon as the balloonists knew they were over land. Still so great was the impetus that wire fences and dykes were torn down as the balloon whirled along, while Herr Distler and Captain Joerdens lay crouched in the bottom of the basket expecting each minute to be their last. When they stopped they were a mile inland.—Daily Mail.

\$24,000 Dinner Service

Silver and Gold for a U. S. "Copper King."

Senator W. A. Clark, the Montana "copper king," who has overshadowed all the other plutocrats of the United States with the magnificence of his new Fifth Avenue \$1,400,000 house, is rejoicing in the possession of the "costliest, most ornate, and largest silver and gold dinner service in the world." He is prouder of the dinner service, which it has taken a Chicago firm of silversmiths three years to design and manufacture, than of his wonderful house.

The service, which cost \$24,000, comprises platters, dishes, goblets, tumblers, jugs, knives, forks, plates, and salt-cellars for twenty-four persons. Each piece is made of the purest American silver, lined with sheet gold of a substantial thickness, and adorned with the owner's monogram on lines harmonising with the general scheme of decoration of the

banqueting hall in his luxurious house. "I have seen all the gold and silver plate now in existence, whether in Europe or America," proudly announced the "copper king," when the set was delivered, "and I have no hesitation in saying that mine is the most beautiful. Its like will never be seen again in this world. It is the acme of the art of the silversmith."

Do it Now

Tomorrow A.M. too late. Take a CASCARET at bed time; get up in the morning feeling fine and dandy. No need for sickness from over-eating and drinking. They surely work while you sleep and help nature help you. Millions take them and keep well.

CASCARETS 10c a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.


Don't Leave it Too Late

FOR THE FOLLOWING

BARGAINS:

White Napkins	7c. each
Towelling Remnants	7c. per yard
Sideboard Covers	15c. to 70c. each

Bargains Bargains



Floor Canvas, 2 yards wide	47c. per yard
Children's White Lawn Pinafores	Reduced
White Lawn Hemst'd Hankerchiefs. 3 & 4c. ea	
Ladies' Am. White Blouses.	40c. to \$1.50 each

P. F. COLLINS, The Mail Order Man,

340, 342, 344 Water Street.