

Beaver Flour

makes more bread to the barrel than any other flour on the market—bread that takes up water readily, "stands up" well in the oven, looks well, tastes well and is light and nutritious.

Being a carefully prepared blend of Manitoba Spring wheat and Ontario Fall wheat, Beaver Flour is also an ideal pastry flour, making the most delicious cakes, pies and biscuits.

Keeping two flours—one for bread and one for pastry—involves unnecessary expense and bother. Beaver Flour is best for both.

Ask your grocer for it.

DEALERS—Write for prices on all Flours, Coarse Grains and Cereals. 116 THE T. H. TAYLOR CO., LIMITED, CHATHAM, Ont.

R. G. ASH & CO., St. John's. Sole Agents in Newfoundland, will be pleased to quote prices



THE YOUNG ADVOCATE.

(Concluded.)

IN anticipation of the happy event, he engaged and furnished a suit of apartments in the Rue de Helder; and as it was necessary that the bride should come to Paris to provide her trousseau, it was agreed that the wedding should take place there, instead of at Bellefonds, as had been first projected—an arrangement the more desirable, that a press of business rendered M. de Chauille's absence from Paris inconvenient.

Brides and bridegrooms in France, except of the very high classes, are not much in the habit of making those honeymoon excursions so universal in this country. A day spent in visiting Versailles, or St. Cloud, or even the public places of the city, is generally all that proceeds the settling down into the habits of daily life. In the present instance, St. Denis was selected, from the circumstance of Natalie having a younger sister at school there, and also because she had a particular desire to see the Abbey.

The wedding was to take place on a Thursday; and on the Wednesday evening, having spent some hours most agreeably with Natalie, Antoine de Chauille returned to spend his last

AFTER SUFFERING TEN YEARS

Cured by Lydia E. Pinkham's Vegetable Compound

MARLBOROUGH, N.J.—I feel that Lydia E. Pinkham's Vegetable Compound has given me new life. I suffered for ten years with serious female troubles, inflammation, ulceration, indigestion, nervousness, and could not sleep. Doctors gave me up, as they said my troubles were chronic. I was in despair, and did not care whether I lived or died, when I read about Lydia E. Pinkham's Vegetable Compound; so I began to take it, and am well again and relieved of all my suffering. —Mrs. GEORGE JONNY, Box 40, Marlboro, N.J. Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs, and today holds the record for the largest number of actual cures of female diseases we know of, and thousands of voluntary testimonials are on file in the Pinkham Laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaints, inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration. Every suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial. If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

BOVEL'S MANFG. CO., St. John's, Nfld., or Montreal, Can.

night in his bachelor apartments. His wardrobe and other small possessions had already been packed up and sent to his future home; and there was nothing left in his room now but his new wedding suit, which he inspected with considerable satisfaction before he undressed and lay down to sleep. Sleep, however, was somewhat slow to visit him; and the clock had struck one before he closed his eyes. When he opened them again, it was broad daylight; and his first thought was, had he overstepped himself? He sat up in the bed to look at the clock, which was exactly opposite; and as he did so, in the large mirror over the fireplace he perceived a figure standing behind him. As the dilated eyes met his own, he saw it was the face of Jacques Rillet. Overcome with horror, he sank back on his pillow, and it was some minutes before he ventured to look again in that direction; when he did so, the figure had disappeared.

The sudden revulsion of feeling such a vision was calculated to occasion in a man elate with joy, may be conceived. For some time after the death of his former foe, he had been visited by not unrequited twinges of conscience; but of late, borne along by success, and the hurry of Parisian life, these unpleasant remembrances had grown rarer, till at length they had faded away altogether. Nothing had been further from his thoughts.

Heavily and slowly he arose from his bed, for it was time to do so; and with a trembling hand and quivering knees, he went through the process of the toilet, gashing his cheek with the razor, and spilling the water over his well-polished boots. When he was dressed, scarcely venturing to cast a glance in the mirror as he passed it, he quitted the room, descending the stairs, taking the key of the door with him for the purpose of leaving it with the porter; the man however being absent, he laid it on the table in the lodge, and with a relaxed and languid step, proceeded on his way to the church, where presently arrived the fair Natalie and her friends. How difficult it was now to look happy with that pallid face and extinguished eye!

"How pale you are! Has anything happened? You are surely ill, were the exclamations that met him on all sides. He tried to carry it off as well as he could, but felt that the movements he would have wished to appear alert were only convulsive and the smiles with which he attempted to relax his features were but distorted grimaces. However, the church was not the place for further inquiries; and while Natalie gently pressed his hand in token of sympathy, they advanced to the altar, and the ceremony was performed; after which they stepped into the carriage waiting at the door, and drove to the apartments of Madame de Bellefonds, where an elegant dejeuner was prepared.

"What ails you, my dear husband?" inquired Natalie, as soon as they were alone.

"Nothing, love," he replied; "nothing. I assure you, but a restless night and a little overwork, in order that I might have to-day free to enjoy my happiness."

"Are you quite sure? Is there nothing else?"

"Nothing, indeed; and pray don't

take notice of it; it only makes me worse."

Natalie was not deceived, but she saw that what he said was true; nonetheless she was so she contented herself with observing him quietly, and saying nothing; but, as he felt she was observing him, she might almost better have spoken; words are often less embarrassing things than too curious eyes.

When they reached Madame de Bellefonds he had the same sort of questioning and scrutiny to undergo, till he grew quite impatient under it, and betrayed a degree of temper altogether unusual with him. Then everybody looked astonished; some whispered their remarks, and others expressed them by their wondering eyes, till his brow knit, and his pallid cheeks became flushed with anger. Neither could he divert attention by eating; his parched mouth would not allow him to swallow anything but liquids, of which, however, he indulged in copious libations; and it was an exceeding relief to him when the carriage, which was to convey them to St. Denis, being announced, furnished an excuse for hastily leaving the table. Looking at his watch, he declared it was late; and Natalie, who saw how eager he was to be gone, threw her shawl over her shoulders, and bidding her friends good morning they hurried away.

It was a fine sunny day in June; and as they drove along the crowded boulevards, and through the Fort St. Denis, the young bride and bridegroom, to avoid each other's eyes,

This Home-Made Cough Syrup will Surprise You

Stops Even Whooping Cough Quickly. A Family Supply at Small Cost.

Here is a home-made remedy that takes hold of a cough instantly and will usually cure the most stubborn case in 24 hours. This recipe makes sixteen ounces—a family supply. You couldn't buy as much or as good ready-made cough syrup for \$2.50. Mix two cups of granulated sugar with one cup of warm water, and stir 2 minutes. Put 2½ ounces of Pinex (fifty cents' worth) in a 16 oz. bottle, and add the Sugar Syrup. This keeps perfectly and has a pleasant taste—children like it. Braces up the appetite and is slightly laxative, which helps end a cough.

You probably know the medicinal value of pine in treating asthma, bronchitis, and other throat troubles, sore lungs, etc. Your drugist has Pinex. Pinex is the most valuable concentrated compound of Norway white pine extract, rich in ginkgol and other natural healing pine elements. Other preparations will not cure in this formula.

The prompt results from this inexpensive remedy have made friends for it in thousands of homes in the United States and Canada, which explain why the plan has been in vogue for so long. It never fails. A guarantee of absolute satisfaction, or money promptly refunded, goes with this recipe. Your drugist has Pinex will get it for you. If not, send to The Pinex Co., Toronto, Ont., affecting to be gazing out of the window; but when they reached the part of the road where there was nothing but trees on each side, they felt it necessary to draw in their heads, and make an attempt at conversation. De Chauille put his arm round his wife's waist and tried to rouse himself from his depression; but it had by this time so reacted upon her, that she could not respond to his efforts, and then the conversation languished, till both felt glad when they reached their destination, which

No more Torture from Eczema.

Relief Quick and Cure Certain When DR. BOVEL'S HERB AND GUM SALVE is used.

There is no form of itching skin disease which can defy the extraordinary curative powers of Dr. Bovel's Herb and Gum Salve. This is a strong statement, and is only made after years of experience with the use of this preparation in the most horrible cases of eczema which you could imagine.

Relief from the terrible itching comes with the first few applications, and then it is a question of patiently applying the salve and watching the natural process of healing which is set in operation by this great healer.

There are lots of cures to refer to, but what you want is actual trial in your own case, when you will soon realize that there is no disputing its wonderful healing power.

If you have Eczema or any form of itching skin disease don't let an hour pass before sending for this treatment.

Dear Sirs,—I feel it my duty to make you some acknowledgment of the excellent healing qualities of your Herb and Gum Salve, which I have used for eczema, and skin eruptions. It has also been used in my household for scalds, burns, etc., and I find it unsurpassed as a curative agent for such troubles. Yours, W. DUFF, St. Lambert, P.Q.

For sale by all Dealers at 25c. per box. If your Dealer cannot supply, send 25c. (in stamps) to BOVEL'S MANFG. CO., St. John's, Nfld., or Montreal, Can.

ROYAL BAKING POWDER

Absolutely Pure
The only baking powder made from Royal Grape Cream of Tartar
No Alum, No Lime Phosphate

would, at all events, furnish them something to talk about.

Having quitted the carriage, and ordered a dinner at the Hotel de l'Abbaye, the young couple proceeded to visit Mademoiselle Hortense de Bellefonds, who was overjoyed to see her sister and new brother-in-law, and doubly so when she found that they had obtained permission to take her out to spend the afternoon with them. As there is little to be seen at St. Denis but the Abbey, on quitting that part of it devoted to education, they proceeded to visit the church, with its various objects of interest; and as De Chauille's thoughts were now forced into another direction, his cheerfulness began insensibly to return. Natalie looked so beautiful, too, and the affection between the two young sisters was so pleasant to behold! And they spent a couple of hours wandering about with Hortense, who was almost as well informed as the Suisse, till the brazen doors were opened which admitted them to the Royal vault. Satisfied at length with what they had seen, they began to think of returning to the inn, the more especially as De Chauille, who had not eaten a morsel of food since the previous evening, owned to being hungry; so they directed their steps to the door, lingering here and there as they went, to inspect a monument or a painting, when, happening to turn his head aside to see if his wife, who had stopped to take a last look at the tomb of King Dagobert, was following, he beheld with horror the face of Jacques Rollett appearing from behind a column! At the same instant his wife joined him, and took his arm, inquiring if he was not weary. He attempted to say yes, but the word would not be forced out, and staggering out of the door, he alleged that a sudden faintness had overcome him.

They conducted him to the Hotel, but Natalie now became seriously alarmed; and well she might. His complexion looked ghastly, his limbs shook, and his features bore an expression of indescribable horror and anguish. What could be the meaning of so extraordinary a change in the ray, witty, prosperous De Chauille, who, till that morning, seemed not to have a care in the world? For, plead illness as he might, she felt certain from the expression of his features, that his sufferings were not of the body but of the mind; and, unable to imagine any reason for such extraordinary manifestations, of which she had never before seen a symptom, but a sudden aversion to herself, and regret for the step he had taken, her pride took the alarm, and concealing the distress she really felt, she began to assume a haughty and reserved manner towards him, which he naturally interpreted into evidence of anger and contempt. The dinner was placed upon the table, but De Chauille's appetite, of which he had lately boasted, was quite gone, nor was his wife better able to eat. The young sister alone did justice to the feast; but although the bridegroom could not eat, he could swallow champagne in such copious draughts that ere long the terror and remorse that the apparition of Jacques Rollett had awakened in his breast were drowned in intoxication. Amazed and indignant, poor Natalie sat silently observing this effect of her heart, till, overcome with disappointment and grief, she quitted the room with her sister and retired to another apartment, where she gave vent to her feelings in tears.

After passing a couple of hours in confidences and lamentations, they reflected that the hours of liberty granted, as an especial favor, to Mademoiselle Hortense, had expired; but advanced to exhibit her husband in his present condition to the eyes of strangers, Natalie prepared to conduct her to the Maison Royale herself. Looking into the dining-room as they passed, they saw De Chauille lying on a sofa fast asleep, in which state he continued when his wife returned. At length, however, the driver of her carriage begged to know if Monsieur and Madame were ready

to return to Paris, and it became necessary to arouse him. The transitory effects of the champagne had now subsided; but when De Chauille recollected what had happened, nothing could excel his shame and mortification. So engrossing indeed were these sensations that they quite overpowered his previous one, and, in his present vexation, he, for the moment, forgot his fears. He knelt at his wife's feet, begged her pardon a thousand times, swore that he addressed her, and declared that the illness and the effect of the wine had been purely the consequences of fasting and overwork. It was not the easiest thing in the world to re-assure a woman whose pride, affection and taste had been so severely wounded; but Natalie tried to believe, or to appear to do so, and a sort of reconciliation ensued, not quite sincere on the part of the wife, and very humbling on the part of the husband. Under these circumstances it was impossible that he should recover his spirits or facility of manner; his gait was forced, his tenderness constrained; his heart was heavy within him; and ever and anon the source whence all this disappointment and woe had sprung would recur to his perplexed and tortured mind.

This mutually pained and distrustful, they returned to Paris, which they reached about nine o'clock. In spite of her depression, Natalie, who had not seen her new apartments felt some curiosity about them, whilst De Chauille anticipated a triumph in exhibiting the elegant home he had prepared for her. With some alacrity, therefore, they stepped out of the carriage, the gates of the Hotel were thrown open, the concierge rang the bell which announced to the servants that their master and mistress had arrived, and whilst these domestics appeared above, holding lights over the balustrades, Natalie, followed by her husband, ascended the stairs. But when they reached the landing-place of the first flight, they saw the figure of a man standing in a corner as if to make way for them; the flash from above fell upon his

face, and again Antoine de Chauille recognized the features of Jacques Rollett!

From the circumstance of his wife's preceding him, the figure was not observed by De Chauille till he was lifting his foot to place it on the top of the stairs; the sudden shock caused him to miss the step, and, without uttering a sound, he fell back, and never stopped till he reached the stones at the bottom. The screams of Natalie brought the concierge from below and the maids from above, and an attempt was made to raise the unfortunate man from the ground; but with cries of anguish he besought them to desist.

"Let me," he said, "hide! What a fearful vengeance is thine! O, Natalie, Natalie! he exclaimed to his wife, who was kneeling beside him, "to win fame and fortune and yourself, I committed a dreadful crime! With lying words I argued away the life of a fellow-creature, whom, whilst I uttered them, I half believed to be innocent; and now, when I have attained all I desired, and reached the summit of my hopes, the Almighty has sent him back upon the earth to

earth ever since that time. At length I obtained, through the assistance of my sister, the situation of concierge in the Hotel Marbeuf, in the Rue Grange-Batelle. I entered on my new place yesterday evening, and was desired to awaken the gentleman on the third floor at seven o'clock. When I entered the room to do so you were asleep, but before I had time to speak you awoke, and I recognized your features in the glass. Knowing that I could not vindicate my innocence

face, and again Antoine de Chauille recognized the features of Jacques Rollett!

No Man is Stronger Than His Stomach

A strong man is strong all over. No man can be strong who is suffering from weak stomach with its consequent indigestion, or from some other disease of the stomach and its associated organs, which impairs digestion and nutrition. For when the stomach is weak or diseased there is a loss of the nutrition contained in food, which is the source of all physical strength. When a man "doesn't feel just right," when he doesn't sleep well, has an uncomfortable feeling in the stomach after eating, is languid, nervous, irritable and despondent, he is losing the nutrition needed to make strength.

Such a man should use Dr. Pierce's Golden Medical Discovery. It cures diseases of the stomach and other organs of digestion and nutrition. It enriches the blood, invigorates the liver, strengthens the kidneys, nourishes the nerves, and GIVES HEALTH AND STRENGTH TO THE WHOLE BODY.

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine of snowy composites, not even though the urgent dealer may thereby make a little bigger profit. Ingredients printed on wrapper.

Only One "BROWN QUININE" that is Laxative Bile and Quinine Cures a Cold in One Day, Grip in 2 Days. on every box 25c.

Now Cured of Rheumatism

Cost him \$100.00 for medicines which failed—Cured by DR. CHASE'S KIDNEY-LIVER PILLS.

Mr. James Clark, Maidstone, Sask., writes: "I suffered for four years with rheumatism in my shoulders and could not lift my arms above my head. I tried nearly all the advertised remedies but none of them gave me relief. It cost me at least \$100.00 for medicines before I used Dr. Chase's Kidney-Liver Pills. With the use of this medicine, I soon found relief. I followed up this treatment for six months and was then quite free from rheumatism. While using Dr. Chase's Kidney-Liver Pills I also used Dr. Chase's Backache Plaster when so stiff that I could scarcely bend. They always found the weak spot and gave relief while the internal treatment was bringing about a thorough cure."

The success of Dr. Chase's Kidney-Liver Pills has been phenomenal. One pill a dose, 25 cents a box, at all dealers or Edinboro, Bates & Co., Toronto. Dr. Chase's Recipes will be sent free on request.

This Old Gentleman Cured of Rheumatism

By One Box of GIN PILLS. YARMOUTH, N.S. "I have been bothered with Rheumatism for many different kinds of medicine and found no relief for it. One day a friend advised me to try GIN PILLS, and after taking one box of them, I felt like a new man, I thought I would write you a few lines to let you know how thankful I am for the relief they gave me, and would advise all sufferers from Rheumatism to try GIN PILLS."

Wm. Conry, Don't bother with liniments and so-called "blood purifiers." They won't help your kidneys—and Rheumatism is caused by weak, strained or irritated kidneys. The only possible way to cure Rheumatism is to cure the kidneys. GIN PILLS will do this as nothing else will. Take GIN PILLS NOW and be free from Rheumatism this winter. 50c. a box—\$1.00 for \$2.50—and money promptly refunded if you are not satisfied.

Order from us if your dealer does not handle GIN PILLS. Sample box sent free on request. National Drug and Chemical Co., Dept. N., Toronto. 57



KEEPING UP-TO-DATE

I have had the privilege of spending much time during the last three months among the Highest Class Opticians of England, France and Germany. It is also my privilege now to be able to tell you that my method of examining the eyes and fitting glasses for the various defects of vision are quite on a par with the best. This together with 15 years experience, and having tested the eyes of thousands of people, enables me to offer you the best services. I have also the finest machinery for grinding compound lenses; any glass supplied at an hour's notice. Artificial Human Eyes Matched and Fitted.

R. H. TRAPNELL, EYE SIGHT SPECIALIST.

LOW PRICES FOR CHRISTMAS ANNUALS.

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BOVRIL.

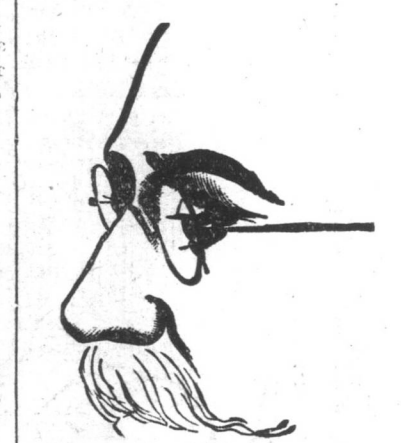
Report of the Feeding Experiments Made in the School of Physiology, Trinity College, Dublin:—

The preliminary announcement of the results of the experiments conducted at the request of the Local Government Board for Ireland during the past year, in the School of Physiology, Trinity College, Dublin, as to the nutritive value of Bovril, and communicated to the British Association at Sheffield ("Times" report, September 3), has created considerable interest amongst the Medical Profession.

In order to secure a decisive test, dogs were first brought to a constant weight on dried dog biscuit mixed with known quantities of water. Bovril—from 2½ to 7½ grammes—was then added to the food, with the result that the weight of the animals went up as much as 50 to 100 grammes, or, in round numbers, 10 to 20 times the weight of the Bovril given. In several of the experiments there was a retention of reserve nitrogen, and the animals fell back to the original weight. Compared with the effect of hard-boiled white of egg, it was found that from 8 to 10 times as much by weight of the latter had to be given to obtain the same increase in weight, or, taking the dried organic solids in the two foods, from 2½ to 4 times as much egg white had to be given to obtain the Bovril effect.

It was therefore concluded that Bovril had both a direct and an indirect nutritive value, the latter by causing a more complete digestion and absorption of the other food given.

T. J. EDENS, SOLE AGENT FOR Nfld.



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I have had the privilege of spending much time during the last three months among the Highest Class Opticians of England, France and Germany. It is also my privilege now to be able to tell you that my method of examining the eyes and fitting glasses for the various defects of vision are quite on a par with the best. This together with 15 years experience, and having tested the eyes of thousands of people, enables me to offer you the best services. I have also the finest machinery for grinding compound lenses; any glass supplied at an hour's notice. Artificial Human Eyes Matched and Fitted.

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