South Uist

(By Major R. Gillis, in Catholic Register.)

The Island of South Uist, one of the outer Hebrides, situated about 60 miles from the west coast of Scotland, has been for many generations a Catholic community of considerable importance. The people are noted for great hospitality and cheerful and happy dispositions, fond of all innocent amusements, a few of which are here given. At Christmas three Masses are said at midnight, one after the other. Most of the men bring their shinty clubs, even to the midnight Mass, and at dawn go—not home—but to the machar for shinty. Even old men put off their shoes for the game. For the Christmas dinner each household invariably kills a sheep, and have the best dinner of the whole year.

On New Year's Eve boys and young men go from house to house and have to say a piece of poetry before they are admitted, and before they sit down say, 'God bless all here," to which the oldest person in the room replies: "God bless you! God bless you;"

At Easter the children go from house to house gathering eggs, and then play amongst themselves. One strikes an egg against his opponent's and the winner will have which ever cracks. People rise early on Easter morning to see the sun rise, believing that it dances for joy.

Michaelmas is a great feast and holyday of obligation. Sports are held in the manchar, especially horse racing. In the evening there is a ball in every township. A special cake is made for each member of the family, and frequently cakes are sent to friends in Glasgow and other parts. St. Andrew's Day is the beginning of the shinty season, which affords endless amusement during the winter season, whilst the evenings are enlivened with song and story, the bagpipes and fiddle, several of which may still be seen in almost every cottage. Little wonder that Catholic Uist should be a happy home, where the ancient songs and ballads survive better than elsewhere.

Unfortunately, efforts have been made and are still being made in certain quarters, to curb the tendencies of the people for innocent amusement such as named, and strong efforts have been put forth to stamp out the old Gaelic poetry and customs. In some sections the people no longer dare to repeat the old tales to each other, though their minds are still strongly tempered by them. One instance may be related as a sample of cruel bigotry where one would expect better sense. A young girl was sent to Islay to attend the parish school in order to be taught arithmetic by the schoolmaster, a man from the mainland. She used to join in the Gaelic songs of the children and take part in their games, but as the schoolmaster, a narrow bigot, denounced Gaelic songs and Gaelic speech, they could only enjoy them out 'of school. One day," she says 'the schoolmaster heard us and called us back. He punished us till the blood was trickling down our fingers, although we were big girls with the dawn of womanhood upon us. The thought of that scene makes me thrill with indignation."

In ancient times when there were but three schools in the whole range of the Highlands, one of them was in Uist, the other two being one in Barra and, the other in Morar. Of course good schools are numerous enough all over Uist to-day, and have been for many years, and education is on a sound footing.

There are three Catholic missions in the Island, including Benbecula, one at Ardkenneth, in Ichor, erected in 1829. It is seated for 400 persons, but 800 persons may assist at Mass without Inconvenience. It has no gallery. The dwelling house is merely a continuation of the walls and roof of the church. The whole building measures 105 feet in length by 32½ feet in breadth. It can be seen at a great distance and has a very imposing appearance.

Killrans, or Cilli-Bhainan, dedicated to St. Bain, or Bhanan, is a thatched chapel and stands about three miles from Ardkenneth, erected about the year 1820 by Mr. Roderick McDonald, a Scion of the Clanranald family. It accommodates 200 persons.

Benbecula, to the north, had a thatched chapel which was built about 1790 by Roderick McDonald, cousin-german to the late Marshal McDonald, Duke of Terantum, which offered accommodation to about 400 persons. In its day it was considered a handsome building, but has become a complete ruin.

Balle-Mhainch (Monktown), where it stands, on the verge of the Atlantic, was in days gone by possessed by monks, of which some smsll traces are still to be seen.

When this old chapel became unfit for further service matters were in a very unsatisfactory condition. With a considerable congregation at a distance of six miles from Ardkenneth, the priest of which mission had to attend to them, always with inconvenience, and sometimes with danger, owing to a perilous ford, it was therefore proposed to form it into a separate mission and build a chapel and priest house.

The priest's house was finished in 1878, when the priest in charge appealed for funds to build a chapel.

It is interesting to watch the growth of these chapels; what a few generations ago was the pride of the priest and the people at Moydart, Braelochaber, and Kilvahar, is in these recent years looked upon, and justly so, as little worthy of the services of the Catholic church, and efforts are being made to replace them with the very picturesque chapels which now adorn so many of the Cathoiic parishes of the West Highlands of Scotland. At the same time there has also, of course, taken place a vast improvement in the homes of the people and in their manner of living.

The new church at Benbecula was finished in 1884, and the account of its opening ceremony is very interesting.

It was apparently a real Uist day, the rain falling in sheets yet no less than sixteen miles of road and water had to be traversed by the greater number of the company Little wonder that they had to encounter some difficulties, as the following extract from the records show.

"About 100 miles N. W. of Oban (the port for mails and passengers for the outer Isles) lies the Island of Benbecula separated from the Island of North and South Uist by tidal fords 3 and 1½ miles in breadth respectively. These together with Barra, Harris and Lewis, from what is locally known as the 'Long Islands.' They have always contained a large Catholic population who have carried down their faith through all persecutions to the present time.

"In Benbecula there are about 700 Catholics. Two years ago the priest in charge found it necessary to ask for subscriptions for a new church, the old one, of stone, being in a ruinous state. On 4th of August last a large steam yacht, chartered by Mr. Campbell, of Lochnell Bay, with the Bishop and a numerous party on board, left for Lochskippont, and from there drove to Benbecula, a distance of 14 miles. The next morning a large party came from South Uist in a downpour of rain.

"After some difficulties, necessitated by being compelled to take a longer route of 16 miles, the church was reached at 1 p. m. and Pontifical Mass sung. Many strangers and a large number of islanders were present. The islanders wers rejoiced beyond description at seeing ceremonies which had been unknown in the island for centuries, and in their enthusiasm they followed His Lordship and the visitors for a long way on their return journey."

MINARD'S LINIMENT USED BY PHYSICIANS

Aching Joints

In the fingers, toes, arms, and other parts of the body, are joints that are inflamed and swollen by rheumatism—that acid condition of the blood which affects the muscles also.

Sufferers dread to move, especially after sitting or lying long, and their condition is commonly worse in wet weather.

"I suffered dreadfully from rheumatism but have been completely cured by Hood's Sarsaparilla, for which I am deeply grateful." MISS FRANCES SMITH, Prescott, Ont.

"I had an attack of the grip which left me weak and helpless and suffering from rheumatism. I began taking Hood's Sarsaparilla and this medicine has entirely cured me. I have no hesitation in saying it saved my life." M. J. MCDONALD, Trenton, Ont.

Hood's Sarsaparilla

Removes the cause of rheumatism—no outward application can. Take it.

HEART PALPITATED

FAINT AND DIZZY SPELLS.

WOULD FALL DOWN IN FAINT.

Palpitation of the heart is very often accompanied by weak, faint and dizzy spells, and is generally caused by some sudden fright, or associated with conditions of a nervous breakdown, but whatever the cause, it is of considerable importance that the heart should be strengthened, and brought back to its regular beat.

Milburn's Heart and Nerve Pills are just the remedy to do this for you.

Mr. Henry Fawcett, Killam's Mills, N.B., writes:—"I have used Milburn's Heart and Nerve Pills for heart trouble. I was very weak and run down, my heart would palpitate, I would take faint and dizzy spells, and sometimes I would fall down in a faint. I started to take your pills and I must say they have done wonders for me. I will always speak a good word for your Heart and Nerve Pills."

Milburn's Heart and Nerve Pills are 50c. a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Uganda

Uganda is located in equatorial Africa, north and west of Lake Nyanza, and has an extent of thirty-four thousand square miles, and about five million people. The territory bordering on the lake is wooded and mountainous, farther north it becomes a plain, and in the east the vicinity of Rubaga, the capital, the land is undulating, fertile, and varied by deep, narrow valleys. The natives of Uganda, descendants of the Waganda and Bantu races, are intelligent, tall, well built, and have good features and dark, chocolate colored skins. They are brave and warlike, but have laws which are administered by chiefs and judges. They have some knowledge of arithmetic and are fond of music, the flute and a kind of harp being among their musical instruments. Their metal work is far superior to any seen among the neighboring tribes, and they excel in making pottery and baskets; also in the weaving of bark cloth. Tanning, dyeing, boat building, as well as the culture of coffee, sugar cane, maze and other grains, employ numbers of the people.

to the Faith; however, and when converted make excellent Catholics.

A SENSIBLE MERCHANT

Milburn's Sterling Headache Powders give women prompt relief from monthly pains, and have no bad after effects what ever. Be sure you get Milburn's Price 25 cents a box.

W. H. O. Wilkinson Streetford says:—"It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pill Price 25c. a box.

Minard's Liniment Co., Ltd.

Gent's—I have used your Minard's Liniment in my family and also in my stables for and consider it the best medicine obtainable.

Yours truly,
ALFRED ROCHAV,
Proprietor Roxton Pond Hotel and Livery Stables.

TOOK SEVERE COLD

SETTLED ON CHEST.

Bad Cough for Weeks.

The cold starts with a little running of the nose, the head becomes stuffed up, but little attention is paid to it, thinking perhaps it will go away in a day or two.

You neglect it, and then it gets down into the throat and from there to the lungs, and it is a case of cough, cough, morning, noon and night.

However slight a cold you have you should never neglect it. In all possibility, if you do not treat it in time, it will develop into bronchitis, pneumonia, or some other serious throat or lung trouble.

Dr. Wood's Norway Pine Syrup is a universal remedy for those who suffer from any bronchial trouble. It stimulates the weakened bronchial organs, soothes and heals the irritated parts, loosens the phlegm and mucous, and aids nature to clear away the morbid accumulations.

Mrs. Wm. Kaye, Talmage, Sask., writes:—"Last winter I took a severe cold which settled on my chest. I had a bad cough for weeks. I got some medicine from our doctor but it did me no good. At last a friend advised me to try Dr. Wood's Norway Pine Syrup, which I did, and after using one bottle I found that my cold was better. I have recommended it to my neighbors, and they say they would not be without it."

Dr. Wood's Norway Pine Syrup is for sale by all dealers. Price 25c. and 50c. a bottle.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

BUILD UP

in spring and summer, it's the natural time to store up health and vitality for the year.

Scott's Emulsion

is Nature's best and quickest help. All Druggists

CANADIAN NATIONAL RAILWAYS

Change of Time—P. E. I. District

Commencing Monday, June 2' 1919, trains will run as follows

WEST—Daily, except Sunday, leave Charlottetown 6.15 a. m., arrive Borden 8.35 a. m.; returning leave Borden 9.00 p. m., arrive Summerside 11.00 p. m., Charlottetown 11.20 p. m.

Daily, except Sunday, leave Charlottetown 12.50 p. m., arrive Borden 4.00 p.m.; returning leave Borden 4.15 p. m., arrive Charlottetown 7.05 p. m.

Daily, except Sunday, leave Charlottetown 3.30 p. m., arrive Emerald Junction 5.05, connect with train from Borden, arrive Summerside 6.05 p. m., Tignish 9.35 p. m.

Daily, except Sunday, leave Charlottetown 4.30 p. m., arrive Emerald Junction 7.10 p.m., leave Emerald Junction 10.00 p. m., on arrival of train from Borden; arrive Summerside 11.00 p. m.

Daily, except Sunday, leave Tignish 5.15 a. m., arrive Summerside 10.30 a. m, leave Summerside 11.20 a. m., arrive Charlottetown 1.40 p. m.

Daily, except Sunday, leave Tignish 9.30 a. m., arrive Summerside 12.35 p. m., leave Summerside 1.30 p.m., arrive Emerald Junction 2.55 p. m., Borden 4.00 p. m., connecting with second trip of Car Ferry for Mainland points.

Daily, except Sunday, leave Summerside 6.45 a. m., arrive Emerald Junction 7.45 a. m., connect with train for Borden and arrive Charlottetown 10.35 a. m.

Daily, except Sunday, leave Bordea 6.40 a. m., arrive Emerald 7.40 a. m., Summerside 9.20 a.m., Tignish 4.30 p .m.

Daily except Sunday leave Borden 4.15 p. m. arrive Summerside 6.05 p. m. Tignish 9.35 p. m.

Daily except Sunday leave Emerald 5.20 p. m. arrive Borden 6.20 p. m.

EAST—Daily, except Sunday eave Ch'town 6.50 a. m. arrive Mt. Stewart 8.45 a. m. Georgetown 11.30 a. m. Souris 11.25 a. m. returning leave Souris 1.15 p. m. Georgetown 1.00 p. m. Mt. Stewart 4. 15 p. m. arrive Charlottetown 4.50 p. m.

Daily except Sunday leave Elmira 5.53 a. m. Souris 6.55 a. m. Georgetown 6.45 a. m. Mt. Stewart 8.45 a. m. arrive Charlottetown 10.00 a. m. returning leave Charlottetown 3.05 p. m. arrive Mt. Stewart 4.15 p. m. Georgetown 6.00 p. m. Souris 6.05 p. m. Elmira 7.20 p.m.

SOUTH.—Daily except Saturday and Sunday leave Murray Harbor 6.45 a. m. arrive Charlottetown 10.40 a. m. returning leave Charlottetown 3.30 p. m. arrive Murray Harbor 7.25 p. m.

Saturday only leave Murray Harbor 7.20 a. m. arrive Ch'town 10.05 a. m. returning leave Charlottetown 4.00 p. m. arrive Murray Harbor 6.45 p. m.

See regular advertisement in Monday's papers.

District Passenger Agent's Office,
Charlottetown, P. E. I.
May 28, 1919—2i

Tenders For Coal

Charlottetown, Summerside and Georgetown
Also Hospital for Insane

SEALED TENDERS will be received at this office until noon on

Friday, June 6th, 1919

from any person or persons willing to contract to supply the Provincial Building, Law Courts, Prince of Wales College, Hospital for the Insane and Provincial Infirmary, Queens County Jail, Georgetown Court House and Jail, Summerside Court House and Jail and Ferry Steamer Hillsboro with coal; coal for for ferry Steamer Hillsboro to be delivered at Ferry Wharf, coal for Hospital for the Insane and Provincial Infirmary to be delivered at Falconwood Wharf and for the other buildings to be delivered in their respective vaults at the cost of the contractor by the first of September, next.

Weigh scales to be approved of by the Department.

Full particulars as to the quality and quantity for each building may be had at this office.

The names of two responsible persons willing to become bound for the faithful performante of the contract must accompany each tender.

The Department does not bind itself to accept the lowest or any tender.

Tenders to be addressed to the undersigned and marked "Tenders for Coal."

L. B. McMILLAN
Secretary of Public Work
Department of Public Works.
Charlottetown, P. E. I.
May 28, 1919—2i

Carters Seeds Grow

And Are THE BEST

.. That Grow ..

No. 1 Clover Seed
No. 1 Timothy Seed
Choice Seed Wheat
Seed Barley, Seed Oats
Field Peas, Fodder Corn
Vetches, Buckwheat, Flower and Vegetable Seeds

Buy CARTERS Seeds and you will make no mistake

Carter & Co., Ltd

CHARLOTTETOWN

Seedsmen to the People of P.E.I.

HERRING. HERRING

We have some good Herring in stock, by Pail, Dozen and Half Barrel.

If you desire a Half Barrel mail us $6.25 and add Fifty Cents extra for freight if you do not receive your freight at a Booking Station. If Herring are not satisfactory return at once and your money will be refunded. Address

R. F. MADDIGAN

CHARLOTTETOWN

Footwear
—FOR—
SPRING and SUMMER

Our new Stock is here, ready for your inspection. Many new lines this year, showing the styles that are worn in larger cities.

WOMEN'S BROWN BOOTS, high tops wit leather or rubber isoles.....$5.95 and up

BLACK HIGH TOP BOOTS, same as above, made on hig or low heels.....$4.95 and up

GREY KID BOOTS, newest styles.....$7.25

MEN'S BOOTS

This year we have many special lines in Brown and Blacks.

Browns—$6.50, 7.00, 9.50 | Blacks—$3.75 to $8.50

MISSES', BOYS' AND CHILDREN'S SHOES—We sell the Amherst, Crosby and Classic Lines—the best in Canada

We Prepay all Mail Orders

—TRY US—

ALLEY & CO. Ltd

135 QUEEN STREET.

Live Stock Breeders

List of Pure Bred Live Stock for Sale.

NAME	ADDRESS	BREED	AGE
Geo. Annear	Montague	Ayrshire bull calves	(3 yrs, 8 mos
Wm. Aitken	Lower Montague	Ayrshire Bulls	(3 yrs, 6 mos)
M. McManus	New Haven	Shorthorn Bull	(5 years)
W. F. Weeks	Fredericton	" "	(2 years)
David Reid	Victoria Cross	" "	(2 years)
Ramsay Auld	West Covehead	" " calf	
Frank Halliday	Eldon	6 Yorkshire Pigs	(5 weeks
Ramsay Auld	West Covehead	Yorkshire Hog	(2 years)
J.A.E.McDonald	Little Pond	Duroc Jersey Boar	(2 years)
		5 " Sows	(4 weeks)

DEPARTMENT OF AGRICULTURE

Your Soldier Boy Wants

HICKEY'S TWIST

No matter where he is, or what other tobacco he can get, the Island soldier who chews tobacco is never satisfied with anything but HICKEY'S TWIST.

In hundreds of letters from the boys in Flanders, France England and the training camps, they ask for HICKEY'S TWIST—and the 105th took along 20,000 figs with them

end your soldier boy a pound of HICKEY'S with the next parcel.

Hickey & Nicholson, Ltd

CHARLOTTETOWN

.. Canadian National Railways ..

OPERATING ONE HOUR EARLIER

Important Daylight Saving Change of Time at 2 a.m. Sunday, March 30, 1919

All clocks and watches used in operation of Canadian National Railway will at 2 a. m. Sunday, March 30th, be advanced one hour. To prevent serious confusion and inconvenience to the public the attention of all concerned ia directed to the following conditions resulting from the important change of time:

If cities, towns, villages and other municipal bodies do not change their local time to correspond with the new Railway time, all concerned should keep in mind that while trains continue to leave Railway Stations on present schedule, such schedule will be operated one hour ahead of present local time. Therefore any municipality where local time is not changed to correspond with the new Railway time, passengers must reach Railway Station ONE HOUR EARLIER than shown in current folders and public time posters.

Where municipal time is changed to correspond with the new Railway time, passengers will not experience difficulty growing out of the change.

April 2, 1919

Furs. Furs. Furs

—SHIP TO US DIRECT—
THE TOP MARKET PRICE PAID
AND EQUITABLE GRADING MADE
—NO DELAYS AT ANY POINT—

We are registered with and recognized by the United States War Trade Board and all of the Collectors for Customs under licence P. B. F. 30, and you can send your furs to us direct by our tag or any tag, changed to suit, is marked "Furs of Canadian Origin," and your furs will come right through.

FAIR GRADING

The rules and ethics of the exchange do not permit of sending out alluring price lists, yet we give you an exact and expert grading and pay you at a rate of five to twenty-five cents more on the dollar than the average advertising fur company, as we cut out all middleman's profit in dealing direct with you.

St. Louis Fur Exchange

7th & Chestnut, St. Louis, Mo, U.S.A.

March 12, 1919—3i

.. Announcement ..

For the information of our many patrons, in both town and country, we deem it necessary to announce that the Coal Business, successfully carried on in the past by the ltae Mr. Charles Lyons, will be continued by the Estate, under the old firm name of C. Lyons & Co.

By maintaining a high standard of service and by courteous and honest treatment of the public, this firm has, for a period of more than a quarter of a century, enjoyed a large and ever-increasing patronage; and in announcing our intention of "earrying on," we desire, most earnestiy, to give expression to our appreciation thereof. We are deeply grateful to the firm's many patrons for their constant manifestation of confidence in it in the past, and we assure them that if they favor us with a similar evidence of their good-will in future there shall be no economy of effort on our part to make our intercourse both pleasant and profitable to them.

As we possess almost unlimited facilities for supplying the coal trade, and as we are desrious o extending our already large business, we respectfully invite the patronage of new customers; and if we succeed in thus increasing our present connection, we guarantee that we shall be indefatigable in our endeavor to justify the confidence of our new friends.

We again thank our patrons for their past generous patronage, and respectfully solicit a renewal of their esteemed custom.

C. LYONS & CO.

Queen Street - Charlottetown, P.E.I.

March 19 1919