



Grain Growers' Sunshine Guild

Conducted by Margaret

Head Office:—GRAIN GROWERS' GUIDE, WINNIPEG

Telephone—Sherbrooke 870

OBJECTS

To feed and clothe some hungry child.
To gratify the wish of some invalid.
To maintain the Girl's Home, 674 Hargrave St.
To maintain the Fresh Air Home for at least three months during the summer.

S. G. Badger 30c
S. G. Penland 30c
S. G. Butts 30c

MOTTO

TREMENDOUS TRIFLES

Into a damp and dismal cell
A little sunshine shone,
Left warmth and brightness where it fell
Upon the cold grey stone.

Into a dark and dreary life
A little friendship came,
Giving fresh courage for the strife
Of the world's work or blame.

Into a cold and cruel heart
A thought of kindness crept,
Remained and so fulfilled its part—
Ere before it swept.

A little sunshine, thought, we send
Seen trifles light as air,
But ministered to those in need
Ere angel forms they wear.

MARGARET'S MESSAGE

To help some one weaker than ourselves
To make home happiness last. To scatter the
seed of love on friends and foes. Oh, I know it
is not always easy to practice to forget our own
burden, to help along the discouraged, and
harder still to help the fallen and show them the
pure loving helpfulness that is essential to start
them on the narrow path again. Don't mean to
do a kind act, to write a letter, or send a message
of forgiveness. To sing that song that will cheer
and lighten the lonely ones.

'Tis the song we sing
And the joy that brings
To the sorrowing and distressed
That brighten our way
The live long day
And at eve-time gives rest.

When Sunshiners are sending of parcels by
mail please see that full postage is paid. We
have to pay double on all overseas postage
and it frequently runs up to 30 cents a day.
Please see that you put enough stamps on your
parcels.

MARGARET.

PUTTING-OFF

Off all sins, surely that of "putting-off" is the
most common. It is the lament of most folk when
they reach the end of life's journey that so many
things have been left undone. Because a task is
unwelcome, we are inclined to leave it until the
morrow, forgetting that it will be no more welcome
or congenial then. It is only when they are done
and left behind us, that we find there is a sweetness
to be tasted afterwards, and that the remembrance
of unaccomplished duties unobtrusively done is welcome
and pleasant. If we have a task to perform, let us
get it done. It is no know, post and in need, let
us render immediately what assistance we can.
To hesitate, to put it off, is a deliberate sin which
will cause us much unhappiness and regret in
days to come.

Maybe, my sisters, there are many difficulties
in the path of duty. There generally are. But
we must overcome them. Our Heavenly Father
will give us the victory if we will only rely on Him
for strength. Through shirking duty, we are
hindering God's purposes, and storing up un-
happiness for ourselves in days to come. But by
performing the unwelcome tasks which bear our
lives we are fulfilling our Father's Will, and winning
His approval.

A CREED

"To be earnest; to be strong;
To make light the way with song;
To be eager, quick to praise;
Walking steadfast through the days;
Firm of purpose, sure of soul,
Pressing onward to the goal,
Upright, even, undimmed,
Sure, serene, and unafraid.

To be patient; to be kind;
To be purposeful, and firm;
Sweetness all along the way,
Loath to judge, but firm to say
Truth with unrelenting tongue;
By temptation never swung
From the right; and to endure
Hopeful, helpful, clean, and pure.

To be gentle; to be forgiving;
True to life, and glad to give;
To be watchful, and to be
Rich with boundless charity;
To be humble in success;
Strong of heart in bitterness;
Tender, gracious, thoughtful, good,
In our man-and-womanhood.

To be smiling; to be glad
For the yesterday we've had
To be grateful all the way,
For the beauties of to-day;
To be hopeful, as to see days
In the days that are to be
Bigger, better, braver things,
Robes of purple, crowns of kings."

SUNSHINE MILESTONE

Another "milestone" has been reached in the
opening of the "Cafeteria", at 674 Hargrave St.
To help the working woman and girl in the real
and true cashmere way. I have always felt could
best be done by providing a good, warm meal
within their limited means. This will be the
end of the "Cafeteria". The home has
proved of great benefit to many during the past
three months and many a helping hand has been

given to our less fortunate sisters which I hope
will bring blessing on all concerned in this wonder-
ful work.

You lent a hand to a weaker one
It saved a soul and won a heart for heaven
And for the help you proffered there
You'll reap a crown sometime. "Somewhere."

Speaking of the Sunshine work always brings
me back to thought of the loving hearts who read
my page and my own heart goes out in love and
gratitude to my loving circle, and the dear
people whose wonderful thoughtfulness and
prompt kindness have helped better than we know.

A LETTER MEANS SO MUCH

I wonder if you, my readers, realize the happiness
your letters bring into my life, for I realize when I
read them what good and the friend is coming.

I dropped a sympathetic word,
Not stopped to watch it grow,
For little friend's needed
When the seed is good we sow.

But once I met the girl again
And by the gladness way,
She took my hand—I knew I sowed
The best of seeds that day.

Yours lovingly,
In Sunshine, or Sile,
—MARGARET—

SUNSHINE VISITOR

A very happy little girl, Dorothy Ryan of
Rosser, Man., came in to see "Margaret" yesterday
and brought one dollar she had saved from her



Two Sunshine babies ready to be sent
to new homes

pocket money. Some of this money she had
earned because she was a good girl, under trying
circumstances, and Margaret felt quite proud of
her dear little Sunshine child.

CONCERNING THE HOME

Though the sun of charity rise at home it should
always set abroad.

There is always good company at home where
wisdom, truth and love prevail.

Home happiness is a matter of spirit, not of
wealth.

To be in her own place, wherever that may be, a
beautiful home-maker is the loftiest ambition a
woman can have.

The one indispensable quality in a home is
happiness. Every home, no matter how beautiful,
which misses that is a failure, but no home life
can be wholly a failure if it is happy.

To make a home brighter and better by a sweet
influence for good, to set some hearts beating
quicker for sheer joy, is the greatest privilege a
woman can have.

MANITOBA

Jessie Stark, Ninette, Man.—Hearty welcome to
our circle. I am sure that your branch will
do good work. Write often and tell what you are
doing in the meetings.

Johnnie Ferrie, Treherne, Man.—Glad to see
the boys are waking up. I am sending button and
membership cards.

Mrs. S. J. Fallow, Foxwarren, Man.—Many
thanks for your letter and kind offer of help. The
organization is to help all those who cannot help
themselves and to scatter the sunshine of happiness
everywhere, in fact to make the world a little
better as we go.

The first duty of the Sunshiner is to find some
means of performing a kind act, however small.
Every day. Now, little girls of thirteen and
fourteen are earning \$15.00 per month in the city
and it is very hard to induce them to go into the
country. I will do my best and write to you
in a few days.

Mrs. F. E. Emerson, Lena, Man.—I have a baby
girl six weeks old and would like to have your
references (written ones) at an early date.

Norman Turnbull, Man.—Many thanks for
money for buttons and Sunshine fund. Write
again.

Joe Scarth, Bismarck, Man.—Glad to have your
dear little letter. I am sending button and
membership card. Many thanks to your brother
for helping you.

Flores Young, Beresford, Man.—Hearty welcome
to Alice, Jessie, Hazel and Kathleen Scott, also to
Flores Young. You can form a very nice branch
of Sunshiners I feel sure. Won't you try?

A. J. Winnipeg, R. M. Dr. No. 5.—Will you

kindly write address plainly and I will forward
you etc.

Mrs. R. D. Van Alstine—I will try to comply
with your request. Please send addresses as
this season time. Yes, it would be necessary to
pay less, etc.

SASKATCHEWAN

W. Smale, Rosetown, Sask.—Many thanks for
your sweet letter. As you say the weather has
been dreadful, and I am sorry it affects your
mother so badly. It is very and for you both that
she is so, though I know she has a great comfort
in you. There was no need to ask me to enclose
the writing and I will send the pen, while
you may be sure I shall often think of you. Per-
haps these verses will help you. It takes so little
to be really cheerful.

As soon as Mother, Sask.—Chasing is often
troublesome in young children. It is usually
brought on by friction of the folds of the skin, one
on another. It is especially liable to occur when
the folds have not been properly dried. The
parts should be well washed with warm water and
a mild soap, and then dried, as thoroughly as
possible by dabbing (very important) with a dry,
warm towel, (never rub the parts as this increases
inflammation) and then dust into the folds with
talcum powder or a powder made up of equal parts
of powdered starch and powdered oxide of zinc.
Sift thoroughly together. If the skin has become
broken, it should be treated with boric ointment
after washing with warm water. It is
no trouble to answer your letter, as I dearly love
babies. You need not be afraid to write again
at any time. Send baby's name and I will
enclose him in a little card.

Back—Many thanks for dollar. Won't you
write and send your name? I have many babies
friends in the Sunshine work.

Trudie, Rosetown, Sask.—Hearty wel-
come to our guild. Will send button and member-
ship card. Write often.

John Fraser, Rosetown, Sask.—Glad to hear
from you. I am sending buttons and card. Try
to get your school friends interested in Sunshine.

ALBERTA

Edna and Isabel Edson, Lashburn, Alta.—I
must reply to you two together to thank you for
the very pretty cards and to say how glad I am
to receive your glowing accounts of your happiness.
Yes it is a great pity that the children are not
taught to amuse themselves with simple toys or
with simple games of paper. As you say it is given
to every child which spells ruin in later life.
I am passionately devoted to children but agree
with you that the child must be controlled from
birth. Now I will close with love and thanks
for your brave letters.

Glory, Lloydminster, Alta.—I am glad you are
pleased with the letters in Guild paper—and thank
you more than I can say for all your kind thoughts
and wishes for myself. Yes, I received quite a
number of post cards and personal gifts from my
little circle. You are evidently a home girl and
also it is plain to see mother's right hand in all
management of the house. You must have a
great deal to do and need all your tact and patience
in the home. I have heard the lesson of cheer.

G. Wright, Gleichen, Alberta.—What a splendid
time you had in London; though of course you
could not see much in so short a time. All con-
gratulations on your twenty-first birthday. Your
presentations were very nice indeed. Many thanks for
all thoughts of me and kind remembrances to your
dear mother.

Katrine Dayland, Alberta.—My dear girl, I
remember you quite well and have often wondered
why you did not write. Your letter came as a
delightful surprise and I was glad to discover that
your silence had only arisen because you put off
writing from time to time and not from any
serious reason. Don't keep me waiting six months
for your next letter, though, indeed, I was not tired
of this letter of yours, it came when I was tired, I
confess it, and had a "touch of the blues" and as I
read it I was cheered. It reminded me of many
friends I have made—some of whom I have
been able to help—and who are real friends to me
though we have never met. We all have our dark
days, and when they come why, we must just
think of other folks and cheer up for their sake.
You have brightened my outlook, I wonder if next
time the "sunny" comes to you, you will try and
let me brighten yours.

EMERGENCY FUND

Amount previously acknowledged \$15.00
Mrs. W. E. Edwards 5.00
Dorothy Ryan, Rosser 1.00

BLIND CHILDREN IN MANITOBA

Mr. Black, Greysville, Man.—Received but
it contained 40 cents, for which many thanks. In
answer to your query re blind children—while
there is nothing definite being done I am still
interested everybody possible in the blind
children. We have over thirty children in Mani-
toba totally blind. The surgery for the blind
babies is real generally at present. I was dread-
ful to think of these poor darlings left to
"poke" their eyes out, as that is exactly what
happens if you or your branch wouldn't like to
play and use their hands. I would be glad to send
a letter from my address of the blind girl
mentioned some time ago. Harold Green has
sent a very good report, having gained excellent
in six subjects and also doing his share at the cer-
tificate. Please tell me of Herb's health and report
his quarters. The opportunity may come sooner
than we expect to have a home for the care of the
blind and you cannot write too often or make
too much stir at the present time.

FROM AN INVALID

Dear Margaret—I am an invalid girl trying to
make a little money selling post-cards. And I
wonder if you or your branch wouldn't like to
help me with an order. I would be very grateful
if you could buy a few. I know many branches
send out hundreds of post-cards to the shut-ins
and four-cent cards, and if some of those
cards which are sent out could be purchased
for me, you see it would mean double Sunshine. My
cards are mentioned in the October Bulletin.
The price is 10 cents a dozen, post-paid, or \$1.50
per hundred, postage 8 cents extra. I hope that
you or some of your friends may wish to send me
an order. I will enclose a sample card. (I also

have Epworth League cards similar in style, and
holiday cards at the same price.) If you do not
care to order any cards, perhaps, if you have a
Sunshine column in some paper, you would
mention them, and thus help me to obtain a few
orders.

MISS R. F. KNAPP.

Cassiova, N. Y., U.S.A.
The sample card is very lovely and if any
reader would like to send an order I would be glad
to forward to Miss R. F. Knapp. The verse on
card is as follows:—

A cheery Sunshine greeting
Taken of Friendship true
I'm sending with good wishes
And a hearty "God bless you."

Please Note.—All parcels and letters to be
addressed to "Margaret, Grain Growers' Guide,
674 Sherbrooke St., Winnipeg. Checks, money,
etc., to Mr. W. H. Quinn, assistant treasurer.

EVERY CHILD SHOULD JOIN THE SUNSHINE GUILD

Sign the form below
Dear Margaret—I should like to become a
member of your Sunshine Guild. Please send
membership card. I enclose two cent stamp for
its postage.

Name
Age
Address

PROFESSIONAL AND AMATEUR

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