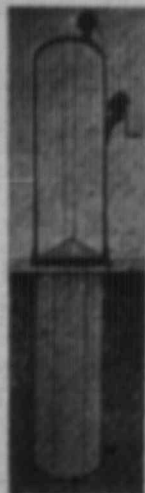


THE ACORN ICELESS REFRIGERATOR



Consists of a cylinder 14 or 16 inches across by eight or ten feet long (eight feet being the standard size) in which the carrier is raised or lowered by a cogged drum, which a child can operate. The carrier containing the shelves is four feet long. It has an automatic locking device which makes it impossible for the carrier to fall into the cylinder. The illustrations give you a very good idea of the construction.

This refrigerator is invaluable to farmers and dwellers in small towns where ice is not procurable, and will give you a lifetime of service.

They are placed in the ground or in the well with equally good results. Cut a hole in your kitchen or pantry floor, and sink the tube into the ground, or build platform outside and sink tube in ground. For such perishable goods as milk, cream and butter it is better than an Ice Refrigerator as the temperature of the ground or well is always the same.

The Cylinder

is covered by a bug and dust-proof top which opens and closes automatically. The shelves in the carrier are removable, making them easy to clean; also allowing them to be spaced any desired distance apart to accommodate all kinds of vessels. It is impossible for the odors of food to taint the water or the food to be spilled into the well. It is also impossible for the moisture of the well to injure the contents of the refrigerator as the cylinder in which carrier travels is water-tight.

Write today for prices and further information to

**The Metal Shingle and Siding
Company of Manitoba Limited**

WINNIPEG, MAN. SASKATOON
CALGARY



Yesterday He Was At Work---

Last night he was on the operating table; today he is passing through the "valley of the shadow".

Most serious illnesses—appendicitis, typhoid, pneumonia—are sudden.

But why go on?

Would you suffer mental as well as physical anguish if tonight you had to face the surgeon's knife?

Would there be back in your mind the drumming thought that if you failed to "come through" your wife and family would be on the verge of want?

Think it over. Then—if you feel your family is not adequately protected—if you have not made ample provision for your own old age—ask us to send you our booklet "The Creation of an Estate".

**THE IMPERIAL LIFE
Assurance Company of Canada**
HEAD OFFICE • TORONTO

Branches and Agents in all important centres



WHEN WRITING TO ADVERTISERS PLEASE MENTION THE GUIDE

Camp Fire at Gimli

Another year has come, so full of tragic events in many homes. There are poor mothers and little children in Winnipeg who know something of the pinch of poverty. They are hoping and waiting patiently for an outing at Gimli, and we cannot and dare not tell them that they cannot go because we are short of funds, and provisions are not forthcoming to serve the camp.

Last year the camp opened on June 11 and closed on August 29, and during that time, there were seven parties of mothers, and babies, and boys and girls comprising 1,180. These were of various nationalities and represented several public institutions and church organizations. In this blessed work there is no distinction made of religious creed or nationality, and the only qualification is the need for ten days rest to ensure health and a little bit of recreation. The volunteer workers came from various religions, denominations, and they are so willing to help, that their services are a benediction to all.

While the far-away look is upon us, and we are thinking of the days of sunshine at Gimli, let us tie off to the swimming bath where the youngsters are having a good scrubbing under the care of the deaconesses and their help-



A Good Morning's Catch

ers. The doctor is making a medical examination, and there are peals of laughter over the simple and necessary operation. Then hurry up to the railway station and go along with the merry crowd that bids farewell to the city for ten days. At the destination there is the bus for the mothers and babies, but the boys and girls are off on scampers for a mile or more, down to the camp.

The gentle care of the ladies, and the genial touch of sympathy smoothes the wrinkles of care-worn mothers. The fresh milk and eggs and the pure air, gives color to the cheeks of delicate children. The quiet restfulness under the trees, with a companion or two gives new life and zest to many tired women.

While the camp fires are burning and the denizens are hungry, we must send on money and provisions to fill the huge cauldrons, and these should be sent to Miss A. M. Moffatt, Deaconess Home, 85 George Street, Winnipeg. After June 18 Miss Moffatt's address will be Methodist Fresh Air Camp, Gimli, Man.—Rev. John McLean, D.D.

Eat More Fish

Efforts have been made throughout Canada to produce and market more fish. This country has fish resources, which have been exploited commercially for the export trade, but only in the big cities have fresh fish been available regularly to private consumers. On the Pacific Coast and the Atlantic coast, on the lakes of the West, on the lakes of Northern Ontario and the Great Lakes, fishermen will procure fish if the demand for it becomes regular and constant. Eat more fish and save meat for the men at the front.

The following productions, in which sugar is the principal constituent, are now prohibited of manufacture: French or puff pastry; doughnuts or crullers, Scotch shortbread; cakes; macaroons or like products, with more than 50 per cent. cane sugar; marshmallow with more than 33 1-3 per cent. sugar; cakes or biscuits iced or filled with sugar products. A fine of from \$100 to 1,000, or imprisonment up to three months, or both, are the penalties for the infraction of these sugar regulations, fines to be paid to the municipal or provincial authorities, whichever may institute the proceedings. Excess holdings are liable to seizure after May 15th.

Deafness



Perfect hearing is now being restored in every instance of deafness or defective hearing from causes such as Catarrh, Deafness, Relaxed or Broken Drums, Thickened Drums, Ringing and Whining Sounds, Presbycusis, Stiff or Partially Destroyed Drums, Discharge from Ears, etc.

Wilson Common-Sense Ear Drums
"Little Wireless Phones for the Ears" require no medicine but effectively replace what is lacking or defective in the natural ear drums. They are simple devices, which the wearer easily fits into the ear where they are invisible, feel safe and comfortable. Write today for our 100 page FREE book on DEAFNESS, giving you full particulars and testimonials.
WILSON EAR DRUM CO., Incorporated
1008 Southern Bldg. LOUISVILLE, KY.



Freedom from Sore Feet, Blisters, Corns

These come to you because you wear ordinary boots when working around the farm, in the soft earth and mud of the field and the barn yard—boots that do not give ease and comfort—which let the water in, and which, every time they are wet, grow hard and crack when drying.

No man should be more careful about his footwear than the farmer. He must do his chores in all kinds of weather, and when working in the fields is on his feet, walking over uneven ground, from daylight almost till dark. PALMER-McLELLAN Chrome-oil Farm Boots are made specially to give comfort and long wear—they are for rough or fine weather, and rough or fine usage. Cut in semi-moccasin style to insure greatest freedom of action and utmost comfort—built on right and left lasts and with solid heels and soles and counters, so that they are neat on the feet and give greatest support. The leather in them is tanned by our famous Chrome-oil process which makes it very soft, and which acts on the shoe that no matter how much wet, heat or cold the boots are subjected to, they will never dry up, shrivel or crack. Perfectly made in every way—these boots will give you no end of satisfaction and prove to be most economical. We make them for boys as well as men. Mailed direct at the following prices:—

Men's 6-inch high, \$4.75; 9-inch high, \$5.25.
Boys' 6-inch high, \$3.75; 9-inch high, \$4.00.
Men's fitted with Tap Sole, 75 cents extra;
boys' 60 cents extra.

Waterproof paste, per tin 15¢ extra.
Palmer-McLeellan Shoepeg Co., Limited,
Frederickton, N. B.

CATER'S WOOD PUMPS



Will stand more frost, pump easier, last longer, cost less, in Wells not more than 40 feet deep, than any pump made. For Deep Wells get Cater's Fig. 730. "So easy to put in and so easy to repair." A full line of Gasoline Engines, Windmills, Water Tanks, etc., kept in stock. Write for Catalogue G. Address:
H. CATER,
Dept. O.
BRANDON, MAN.

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