

feeling which makes five minutes seem like so many years, the same sense of helplessness and the same lonesomeness as the damned themselves. And these sufferings are being endured day and night, year in and year out, just as truly as Europe is just now undergoing the horrors of war. No doubt the war occupies a great part of your thoughts. Now, when on going to bed, you think of the soldiers asleep in the trenches, think also of the Holy Souls in their fiery beds. When, on awakening, you think of the men who will greet the rising sun for the last time, think also of the souls who are entering on another twenty four hours of frightful suffering which may seem to them to be so many years. With regard to the victims of the war you do not stop at an occasional thought, you would like to assist them, you even do something by contributing to the funds collected for the families of the men who have gone to the front. You should be so disposed towards and do as much and more for the souls in Purgatory. The means of assisting them are at your disposal—the Mass, Holy Communion, prayer, especially the Rosary, the Sacramentals, alms-deeds and others. Use these means as frequently during this month and for the rest of your life as you would use some power of effectively aiding the victims of the great war. Pray particularly for the soul of the late Pope, Pius X; and should he be already the companion of the angels, as many think, your prayers will add to his glory.

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