

## NEW GOAL OIL LIGHT BEATS ELECTRIC OR GASOLINE

**10 Days FREE—Send No Money**

We don't ask you to pay us a cent until you have used this wonderful modern light in your own home for ten days, you may return it at our expense if not perfectly satisfied. We want you to prove for yourself that it gives five to fifteen times as much light as the ordinary oil lamp, beats electric, gasoline or acetone. Light and heat out just like the old oil lamp.

**BURNS 10 HOURS ON 1 GALLON OIL**

Give us powerful white light, burns common coal oil (kerosene), in either, matches the gas, simple, clean, won't explode. Guaranteed.

**\$1000.00 Reward**

Will be given to the person who shows us an oil lamp equal to this **Aladdin** in every way (date, rate of oil given in our circuit). **Must** we make such a challenge to the world? It is the slightest doubt as to the merits of the **Aladdin**. We want one person in each locality to whom we can refer customers. Write quick for our 10 Day **Aladdin** Free Trial Program, Agents Wholesale Price, and learn how to get **ONE FREE**.

**MANTLE LAMP CO., 725 Bldg., Montreal & Winnipeg**

### Some Favorite Recipes

Alice A. Ferguson, York Co., Ont.

Here is a delightful way to can grapes, and can be used to good advantage in place of raw fruit for breakfast:

Pick grapes off stems, wash and pack into jars. Make a good syrup consisting of one teaspoon of sugar to one pint of fruit. A little less sugar will do. Seal the jars, then place in boiler or large kettle with lukewarm water up to the shoulder of the jar. Leave to simmer, bringing to the boiling point for about 15 or 20 minutes. Remove, and tighten tops.

The grapes will remain whole, the skins tender, and the seeds readily separate from the pulp. The juice is a very superior grape juice.

A favorite canning recipe for vegetables with our Women's Institute, and for one that I am frequently asked for from outsiders, is the following:

Eight cups of cut beans, peas or corn; two cups boiling water; one cup granulated sugar; one-quarter cup salt. Boil for 20 minutes. Seal in glass jars (pints preferable). Should the amount of liquid seem too small, add more water. Jars should be well filled with liquid to the edge. As an added precaution, place the jars in boiler or kettle with cold or lukewarm water to the shoulder, and bring to the boiling point. Boil only a few minutes. After securing that the tops are secure, place jars in cellar, turned upside down. Any reader who tries this recipe will be thankful for these canned vegetables later on.

### Bath or Binder

Mrs. F. McCann, Oxford Co., Ont.

In numerous up-to-date farm homes to day we find fully equipped bathrooms. In many many more we do not. Upon investigation we find in the majority of cases that the excuse is lack of the wherewithal to do such a convenience. This I believe is due to the fact that many consider a bathroom a luxury rather than a necessity.

It is a well-known fact that many a housewife will forego conveniences for herself in order that her husband may secure some new machinery or improve his buildings so that he is enabled to make more money for his family and himself. I believe that so long as the wife does not make her wants known she will certainly not have the improvements she desires. This is not because men are hard-hearted or selfish. If their wives appear contented they thoughtlessly allow the home to remain in the same old way from year to year, while they are continually adding to the bank account.

**HEALTH ALL-IMPORTANT**

A comfortable bank account is a very satisfactory factor, but it seems to me that the conservation of health is of much more importance to every one than an ever-increasing pile of "the gold that glitters."

A farmer may need a new binder, a new corn cultivator or perhaps a new cow-barn. He is one of the farmers who has no bathroom in the home. Would it not be far better for him to do with the old machine or old building for another year and install a bathroom that would be of advantage to every member of the household every day of the year?

My advice to the housewife without a bathroom in the home is, to talk the matter over carefully with "the good man" and nine chances out of 10 the convenience that heretofore has been considered an impossibility will be forthcoming.

To keep ornaments from marking a highly polished surface, paste soft blotting paper on the bottoms.

## GIRLS

### An Opening For You

A high-class Temperance Hotel in an urban centre in Eastern Ontario, is conducted under Christian management, to promote the cause of temperance—desiring the assistance of some young woman to wait on table, girls accepting these positions will be under the best of surroundings. Wages, \$15 a month, with room and board. Satisfactory references will be furnished applicants on request. This advertisement is sanctioned by the management of Farm and Dairy, Apply:

**BOX 112, FARM AND DAIRY, PETERBORO, ONT.**

### The So

Pattern 10 number and give size. Measure for 36 size, for skin to the Patent

**TWO-PIECE**

## 10 CTS

# POLISH

**10 CTS**

**No Turpentine**

**Gives a Quick, Brilliant Polish That Lasts**

**Easier to Use Better for the Shoes**

# Big Ben

**BIG BEN**

## Presenting two ways to get up early

Big Ben will get you up on the installment plan, a little at a time, by ringing every other half minute for ten minutes, so you'll wake up gradually. Or he'll do the whole job all at once, with one long, straight, five-minute ring.

You can set him to do it as you choose, and shut him off short in the middle of his call either way.

That makes him *two good clocks in one*, to suit everybody's taste in early rising.

He plays no pranks. He won't go off before it's time and rob you of your full measure of sleep. He won't go off behind time and rob you of your work time. It's Big Ben's business to run on time, to ring on time and to stay on time.

Big Ben attends to his own business

and helps you attend to yours by getting you and the farm hands out early.

Then he sticks around the house and keeps time all day for the women folks so they can have your meals on time.

There never was a clock that fitted in better with the farm work.

He's triple-nickel plated and so handsome you'll want to keep him in the parlor instead of a bedroom.

Stands seven inches tall from the top of his lead to the tip of his toes. Has big, easy-winding keys, large hands, and big figures that you can read at a distance on dark mornings, and is built of good implement steel as he'll last for years. He's doing this kind of work in 1,000,000 American homes today.

Twenty thousand jewellers still aim—one in your neighborhood, probably. If yours doesn't, just send a money order for \$3.00 addressed to *Waltham, La Salle, Illinois, U. S. A.* and he'll come to the front door, day after day.

## Canned Corn

### Center

**Many uses and full directions on Large Sifter-Can 10¢**

### Study At Home

No matter where you are you can improve your position—spare time study. We teach Commercial Course (Bookkeeping, Arithmetic, Penmanship, Business Correspondence, Commercial Law), Shorthand and Typewriting, Business Course (Journalism, Special English, Elementary Art, Mechanical Drawing, Architectural Drawing, Electrical Course, Engineering Stationary, Tractor, Gasoline, Marine, Locomotive, Automobile), Matriculation, Civil Service Teachers Examinations or any subject. Ask what you need.—Canadian Correspondence College, Limited, Dept. J, Toronto, Canada.

## This Free Book Will Save You \$20.00 a Year

**The Sole of Steel**

I want to tell you all about my **Celebrated Steel Shoes**—why one pair will outwear six pairs of leather shoes—that you never had in your life. How they will give you more foot comfort than you ever had in your life. How they will give you more strength all the time. How light and comfortable they are to wear.

I have told half a million other men these facts. They have bought a pair of Steel Shoes and saved me any millions of dollars among them more than that—they can't bear their feet all day—at all ages—without foot fatigue. And they have gained health protection.

**Steel Shoes**

prevent rheumatism, sciatica, lumbago, lame back and other troubles caused by feet. I want to show you the way to avoid these dangers—all such troubles as tender feet, corns, bunions, chafings, and all the same time show you a saving of \$20 a year in actual money on account of the extra wear you get from my shoes.

Will you write me a postal today and get the name of the man who sends you this Free Book by return mail.

Man Factors  
Steel Shoes  
Send Postal Today  
Name and Address  
Toronto, Can.

is wide. The w  
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This pattern is  
36, 38, 39 and 42

### GIRL'S RUS

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This pattern is  
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INFANTS DRESS.

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This pattern is for

### FIVE GORED

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1/2 inches wide foot  
The width at the bot  
This pattern is in  
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