

What Christian spirituality really is, Christ while in the flesh has set forth most clearly. It is "the law of the spirit of life". Rom. 8. That he lived in heaven before his incarnation and after his ascension as well as the spirit of his life on earth and this life on earth was for the purpose of exemplifying to us the divine life, that we might live it, be one with Him and members of the heavenly Kingdom as Enoch, Mary, Wesley, &c.

To be in harmony with Him our lives must be distinguished by the spirit of faith in God and man, modest humility, patient endurance, sympathetic forgiving mercy, generous kindness. We must be brave without roughness and gentle without weakness, promoting the Kingdom in heroic righteousness, beauty and courteousness; bearing burdens for others: loving God; and our neighbors as ourselves.

Jesus had the spirit of rebuke for sin yet He was attractive to the sinner. When tired and thirsty at the well, He forgot his weariness and hunger to bless a sin-burdened soul and He rebuked the sin so as to cure the evil and win the sinner's love.

His whole life was an exemplification of the Divine life - Christian Spirituality.