EDUCATIONAL | EDUCATIONAL

Havergal Ladies' College
JARVIS ST. TORONTO

Principal . . . MISS KNOX

Thorough education on modern lines. Preparation for honour matriculation and other examinations. Separate Junior School, Domestic Science Department, Gymnasium, Outdoor Games, Skating Rink, Swimming Bath.

HAVERGAL-ON-THE-HILL College Heights, Toronto

A second Junior School to be opened for the convenience of pupils resident in the Northern and Western parts of the City. Large Playing Grounds of three acres—cricket, tennis, basketball. Under the direct supervision of Miss Knox, assisted by specialists in Junior School teaching and in the Languages.

For illustrated calendars and prospectus apply to the Bursar.
School will re-open on Sept. 17. R. McLLICHAMP, Hon. Sec.-Treas.

UNIVERSITY OF NEW BRUNSWICK
FREDERICTON, N. B.

Next Session Begins September 18, 1913.

The University offers complete four-year courses in Arts, Civil Engineering, Electrical Engineering and Forestry.

Attention is called to the enviable record of our graduates in all of the above departments.

Among the Scholarships available at entrance at The Wilmot Scholarship ($300), an Alumni Scholarship ($150), an Asa Dow Scholarship for First Class Male Teachers (90), Fourteen County Scholarships (each $60).

WRITE FOR A CALENDAR.

C. C. JONES, Chancellor.

UPPER CANADA COLLEGE
TORONTO
Premier Boys' School of Canada

Founded 1829 by SIR JOHN COLBORNE, GOVERNOR OF UPPER CANADA.

Senior and Preparatory Schools in separate modern buildings. 50 acres playing and athletic fields, with rinks, gymnasium and full equipment. Specially constructed detached infirmary, with resident nurse. Summer Camp at Lake Temagami, conducted by the Physical Instructor of the College, trains boys to take care of themselves in the open. SUCCESSES 1912—Scholarships 2, Honours (Matriculation) 23, Pass Matriculation 12, Royal Military College Passes 5. All particulars and historical sketch on application. Autumn term begins September 11th, 1913, 10 a.m. Boarders return on the 10th.
Arnold Morphy, Bursar

SAINT ANDREW'S COLLEGE - Toronto
Boys Prepared for the Universities, Royal Military College and Business
Autumn Term Commences Sept. 11, 1913
Rev. D. Bruce Macdonald, M.A., LL.D., Headmaster
Calendar sent on application.

ENGLISH HAND MADE LACE
MADE BY THE VILLAGERS IN BUCKINGHAMSHIRE.

No. 100. PRICE— .20 per yard.

The workers have a beautiful collection of Collars, Hankies, Ties, Fronts, Sets, Yokes, Stocks, Plastrons, Jabots, &c., from .30, .50, .75 up. Berthes, Five o'clock D'Oyleys, &c., and everything that can be made in Lace. Yard Lace and insertion from .10, .20, .25 up to $2.50 per yd.

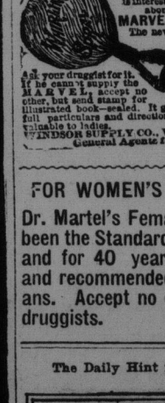
Our Laces were awarded Gold Medal at the Festival of Empire and Imperial Exhibition, Crystal Palace, 1911.
STOCK COLLAR, 35 cents (nett)

Collar Pure linen $1.00

Booklet entitled "An Interesting Home Industry," illustrating over 100 designs of Pillow Lace, post free to any part of world. The lace-makers are very glad of any orders, however small.

BUCKS Hand-made PILLOW LACE outwears any other.

Mrs. Harde
Armstrong Olney Bucks. England.



FOR WOMEN'S AILMENTS
Dr. Martel's Female Pills have been the Standard for 20 years and for 40 years prescribed and recommended by Physicians. Accept no other. At all druggists.

Table Silver
Grace, beauty and quality are all combined in silver articles marked
1847 ROGERS BROS.
This brand, known as *"Silver Plate that Wears"* is made in the heaviest grade of plate. There are many designs from which to choose.
Sold by Leading Dealers

APIOL & STEEL PILLS for Ladies
are the acknowledged leading remedy for all Female complaints. Recommended by the Medical Faculty. The genuine bear the signature of N.M. MARTIN, registered without which none are genuine. No Lady should be without them. Sold by all Chemists and Stores.
Manufactured by the MARTIN Chemical Co. SOUTHAMPTON, Eng.

The Daily Hint from Paris.

One of the new loose tailored suits is navy blue serge. Vest, cuffs, lining and collar of novel blue and white striped silk.—Maison Bernard.

OF INTEREST TO WOMEN

Cool Drinks For Summer Days

During the summer season nothing is more appreciated by the entire family than cool drinks. Made from wholesome ingredients, nicely prepared and attractively served, they are very satisfying. These recipes are from the Providence Journal:

Ginger Spice Punch—Into the skins of four medium-sized oranges stick about two dozen whole cloves to each orange. Let remain two hours. Rub the yellow zest from three lemons (after having washed them clean) with several lumps of sugar, then extract the juice from the fruit. Put the sugar lumps into the juice, and add one tablespoon of strained honey, half a teaspoon of powdered cinnamon, half a grated nutmeg, a pinch of ground allspice and one cup of flaked pineapple. Keep on ice until ready to serve, then turn into a punch bowl or glass pitcher, adding the juice from the spiced oranges, a pint of ice water, a pint and a half of ginger ale. While it effervesces serve in small punch cups, with straws.

Pineapple Frappe—Flake thoroughly, with a silver fork, a fine ripe pineapple. Sprinkle liberally with powdered sugar, add one cucumber sliced very thin. Cut into a small dice two limes (or lemons) and two large bananas. Add a half-pint of sweet cider, mix thoroughly and set in the refrigerator. When ready to serve add the whites of two eggs stiffly beaten and two quarts of Apollinaris water. Serve in slender glasses half-filled with shaved ice.

Lime Sherbet—Squeeze the juice from four limes; strain and add a cupful of fruit vinegar; two cups of sugar and a pinch of powdered cinnamon. Cover and place on ice for two hours, then pour in gradually a cupful of iced tea. Add two sliced oranges and the stiffly whipped whites of two eggs. Prepare a lime syrup by boiling two quarts of water with one pound of sugar for 15 minutes, adding the juice and grated rind of four limes. Remove from the stove and add to the other ingredients, pouring slowly over a block of ice that has been placed in a crystal punch bowl. Ornament with cherries, quarters of tart oranges and seasonable red berries or small fruits.

Currant Shrubs—Extract the juice from two quarts of well-ripened red currants. Add one cup of granulated sugar to each pint of juice. Beat the mixture well, then dilute the juice with twice as much crushed ice and water as there is currant juice. Grate a small amount of nutmeg in each glass.

Raspberry Shrub—Put 12 quarts of juicy, ripe black raspberries (red may be used if preferred) into a large stone jar and pour over them enough pure cider vinegar (diluted if too strong) to barely cover the berries. Soak for 36 hours. Mash the berries a bit and strain all of the liquid through cheesecloth. To every pint of the liquid add a pound of loaf sugar and boil for 10 minutes. Then bottle and seal. Use two tablespoons of the syrup to each glass of water and put in two tablespoons of crushed ice. This syrup may be used as the base of a number of cooling drinks that the clever housewife can devise.

Grape Punch—Prepare one pint of strong lemonade, add two chopped oranges, four tablespoons of cold tea, a bunch of fresh mint and a quart of grape juice; mix thoroughly and place in the icebox until cooled; pour in just previous to serving a pint of finely chopped ice; serve from a large cut-glass pitcher into wide-rimmed glasses, decorating with tiny clusters of fresh grapes that have been dipped into a boiled, fondant frosting.

Milk Shake—Break one egg into a large glass, beat well, add one tablespoon of crushed ice, sugar to taste and one third pint of fresh milk. Shake well (if you have no shaker beat with a rotary eggbeater before putting in ice), pour into small glasses, sprinkle with nutmeg and serve.

Egg Lemonade—Beat one egg well and add to it one tablespoonful of lemon juice, one of crushed ice, three of ice water and sweeten to taste. Shake well, pour into glass, fill with ice water and on top sprinkle nutmeg or ground cinnamon.

faw,s,s s taoin etaoin taoitaoinaoino

Health And Beauty Hints

If you are afflicted with a crop of blackheads I know you will welcome this article with open hands, as no woman likes to have a skin marred by thousands of tiny black spots. Really, considering the matter seriously, I think blackheads are about the most annoying facial blemish that woman is heir to. It is absolutely impossible for any one to be or appear charming, if the skin is coarse and greasy and filled with innumerable specks of dirt.

The important thing to do, for the woman with such a skin, is to see that the pores are kept in good working condition. How can one accomplish such a result? It is simplicity itself. All that is necessary is to pay attention to the diet, to exercise, baths, massage, and to make a wise selection of blood medicines and face lotions.

As you cannot, according to my idea, get too much of the right kind of exercise, I am going to give you a movement to practice indoors that will throw you into a violent perspiration, thus enabling the pores of the skin to get rid of some of their clogging contents. It is best to practice this exercise in the morning, after you have bathed your face and brushed your pretty hair, but before you slip into your clothes.

Stand perfectly erect, with your chest thrown out and abdomen drawn in; then raise yourself on tiptoe and walk slowly across the floor, alternately drawing up one knee and then the other, being careful to keep on tiptoe every minute of the practice time.

You will experience great difficulty with this exercise, as it requires no small amount of skill to stand poised on the top of one foot, while the knee of the other limb is being drawn vigorously up against the abdomen. Possibly you may have a tumble or two, but don't be discouraged. It really won't take long to become an expert performer. Don't forget that you must walk slowly, drawing up your knees alternately.

As your face will be in a profuse perspiration and the pores open and ready to give up their contents by the time you finish with this exercise, you should then dampen each abnoxious spot of grime with a good blackhead lotion, which you can, no doubt, obtain from your local druggist, or, if you like, you can prepare a lotion by the following formula: carbonate of magnesia, one drachm; zinc oxide, one drachm; rose water, four ounces.

After dabbing this lotion over the face, it is best to let it dry in for thirty or forty minutes. The next thing in order is to spray the face with warm perfumed water and then gently press out the little "worms."

If you are not careful how you extract these little plugs, you are apt to have a bruised skin. To ward off such a catastrophe, it is well to take a piece of old cotton cloth and fold it loosely several times, so that it will make a good pad for each thumb ball. With the skin thus protected from the finger nails, it is quite a simple matter to press out the ugly comedones.

Another treatment that woman with a black-spotted skin should indulge in, is the steam bath, followed by the application of some emollient paste noted for its power to relax the pores and force them to yield their sombre-tinted contents.

The best way to steam the face, so one of the big New York beauty doctors told me the other day, is to apply to the face hot cloths wrung out of boiling mater. Repeated applications will finally cause the pores to fly open and then is the time to apply the magic emollient paste. Don't be stingy with it, as it is necessary that the face should be thickly covered with this stimulating cream if the best results are to be obtained. How long should it be left on? Well, if the blackheads are particularly large, it might be well to let the pores absorb this blackhead paste for fully an hour. By that time I can almost guarantee that big and little blackheads will be ready, nay, eager to give up the ghost. All that you will then need to do is to press down on each black speck and it will pop out with the utmost rapidity.

When the face is clear of blackheads, my beauty patient must moisten each open pore with astringent water, otherwise she will have a coarse-pored skin, which wouldn't do for a moment.

A good astringent may be made of alum, sixty grains; almond milk (thick), one and one-half ounces; rose water, six ounces. The alum should be dissolved in the rose water, which must then be poured into the almond milk with constant agitation.

Absolute cleanliness is one of the secrets of a blackheadless skin. You are proof against these pests if you keep your skin free from dust and grime. If you have been in the habit of superficially cleaning your skin, mend your ways hereafter. See that your face is washed at night in hot water and potash soap—which is commonly called green soap—and that your complexion brush is wielded with decided vigor. You just can't get your face too clean, so wash it morn, noon, and night, scrubbing and scouring with might and main.

In selecting a complexion brush, be careful to get one which is not too stiff, and soak it in water for ten minutes every night before using.

Rinse the face carefully with warm water, and make a liberal application of cold cream, rubbing it in with care and allowing it to remain for half an hour at least, and all night, if possible.

Strawberries In Log Cabins

Timely recipes for strawberry dainties. The following are from the San Francisco Call:

Little Log Cabins—Roll paste out thin. Cut eight inch strips half an inch wide. Pile strips "criss-cross" at the four corners of each little square to a height of six strips, using 24 in all. Fill in the center with fine, large berries, sweeten with powdered sugar. Pile up in pointed shape for roof. A meringue made of whipped whites of eggs, sweetened and flavored with vanilla.

Strawberry Eclairs—Boil together in a saucepan one cup boiling water, quarter of a cup butter and a pinch of salt. Stir in one cup sifted flour. Stir constantly until the paste leaves the sides of the pan and cleaves in a mass. When partly cool add four eggs, beating in one at a time. Drop carefully in long narrow strips on buttered tins some distance apart. Bake in a moderate oven until well risen or about 30 minutes. Leave door open a few minutes before removing to prevent falling. When cool split open one side and fill with sweetened crushed berries. Cover whole surface of eclairs with boiled icing, tinted pink with berry juice.

Lady Locks—Cut paste in strips one inch wide and 12 inches long. Roll each strip around a "lady lock" mold and bake in a hot oven until a delicate brown. Slip off the molds and fill the hollow space with berries, slightly crushed and sweetened. Serve with whipped cream. (Anything in the pastry line with this fruit is always more delicious served warm.)

Croquante of Strawberries—Dissolve one tablespoon gelatine in a little cold water, add two tablespoons boiling water and stir until dissolved. Wet a mold in water; strain one quart ripe berries, dip each one in the gelatine and press them closely together around the side of the mold. Fill the center with a rich charlotte russe and set in refrigerator. When ready to serve, wring a cloth out of boiling water and wrap around the mold a moment. It will lift off easily.

Dutch Cake—Separate two eggs. Add to the yolks half a cup of milk, one tablespoon melted butter, one cup pastry flour sifted four times. Add to flour one teaspoon baking powder. Beat ingredients thoroughly and fold in stiffly beaten whipped whites of eggs. Pour into a shallow greased pan. Cover top with fresh berries, pressing them down into the dough. Sprinkle over half cup sugar and bake. Cut into squares and serve warm with cream or hard sauce.

Entertaining

Most people are aware that to entertain successfully something more is required than the mere gathering of guests and providing them with food of a more or less varied kind.

Indeed, in this luxurious and exacting age, it is becoming increasingly obvious to hostesses that many adjuncts and attractions are required which were undreamt of in a previous and more simple generation, and it is hardly to our credit that these attractions, as a rule, exhibit nothing more subtle than the outlay of so much cash!

There are however, other ways of attracting one's guests to one's house than those connected with money; ways which require the expenditure not of the current coin of the realm but of the more difficult and exclusive currency of the brain.

What attracted the many brilliant men and women who in olden times thronged the salons?

Certainly not a gorgeous, lace-covered table and dinners composed of every out-of-season delicacy, nor a music-hall entertainment, which only too often exhibits nothing more admirable than the latest novelty.

No, those guests of a bygone day came not for gross or material reasons, but for the feast of reason and the flow of soul.

In fact, they themselves were the entertainment. They drew sparks of wit and wisdom from each other which entertained themselves and the general company, and which continually brought them together again and again, for thus the entertainment was always varied and of an unexpected character.

It must not, however, be imagined that the hostess counted for nothing.

As a matter of fact, it was her personality which originated these gatherings, and even when she did not join in the conversation her beauty inspired it, or her very silence was tactful and aided and stimulated it.

So this is the point I would suggest today. Hostesses, instead of relying on French chefs and other artists to amuse their guests, should choose those guests with tact and discretion, so that they would find their entertainment in each other.

I know, of course, that everyone does not number wits and distinguished persons amongst their acquaintance, but surely no one is so poor in their friends that they have not among them some with qualities of mind that make for the pleasure and edification of others.

Let would-be hostesses, then, cultivate such as these, and turn deaf ears to the invitations of those others who have nought to offer but their Lucullus-like banquets, for, unfortunately modern entertaining is largely based upon the "cutlet-for-cutlet" system, and to accept a dinner invitation means to return a little one.

The ideal hostess must, then, be unembarrassed by that long list of people "we must ask!"—they are usually those we do not in the least wish to ask.

She must display all, and more than all, the care usually bestowed upon composing the menu, on choosing the guests. They must represent all the ingredients needed to make a gay, an edifying, a well-blended party, and they must be on good terms with themselves and each other.

A party so chosen will be a success, although accompanied by a modest but equally well-chosen menu, and the dullest of the party will probably surprise both hostess and guests by unexpected qualities of entertainment, the result of congenial surroundings and companions.

CROP CONDITIONS.

The coolness and dryness of the weather ever since the unseasonably warm weather at the end of April and beginning of May has resulted in an extremely slow growth of vegetation and in very material injury to the fruit crop by frost. Haying will be late and the prospect is for a light crop. Spring grains have a fair start and with favorable conditions may turn out well. Not only did the apple blossoms suffer severely from frost but unsprayed orchards have been severely damaged—in many instances completely defoliated—by the tent caterpillar. Orchardists are learning the value of the spray pump by bitter experience, and implement dealers in Montreal report a greatly increased sale of spraying outfits.

The Fruit Division, Ottawa, forecasts a short crop of McIntosh Red and Fameuse. The apple reports from Eastern Quebec, although more favorable than last year, indicate a supply insufficient for home consumption. Western Ontario and Nova Scotia, with their larger and better-cared-for orchards, have a better prospect for apples than have Eastern Ontario and Quebec. The yield of pears, plums, peaches and cherries in Eastern Canada will probably be lower than last year. Strawberry plants suffered heavily during the winter and will yield but little fruit. The prospects for raspberries are not particularly bright, but currants and gooseberries promise well.

A pad of very thick paper laid over the edge of each step under the carpet will deaden the sound of footsteps.

HOME HELPS

Brush pie crust with cream to insure a rich brown color.

Salt dissolved in alcohol will often remove grease spots from clothing.

A fine grater is better than a knife for removing the surface of anything that is burned.

WHEN YOU'RE THIRSTY TRY
"SALADA"
Iced Tea with a slice of lemon in it. It will refresh you wonderfully and besides it's invigorating and absolutely pure.
Allow the tea to steep for five minutes and then pour off into another vessel to cool gradually. Never use artificial means of cooling until ready to serve; then add sugar, ice and lemon.

MAYOR SHOCKED BY SILHOUETTE GOWNS.

The diaphanous attire of modern women displeases Mayor Frederick H. Waldorf, of New Rochelle. His friends have known that he does not sympathize with the woman who thinks an evening gown is a burden if it cannot be drawn through a wedding ring. The Mayor declared that he was shocked by the filmy summer gowns worn by women, young and aged, all over the country

No wonder the Mayor was shocked, for many a silhouette of a woman's figure has been observed distinctly from City Hall's Main street steps. Anthony Comstock may kick on a picture, but Mayor Waldorf is after the gowns, or rather the lack of them.

The young woman was at Hudson Park when Mayor Waldorf delivered his speech on sartorial effect and modesty. He pleaded with her to go home and put on more clothes. The young woman showed a pearly set of teeth and pointed to young women in bathing attire and to men and boys in bathing suits. She declared that she did not think she was dressed immodestly, and said that she aimed at comfort.

There is Comfort in
knowing that you can obtain one tried and proved remedy thoroughly well adapted to your needs. Every woman who is troubled with headache, backache, languor, extreme nervousness and depression of spirits ought to try
Beecham's Pills
(The Largest Sale of Any Medicine in the World)
and learn what a difference they will make. By purifying the system they insure better digestion, sounder sleep, quieter nerves, and bestow the charm of sparkling eyes, a spotless rosy complexion and vivacious spirits. Thousands upon thousands of women have learned, happily, that Beecham's Pills are reliable and
The Unfailing Home Remedy
Prepared only by Thomas Beecham, St. Helens, Lancashire, England.
Sold everywhere in Canada and U. S. America. In boxes, 25 cents.

RASH ON ARMS ALMOST UNBEARABLE
Looked Like Raw Meat. Itched and Burned So Badly Could Not Sleep Night or Day. Arms Sore from Wrist to Elbow. Cuticura Soap and Ointment Completely Cured.

Lower Blandford, Nova Scotia.—"Two years ago I became troubled with an itch. It came as a rash. My arms looked like raw meat and itched and burned so that I could not rest night or day. I scratched they became awfully sore. As long as the weather was warm it did not bother me so much, but in winter it was almost unbearable. My arms were sore from the wrist to the elbow.

"I used several cures which were recommended to me but without any benefit. I saw how I could get a sample of Cuticura Soap and Ointment which I did. I tried the samples and found an improvement. Whenever I applied the Cuticura Soap and Ointment the itching and burning ceased. I purchased a full-sized box of Cuticura Ointment and a cake of Cuticura Soap and only used them half when it disappeared and since then I have not been troubled. This was three months ago. Cuticura Soap and Ointment completely cured me." (Signed) Mrs. Ida E. Zinck, Mar. 7, 1912.

Cuticura Soap and Ointment do much for pimples, blackheads, red, rough hands, itching, scaly scalps, dandruff, dry, thin, and falling hair, chapped hands and painful finger-ends, to say almost criminal not to use them. A single cake of Cuticura Soap and box of Cuticura Ointment are often sufficient when all else has failed. Sold everywhere. Cuticura Soap (25c.) and Ointment (25 and 50c.). Sample of each mailed free, with 32-p. Skin Book. Address post card: Potter Drug & Chem. Corp., Dept. 48D, Boston, U.S.A.

BIG, HEARTY BABY
Mrs. Beck's Fondest Hopes Realized—Health, Happiness and Baby

Upper Lahave, N. S., Can., to thank you for the benefit I have by taking Lydia E. Pinkham's Vegetable Compound. I was a female trouble from which I suffered great suffering, but that I was completely restored to health. One bottle of your medicine did me so much good, but I took Lydia E. Pinkham's Vegetable Compound and me well and strong. I now have a hearty baby boy, and praise your medicine for the wonderful lot of good it has done me." — Mrs. ISRAEL BECK, Upper Lahave, Lunenburg Co., Nova Scotia, Canada.

The darkest days of husband's lives are when they come to look forward to a childless and lonely old age.

Many a wife has found herself incapable of motherhood owing to some derangement of the feminine organs often curable by the proper medicine.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal and healthy.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

SANTAL CAPSULES MIDY
CAT
DIS
Ru
24
Each
sule bea
name o
Beware of co

Then Friendship Sna
Edna—What sort of a ga
play on those college fello
tic love or just plain flirta
Doris—Let's divide up.
mantic and you be the pla

To A Militant Suffr
Oh, lovely woman, do not
Your way is surely righ
Vote, if you will, but plea
That can of dynamite.
—Washin