

Constipation Back Restored by Pills.

I can't tell you how much I have gained by taking your pills. I have been troubled with constipation for years. I could get out of the pain only by taking the dry pills of medicine.

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Graham's Pain Eradicator. Perkins' Ointment. Barclay's Leeming Essence. Shives' Insect Powder. Manchester's Condition Powder. Vitae Ore.

S. McDIARMID, 471 & 49 King St., ST. JOHN, N. B.

science. Science is "knowing how." The only secret about Scott's Emulsion is years of science. When made in large quantities and by improving methods, an emulsion must be more perfect than when made in the old-time way with mortar and pestle...

50 YEARS.

For the last 50 years Cough Medicines have been coming in and dying out, but during all this time SHARP'S BALSAM OF WORMWOOD...

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Printing. BECAUSE you are not located in St. John, N. B. we should not do your printing.

PATERSON & CO., Masonic Temple, ST. JOHN, N. B.

Baptist Young People WATCH THIS SPACE AND SEE WHAT THE CANADIAN PACIFIC RY. WILL OFFER FOR THE B.Y.P.U. Convention MILWAUKEE, WIS., JULY '06.

J. HAMBLET WOOD, Rubber and Metal Stamps ST. JOHN, N. B.

Put a little sperm oil, lard, or kerosene in the boiled starch, and when the cold, and your linen will be both stiff and glossy.

Chocolate Marble Cakes. Two cups of sugar, one cup of butter, one cup of milk, six eggs, three cups of flour, one teaspoon of vanilla, one-half of this mixture and add one-half of a cake of chocolate grated. Put a thin layer of the white in the pan, then alternate spoonfuls of the light and dark mixture; finish with a layer of white.

Truro, N. B. S. B. SNELL.

THE LIVING ROOM.

It is a matter of satisfaction that the old-fashioned parlor—shut up the greater portion of the year and protected from the sun and fresh air, and every cheerful element that makes life worth living—is fast disappearing. There is no one family, where once there were ten, who maintained this gloomy state of affairs. The cheerful living-room, where the sunshine is allowed to come in at the window, and where a low fire usually burns on the hearth to ventilate as well as heat the room, has taken its place. There is no fear of the sunshine fading the carpet, for the still, gaudy-patterned Brussels where once the cupids were represented as straying the ground with roses of every shade of the rainbow, is not used, but a sensible hardwood floor, finished in wax or oil, takes its place, and the pretty rug on the floor and the hanging at the windows are dyed in indigo or with madder red dyes, which are sunproof. The old-time brass firegrates are polished so bright that they reflect the glow of the open fire, and the blooming plants in the sunny southern window fill the room with fragrance and cheerfulness. There is an ample centre table, covered with books and newspapers, to hold the evening lamp, and around this table the family gathers in the evening for reading or other recreation. The family piano stands in a convenient corner, instead of being shut up in a cold, formal parlor, and is ready to discourse excellent music under the skilled hand. The books are in low cases around the room, where one can reach them. There are plenty of cushioned chairs and ample lounges, with many pillows, for weary people.

HOW TO SWEEP.

About one woman in twenty sweeps a room intelligently. A room that is thoroughly swept once a week needs no attention that a "brushing up" of accidental rubbish, and sweeping once a day, and if the room is not in general use dusting will be all that is necessary. The first operation of sweeping is to dust the furniture and set pieces that are in the room, and to sweep all large pieces with dust sheets made of sheer unbleached muslin, or any suitable material. There are not often more than two pieces of furniture in a room that are too large to move, and these are swept with dust sheets. The rest of the room is swept with a broom. Shake them well when the sweeping is over and occasionally put them through the wash. After cleaning the room, open the windows, brush down the walls, scatter a little dust on the carpet, and sweep at one corner of the room, taking short strokes and brushing the dust to the fireplace if there is one, or to some other place. After brushing a few stalks, sweep a square yard of space one way or the other, and sweep over in the opposite way. When the entire carpet has been swept in this way brush the outside blinds if there are any, and wash the windows, if the season is hot, with a little clean water. When the dust has settled down sweep the carpet again with a good carpet-sweeper. Remove the dusting sheets covering the furniture in the room and dust the room thoroughly, including all corners, and sweep the carpet with a dust brush, brush out all edges of the carpet and the corners. Now close the windows. Replace the furniture and the ornaments and bro-s-dust that have been removed and set again, rubbing any polished surfaces with a clean cloth or a soft silk duster after it has been set in place.

A WORD TO THE SLEEPLESS.

Insomnia seems to be now a universal affliction. We live wrongly; sit up late and overwork the brain, and then go to bed in an excited condition. No one seems to have a word to say about it. I think I have. People who are choleric and the like at their peril, and the fatal consequence not seldom ensues. It is all wrong, for you cannot control the dose required for the exact amount of sleep. You must plan instead; lower the supply of oxygen to the blood, produce a little asphyxia, limit the quantity of air to the lungs, and the heart and circulation booming quicker, the brain loses its stimulant and almost follows you down into yourself "in" for a sleepless night, cover your head with the bedclothes and breathe only the respiring air. Thus you may reduce the stimulating oxygen that keeps you up. There is no danger. When asleep you are as safe as a baby under the coverings and get as much fresh air as you require, or, when once drowsiness has been produced, it is easy to go on sleeping, though the air be fresh. What you do not do is to prepare for sleep. They turn around and sleep three times, and lastly bury their noses in some hollow in their hair, and "off" they go. They are in no danger, although it might look as if they were none, unless they sleep with their mouths open. —Hall's Journal of Health.

TAPPING FOR MAPLE SUGAR.

The flow of maple sap is very largely dependent upon the state of the atmosphere. The theory that all, or nearly all, the sap comes from the outer wood is erroneous, according to three years' experiments conducted by A. H. Wood, of New Hampshire Experiment Station. The additional injury to the tree by deep tapping is very slight, especially if the hole is small. Where a three eighths inch bit is used, and the bark practically unharmed, the majority of the holes will be grown over by the first summer after tapping. —American Agriculturist.

THE FARM.

THE CARE OF BIRLY CHICKS.

Early hatched chickens seem to have stronger constitutions than those which are hatched after the weather becomes warm. It is surprising how much cold they will endure if they are kept dry. It is possible, I like to have one or two broods out by the first of March. When one has no incubator and must await the pleasure of the hens, this cannot always be done. A slatted coop, which will confine the hen and allow the chickens to run about, placed in a dry shed into which the sun can shine, is a very good place for them for the first four or six weeks. If the presence of rats is suspected they should be tight box coops in which to fasten them at night. In some localities this is absolutely necessary as a protection from minks and weasels.

If the hens have as free a range as they have on the greater number of farms, the young chicks may also be allowed to run at large after the first few weeks, but they should be kept in the coops until the middle of the forenoon. It is well to remember that a limp and apparently lifeless chick which has been caught in a sudden shower may often be warmed back to life by bringing it to the fire. It may be necessary to bring them in by the basketful sometimes, and I have seen some surprising results in such cases. A hen running at large will raise her brood with less feeding than when confined in a small lot, but the chances are that she will lose more of them. Not only are they caught by hawks, but the other dangers which beset them. Most provoking of all is to have your neighbor's cat dine off chick on daily while you wonder how Blackie manages to lose one or two chickens every day. By and by you catch the brood-keeping up in the very act of springing upon a chick, and the mystery is solved.

It must never be forgotten that the coop as well as the feeding and drinking vessels must be kept clean. Fitch breeds disease always and everywhere. The mites which are so annoying, especially in warm weather, soon infest an unclean coop.

For the first four or five weeks of their lives they will need to be kept clean (times daily). "Little and often" is a good rule to follow in feeding. Cornbread made by mixing the meal into a batter with buttermilk, using twice as much meal as the measure of milk, as if for the purpose of making the best food for small chicks. This quantity of soda will make the bread crumble readily. Possibly the crust may need soaking. It is not a great deal of trouble to bake once a day enough to last for the next day, and as a food it is certainly an improvement on raw oatmeal mixed with water, which some of us can remember used to be the regulation food for young chicks.

If the skin milk is not fed to the calves or pigs it can be used for the chickens to drink; or, better still after it has clabbered, heat until the curd and whey separate. There is nothing better than the curd for young chickens, especially during the first three or four weeks of their lives. As soon as they are old enough to eat wheat, give all they will eat of this grain for the last feed at night. Cracked corn may alternate with the wheat, and at a later period whole corn. To sum up in a single sentence: Feed and water often; keep dry and clean.—S. C.

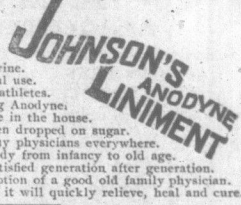
Let every dairy farmer keep in mind that wise old Swiss proverb: "A cow is like a cupboard. You cannot see out of it anything you did not put into it." Then let him remember to keep the cupboard well supplied with plenty of good, palatable, milk producing food. Next let him bear in mind another truth just as great and just as true: "The facts are right kind of a cupboard, one that will take, hold and return your food, thoroughly worked up in milk, butter and cheese, and nothing else. Some cupboards waste food after they get it, others turn it out to you changed into fuel, when you want butter. The cupboard must be constructed for straight duty work if you get the best returns on what you put in.—Hoard's Dairyman.

In his evidence before the Committee on Agriculture and Colonization at Ottawa, Prof. Saunders, Director of the Dominion Experimental Farms, said: Tuberculosis is not essentially a lung disease. One of the seventy four cases of post-mortem examinations which have been made at the Experimental Farms, in seventy six of them, or more than one-third of the whole, no disease whatever could be detected in the lungs, nor were the functions of the lungs interfered with in any way, the disease in all these cases being confined to some other organ or gland of the body. In the past, before tuberculosis was discovered, the only means of detecting the disease was when it existed in the lungs (unless there was a great enlargement of the glands), and this was usually done by the difficulty of breathing.—Farming.

Though oaks are somewhat difficult to transplant, there are two species which can be transplanted almost as successfully as maples. These are the pine and the spruce. These two make more small roots than the others, which would of itself be much in their favor.

Safe, Soothing, Satisfying

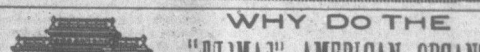
It positively cures croup, colds, coughs, colic, sore lung, kidney troubles, lame back, chaps, chilblains, earache, headache, toothache, cuts, bites, burns, bruises, strains, sprains, stiff joints, sore muscles, stings, cramps and pains. It is the best. It is the oldest. It is the original. It is unlike any other. It is superior to all others. It is the great vital and muscle nerve. It is for internal as much as external use. It is used and fully endorsed by all athletes. It is a soothing, healing, penetrating Anodyne. It is what every mother should have in the house. It is loved by suffering children when dropped on sugar. It is used and recommended by many physicians everywhere. It is the Universal Household Remedy from infancy to old age. It is safe to trust that which has satisfied generation after generation. It is made from the favorite prescription of a good old family physician. It is marvellous how many ailments it will quickly relieve, heal and cure.



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Suit you exactly, Sir!

I picked him up from a man who knew nothing about a horse. The neighbors said he was "hard to keep." I knew where the trouble was. His hair stood on end like the feathers on a Poland hen. His hide was so tight that the slip of your hand on him sounded like the beat of a drum. He was so thin you could see him only when he was "broadside on." Yes Sir! Brought him home under a blanket—was ashamed to be seen with him—gave him Dick's Blood Purifier and now after six weeks, just see him. Yes Sir—just six weeks—You can't beat Dick's, it simply puts an animal right. It's worth dollars where it costs cents. You can get it from druggists or at general stores, but if they don't have it, let them know something else you want—because you can send 50 cents to Dick & Co., P. O. Box 432, Montreal and they will send you a trial package—post paid.



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HOW A HOME WAS LOST.

The Bitter Experience of Mr. Elwood, Sr., of Simcoe.

Attacked with Neuralgia of the Limbs he became helpless and suffered intense Agony—had His Home in Debt—Died with Specialties Without Avail—Dr. Williams' Pink Pills Cured Him. From the Simcoe Reformist.

The many virtues of Dr. Williams' Pink Pills for Pale People have so often been published in the columns of this paper, that they are widely known to the residents of Norfolk County, and it is as widely conceded that they have brought joy into more than one household, and their merits are spoken of only in words of praise. In this instance the facts are brought directly home to the residents of Simcoe, a gentleman who is glad to testify to the benefit he has received from the use of these pills being a resident of this town. Mr. Wm. Elwood, Sr., a resident of Simcoe for about ten years, and for years a resident of Fort Erie, a carpenter by trade, is loud in his praise of the benefits he derived from the use of Pink Pills. In an interview with Mr. Elwood, that gentleman told the reformer that about eight years ago he was attacked with ulcerated catarrh of the head and throat, and was obliged to quit work, and since that time has not been able to resume his calling. The disease shortly after he was taken ill, developed into neuralgia of the lower limbs, from which he suffered terrible agony. During his long illness the services of specialists in both Toronto and Buffalo, as well as those of local physicians in his home town, at Simcoe, were called into requisition, but all failed.

CLARENCE H. FERIBOT, M. D. in Equity. Most McDONALD, Plaintiff vs. Equity.

but not by any means so terrible as formerly. Mr. Elwood again commenced taking the pills and in fact regained his former health and feels certain that the Pink Pills will exterminate all traces of disease from his system. He feels so gratified as what the pills have done for him that he gladly gave the information to the reformer for publication in the hope that his experience may be a benefit to some other sufferer. Dr. Williams' Pink Pills strike at the root of the disease, driving it from the system and restoring the patient to health and strength. In cases of paralysis, spinal troubles, locomotor ataxia, sciatica, rheumatism, erysipelas, scrofulous troubles, etc., these are superior to all other treatment. They are also a specific for the troubles which make the lives of so many women a burden, and speedily restore the rich glow of health to pallid cheeks. Men broken down by overwork, worry or excess, will find in Pink Pills a certain cure. Sold by all dealers or sent by mail, post paid, at 50 cents a bottle or six bottles for \$2.50, by addressing Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y. Beware of imitations and substitutes alleged to be "just as good."

HEALTH MUST BEGIN IN GOOD DIGESTION. RICH PURE BLOOD, which gives color to the cheek and vigor to the brain and nerves. K.D.C. cure of the indigestion in any form. A test proved the statement. Highest endorsement.