HEART BEAT SO **FAST COULD NOT** SLEEP HAD TO SIT UP IN BED

Heart trouble has of late years become very prevalent. Sometimes a pain catches you in the region of the heart, now and then your heart skips beats, palpitates, throbs, or beats with such rapidity and violence you think it will burst. You have weak and dizzy spells, are nervous, irritable and depressed, and if you attempt to walk upstairs or any distance you get all out of breath.

There is no other remedy will do you so much good, restore your heart to a natural condition, build up your strength, and give you back vigor and vitality, as Milburn's Heart and Nervo Fills.

other day.

"For the last eight years," she continued, "I have suffered tortures from rheumatism all over my body. My arms and shoulders were as sensitive as a boil, and I could hardly bear the weight of my clothes on them; in fact, they couldn't have pained me worse if the muscles had been tied into knots. At times when these sharp, shooting pains would strike me, I would almost jump out of my chair, and many a night I have actually jumped up in bed screaming with pain. Nearly every morning I would wake up to find my left arm without a bit of feeling in it, and I would have to massage it for some time to start up the circulation. I had no strength in that arm at all, and many the plate I have dropped to break all to pieces because I forgot and would pick it up with my left hand. Why, I couldn't even lift the kettle from the stove or raise my left hand above my head. It is simply impossible for me to describe the misery I suffered all these years, and although I took every kind of medicine, I could get hold of, nothing did me any good.

"My daughter had been taking Taniles and had gotten such wonderful re-

taken three bottles now, and it has done me a world of good. That terrible rheumatism is almost gone, the soreness and stiffness have entirely disappeared from my arms and limbs, and I can use my left arm now just as well as I ever could. All that numbness and weakness are gone, and I can lift things about without the least bit of trouble For the first time in eight years I am able to rest well at night and sleep, in comfort without being troubled with comfort without being troubled with aches and pains. I just can't express how thankful I am for the way Tanlac has helped me and my daughter, and we both think that Tanlac is worth its weight in gold. I have told all my friends and neighbors about the good. Tanlac has done me and I am sending a bottle to my daughter-in-law at

Tanlac is sold in London by Standard Drug, Limited, and by an established agency in every town.

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.



pound, and she told me about it. From the first day I took it I began to feel better, and now I am well and able to do most any kind of work. I have been recommending the Communication of Toronto police force.

AGENT-GENERAL REID ILL.
TORONTO, June 28.—Premier Sir William Hearst has received a cable message that Richard Reid, agent general for Ontario in London, England, has been ill and underwent an operation for appendicitis. He is improving nicely.

Cuticura Promotes Hair Health man 25, Ointment 25 & 80, Taleum 2

Pray for the Allies Sunday, June 30th

OTTAWA, June 18.—Sunday June 30, has been set aside by the Dominion Government as a day of prayer and intercession on behalf of the Allies and a nation-wide response is anticipated. Sir George Foster, the acting prime minister, has telegraphed the premiers of each province, urging them to lend all assistance possible to bring the people of Canada, regardless of creed, together in prayer.

HURON DECIDES TO

PEMBROKE, June 18.—A disastrous conflagration broke out here shortly before 6 o'clock this evening, and before it was got under control a large portion of the commercial district of the town on Pembroke street had been razed to the ground. Fire officials state that the final figures of damage may reach \$1,500,000. The fire is presumed to have started in a chimney in the residence of O. Landriault, liveryman, whose stables were totally destroyed by the flames. No loss of life has yet been reported, but it is rumored that one woman expired in one of the houses in the burning area and that another woman was killed by a street car. The block swept by the flames contained many of Pembroke's leading business houses and offices. In addition, there were a great number of flats and apartments occupied as residences in the devastated region. flats and apartments occupied a dences in the devastated region

STEAMER JAY GOULD

from the stove or raise my left hand above my head. It is simply impossible for me to describe the misery I suffered all these years, and although I took every kind of medicine, I could get hold of, nothing did me any good.

"My daughter had been taking Tanlac, and had gotten such wonderful relief through using it, that I decided to see if it would help me, too. I have taken three bottles now, and it has done me a world of good. That terrible themselves and stiffness have entirely disappeared from my arms and limbs, and I

DEPUTY REGISTRARS MUST TAKE NOTE IF REGISTRANT TELLS LIE

OTTAWA, June 18.—Hon. Gideon Robertson, head of the Cænada registration board, when seen today with regard to the registration of man and woman power throughout the Dominion, laid strong emphasis upon the points that answers to all the questions on the cards, both male and female, must be recorded by the deputy-registrars as given to them by the registrant. If, he said, a deputy-registrar had any reason to knew that the answers given were not true, he must record this fact on the back of the card, the regulations providing for dealing with persons who wilfully give wrong information.

TO FORMULATE SYSTEM OF VITAL STATISTICS

OTTAWA, June 18—Delegates from all over Canada are arriving here for the conference which is to be held on Wednesday. Thursday and Friday to constitute a system of vital statistics by Dominion and Provincial arrangement. Dr. Davis, chief of the United States vital statistical division of the census bureau, has arrived as well as a number of provincial delegates. Committees will represent the Canadian Medical Association and the American Society of Actuaries. It is expected that about 25 persons will take part in the conference.

N. J.—"For about three ARCHIBALD IS QUITTING n nervous break-own, and got so TORONTO POLICE SERVICE

weak I could hardly stand, and had headaches every day. I tried every-thing I could think of, and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Com-

To Ponder Over Ottawa Agency.—Mrs. Ida Cavell, mother of the heroic cavell, murdered by the Germans in Skelly's case was because it went to the root of her trouble, restored her to a normal healthy condition, and as a result her nervousness dispersion. root of her trouble, restored her to a normal healthy condition, and as a result her nervousness disappeared. was ever treated with Dr. Hamilton's Pills and not cured; their record is one of marvelous success. Dr. Hamilton's Pills are very mild, yet they cleanse the bowels promptly, and establish healthy regularity. You'll eat plenty, digest well, sleep soundly, feel like new after using Dr. Hamilton's Pills—one a dose—25c a box everywhere. Be sure you get the genuine Dr. Hamilton's Pills, in a yellow box always.

SESSION AT TORONTO

SESSION AT TORONTO

Is one of marvelous success. Dr. Hamilton's Pills are very mild, yet they cleansed here today. High roresters opened here today by a coastal schooner. Members of the crew said that when the balloon was first sighted the two men were running back and forth on the under-structure signalling for assistance.

The balloon came down close to the waves, and the schooner captain, see ing the two men in the water, seen a load over in death claims, \$300,000 of it going to beneficiaries of persons killed in the war.

The question of increasing rates will be considered.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses the balloon came down close to the waves, and the schooner captain, see ing the two men in the water, seen a load to their rescue. The balloon arose in the air and was caught in a high wind, and when last seen was floating wind, and when last seen was floating with a high way to the eastward.

The question of increasing rates will be considered.

AUSTRIAN OFFENSIVE, MADE UNDER COERCION OF GERMANY, MEASURES AS GREAT FAILURE

An Attack by 72 Divisions, Twice the Force Ludendorff Used in Picardy, Has Resulted in Mere Local Gains-Austria Evidently Fighting Half-Heartedly, With Little Expectation of Success.

BY FRANK H. SIMONDS.

BY FRANK H. SIMONDS.

[Special to The Advertiser.]

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NEW YORK, June 18.—Measured by the first three days the Austrian attack upon Italy seems almost a complete failure. In the same time the Germans achieved a sweeping success against the British fifth army, and in less time a decisive triumph over the Anglo-French force at the Aisne. Such advantage as surprise and initiative could give the Austrians was abolished by vantage as surprise and initiative could give the Austrians was abolished by the close of the third day, and there is no sound reason for expecting that the Austrians can now accomplish against an opponent who is ready what they failed to do at their chosen moment.

Purpose is Clear.

Mil. A. Bussell, Narray Phil. Osc., and the state of the

troops to the mountains or to the plains and send their as they choose with great rapidity and little effort.

In purpose of the Austrians in attacking was and is to reach and cut the Verona-Vincensea-Treviso rallroad serving the Italians behind the Plave, the Verona-Vincensea-Treviso rallroad serving the Italians behind the Plave, to force their way into the plain down the valleys of the Astico, the Brenta and the Plave, and their efforts were concentrated on the highlands of the valleys of the Astico, the Brenta and the Plave, and their efforts were concentrated on the highlands of the Setil Communi and of Monte Grappa. At the same time they sought to cross the Plave and take Montello, high ground at the north, and occupy the first Polish divisions the Wast bank of the river and prepare the way for a direct thrust.

The purpose of the Austrians in attacking was and is to reach and cut tacking was and is to reach and where from the was form Mrs. F. Woldher, on "Moral Education and Wothers" Other reports presented were from "The was form Mrs. F. Woldher, on "Moral Education and is quarter to t

The immediate and grave danger was from the north, and on the north the Italian line seems to have held intact, some portion of the blow being borne by the British and French troops. Along by the British and French troops.

as great as the reports of the high state of Italian morale in past weeks thus seems well confirmed by the facts. It is too early to draw any final conclusions, but it is plain that the Italians have done well in the first stage of a major offensive and have done much to wipe out their defeat of last autumn, and, despite references to the aid supplied by the French and British troops, only a few units of either are present and the main work has been done by the Italians themselves.

Austria Haif-Hearted.

Indeed, so slight have been the Austrian gains up to the present moment that the world is bound to suspect that under German coercion Austria is making an offensive reluctantly and with little hope or expectation of a major success. An attack by seventy-two divisions—almost twice the force used in the initial attack in Picardy on March 21 and three times the force used in the Aisne attack on June 9—which has resulted in nothing more than local minor gains and the capture of even thirty thousand prisoners, as Vienna claims, must be accepted so far as it goes as a failure and as a very great failure. We have to recognize the possibility that later efforts may change the situation, but the Italians seem to have checked the Austrians completely on the whole front in three days and with insignificant gains.

PRIMA FACIE EVIDENCE ACCEPTED IF PAPERS

[Special to The Advertiser.]
OTTAWA, June 18.—The fulfilling of the regulations requiring men who may be reasonably suspected of falling within class one of the military service act to carry documents showing age, nationality, marriage, former discharge, exemption, or other reasons for being in mufti, have been found somewhat difficult in certain cases. An order-in-council of May 22 specified the class of documents which must be carried in the various individual cases, and provides very severe penalties for failure to carry such documents or having them on one's premises.

In cases it has been found difficult for men to secure the necessary documents. This was specially true of passports, marriage certificates, etc. As a consequence, an amendment has been made which, without limiting the generality of the provisions as to the incharacter of the evidence, permits the submission of prima facie evidence to show that the person in question has satisfied the requirements of the authorities.

EDITH CAVELL'S MOTHER DIES, AGED 81 YEARS

Britain Willing to Help U.S. in Russia

eign Secretary Balfour said that Great Britain was quite willing to co-operate with the United States in assisting in the reorganization of Russian railroads. So far, he said, Britain had been able to do little, and for various reasons it was thought better to leave this ques-tion mainly in American hands.

W.C.T.U. WILL MAKE BEST USE OF NEW

DEGREES IN PEDAGOGY

"It is a reply to Germany's contention that the Polish question is settled." said Gen. Archinard, chief of the Polish military mission to France.
Poles who have escaped from Germany and Poland or have succeeded in leaving Austria and other countries form the bulk of the Polish legion which may shed its blood tomorrow against German autocracy in the declarate German autocracy in the declarate German autocracy in the declarate German autocracy in the chaplain of the regiment, facing the chaplain of the regiment of the regiment of the results of the special examinations recently held at Queen's University for candidates for degrees in pedagogy.

KINGSTON, June 18.—The following are the results of the special examinations recently held at Queen's University for candidates for degrees in pedagogy.

KINGSTON, June 18.—The following are the results of the special examinations recently held at that in allegiance to my country I am ready to give up my life to the last drop of blood in the services of the holy cause of Poland, to obey my chiefs and to remain true to Poland, one and indivisible.

"The Polish soldiers and officers there as they repeated the oath. Gen. Gourad confided the Polish flag to the safekeeping of the legion as a Polish military band played the Polish National Anthem.

"TO SIIPET

TO SIIPET

TO

HEADACHES

MAKES LIFE MISERABLE

Headaches seem to be habitual with many people. Some are seldom, if ever, free from it, suffering continually with the dull throbbings, the intense pain,

sometimes in one part, sometimes in another, and then over the whole head,

varying in its severity by the cause which brings it on.

The varieties of headache most com-

mon are sick or bilious headache, ner-

not only does this, but also restores the entire system to healthy action and

buoyant vigor.

Miss Emily Smith, 204 Bellwoods avenue, Toronto, Ont., writes: "I cannot speak too highly of Burdock Blood Blitters. For two years I was greatly troubled with violent headaches, particularly and tried avery

ticularly in the morning. I tried everything to cure me until a friend recom-mended B. B. B. I tried it, and now

Manufactured by The T. Milbur

When you wash your hair, be careful

what you use. Don't use prepared

shampoos or anything else, that contains

too much aikall, for the is very injuri-

ous, as it dries the scalp and makes the

hair brittle.

The best thing to use 's just plain

mulsified cocoanut oil, for this is pure and entirely greaseless. It's very cheap,

and beats anything elas all to pieces. You can get this at any drug store,

and a few ounces will last the

By Washing It

am completely cured.'

Co., Limited, Toronto, Ont. Don't Spoil Your Hair

FOSTER TELLS WOMEN TO KEEP THE VOTE **APART FROM PARTY**

ceived its battle flag and entered the

war on the side of the Allies.

Tells W. C. T. U. of the Ballot Responsibilities.

CCEPTED IF PAPERS
CANNOT BE SECURED

[Special to The Advertiser.]
[AWA, June 18.—The fulfilling of Fawar, Junes 18.—The fulfilling of Fawar, Junes 18.—The fulfilling of Fawar, which became a fact at the recent session of Parliament, Sir George from the subject of Domnilon-wide franchise for women, which became a fact at the recent session of Parliament, Sir George froster, minister of trade and commerce, and acting prime minister, impressed this audience with the serious responsibilities that had now fallen upon them.

mon are sick or bilious headache, nervous headache, headache from constipation, debility or indigestion and periodical and spasmodic headache, and undoubtedly the cause must be removed before permanent relief can be had.

Burdock Blood Bitters, that has been on the market for over 40 years, removes the cause of the headache, and not only does this, but also restores the

nis audience with the substitution of them.

Sir George urged the women to keep their ballots as a personal protection not belonging to this or that party or cuit, for the blind, unreasoning vote was not the best support of a party. A party did best that had to deal with conscientious individuals, which made it seek the principles of right to secure the vote of that element.

Sir George expressed mild amazement that such an intelligent body as the National Council of Women, when meeting in Brantford—or some of the membershad telegraphed him to ask if women's franchise was really an accomplished fact. He had imagined that they would have followed matters more closely than that. He warned his audience they must not rest on their laurels now that Dominion-wide temperance and prohibition had been obtained. All retrograde movements of reform were traceable to overconfidence and the secret of success in generations to come may lay in the teaching of the children.

UNMANNED DIRIGIBLE ADRIFT OVER ATLANTIC

num, has died at her home, Henleyhames, at the age of 81. She
been in failing health since the
of her daughter.

F. CONVENTION IN

SESSION AT TORONTO
ONTO, June 18.—The annual con-

R. B. BENNETT Reorganizing Lines ATTACKS GOVT.'S LONDON, June 18.—Speaking in the House of Commons this afternoon For-

No Right to Order Men Into Service After Once Exempted.

CALGARY, Alta., June 18. - R. B. Bennett, formerly director-general of national service and member of Parliament for Calgary, introduced a sensational case in the appellate division of the supreme court here today when he applied with the necessary court documents for the release from military service of Earl Lewis, a farmer, contending that as this young man previously had been exempted by a military tribunal the authorities had no further right to force him into ser-

Mr. Bennett argued for habeas cor pus.
Judge John Carson appeared for the military department. He said that from 30,000 to 40,000 young men drafted for military service would be affected by the ruling of the court in this case.
The case is based upon the question of exemption, but it is understood that the whole question of right to order men into service by order-in-council contrary to the selective draft, as imposed by Parliament, will be taken up.

The court ruled that the case should be continued. Major Carson is com-municating with Ottawa and will ap-pear Friday morning.

CANADIAN ODDFELLOWS.
TORONTO, June 18.—The 68th annual meeting of the grand lodge of the Canadian Order of Oddfellows opened here today, with the grand master, T. S. Hudson of Montreal, presiding.
The annual report pointed out that there had been fewer lapses and more initiations than during the previous year or for several years. The roll of members who have given their lives for the Empire overseas numbers 23.

BAD FIRE IN BARRIE.

BARRIE, June 18.—The day of the vice-regal visit to Barrie was marred by a fire which tent of nearly \$80,000. Starting from an over-heated Fisher Flour Mills at 9:45 the fire

GEE, I'M HAPPY MY CATARRH ALL GONE

Suffered Like a Boob for Years - Got Relief in Ten Minutes.

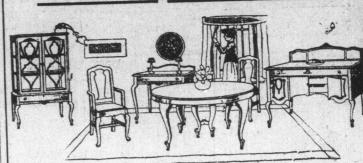
CATARRHOZONE DID CURE

That's the way hundreds of the boys around town are talking since Catarrhozone got into the drug stores. Nothing on earth like Catarrhozone to really cure

Catarrh, Colds or Bronchitis. "Catarrhozone"-it isn't a drug-it's Paris, June 18.—Fighting under the national flag of Poland, the First Polish Regiment of the first Polish divisions entered the front-line trenches opposite the Germans today.

Within the sound of the roar of the cannon and in the presence of civil and military authorities the regiment received its battle flag and entered the which lasts two months, price \$1; small size, 50c; sample size, 25c.

You'll Be Proud of This Beautiful Dining-Room



Carefully notice the beautiful lines of this suite. The illustration cannot do full finish or the fine grain of values we have ever offered the wood, but it does show the harmony of lines and For the young couple buythe dignity that are found ing their first dining-room Every piece displays the most careful workmanship, every detail is finished with scrupulous care.

Because we know the quality of this suite we can say that, without a doubt, justice to the dull rubbed it is one of the very finest in dining-room furniture. only in the best furniture. suite it will be a lasting source of satisfaction and a constant reminder of their good judgment in the rears

Price \$275.00

The Ontario Furniture Co., Ltd.

CIVIC STRIKE FOR TORONTO? TORONTO, June 18.—Civic en ployees at a mass meeting tonig





For Greater Food Production

> Thousands are going from the cities to the farms, this summer. Boys and girls, as well as men and women, will "do their bit" for Canada and the Empire. An army may "fight on its stomach", but it works on its feet. So does the farmer and his helpers. How is the voluntee: from the city to prevent the feet from becoming

cramped and over-tired, when working in the field or garden? IS THE ANSWER

They are cooler, and more comfortable than leather shoes,—support the ankles without binding-make steps light and buoyant as you plant, hoe, reap, pick fruit and berries and do your day's work with the least possible fatigue and trouble.

"WORKMAN" and "EVERY-DAY",-two staunch, serviceable shoes for such farm work—are made in sizes for men and boys,—while for women and girls, the

"ATHLETE B. BAL." will give splendid service. Be sure you take a pair or two with you when you go out to the farm.

Or-if you are working your own war garden in town, you will find "FLEET FOOT" the easiest and most comfortable shoes to wear.

The best shoe stores have "FLEET FOOT".

None genuine unless stamped "FLEET FOOT".