A "sameness" that is most enjoyable—the daily, unvarying goodness of a cup of "SEAL BRAND" COFFEE. It never fails to greet you with that same exquisite fragrance, amber clearness and delightful flavour, that win people with the first cup.

in 1/4, 1 and 2 pound tins. Whole-ground-pulverized-also fine ground for Percolators. Never sold in bulk. 184 CHASE & SANBORN, MONTREAL

RED CROSS AND C. W. C. A.



Dent's Gloves for New Year's Gifts

A gift of Dent's for the best.

> INSIST ON DENT'S

AdvertiserPatterns



Cover and Drawers.
This model is fine for crepe, nain-Where would we be today but for the gallant French army that bore the burden and heat of the awful strugburden and heat of the awful struggle at Verdun? Listen to what an Englie at Verdun? Listen to what an Eng ted Cross:

"There is no doubt that many of the voluntary hospitals in France are for a medium size."

"There is no doubt that many of the voluntary hospitals in France are for a medium size."

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"There is no doubt that many of the voluntary hospitals in France are for a medium size."

A pattern of this illustration mailed to any address on receipt of 10 cents

ADVERTISER PATTERN DEPT. Please send above-mentioned pattern,

Measurement: Bust Waist

Caution: Se careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust APPLE RECIPES measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25 or whatever it may be. If a skirt, give waist and length measure. When misser' or abild's real measure. measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write Apple Omelet -1.
"inches" or "years." Patterns cannot To 8 large apples, stewed very post

To Make Hand-Knitted Socks

Directions for Soldier Socks Issued by Red Cross Society.

ed today, and readers are requested to save the clipping for future use:

Save the clipping for future use:

For Socks With Foot Over 101/2 inches.

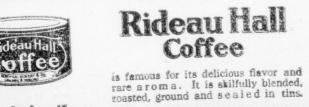
Cast on 68 stitches, knit four and a Cast on 68 stitches, knit four and a Begin at the front needle, knit one.

With sliced apples, sprinkle over the

gether purl one.
Turn, knit twelve stitches, slip one, turn, purl slipped stitch over, knit one, turn, purl one.
Turn, knit fourteen stitches, slip one, knit one, turn, purl slipped stitch over, knit one, knit one, turn, purl slipped stitch over, knit one, pull slipped stitch over, knit one, p lady friend as a delitrue, knit eighteen stitches.

cate compliment, New cate compliment, needle in next stitch of front comparisons, dealing of chamical standpoint, he says:

"That men eat 5 per cent or 6 per cent or



Pound tins 45c Smaller tins 25c

Gorman, Eckert & Co., Limited London and Winnipeg

bald-headed man, Go 'round with little baskets getting all the cash they can,

The preacher always talks with pa
when meeting is dismissed,
And when there's extra doings pa's
invited to assist,
And our Presiding Elder, Reverend Ebenezer Brown,
'Most always stays at our house every

ELDER BROWN'S BIG HIT.

children, too, And pa's a pillar in the church, and

owns a whole front pew, And pa and Mr. Watkins, who's a big,

time he comes to town, I used to be afraid of him. He seemed so big and tall, And kind of sad and solemn-like, I couldn't smile at all.
We children hardly dared to speak when he was in the house; But everyone just slipped about as quiet as a mouse, Ms said we needn't feel afraid; that he was just the same As pa or any other men, except a big-But we all feared that he could see just every thought we had, and so we kept a trying not to think of something bad.

But one time in the morning when the A COMFORTABLE UNDER-GAR.

MENT.

1885—Ladies' Combination of Corset
Cover and Drawers.

This model is fine for crepe, nain
ook before lower of the first product of the first p

We knew that there'd be trouble. Rover is so very proud, And sort of overbearing that he never

A cat to dare to boss him; so he made a great big leap,
And he and pa and Tabby, they all
tumbled in a heap,
Oh, say, but it was awful! I saw brother

Age tif child's or misses' pattern) And since that time we've liked him, 'cause we know he's just like us,

reach you in less than one week from and mashed fine, add 1 cup of sugar. the needs of the French hospitals, the barest necessities, chiefly warm clothbarest necessities, chicky depend and half tablespoonful cornstarch disprincipally, are withdrawing our sup- solved in 3 tablespoons of milk. Stir at shall we say to France in this well and bake slowly 20 minutes. Serve

Apple Omslet-II.

Separate 4 eggs; best whites to a very stiff froth; then add the yolks and beat again, adding gradually 2 tablebegins to thicken, spread over it ayer of apple sauce. Fold, turn on

So many requests have reached Miss row until there are 68 stitches on the pare and cook in a syrup made by boiling 1 cup of sugar with 14 cups of the directions have been sent to the book of the health reaches are 68 stitches on the pare and cook in a syrup made by boiling 1 cup of sugar with 14 cups of water for 5 minutes. When the apples

the needle. Knit two and half teaspoon of cinnamon. Add half ogether, knit one.
Second needle—Knit one, slip one. layer of buttered bread, with the butslain to end of needle.

Third needle—knit plain to within hree stitches of the end, knit two to-

knit one.
three plain rounds, then de- MARGARINE VS. BUTTER

resse as before. Knit another three lain rounds, then decrease as before. Value of the Substitute is Being Dis-

An Interesting List of Bargains

and Good Values for the Last Saturday of 1916, at Gray's

CLEARANCE OF CHILDREN'S DRESSES

These are all this season's styles, in serge, merce rized poplin and corduroy velvet, marked at very special prices for quick clearance.

MERCERIZED POPLIN DRESSES Reg. \$3.25, \$3.50, and \$3.75. Reduced to \$2.50, \$2.75, \$2.95

Children's Poplin Dresses, with cuffs and sailor collar of white pique, skirts with box pleats and black velvet girdles; sizes and colors as follows: 3 and 5 years in saxe blue, 4 and 6 years in nile Poplin Dresses, with pleated skirts, white checked muslin collar and cuffs; in red we have sizes 5 and 6 years, in navy 4, 6 and 8, in copen 4, 5 and 6 years; regular \$3.50. Sale price Saturday \$2.75 Poplin Dresses with white muslin collar and cuff s, white patent leather belts; sizes 3, 4, 5 and 6

CHILDREN'S SERGE DRESSES

Reg. \$3.75. Reduced to \$2.95

Smart little dresses are these, in navy blue serge, with pleated skirts, neat red embroidery on vest front, plaid pipings and

SERGE AND CORDUROY VELVET DRESSES Reg. \$5.00. Reduced to \$3.75

Children's Navy Serge Dresses, in middy style, pleated skirts with white cotton body; may be worn with another middy; middy waist, made with sailor collar and yoke, white lacing in front; one number with self girdle, collar and cuffs, others Another number in navy serge, in middy style, with plain skirt pleated in sides, attached to middy waist, red lacing and Children's Corduroy Velvet Dresses, with mercerized poplin yoke, collar and cuffs in colors that go nicely with material, self girdles; in navy we have sizes 5, 6, 8 and 10 years; in brown, 5 years; in Copenhagen, 5, 6, 8 and 10 years; regular \$5.00.

Items of Special Interest in the Staple Department

20 pairs of Wool Blankets, very special value, at 2 Comparison of Table 1 12 Comforters of extra heavy quality, in red or green Paisley patterns. Special clearance price\$1.50 each All White Flannelette Sheets, finished separately, plain and

twilled, in two sizes: Largest size, plain sheets90c each Largest size, twilled sheets \$1.10 each Smaller size, twilled sheets89c each Fancy Bath Towels, red or blue borders, with space for Colored Bordered Bath Towels in white with blue stripes or gold with blue stripes. Special price 29c pair inen Guest Towels, with fancy borders. Price ... 29c pair



Special Clearance of Winter Millinery

HATS WORTH UP TO \$12.00 FOR \$5.00.

We have only four dozen Trimmed Hats in our showrooms, all new and exclusive models in tailored and dress styles, in black and colors: they are worth up to \$12.00. Every hat marked to clear at ... \$5.00 each

Children's Hats Clearing at 98c

Children's Smart Little Corduroy Velvet Hats in full range of colors, marked for quick clearance at......98c

Hosiery and Underwear Specially Priced for Saturday MISSES' AND SMALL WOMEN'S COMBINATIONS.

WORTH \$1.75 A SUIT. CLEARING AT......98c This is one of the best underwear bargains we've ever offered. These garments are exceptionally fine quality, nearly all wool, with long sleeves, high neck and ankle length; they are worth \$1.75 suit, but as we only have sizes 32 and 34 left we are clearing these Saturday at 98c

Ladies' Vests and Drawers, in grey and white, vests with high neck and long sleeves, drawers open or closed. Special others union, medium and winter weight; worth 35c and 50c

Ladies' Hose Specially Priced For Saturday, Only 35c Pair

These are Fine-Ribbed All-Wool Black Hose, in sizes 9, 91/2 and 10. On sale for the one day only at 35c pair Or three pairs for\$1.00

Special Clearance of Ladies' Fancy Collars

Fine White Organdy Collars and Vestees, plain and pace trimmed, in high and low effects; regular 25c to 75c. To

Ladies' Leather Handbags Clearing at 25c Each

These are a lot of odd Handbags in ,sued, and grain leather, with strap handles; regularly 50c to \$1.00. To



SOLVING THE SERVANT PROBLEM

One Housewife Tells of Her Experience With a "Day-Worker."

Turn, knit eighteen stitches. Silb one can knit eighteen stitches the control of the centre of the centre of the control of the cent

service I pay from \$15 to \$17 a month during the week and four hours the other four days. This allows the washing and ironing to be done on the six hour days, the work being planned as hour days, the work being planned as follows: The skin turns relieved the standard of the six of its work. The skin turns relieved the six of its work. The skin turns relieved the six of its work in a liver upsets the whole during the week and four hours the other four days. This allows the washing and ironing to be done on the six hour days, the work being planned as hour days, the work being planned as follows: the dinner dishes, acraped and follows: the ignorant, careless servant wastes in actual materials much more convenient and other four days. This allows the washing and ironing to be done on the six hour days, the work being planned as follows: the dinner dishes, acraped and follows: the ignorant, careless servant wastes in actual materials much more than the amount of her wages—to say the liver to work: best for biliousness, with the breakfast dishes—the first with the breakfast dishes—the first thing in the morning and the veget thing in the morning and the veget and four hours two days during the week and four hours the other four days. This allows the washing and ironing to be done on the six hour days, the work being planned as follows: the dinner dishes, acraped and four hours the other four days. The work being planned as follows: the dinner dishes, acraped and four hours the other four days. The washing the week and four hours the other four days. The washing the week and four hours the other washing the week and four hours the other four days. The washing the week and four hours the other washing the washing the week and four hours the other washing the week and fou

himself was single, his mother and sisters being well provided for from their shares in the shop, he thought he was the more suited. Mackay, the assistant agreed promptly, and presently found himself in command of the business. But a few months later the master was immbfounded to meet his late assistant, attired in khaki "somewhere in France."

THAT I IVED IC NO COOD

AGENTS FOR THE LADIES'
HOME JOURNAL PATTERNS

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class very different from the ordinary groups were compared, after careful servent girl—and the opportunity to add selection of individuals of nearly the to a small income is eagerly welcomed same height and weight, the men were found to produce about 12 per cent more WHY MEN EAT MORE THAN
WOMEN.

That men eat 5 per cent or 6 per cent
non-athletic and companions, dealing only with
non-athletic and companions of the

> A CLEANER AND A DISINFECTANT.

DIRECT TO CONSUMER. preen Onions, Lettuce, Mint, Parsiey, Radish, Watercress, Herbs, each Cabbage, per 1b. Sc. Savoy, each 10c

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