

It would be necessary to have an abundant supply of water and a good system of drainage.

The flooring should be impervious to water, say of asphalt, or material somewhat similar in character.

The removal of the fat-melting establishments, especially, from the neighborhood of the various soap factories would be a great boon to the inhabitants living in the vicinity of those factories, as frequent complaints have been made from time to time of the disagreeable effluvium arising from them during the melting operation.

It is scarcely necessary to add that the concentration of those interests in one or two places outside of the city would not only enable the proprietors or authorities to carry them on at much less expense than at present, but would also set free large quantities of valuable land in various parts of the city which might be used for other purposes, so that not only would the land in question become more valuable, but also the properties in the immediate vicinity would greatly increase in value.

There are many other matters in relation to this subject to which I have not referred, but I shall possibly take up the subject in a future number of the PUBLIC HEALTH MAGAZINE.

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## PHYSICAL EDUCATION.

BY MR. FREDERICK S. BARNJUM.

The approach of the period for resuming school duties, and the consequent return of hundreds of children to our city, for the purpose of pursuing their studies, induces me to offer a few words of advice to parents on the subject of physical education, not as opposed to, but as I would have it, proceeding side by side with mental education. My experience warrants me in speaking with confidence, as I have for some years past been carefully studying the matter, and watching closely the effect of properly graduated exercise on children of both sexes, and the result has convinced me that physical training is not a mere pastime, but a necessity.

To this I am aware many will reply, "Well, but we have got on very well in the past without all this sort of thing." Very