SUNDAY-SCHOOL LESSONS, FOURTH QUARTER.

LESSON 8.]

THE CHRISTIAN ARMOUR.

[Nov. 21.

Ephesians 6. 10-20,

GOLDEN TEXT.—Be strong in the Lord, and in the power of his might.—Eph. 6. 10.

Memory Verses, 13-17.—(Read the whole chapter.) Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

Stand therefore, having your loins girt about with truth, and having

on the breastplate of righteousness;

And your feet shod with the preparation of the gospel of peace;

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

And take the helmet of salvation, and the sword of the Spirit, which is the word of God.

To the folks at home: Please help the little folks to learn this lesson.

LESSON STORY.

To-day's lesson is part of a letter which Paul wrote to his old friends, the Christians of Ephesus. He tells them of the Christian's great enemy, Satan, and speaks to them as soldiers, and gives them some good war rules.

Jesus is our great captain. A good soldier must be "strong in the Lord," Paul says, "Put on the whole armour of God." Paul names the pieces of armour we must wear: the girdle, the breastplate, the shoes, the shield, the helmet and sword. The girdle is Truth, and the breastplate Righteousness, not ours, but Christ's. The shoes are Peace, and the shield Faith. The helmet is Hope, and the sword is the Word of God. All this armour is ready for us if we will put it on.

LESSON QUESTIONS.

- 1. Who is our great enemy? Satan.
- 2. Who is our great captain?

 Jesus.