



## SICK HEADACHE

**Positively Cured by These Little Pills.**  
They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, and TORPID LIVER. They regulate the Bowels and prevent Constipation and Piles. The smallest and easiest to take. SUGAR COATED. PURELY VEGETABLE, do not gripe or purge. Their gentle action pleases all who use them. **SMALL PILL, SMALL DOSE, SMALL PRICE.**

## TO ADVERTISERS!

For a check for \$20 we will print a ten-line advertisement in One Million issues of leading American Newspapers and complete the work within ten days. This is at the rate of only one-fifth of a cent a line for 1,000 Circulation! The advertisement will appear in but a single issue of any paper, and consequently will be placed before One Million different newspaper purchasers; or FIVE MILLION READERS, if it is true, as is sometimes stated, that every newspaper is looked at by five persons on an average. Ten lines will accommodate about 75 words. Address with copy of Adv. and check, or send 50 cents for Book of 256 pages.  
GEO. F. ROWELL & CO., 10 Spruce St., New York.

We have just issued a new edition of our Book called "Newspaper Advertising." It has 256 pages, and among its contents may be named the following Lists and Catalogues of Newspapers:—  
DAILY NEWSPAPERS IN NEW YORK CITY, with their Advertising Rates.

DAILY NEWSPAPERS IN CITIES HAVING more than 50,000 population, omitting all but the best.  
DAILY NEWSPAPERS IN CITIES HAVING more than 20,000 population, omitting all but the best.

A SMALL LIST OF NEWSPAPERS IN which to advertise every section of the country: being a choice selection made up with great care, guided by long experience.

ONE NEWSPAPER IN A STATE. The best one for an advertiser to use if he will use but one.

BARGAINS IN ADVERTISING IN DAILY Newspapers in many principal cities and towns, a List which offers peculiar inducements to some advertisers.

LARGEST CIRCULATIONS. A complete list of all American papers issuing regularly more than 25,000 copies.

THE BEST LIST OF LOCAL NEWSPAPERS, covering every town of over 5,000 population and every important county seat.

SELECT LIST OF LOCAL NEWSPAPERS, in which advertisements are inserted at half price.

612 VILLAGE NEWSPAPERS, in which advertisements are inserted for \$2.15 a line and appear in the whole lot—one-half of all the American Weeklies. Book sent to any address for **THIRTY CENTS.**



## A WONDERFUL PRODUCT

The precipitate obtained by evaporating the water of the Wonderful Medical Lake Mineral Spring of Spokane County, Washington Territory, and from which the

## TOTEM OF HEALTH REMEDIES

Are prepared here, is indeed a remarkable product of nature. The actual cures that have resulted from the use of these remedies in Ontario—cases that, in many instances, had baffled the best medical skill of the Dominion—are attracting universal attention.

They are not confined to any particular class of ailments, but cover a wide range of human suffering.

**RHEUMATISM,  
DYSPEPSIA,  
CATARRH,  
PARALYSIS,  
KIDNEY TROUBLES,  
SALT RHEUM,  
ERYSIPELAS,  
ECZEMA,**

In fact, all diseases of the Blood and Skin are readily and permanently cured.

## ONE DOLLAR PACKAGE WILL MEDICATE 20 GALLONS OF WATER,

And 20 Gallons of medicated water will cure almost any case of Catarrh, Kidney Trouble or Eczema.

W. N. Learn, of Westminster, whose name is familiar to all lovers of good cheese, says:

"I suffered 18 months from Eczema or Ivy Poison. I paid \$150 to doctors and used \$16 worth of Cuticura remedies without securing any benefit. By this time my system was thoroughly poisoned. I offered one of the leading physicians of London a horse worth \$150 to cure me, which he declined to undertake. On the 29th day of September I purchased \$1.50 worth of TOTEM OF HEALTH REMEDIES, and in 14 days I was entirely cured, and I make this statement and authorize its publication in order to benefit others."

Ask your druggist for

## TOTEM OF HEALTH,

OR SEND US \$1.00.

Totem of Health is no patent humbug, but a pure and peerless product of nature. This world is its field, and to do good its mission. Try it, and if not satisfied we will return your money.

TOTEM OF HEALTH CO.,

LONDON, ONT.