



Lloyd George

An interesting visitor in the city is Miss Florence Hilder, of London, England, who with her mother has been the guest of Mr. and Mrs. Chandos Lee, Ridout street, for the past month. Miss Hilder, who is engaged in departmental work in the ministry of labor, has some unusual experiences to record of her duties during the war. With three or four others, she formed

With three or four others, she formed the original staff of the ministry of munitions at the outbreak of the war, this staff being later increased to over

360 workers in the registry department

alone, where Miss Hilder did supervising duty.

A chat with the English girl reveals one or two intimate bits in the lives of that vast army of routine workers be-hind the fighting army of England.

"When the work grew by leaps and bounds and it was necessary to add daily to the staff, there were applications from every type of person image inable," Miss Hilder explains. "We had scores of woman formerly domestics.

day's enormous mail, were leasier than elsewhere. Then we had some of the leading women of the old English fam-

With characteristic British indiffer-ence Miss Hilder discusses the air raids

in which on many occasions she tool

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ilies offering their services for any sor

INDIFFERENT TO

Social and Personal

Mrs. Harry White was the hostess of a very delightful afternoon picnic at her summer home in London Township yesterday when she entertained the members of the executive of the Women's Canadian Club with the members of last year's executive.

A pretty church wedding took place at St. Williams on Wednesday. June 30, when the marriage was solemnized of Jeanette, youngest daughter of Mrs. Brock and the late John S. Brock, of St. Williams, to Harold M. Jackson, youngest son of J. B. Jackson, or Simcoe: The Rev. Arthur Shore, rector of Grace Church, Ilderton, officiated There were a great many guests and

Lawson-Walker.

A delightful garden party was held on The Bastern points.

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Thousands of women have testified in the last 25 years regarding the healing qualities of Dr. MARTELS FEMALE PILLS. A Scientifically prepared remedy for delayed and painful menstruation. Sold only in a Patented Tin-Hinge-Cover Box, At your Druggist, or direct by Mail, price \$2.00, Knickerbocker Remedy Co. II Front St. East Toronto, Canada.

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White Wagons

a bouquet of Ophelia roses. Numerous costly presents were received. The bride's traveling costume was a navy blue serge suit with hat to match. The young couple left later in the afternoon for Sarnia and points farther west. On Matheson's farm near Embro.

Robertson-Munro. The home of Mrs. Bessie L. Munro

Durham, was the scene of a quiet wedding this week, when her daughter. Jessie Winnifred, became the wife of with her two nephews to spend six weeks at her Grand Bend cottage. Miss Ada Payne, of Chatham, will join Mrs. Patterson.

Mr. H. F. Hill, of 734 Nelson street, and Mr. F. Hill, of Grey street, are spending their holidays at the Muskoka lakes.

Miss Freda Shorter.

Miss Freda Shorter.

Jessie Winnifred, became the wife of Lorne Forbes Robertson, M.D., only son of Dr. and Mrs. J. A. Robertson, of Dr. and Mrs. J. A. Robertson, Stratford, in the presence of only immediate relatives and friends. Mrs. Robertson, who is a graduate of the Stratford General Hospital, was overseas with the American army and since with the with the American army and since with the American army and since with the American army and since with the with the same army and since with the with the with the same army and since with the with the army army and since with the with the same army and since with the with the with the same army army and since with the with the with th

Y. W. C. A. NOTES

Lenmore Superintendent.

There were a great many guests and the bridal party included the train of attendants customary in pre-war days.

On returning from their honeymoon up the lakes, Mr. and Mrs. Jackson will street Y. W. C. A., has just been ratified, and Mrs. Brooker entered upon their honeymoon will street Y. W. C. A., has just been ratified, and Mrs. Brooker entered upon the preparative mew duties yesterday. The personal the preparaher new duties yesterday. The personal supervision of all meals, the prepara-A very pretty wedding of Wednesday afternoon, June 30, took place at the residence of Mr. and Mrs. J. H. Walker, Mercer, Ontario, when their eldest daughter, Alma Bernice, became the bride of Rev. Peter Harold Lawson, son of Mr. and Mrs. P. H. Lawson, Wharncliffe road, London.

The ceremony was perfermed at the preparation of all needs, the preparation of table matters are some of the daily tasks which this competent and most scientific lady will perform, tasks which, while most alarming to the amateur housewife, are greeted with the utmost coolness by Mrs. Brooker.

A peep preparation of all needs, the preparation of table matters are some of the daily tasks which this competent and most scientific lady will perform, tasks which, while most alarming to the amateur housewife, are greeted with the utmost coolness by Mrs. Brooker.

The ceremony was performed under an arch of ferns and roses by the Rev. W. J. Spence, of Toronto, brother-in-law of the groom.

The bride, who was attended by her sister, Miss Geraldine Walker, wore a charming gown of white silk and georgette, with yell and or near blossesses and the serving pantry at Lenmore a few minutes before the find-day meal is served gave. The Pres representative a second's chat with the busy superintendent, under whose eye scores of plates of the most delectable desert were filling at lightening speed, pats of dewey, cold butsister, Miss Geraldine Walker, wore a charming gown of white silk and georgette, with veil and orange blossoms, and carried roses and sweet peas. Mr. Gerald Lawson, of Victoria College, brother of the groom, was best man, and Miss Jean Beattle played the wedding march, while during the signing of the register Miss Irene Imeson sang "O Promise Me."

The bride will be greatly missed in an anounce of the register Miss Irene Imeson sang to the register Miss Irene Imeson sang "O Promise Me."

The bride will be greatly missed in an anounce of the register Miss Irene Imeson sang to the most active in the various organizations. Then groom, who has been lately ordained, is pastor of the Methodist church at Rutherford. Mr. and Mrs. Lawson will reside in the parsonage at Rutherford on, their return from their honeymoon, which will be spent at Niagara Falls and other Eastern points.

Chatham Garden Fete.

A delightful garden party was held on Tuesday evening at the home of Mrs. and with Mrs. Brooker at the helm, there seems in doubt that the service will be quick and marvelously efficient. Chatting with Mrs. Henderson, gentral that the service will be quick and marvelously efficient. Chatting with Mrs. Henderson, gentral that the home of Mrs. and with Mrs. Henderson, gentral that the service will be quick and marvelously efficient. Chatting with Mrs. Henderson, gentral that the home of Mrs. The part of the more worlds to conquer the first paltry 100. The first paltry 100 is any this Alexander at the helm, there seems in doubt that the service will be quick and marvelously efficient. Chatting with Mrs. Henderson, gentral that the paltry is the word of the market the home of Mrs. A delightful garden party was held on Tuesday evening at the home of Mrs. The part of the market were filling at lighting the signing of the were being transferred from their low of its was a scenario from their the were being transferred from their low of the were have the damark the main items on the dinner ment were provided to the main items on

Camp News.

The St. Thomas Y. W. C. A. has had a peep into the Port Bruce camp and are so delighted with this summer fairyland for girls that they have rented it from the London "Y" for the last two weeks in August, when the local program has been concluded. Miss Helen D'Avignon, who is with her girls for the entire six weeks, has been coaxed into remaining as a sort of supervisor of the St. Thomas girls when they go down.

And, speaking of the camp, it is in
how often his sister will expect to visit you?

Will it tell you whether he will filing his soiled collars behind the piano, under the bed, or into the hamper?

Will it tell you whether or not he writes free verse?

Will it tell you whether or not he writes free verse?

Will it tell you whether he is going to grave them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of their clothing by making them to take eare of ther clothing by making them to save time with ear of their clothing by making them to save time by orderliness, by making them to save time by orderliness, by making them to save the deprivation caused when a lost or carelessly used garment has to be re-twill be a carelessly used garment has to be re-twill be a careless

they go down.

And, speaking of the camp, it is interesting to note that the little group of "Y" girls at Port Bruce are luring in all the girls of the neighborhood to join in the sports and other joys of camp life, and that instead of just a camping ground for one or two groups the Port Bruce headquarters are becoming a community center, which is giving untold joy to scores of little maidens in the surrounding country.

And the is going to be!

Because every man is a unique chemical combination.

Add matrimony, and you never can foretell what he will turn into.

And the only thing of which you can be sure, is that it will be something different!

So, perhaps, after all.

It's just as safe to pick out your future mate, by flipping a coin, or counting the buttons on his coat—

"Eenie-meenie-minie-mo—You're it!"

GIRLS! USE LEMONS

FOR SUNBURN, TAN

Try it! Make this lemon lotion to whiten your tanned or freckled skin.

a bottle containing three ounces of Orchard White, shake well, and you much more than we have a quarter pint of the best freckle, Possessions sunburn and tan lotion, and complexion whitener, at very, very small cost. weigh us Your grocer has the lemons and any drug store or toilet counter will supply down. three ounces of Orchard White for a Ry. Cana few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands and see how quickly the freckles, sunburn, windburn and tan disappear and how clear, soft and white the skip becomes. Yes! It is

THE MARRIAGE MILL

BY MILDRED K, BARBOUR. (Copyright 1920, by The Wheeler Syndicate, Inc.)

XII .-- A PROVOKING INCIDENT.

We'd better walk, slippers or no slip-"I don't think so, dear, and be-sides—" He stopped and took out his watch,

"And after the first snopping foray, it will be impossible to locate you when I want to go to town," she prophesied merrily. "And when the bills begin to come in— Oh, how you'll frown, and I shall be very frightened!"

"You young imp!" he laughed. "I don't believe you'd fear man or devil."

"Perhaps not," she answered demurely, "for the devil is also supposed to be a man—though why a lady couldn't You know Maplewood's unspeakable service. It's nearly seven-thirty now. Osborne stopped in uncertainty.

"Why not phone for your own car?"
Alison suggested. "If your Aunt Myra hasn't time to bring it, surely someone else could."

"Why not phone for your own car?"
Alison suggested. "If your Aunt Myra hasn't time to bring it, surely someone else could."

"Y, for the devil is also supposed to be a man—though why a lady couldn't keep hell just as well, I've sever been able to understand. She can always raise it, can't she? However, she added. while her young husband drew an amazed breath, 'I do fear women aw-

RUTH CAMERON

What If the War Is Over.

Does patriotism have to stop the

practicing a virtue which was one of

the finest expressions of war patriotism,

which did as much to win the war as any other virtue, and which is still

more needed by our country than any

virtue in the calendar? I refer, of

But we got so tired of saving during

But thrift, my friend, does not nec-

hat thrift means, according to a very

high authority on the subject:
"Planning meals that provide the full necessary nourishment at least

in preparation, at table, and by use

possible, by gardens, poultry, and s

"Purchasing clothes in terms of a planned wardrobe instead of a bargain impulse.

'Using care as regards laundering carefully, removing spots promptly.

carefully, removing spots promptly, pressing, storage and disposition of clothes between seasons.

"Choosing a house and furniture suitable for family needs rather than

for heating and cooking, to reduce fue

consumption.

"Economy of light by careful consideration of size and number of lights necessary and by burning only when

Saving time by a daily and weekly plan for housework, by simple living by convenient workrooms, by efficien

"Teaching children thrift. Training them to take at the table only what

the war, says someone. We saved and

saved and saved, and now we want to

ninute war is over?

course, to thrift.

o rust; let e he refrigerator

utensils.

Of course not. What a silly

TALKS

Reflections Bachelor Gir

X-RAYING A LOVER.

essarily mean saving. It does include some saving (where possible), but it has a different and much larger meanhas a different and much larger meaning than just saving.

Thrift means wise spending.

Roosevelt's definition is, "Thrift is common sense applied to spending."

I know some young people who, because they have a comfortable income hatween them can save goodly amounts.

them to take at the table only what they will eat: training them to take eare of their clothing by making them share in the work of cleansing or in the deprivation caused when a lost of carelessly used garment has to be re-

different!
So, perhaps, after all.
It's just as safe to pick out your future mate, by flipping a coin, or counting the buttons on his coat—
"Eenie-meenie-minie-mo—You're it!"
As to have him X-rayed
And soul-photographed!

THE CHEERFUL CHERUB

A bird, unburdened by a thing, Can flit from field to town . He owns the world

G W V A TO ATTEND **UNVEILING ON SUNDA**

Ceremony in Connection With Lorne Avenue Monument Takes Place To-Morrow

Final arrangements have been made for the unveiling of the Lorne Avenue London Visitor Has Often Met School monument, which will take place Alson's small foot tapped the walk on Sunday afternoon at 4.15. Timpatiently. She looked away down the W. V. A. will parade in a body. "Where is your car." asked Alson in surprise as she and Lawrence went down the garden path on their way to dine with his family.

The big blue car, which had become such a permanent fixture at the Athefton curb during Osborne's impetuous courtship, was not in its accustomed place.

"The family went home in it," replied Lawrence. "Myra drives, you know." Alison bit her lip.

"But shouldn't they have sent it back to us?"

"Probably never thought of it. I should have gone after it if I thought you wanted it, sweetheart, but it's a short walk and a corking evening."

"It'll be great buying you pretty impatiently. She looked away down the street and her dimple was in temporary abeyance. She was beginning to real-time timpatiently. She looked away down the street and her dimple was in temporary abeyance and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance and the dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance almost the street and her dimple was in temporary abeyance. She was beginning to real-time their band in attendance, and the speakers will include Principal Snelgrove, Col. Reason and Col. Coles.

The Rev. G. Quintin Warner will conduct the accompanying service and will, at a given signal, unveil the big grante builder, which bears on its bronze tablet the names of 23 ex-pupils of Loren Avenue School who laid down their band in attendance.

The Rev. G. Quintin Warner will include Principal Snelgrove, Col. Reason and Col. Coles.

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The Rev. G. Quintin Warner will speakers will include Principal Snelgrove, Col. Reason New York, where she has a theatrical engagement.

New York, where she has a theatrical his daughter, Sybil, are visiting at the home of his sister, Mrs. S. O. Lancaster, Mrs. S whose names appear on this tablet of honor. The stone, which rests on a cement base, is placed in the green en-

stones as additional foundation. The name of Pte. Frank Reid was omitted from the list previously announced, but will appear on the tablet, making a total of 23. I will appear on the tablet, making a total of 23. I will appear on the tablet, making a total of 23. I will appear on the tablet, making a total of 23. I we had scores of women formerly domestics, or connected with some work far removed from clerical matter of any kind. They were willing, and help was so scarce that they were kept on in the registry department, where the duties, simply the recording of the duties, enormous mail were tagging than Beauty Chats By EDNA KENT FORBES.

Reduction Don'ts.

of war work. They liked something in-teresting, and the daily routine work was dreadfully dull, so very often, as they were equipped by education and training for higher duties, they went The best doctors who make a spe The best doctors who make a specialty of reduction agree that food, and food only, causes fat. There are some people, of course, who will get fat on a smaller quantity of food than others. These are people whose perves others. These are people whose nerves most comfortable, except in an air and digestion are in excellent condition and who have, as the scientific people phrase it, a high metabolism.

Since food and food only causes fat, know, though as a matter of fact we this should give you the cue as to what you should do to get rid of it. So for to-day I would like to impress a few INDIFFERENT TO AIR RAIDS.

Don't take anti-fat medicine except under the supervision of a scientific. educated physician. There is no such thing as "positively reducing without Don't take drastic purges.
Don't take violent exercise at first. Don't take too many or too prolonged

'urkish baths.

Don't take Epsom salts baths.

Don't try everything your friends rec-And don't despair. And don't despair.

It's perfectly possible for you to be as slim as you want—If you really want to. But remember that the methods you try must at least be logical. If you have eaten yourself fat, certainly the most logical thing is to diet yourself thin you won't mind it at all. self thin. You won't mind it at all when you get used to it.

Toby.—You are undertaking quite a bit in entertaining 20 girls in an apartment as small as yours. Wouldn't it be cause they have a comfortable income between them, can save goodly amounts each year; but I do not call them thrifty for, though they save money, they waste wealth in appalling ways—buy clothes hastily and have to discard them because they are not suitable; leave good tools out in the rain ment as small as yours. Wouldn't it be easier to manage 10 girls at a time? You can get any number of suggestions for new games from books and magazines at the library. The easiest way to manage lunch would be to serve it buffet style with everything on the table and everyone helping themselves. I would suggest salad, sandwiches. coffee, cake and ice cream, and, if you wishe hot boullion served in cups. able; leave good tools out in the rain to rust; let expensive food spoil in Are you thrifty? Here are some of the concrete things wish, hot boullion served in cups.

L. O. C. G.—A lingering cough very frequently follows influenza. All you need is a tonic and a general building-up. I would suggest cod liver oil as the best or some emulsion of fats. Clear out the throat and head a couple of times a day by spraying and gargling with antiseptics.

Raye Chill.—If you suspect a goitre is coming, consult at once the best spe-cialist you can find.

VERY NECESSARY. "I hope, of course, to leave footprints in the sands of time." "It requires sand to db it."

Summer Clothes Soil Quickly

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are now complete. SAVINGS AND HOUSEHOLD ACCOUNTS INVITED

Safety Deposit Boxes to rent at a moderate charge, WAR LOAN COUPONS CASHED FREE All Banking Facilities

Capital and Reserve - - \$35,000,000 interesting to me to see how the vivid imagination of the people came into play. They rushed into the station with dreadful stories of mangled bodies lying out in the streets, which, of course, they had never seen at all, but I suppose they were excited and perhaps a bit city," she said en

tioned outside.

with the premier during his administration, Miss Hilder laughingly declared saling on Saturday to resume that she had shaken hands with the duties in England. Mrs. Hilder will great man on several occasions. "He main in Canada during the summer.

never succeeded in touching the Government offices," she remarked serenely, "though that seemed to be their main objective, and bombs fell on all sides of us. The worst raid I experienced was in Charing Cross station, when they bombed the Strand. It was interesting to me to see how the vivid imagination of the people came into

her impressions of Canada, the ques-tioner was yet rewarded by Miss tioner was yet rewarded by Miss Hilder's own opinion, given with re-"I love your green, airy, beautiful city," she said enthusiastically, having been so fortunate as to strike London the Less in midsummer holiday at-

LLOYD GEORGE.

Nonunion hours claimed Mill Hilder at her daily task after she took over the supervision of her department. "There were interesting things in connection with the work, and of course the mass of correspondence we handled daily was of interest, but that is the sort of thing that must not be mensort of thing that must not be men- over her rations, and who still sifts he doned outside."

Asked as to personal acquaintance with the premier during his administra
with the premier during his administra
weekly ration of sugar gingerly over the most needy items on her menu.

Miss Hilder leaves the city this week,

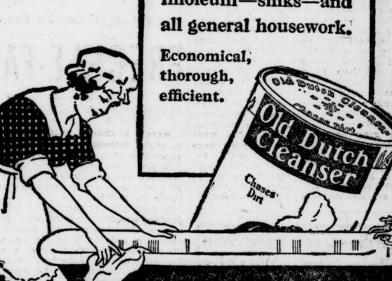
Direct from the tea Garden to the teapot

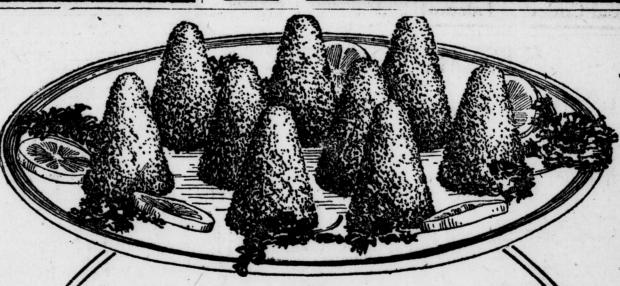
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For bath tubs—floors linoleum—sinks—and





Codfish Croquettes The EASIFIRST way

A DAINTY, satisfying and economical dish—when properly cooked! Use the recipe given here-just a wee bit of skill -and EASIFIRST. Your Codfish Croquettes will be light and delicious indeed. Why? Because in deep frying EASI-FIRST may be brought to an intense heat without burning. This means that foods fried in it have a quickly-formed, protecting crust which prevents the fat from soaking in. The interior cooking is done by heat alone, as it should be.

The EASIFIRST left over may be used again. It will not carry any flavor.

Here is a Good Recipe -Try It!

1 cup boiled codfish 2 cups mashed potatoes 1 cup thick white sauce 1/2 teaspoon pepper Salt to taste

1 tablespoon chopped parsley Shred the codfish, add potatoes,

pepper and parsley, then add the cream sauce. Shape, roll in crumbs and egg, then again in crumbs, and fry in a deep kettle of EASIFIRST. For Cream Sauce, 1 level tablespoon EASIFIRST, 2 level tablespoons flour, 1 cup hot milk, 1/2 teaspoon salt.

Every package of EASIFIRST bears the Government's stamp of approval. Your grocer will supply you, Sold in cartons and tins.

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