With many people constipation becomes a habit. And it is a dangerous habit which is certain sooner or later to cause serious disease.

"Daily movement of the bowels" is the first and most important rule of the liver and as soon as I set the liver and as soon as

ed from constipation ever since I can son, Bates & Co., Ltd., Toronto.

"Daily movement of the bowels" is resulted from a bad case of inactive the first and most important rule of liver, and as soon as I got the liver the first and most important rule of health. When the liver becomes torpid the flow of bile into the intestines is stopped and the bowels becomes constipated. But you can readily overcome this condition by using Dr. Chase's Kidney-Liver Pills. There is no treatment obtainable which the second of the liver and as soon as I got the liver working right I didn't have any stomach trouble or indigestion. I cannot praise this medicine too highly, and would advise anyone suffering from indigestion or constipation to use Dr. Chase's Kidney-Liver Pills. My husband also claims that these

gestive system.

Mrs. Herbert Doherty of Beaver
Brook, Albert Co., N.B., writes: "I can
truthfully say that Dr. Chase's Kidney-Liver Pills are a great medicine for constipation. I have sufferto the constipation of the constitution of the co

eh?" said Chud, eagerly.

"What is that?"

ruined hedge and stood ready

cing to where Chudleigh, pressing

Maud to his side, stood, with stick up-

Maurice Durant raised his dusky

"That is gracious of you, Mr. Chud-

leigh Chichester, considering that my

you. He is harmless," he continued

crossing to Maud, with a perceptible

softening of his deep voice-"harm-

less as a child where he is told to re-

spect. See!" and raising his hand,

he spoke again in some foreign tongue

Maud looked up, and, meeting the

joyful snort, commenced licking her

and, and with all a girl's love for a

big dog, Maud bent down and put her

arm around its shaggy neck, mur-

muring coaxing words, which seemed

to fill the dog with delight; Maurice

spring at Chudleigh.

raised, on the defensive.

of yours, Mr. Durant."

The Mystery Solved lotta for some time." at Last.

CHAPTER VIII.

A Solitary Life. "When am I coming to the cottage

dear? Oh, as soon as Chudleigh will "What's that, Maud?" said Lady

Mildred. "Waiting for Chud? We'll soon bring him to book. Chud," flashed around upon Mr. Clarence.

"Most happy, I'm sure," said he, with evident pleasure, while Chud- ing white and shapely by his side. leigh stood hesitating

"Thanks, aunt: we shall be very glad, shall we not, Maud? Seven, as usual, I suppose?"

"Yes, seven," said Lady Mildred "Now, girls, you must bring your conference to an end."

And the next minute the slede

was on its way again. "Who is Mr. Hartfield, Chud?" said Maud, as they walked briskly on.

"I don't know," said Chud, absently. "A son of the Earl of Crownbrilliants, I think. He's staying at the Folly."

"Staying at the Folly, and driving Aunt Mildred and Carlotta," laughed Maud. "Where are his manners?"

"Perished with his sense at his birth," said Chudleigh, curtly, adding, more graciously "Not much of il manners about it; Lady Mildred knows the earl and countess; and the Folly is Liberty Hall to all its visit ors, though I expect the Misses Gregfection of this curled fon-"

"Curled fop, Chud!" laughed Maud. "How severe! I am sure he is very good-looking-"

"Very pretty, indeed," said Chud leigh. "I have seen nothing to equal him since I poked the eyes out of that wax doll you had when you were a child; but"-and he laughed rather butterly-"he is a fascinating fellow, no doubt-at least, to judge from the happy faces of Lady Mildred and Miss Lawley."

and the dog, with a whine of humility, Maud looked up quickly, and read compenced dragging itself on its poor Chud's secret in a minute, but body towards Maud. with a woman's wisdom took care not "You could slay it as it lies now to let him know what she had learnhe said, "and it would not resist Have you recovered from your alarm

"I don't think Carlotta was oversufficiently to stroke it?" joyed," she said. "She is scarcely the girl to be much flattered or delighted commanding gaze of the dark eyes. at the attention of such an exquisite as Mr. Hartfield seems, although he is her hand, she touched the dog's noble as pretty as my poor doll."

"Did you think she looked bored

RHEUMATISM usually yields to the purer blood

the whole system and streng the organs to throw off the in and you must stand firm

fought one and killed it. Hast thou No Indigestion Gas not, Tigris?"

At the sound of its master's voice. he animal bounded to his side, but at gesture from Maurice, returned to Maud, who had now gained an upright position, and stretched itself at her feet again.

"Do you find much sport?" asked Chudleigh, glancing at the gun. Maurice Durant shrugged his shoulders.

"No," he said, "not much. I fear I have not sought it with sufficient breath or headache. which so promptly awakens the activity of the liver and bowels and thereby corrects derangements of the digestive system.

Dr. Chase's Kidney-Liver Pills

The chast of the digestive system.

Dr. Chase's Kidney-Liver Pills

The chast of the digestive system.

> with strange devices. "There are plenty of birds in the or us by thinning them? Sir Fielding said Maud, pouring balm of Gilead hall at your disposal." over her brother's wounds, "I am

glad we are going to-morrow, Chud. I was afraid we should not see Car- kind, but the rectory grounds afford agreeable. Eat what you like and "I was over there yesterday," said shooting I require," he added. courteously, but with sufficient coldness Chudleigh, trying to look indifferent. "Were you?" said Maud. "You to bring a hurt expression upon fly eat something which don't agree Juvenile Branch. He also took an ac-Chudleigh's face. didn't tell me, you naughty boy."

"Did I not?" said Chudleigh. "I was only just passing, and ____ to induce you to quit your solitary stomach derangement at daytime or What's the matter?" he broke off to life, Mr. Durant," he said, with a the quickest, surest relief known. nquire, as he felt Maud start, and grave smile. "I am commissioned by looking down, saw her staring in my father to entreat you to dine with walking quickly from them, and pat front of her among the trees. "Look!" she said, breathlessly. of prevailing upon you to accept such was standing looking after the strange a sans ceremonie invitation."

Chud looked, and saw the tall form of Maurice Durant leaning against a moment, and his piercing eyes wan-Mr. Hartfield to join us?" and she the trunk of an old oak, his head dered first from Chudleigh, then to with us to-night, Maud," he said, as bent upon his breast, one hand grasp- Maud, where she still knelt at a little his sister came up and took his arm. ing a fowling-piece, the other hangdistance beside the dog.

Then he said, slowly and with a The long cloak had been discarded sad, grave smile, that gave a mourn- she walked on. for a short coat made of wolves' fur. ful charm to his words:

"Mr. Chichester, you are right in exclamation, upon coming up to which, fitting tightly, displayed the magnificent figure to the best advan- thinking I love my solitary life, and where Maud had left the dog, for it tage. The Corsican cap was still re- am loath to leave it, even for a day. lay there motionless, with its head tained, but at the present moment it I have lived by myself, without a turned in their direction and whinwas lying at the feet of a huge mas- friend-save the dog, there-in city ing; "here's the dog," and he atand in waste—alone! Solftude has become almost a necessity to me, I master. But the dog refused to move, am unfitted for the social life. Still, wagging its tail and fawning upon was received by Mr. R. J. Develocate and therefore very convenient for the last night:

"And in waste—alone! Solftude has tempted to send it after its departing was received by Mr. R. J. Develocate and therefore very convenient for the section of the section as quickly as possibly; boat sunk at Cape Roger; if not here quickly will be a total many a man will come in and share in the horofits of this grand old Social life. Still, wagging its tail and fawning upon head, and with an ominous growl sprang at a clear bound over the am unfitted for the social life. Still, wagging its tail and fawning upon to to prove to you that I am not quite the hermit and anchorite I see you leigh. "I must run after Durant and half think me, I will dine with you tell him. It will never do to leave the At the sound of the dog's growl, its

naster looked up, and, striding for- to-night." "You will?" said Chudleigh. "Sir ward, uttered a command, in some Fielding will be delighted; for my- suit of Maurice Durant, calling the foriegn tongue, at the same time self-" He stopped, for his eager dog, who still, however, stuck fast to springing over the hedge and advanmanner had brought a regretful reluctance upon the dark face, and he feared that the promise would be

withdrawn if he continued. At the sound of his master's voice "We dine at seven," he said, "but however, the dog dropped on the ground with instant and most perfect if that is too early, or a later hour

than your usual-" submission, and Chudleigh, turning around with a whispered, "All right; "My usual hour for dinner." said don't seem frightened," to Maud, said: Maurice Durant, " is when I need it-"Good-morning; that is a fine dog seven, eight, or any time will suit me

equally well." "Then we shall expect you at sev-

en," said Chudleigh. "I will be with you," replied Maurice Durant, and with a slight inclinarough beast has somewhat frightened tion, he turned away.

Heart Fluttering

Easily Corrected. GOOD ADVICE TO FOLKS BOTHER-ED WITH PALPITATION, WEAK-NESS. ETC.

If your heart flutters, be careful An attack is liable to come on at any time. Excitement, over-exertion or emotion may cause it. If blood rushes to the head if pal pitation and short breath are noticeable, there's cause for alarm.

If you a want a good honest remedy felt bound to obey, so stretching out try Ferrozone. We recommend Ferrozone because we know it's just right for heart trouble. It cured A. F. Deattie, who lives at Allen Hotel, Bay "Immediately he animal, with a City, Mich. See if your symptoms re-

semble these: Some Symptoms of Weak Heart. Nervousness, Palpitation, Sinking Feeling, Heart Pain, Short Breath, Weakness. Mr. Beattle says:

rembling and sinking sensations.

"I was weak and miserable. Durant and Chudleigh looking down "I was subject to heart palpitation at the beautiful pair in eloquent si-"As I grew worse I began to have "You are friends now!" said Maurtrmbling and sinking sensations. e Durant, so suddenly that Maud "Ferrozone strengthened my heart

gave vigor to my nerves, soon made "Quite," she said, in a low voice, lifting her large eyes timidly to the heart, giving proper circulation and

"His name is Tigris-not because he

Or Stomach Misery In Five Minutes. "Pape's Diapepsin" for sour, acid

mach, heartburn,

speed in regulating upset stomachs. talion in It is the surest, quickest and most certain indigestion remedy in the Chudleigh looked at the weapon of whole world, and besides it is harmforeign make, with its parrel covered less. Millions of men and women now eat their favorite foods without fear—they know Pape's Diapepsin will save them from any stomach misery.

Please for your sake, get a large took it for granted that you would fifty-cent case of Pape's Diapepsin consider the grounds as well as the from any drug store and put your "Sir Fielding Chichester is most not here long, so make your stay me sufficient scope for what little digest it; enjoy it, without dread of rebellion in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the fam-"I am afraid we shall never be able indigestion, dyspepsia, gastritis or

us to-day, but I fear there is little use ting the dog, joined Chudleigh, who St. Thomas' Prize Day. Maurice Durant's face clouded for open, light-hearted boy of twenty.

*Mr. Durant has consented to dine Maud started and looked up, with a

"Hello!" said Chudleigh, with an Maud. "What a nuisance," said Chuden hedge and walked quickly in pur

his post beside the beautiful girl. (To be Continued.) Black tuile is charming with gold embroideries. Lovely voile frocks are of

colored voile.

The London Directory.

(Published Annually) nables traders throughout the World nunicate direct with English MANUFACTURERS & DEALERS each class of goods. Besides bein a complete commercial guide to London and its suburbs the Directory contains lists of

EXPORT MERCHANTS with the goods they ship, and the Col-onial and Foreign Markets they sup-

STEAMSHIP LINES arranged under the Ports to which they sail, and indicating the approximate Sailings: PROVINCIAL TRADE NOTICES

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AGENCY

Wholesale Indents promptly executed at lowest cash prices for all British and Continental goods, including Books and Stationery, Boots and Stationery,
Boots and Leather,
Chemicals and Druggists' Sundries
China, Earthenware and Glassware
Cycles, Motor Cars and Accessories
Drapery, Millinery and Piece Goods
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Hardware, Machinery and Metals,
Jewellery, Piate and Watches,
Photographic and Optical Goods,
Provisions and Olimen's Stores.

etc., etc., ion 2½ p.c. to 5 p.e. vocunts allowed

it. 50c. per box, or six for \$2.50, at call

like a tiger, but because he has The Catarrhozen Co., Kingston, Ont. | htmard's Liniment Cures Diphtheria.

Capt. Stanley C. Norsworthy, M.C.

stomach, heartburn,
dyspepsia.

"He took personal supervision of the operation in the front line, displaying of this time honoured Institution, and great courage and initiative. Later, although wounded, he remained at duty. He set a fine example of cooliness and devotion to duty throughout."

He is attached to the 15th Battalion, 5th Royal Highlanders, Montreal, and for his gallantry in the field won the Military Cross. His brother was killed work of a helping nature to which it also bends its energies. Induce-to ments are held out to ment to come in

Died at Roxbury, Mass.

Word was received in the city or stomach right. Don't keep on being a considerable while suffered from miserable—life is too short—you are partial blindness left here last October for the U.S. to consult a spe with the hope of regaining his sight, of the T. A. & B. Society and for some with them, or in case of an attack of tive part in our Annual Regatta and and two nephews (now on active ser during the night, it is handy to give vice) to whom the Telegram offers rest at Roxbury to-day.

The annual distribution of prizes to School took place at Canon Wood Hall yesterday afternoon. The Pastor, Rev. Dr. Jones, presided and expressed the great pleasure he felt at the splendid gathering of school children and cordially welcomed Mrs. M. G. Winter who kindly consented to present the prizes. During the past year the school has made great strides, which family is entitled to a mortality benefit of from sixty-four to eighty dollars. is shown by the number of pupils now The total strength of the There is also a bank in connection school is 56 teachers, 581 scholars or with the Institution which receives dein all 637, which is a creditable show

Picott arranged with the Messrs owring and Reid to have the steamers Portia and Argyle sent to the

Here and There. Turkeys, Geese and Chicken at

ranks. night the Blues and Greens will play he Inter-Division game.

way to St. John's where he is to superntend the erection of a building and nstallation of machinery for an artifical ice plant. AWAITING COAL CARGOES.

Stafford's Drug Store (Theatre Hill) is open every night till 9.30.—jan2,tf

RECRUITING SQUAD RETURNS. On Saturday night Lieut. H. Ross, Sergt. J. Robinson, buglers and pri-vates, who for the past two weeks were on a recruiting tour in Concep-ttion Bay, returned to the city and eport for forty recruits.

Grand "At Home',, under the uspices of the Star of the Sea Association, Tuesday night, Jan. 30th. Music by Myron-O'Grady Orchestra. Double tickets, \$1.00. Ladies' tickets, 50c.—jan29,1i

Monsignor Reardon.

Amount acknowledged . . . \$ 934.0 Geo. Walters, R.N. Co. . . . 1.0 brated English Hall comedian. A Amount splendid musical programme has been arranged by Professor McCarthy for this big week opening show; don't W. J. Walsh, M.H.A. 3rd inst. Mrs. Thos. Whelan, 7th inst. niss seeing it. Condr. Wm. Collins, 5th and A heated discussion took place the other evening between several ladies

The Total Abstinence Society.

receive any amount and at the expira

ion of a certain period will pay back

one who has been benefitted by it in

the past I feel it is my duty to do my

best to keep the old flag flying. Great

things can be accomplished by this old Institution yet, and many ideas of

ranks and enjoy the many privileges

"Whooping Cough" is also very pre-

alent amongst children, you can use othing better than "Stafford's Phora-

factured only by

above preparation is manu-

Theatre Hill, St. John's, Nild.

cross fund

\$1,010.57

MRS. A. J. RYAN,

DR. F. STAFFORD & SON.

.. Open every night till 9.30."

Placentia Red

T. Power, Dunville, 6th

Placentia, Jan. 26, 1917.

TOTAL ABSTAINER.

a beneficial nature can be conceive

The subjoined is taken from a Canadian Exchange, and refers to Capt. S. C. Norsworthy, M.C.,:—

Editor Evening Telegram.

Sir,—Now that Prohibition has come, some folks are asking "what is to become of the Total Abstinence Society" in this city. They seem to think that

talion in the memorable battle of ments are held out to men to come in Ypres. Before the war Capt. Norst to its ranks, and these are of a beneworthy was Manager of the Bank of ficient nature that means a great deal Montreal in London, N.S. It will be to the community. I think that when remembered he was attached to the Bank of Montreal staff here about a decade of years ago. the community become conversant with the benefits to be derived from becoming members of this Society, we will see a great influx of members come into its ranks, and that instead

we will see the memberhship grow month by month. The Club Rooms of this Society are first class in every

particular. The reading room contains a very valuable library and is well supplied with all the leading papers and magazines. It is nicely fur-Saturday from Roxbury, Mass., telling of the death of Mr. William Cox, nished and just the nice comfortable place where a man can spend a leisure hour. There is also an up to date billiard room, containing two billiard tables where the members can spend but while under treatment other com-plications set in and on Saturday he passed away. For upwards of twenty years the late Mr. Cox was a member is also catered to. One of the greatest benefits of the Society is that it has its Doctor to attend its members and their families, when sickness overtakes them, and this of itself is a strong argument in favour of keeping the Society not only in existence, but in was looked upon as a crack oarsman. Left to mourn is a widow, one sister doing everything possible to increase its membership. When we take into sympathy. The remains will be laid consideration the fact that the fees of a Doctor in a family dwindle down

Schooner Wrecked.

the money to the depositors with ac-crued interest. The hall is centrally The following message from Oderin situated right in the heart of the city was received by Mr. R. J. Devereaux and therefore very convenient for the last night:—

man who likes to spend a pleasant

CUDLING.—The Curling Associa-tion held a meeting on Saturday night and several new members were ad-

ARTIFICIAL ICE MAN-COMING. According to a Cape Breton exchange Mr. N. M. Bower, of Toronto, is on his

hen the S.S. Diana, which got her Saturday with a cargo of coal, was at rth Sydney quite a number of ships vere there awaiting their turns to get ers Eagle, Viking and Neptune.

Hundreds of people are suffering from Coughs and Colds at the present time. You may be as careful as you niserable Cough and Cold but you'll get it don't matter what you do—so "Don't Worry" while Stafford's Phoratene Cough and Cold Cure is obtain-

AT THE CRESCENT. The Crescent Picture Palace open the week with a thrilling sea irama: "Sons of the Sea" produced in 3 reels by the Lubin Company, and an lison comedy drama: "Clothes Make the Man," featuring Raymond McKee and a roaring comedy: "Billie's Debut" with Billie Reeves the cele

with reference to Cigarette Coupons. We regret being unable to publish full heir husbands and gentlemen friends (who were pipe users) smoking V. C. Smoking Mixture, because apart from the delightful aroma of this high lass mixture every 15 cent tin con-

Hockey Notes.

this evening's contest between the City and a representative team from the Regiment at the Prince's Rink has a two-fold object. Mainthe promoters of the game are not unaided in their patriotic endeavour, as a number of our zealous and self-sacrificing ladies will serve after the

Practically all the reserved , seat tickets are gone already indicating a big attendance.

The Governor and Lady Davidson

will be present. We repeat the players and their CITY—Power, goal; Tobin, point; Ford, cover; Watts, rover; Jerrett, centre; Brien, right; Trapnell, left. REGIMENT—L. Corp. Duley, goal; Lieut. M. Churchill, point; Lieut. Strong, cover; Corp. Winter, rover; Pte. R. White, centre; Corp. Mews, right; Lieut. E. Churchill, left.

Connoisseurs opine that the teams are evenly balanced and predict a hard fought struggle. The outcome will be awaited with interest All arrangements are Skipper Frank has spared no pains so far as the ice is concerned, and it is up to the fans and patrons generally

The Terra Novas and St. Bon's had tables where the members can spend an enjoyable evening. And if one cares for a game of cards, this pastime is also catered to. One of the greatest of the League fixtures on Wednesday

What a Gas Range Means for You. Mrs. Housekeeper.

the savings of the workingman to a large extent every year, and when we realize that the Doctor's services to the members of the Society cost only and how you have had to handle it one dollar and sixty cents a year, I all twice; first, carrying it up out of feel that the loss would indeed be a the cellar; then, from the kitchen to

great one were we to allow this privi- the ash barrel. lege to pass out of our hands. The entrance fee to the Society is very ashes to cart away; no more wood to small—one dollar and fifty cents, it may be a little more, but I think this smoke and no more reason why the fetch; no more coal dust; no more is the correct amount. The monthly kitchen cannot be kept as clean and fee is twenty-five cents, and when a as orderly as the parlor. The gas range means just this.

Saves 50 Per Cent. of Kitchen Cares. Half of the labor in the house is posits from its members. This Bank caused by dust from the coal range is open every Monday night and will Every time it smokes, no matter-how caused by dust from the coal range good the draught may be, clouds of It Eliminates Hard Work.

Use a gas range and you will live in the benefits of this grand old Soci-ety during the present year. And it is and, best of all, for the cook it makes just to show the men of St. John's the benefits to be had, that I write this a hot stove from two to three hours

letter. It is a Society that has done great work in this community, and as

At Cochrane St. Church At Cochrane Street Centennial Church yesterday, two very practical and achieved. Let every man who and up-to-date sermons were deliver-reads this letter give it his consideration, and I feel that instead of people "Self-Sacrifice" and by Rev. Dr. reads this letter give it his consideraed by the Rev. H. Royle, on behalf of
tion, and I feel that instead of people
asking what is to become of this Soclety, we will see them come into the One's Bit." Nearly one hundred mem-Nearly one hundred members of the Newfoundland Regiment were present at the morning service. The choir rendered suitable anthems

at both sermons.

Florizel Jan. 26: N. Y. Chicken. Tomatoes. Grape Fruit. Celery.

Cauliflower. Sausages. Lemons Oranges. Cabbage. Oysters. Haddie. Kippers.

Eggs. APPLES-Kings, Wagners, Blenheims, Baldwins,

Ben Davis. CLEANED CURRANTS.

100 cases, 1 lb. cartons. Strawberries in Glass Jars. Raspberries in Glass Jars. Green Peas in Glass Jars. Small Beets in Glass Jars.

10 cases Pure Maple Syrup. 30 cases Onions. PURITY BUTTER s butter for particular peo-

ple, 2 lb. prints only.

Military Road

Doctor Tells Eyesight Week

A Free Prescription You Filled and Use at I Philadelphia, Pa. Do you Are you a victim of eye straweaknesses? If so, you we know that according to Dr. real hope for you. Many y failing say they have had stored through the princip derful Tree prescription. after trying it: "I was could not see to read at read everything without any eyes do not water any they would pain dreadfull fine all the time. It was me." A lady who used it mosphere seemed hazy v glasses, but after using for fifteen days everything can even read fine print.

Messages Receiv Previous to

RUSSIAN SUCCESS PETROGRA (British Admiralty pe press.)-The Russian ford tillery preparation assume

fensive yesterday against German fortified positions sides of the Kimpolung-Ja near the north western Moldavia. After stubbo they broke through the T along a front of nearly says the official statemen day by the Russian war Prisoners and booty were the Russians to an extent not yet been ascertained. of Riga three successive tacks were repulsed by the On the western front, bombardment our trenche Kalnzen road toward Chi Riga, the Germans attack tachments but were beate fering great losses. In th Mitau Highroad we lib causing great panic in t lines. On the Roumanian is no change in the situati Caucasus front there is

portant to report. GERMAN POSITION CAL

LONDON In a successful operatio Somme front in the neigh le Transloy to-day, says ish headquarters to-night manding position was ca British troops and more prisoners taken in the ope statement follows: Succ tions were carried out by on the Somme battlefron morning in the neighborho Transloy. All objective were gained, and comma tion of the enemy position tured. We have taken over oners including six officers attacks made by the en the day to regain lost grou all driven back by our fire losses. Our total casual very light. The enemy were raided by us at day morning to the northeast of St. Vaast, some prisoners s dug outs containing some mans destroyed. We had I ties. Enemy trenches also tered last night by one of

trols northeast of Vermille

