

Children's Department.

Nursing Our Wrongs.

Sometimes we fondly nurse our grief
With soothing tender care;
And then to see how fast it grows,
Makes e'en its owners stare.

We feed it with the richest food
A fertile mind can give,
When smarting under fancied griefs
From those with whom we live.

And with this food it thrives so well,
And grows to giant size,
That though rich blessings strew our path

They're hidden from our eyes.
'Tis wiser far to take griefs

And troubles day by day
To Him who waits and yearns to bear
Our every grief away.

The Grace of Thoughtfulness.

The intercourse of many homes is marred and spoiled by exhibitions of thoughtless spirit. Family life should be a blending of all the tastes, dispositions, talents, gifts and resources of all the members of the house. In each one there should be self-restraint. No member may live in a home circle as if he were dwelling alone in a great house, with only himself to consider. He must repress much in himself for the sake of the other members. He must do many things which he might not do were he alone, because he is a member of a little community whose happiness and good he is to seek at every point. No household life can ever be made truly ideal by having always their own way. But many persons tied up in family life forget this. They expect to live as regardlessly of others as if they were living alone. They consider no one's comfort, peace or pleasure but their own. They let their impulses have full and free expression. They make no effort to repress any elements or dispositions in themselves which tend to give pain to others. They demand all their rights, not remembering other members of the

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Dr. Edwin F. Vose, Portland, Maine says: "I have used it in my own case when suffering from nervous exhaustion, with gratifying results. I have prescribed it for many of the various forms of nervous debility, and it has never failed to do good."

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family have their rights too, and that home happiness can be secured only by the mutual surrender of rights, each in honor preferring the others, each seeking not to be ministered unto, but to minister. This exacting spirit leads to continual thoughtlessness. Thoughtfulness is thinking of others, and modifying one's conduct so as to avoid whatever would give trouble, inconvenience, or hurt to others.

A child had a beautiful canary bird. From morning till night it sang, and its song filled all the house. But the child's mother was ill, so ill that even the singing of the bird, which to the boy was such delicious music, disturbed and distressed her. He put it into a part of the house as far away as possible from the sick room, thinking that the sound could not reach his mother's ears. But the shrill singing still came into the room, and pained the weak invalid.

One morning, as the child stood holding his mother's hand, the bird began to sing, and the notes came into the chamber very faintly, and yet as he watched the sufferer's face, he saw an expression of pain sweep over it. She said nothing, but the boy needed no words to tell him that the bird's singing was distressing to her.

"It is no music to me," he said, "if it pains my mother."

So he took the cage, and carrying it away, gave the bird to a friend.

"But you loved the bird," his mother said, when she had learned what he had done.

"Yes," he replied, "but I love you more."

That was a beautiful thing to do. It told of true thoughtfulness in the child. His personal pleasure must be sacrificed because gratifying it gave pain to one who was dear to him. This is the spirit which should characterize everyone.

Courtesy in Church.

Parents would do well to teach their young folks to be courteous in all the relations of life. There is a special courtesy which might be learned in regard to behaviour in church, and es-

pecially towards strangers. How often we see strangers in church standing apparently at loss, while the regular members of the congregation are comfortably seated.

Several years ago two strangers, well-dressed young men, entered a church in a small town and seated themselves in an empty pew. Presently a woman, the owner of the pew, came to the door and motioned to them to come out until she could pass to the further end. They were offended at her discourteous manner and marched out of the church, refusing to listen to an invitation to remain.

One day a scholarly-looking man, plainly dressed, went into a church in Holland and took a seat near the pulpit. A few minutes later a haughty lady swept up to the pew, and, seeing a stranger in it, ordered him by an imperious gesture to leave it. The stranger obeyed, and, going into one of the seats reserved for the poor, joined devoutly in the services. After they were over, the lady's friends gathered around her and demanded whether she knew who it was that she had treated so rudely. "No; some pushing stranger," she replied. "It was King Oscar, of Sweden," was the answer. "He is here visiting the Queen." Her mortification may be imagined.

CONSUMPTION CURED.

An old physician, retired from practice, having placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma, and all Throat and Lung Affections, also a positive and radical cure for Nervous Debility and all Nervous Complaints, after having tested its wonderful curative powers in thousands of cases, has felt it his duty to make it known to his suffering fellow-men. Actuated by this motive and a desire to relieve human suffering, I will send free of charge, to all who desire it, this recipe in German, French or English with full directions for preparing and using. Sent by mail by addressing with stamp, naming this paper.—W. A. NOYES, 820 Power's Block, Rochester, N. Y.

Old Gloves.

"If ever I see myself mending that boy's miserable old gloves another morning for him?" declared Kitty. "No, sir! you see if I do! Grab 'em up and march off without so much as thanking me! The next time he wants his gloves mended he'll have to get somebody else to do it; you see if he doesn't."

Kitty was laughing, but at the same time there was a good deal of energy in her tone. I asked her what Billy had really done that was so very provoking to her sisterly feelings.

"Oh, it was just one of his hurries he was in," explained Kitty. "He came rushing down here to breakfast, and tossed that horrid, dirty old pair of gloves on to my clean plate, and a needle and a thimble and a long piece

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of perfectly horrid black cotton as thick as a rope; and, "Here, Kit!" said he, "please 'll you sew up my thumb?"

"Where did he get the thread?" I inquired.

"Get the thread? Oh, out of the workbasket in the sewing room, I suppose. Yes; it was real nice of him to try to bring the thread; but there, just like that boy, what did he think I could sew up a glove with that piece

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