TO LOILER.

ELED

as an all in below s that olored its; alind silkinds, ibbons; brann and

bread nes a t of the Becare, grass. and a allow sed as sed, to Christ d danca Gerhen enbeen

enjoyed 'e did ted inin our around nd the ery one cchangand as merging of ets, and house and at le were ze with igs and heard

le fall

o'clock e Grant waiting ous old ed the at she ason or nappier ning, as ose that e from oaks of ew-born eath, and ijesty of any huw this d to the i lesson stition. ful and he said. wonderto prosch a subnivest in the inl, an ass wn beth man's

new 'bemorrow he doorse upon ; "she perity to ean our

all evil e sweep om; and charity d bring richest Ellen. signifiold cususant to hought of

de me a of the hild. ou of the us the If we and his

t, we can stian life live withlike Hanthtly un-

Dr. Pay-" to beg studies I week than Luther, toils, said, that I canee hours a Havelock for marchlose the mmunion out. Sr Ir I omit " Word gres well THE SUNDAY SCHOOL.

THE TRUE TEACHER.

The teacher should know what he teaches. With his own heart filled with the love of God, and being well grounded in the taith, he should care fully and prayerfully study the special lesson to be taught at each session of the school, and seek to find its practical bearing upon the general funda mental doctrinal truths which lie at the foundation of all true Christian

character. To help such an important trust and to attempt its performance with out proper preparation is to be dishonest to himself, dishonest to his class and dishonest to his God. The scholars alone may be deceived for a while, but they, too, will soon learn that what is given cost the giver nothing, and properly estimating it, will treat it as valueless. The lessonstudy and preparation should be not only a mental research and employment, but also a heart and soul niedi-

The teacher's mind may grasp the truth that flows from the throne of the Eternal as clearly as the eye may see a river running to the ocean; but unless he has a clear conception of the channel, marked after deep sound. ings, and is an experienced pilot, navigation with him on either will be alike unsafe. He should be patient, faithful and true, that his pupils may readthin like the open page of a book. No funeral-like solemnity should drape or shroud his countenance. Love and tenderness should mantle his face and guide his tongue. Like a soldier equipped with burnished armor, he should come to his class with a beaming tace through which the bright rays of God's truth are shining out of his soul. Thus prepared and in his position, he should yield cheerful obedience to the regulations and requirements of the school, so that by example, as well as by the exercise of proper authority, he may command respect and secure observance of proper decorum from his scholars.

He should know his scholars and understand thoroughly their circumstances and surroundings. He should probe the mind of each one to ascertain its present condition, bias, power and capacity regarding religious truth. He should teach what he knows! Having studied his lesson and his pupils, and having acquired the truth of the one and the confidence of the other. he has fulfilled an important duty no less to himself than to his class, and he is now in condition to enter upon the equally high duty of imparting what he knows to his pupils. The few brief moments allowed to the lesson afford no time for mere amusement or entertainment. Plain and intelligible words and simple methods and illustrations should be employed in teaching the truths of the lesson. The consciousness should be upon the teacher with all its crushing weight that immortal souls are before him, tender and beautiful it may be, yet not without the blight of sin; some of them may be indifferent and callous, others eager for the unfolding of the truth; all should have their portion in due season. Each one should be made to know his true con- trouble. dition, the Father's love for him, the plan of salvation, the suffering and death of Jesus their Redeemer and Saviour, who so tenderly said, "Suffer little children, and forbid them not to come unto me; for of such is the Kingdom of Heaven." The teacher should carefully and

fully explain in his class the sacraments and ordinances of the church, and its articles of faith, and should urge attendance upon its services. Seiting a good example will do much towards enforcing his precepts on this latter duty. He should visit his scholars at convenient seasons and nu e thus show them that he has an interest in their welfare that is not confined to the four walls of the Sunday-school room. Absentees should be diligent. ly inquired and sought after. -Baltitimore Methodist.

IMPRESSIONS OF LEAVES.

M. Bertot, of the Paris Academy, has just made known a simple method of taking impressions of plants, requiring only a large sheet of paper, some olive (or other) oil, blacklead, ashes, resin, (or colophony,) The paper is first lightly oiled on one side, then folded in four so that the oil may filter through the pores, and the plant may not come into direct contact with the liquid. The plant is placed between the leaves of the second folding, and in this position pressed (through other paper) all over with the hand, so as to make a small quantity of oil adhere to its surface Then it is taken out and placed carefully on white paper; another sheet is placed above (since two impressions can be taken), and the plant pressed as before. On now removing it an invisible image remains on the paper. You sprinkle over this a quantity of blacklead (or ashes, etc.) and distribute it in all directions, as in applying sand to wriing; the image then appears in all its parts. With an assortment of colors, the natural colors of plants may be reproduced. To obtain fixity. resin is added to the blacklead (previously) in equal quantity; the im. pression is fixed when it is exposed to a heat sufficient to melt the resin.

LONG LIFE.

strives after a long and pleasant term | fortable and that he is making money of life must seek to attain continual by administering to their comfort, equanimity, and carefully avoid eve- Farmer's Tribune.

rything which too violently taxes his feelings. Nothing more quickly consumes the vigor of life than the vioence of the emotions of the mind. We know that anxiety and care ean destroy the healthiest body; we know that fright and fear, yes, excess of joy, becomes deadly. They who are chances of living long and happy afcomposure of mind which no happiness, no misfortune, can too much disturb, Love mothing too violently; hate nothing too passionately; fear nothing too strongly.

HOT BREAD.

The Scientific American points out that the chemical changes by which paste is transformed into dough and dough into bread are not completed, when the bread has been baked. "They continue for quite a time afterward, and until they have entirely ceased the material has not become what it ought to be-bread easy of digestion. It is a burden to any stomach, to a weak one it is simply poison." The advice given is to avoid the eating of hot bread or any of its substitutes, such as hot biscuit, muffins, rolls, waffles, buckwheat cakes, etc. "Hot bread in any form whater be eaten. Some forms are very bad, and should in reason be banished from every table."

USEFUL HINTS.

Eat slowly and you will not over

Frozen plants will revive if sprinked with camphor water.

If you have a field too rocky to be and in a few years you will have a handsome income trom it.

Tough meat may be made as tender as any by the addition of a little vinegar to the water when it is put

change your seat in the room occasionally it you have a long day's sewing to do. Wherever we have sown clover alone we have seldom tailed to find

Turnips are not so good before as after a frost; but a very light frost

is sufficient to impart a finer flavor. The growth, however, is made dur- to my bed with Rheumatism, could not ing the moist weather that follows the first light frosts. A lady says: By sealing seed beans and peasin glass jars or bottles, the

bugs can be kept from them. I have tried se 'eral ways to save my beans' from weevil, and always failed until I tried this plan, and now I have no

long time in which to fatten turkeys feet high and 30 feet in diameter. if they are put in a dark place, kept quiet and given all they can eat at regular intervals. With a longer period of stuffing some will lose rather than gain flesh.

The English feed for fattening sheep consists of cotton seed and turnips. They claim that it will put on the most fat, is the safest feed, makes the best mutton at a less cost, and produces the best and strongest ma- United States are believed to number

It is a good plan to occasionally more than 20,000. turn sheep into old orchards, especially into those which are not well cultivated. They nip off weeds, sprouts, and briars quite effectually. If trees are not more than seven or eight years old sheep are not to dangerous throat and lung troubles. gnaw them.

stewing is that it affords a means of horse and cattle powders now sold, If obtaining a savory and very wholesome dish at a minimum cost. A small piece of meat may be stewed with a large quantity of vegetables, the juice of the meat savoring the whole. Besides this, it costs far less fuel than roasting.

If your horse gets frightened at any unusual sight or noise, do not whip him, for if you do he will connect the whipping with the object that alarmed him, and be afraid of it ever after. If he merely shies at an object, give him time to examine it, which, with some encouraging words from the driver, will persuade him to pass it. You get frightened, too, sometimes, and would not like to be whipped for of one of the oldest and best female phyit .- Stock Journal.

Cattle will not eat nearly so much fodder in a good warm stable as they will in a cold one. When wintered in a stable that is frost proof, with the usual allowance of feed, stock will come out in the spring in good condition. On the other hand, it matters not how much fodder and choice food may be given them it wintered out of a good warm shelter, for they are bound to come out in poor condition in the spring. A good man should be mercitul to his beasts, and by keeping them in a good warm Some one wisely says he who that his dumb brutes will be comDelicate and Feeble Ladies.

Those languid, tircsome sensations, causing you to feel scarcely able to be on your feet; that constant drain that is taking from your system all its former elasticity; driving the bloom from your cheeks; that continual strain upon your vital forces, rendering you irritable and naturally cool and of a quiet turn of fretful, can easily be removed by the mind, upon whom nothing can make use of that marvelous remedy. Hop too powerful an impression, who are Bitters. Irregularities and obstructions not wont to be excited either by great of your system are relieved at once, while the special cause of periodical ter their manner. Preserve, there- pain are permanently removed. None fore, under all circumstances, a receive so much benefit, and none are so profoundly grateful and show such an interest in recommending Hop Bitters as women.

Feels Young Again.

"My mother was afflicted a long time with Neuralgia and a dull, heavy, inactlive condition of the whole system; headache, nervous prostration, and was almost helpless. No physicians or medicines did her any good. Three months ago she began to use Hop Bitters with such good effect that she seems and feels young again, although over 70 years old. We think there is no other medicine fit to use in the family.' A lady in Providence.

BRADFORD, PA., May 8, 1875. It has cured me of several diseases, such as nervousness, sickness at the stomach, monthly troubles, etc. I have not seen a sick day in a year, since I took Hop Bitters. All my neighbors MRS. FANNIE GREEN.

\$3000 Lost .- "A tour of Europe that ever,' says this authority, should nev- cost me \$3000, done me less good than one bottle of Hop Bitters; they also much worse than others, but all are cured my wife of fifteen years' nervous weakness, sleeplessness and dyspepsia. R. M., Auburn, N.Y.

High Authority.

Hop Bitters is not, in any sense, an alcoholic beverage or liquor, and could not be sold for use except to persons desirous of obtaining a medicinal bitters. GREEN B. RAUM, U. S. Com. Internal Rev.

So. BLOOMINGVILLE, C., May 1, 1879. Sirs: I have been suffering ten years cultivated, set out an apple-orchard, and I tried your Hop Bitters and it has done me more good than all the doctors. MISS, S. BOONE.

Baby Saved!

We are so thankful to say that our nursing baby was permanently cured of a dangerous and protracted constipation and irregularity of the bowels by the It will rest you wonderfully touse of Hop Bitters by its mother, which at the same time restored her to perfect health and strength. The Parents, Rochester, N.Y.

Clara Louise Kellogg sang "Home, some bare spots, while a mixture Sweet Home," to the convicts in an eastwith timothy made a perfect sod. - ern prison, and it so worked upon their feelings that seven of them escaped and struck out for the parental roof-tree the

> GOT HIM OUT OF BED. - I was confined to see me and advised me) use Minard's Liniment. I did so, and in S days was out of bed and resumed my work as well as ever.
>
> James Langilla.

Springfield, Annapi's Co., '82. m2 ly

The bread-fruit tree grows very slowly. The specimen at Kew is but a foot and a half high, although it is 80 years old. A week or ten days is sufficiently Some of those found in the tropics are 40

> A PARALYTIC STROKE. W. H. Howard, of Geneva, N. Y., suffered with palsy and general debility, and seent & small fortune in advertised remedies, without avail, until he tried Burdock Blood Bitters. It purified and revitalized the blod, caused it to circulate freely, and quickly restored him to health.

It will be a surprise to many to learn that the ex-convicts now abroad in the no less than a quarter of a million. In New York state alone the aggregate is

The importance of Johnson's Anodyne Liniment to a family cannot be estimated in dollars and cents. It is both for internal and external use and will prevent and cure diphtheria and all

A one-cent revenue stamp is about ail One of the great advantages of the value there is to the large packs of you want a strictly pure article get Sheridan's. They are immensely valuable.

> Mothers! Mothers! Mothers! Are you disturbed at night and broken of your rest by a sick child suffering and crying with the excruciating pain of cutting teeth? If so, go at once and get a bottle of "Mrs. Winslow's Soothing Syrup." It will relieve the poor little sufferer immediately, depend upon it; there is no mistake about it. There is not a mother on earth who has ever used it, who will tell you at once that it will regulate the bowels, and give rest to the mother, and relief and health to the child, operating like magic. It is perfectly safe to use in all cases, and pleasaut to the taste, and is the prescription sicians and nurses in the United States. Sold everywhere. 25 cts. a bottle,

> Notice may be especially called to an advertisement headed Invigorating Syrup, which may be found in our columns this week. The proprietors, G. Gates Son & Co., do not hesitate in recommending them as perfectly safe and purely vegetable compounds. The No. 2 is especially adapted for delicate women, advanced stages of consumption, piles, and children of the most ten-

The No. 1 is particularly recommended for the ailments mentioned in the stable during cur long winters he adv., and may be relied on as a perfectwill have the satisfaction of knowing ly safe preparation, and where persons are exposed to cold or wet will prevent them from taking cold.

They say is should be kept in every

THEHAMCOCK



comotive Boilers. over 40,000 in use in the United States and Canada, WILL LIFT WATER 25 FEET

Requires no Adjustmen for varying Steam Pressures. PRICE LIST and DESCRIPTIVE CAT-ALOGUE on application to

MACDONALD & CO., STEAM AND HOT WATER ENCINEERS, SOLE AGENTS.

Nos. 160 to 172 BARRINGTON STREET.

W.L. LOWELL & CO. BANKERS & BROKERS.

Railroad. Bank Stocks, Bonds and all Negotiable Securities Bought and Sold.

Dealers in United States, Canadian and Sterling Exchange, Uncurrent Monies, &c.

Collections made on all Accessible Points. Orders for the purchase and sale of Stocks, &c., in Montreal, New York and Boston. executed Promptly by Telegraph.

Are in receipt of Daily Quotations of the Leading Stocks in the [above named Cities] which are on tyle in our Office for the Information of the Public. Orders and Correspondence solicited.

165 HOLLIS STREET. FIRE & LIFE INSURANCE FIRE.

We are at all times prepared to accept risks against Fire on all classes of property at ery lowest rates in the following well known long established and reliable Companies. Detached Dwellings and contents insured for ONE or THREE years.

ÆTNA INSURANCE COMPANY, HARTFORD, CONN.

Incorporated 1819. Losses paid in 62 years over \$51,000,000.

HARTFORD FIRE INSURANCE COMPANY.

Established 1794. Losses paid over \$24,000,000

North British and Mercantile Insurance Company LONDON AND EDINBURGH. ESTABLISHED 1809.

LIFE

The NORTH BRITISH also effects Life Insurance on the most approved plans and at

W. L. LOWELL & Co., Agents 165 Hollis Street

SMITH BROTHERS

Wholesale Dry Goods Importers, Beg respectfully to announce the Completion of this

IMPORTATIONS

800 PACKAGES

Upon examination this btock will be found exceptionally VARIED and ATTRACTIVE

Our GREAT AIM is to offer FIRST-CLASS VALUE

In every department. Our hither extensive premises have recently been remodelled, and made still

more commodious, and we earnestly invite the inspection of every buyer visiting the ty before making his or her purchases. SMITH BROS

Life Association of Canada

1884 S. S. LESSON HELPS. 1884 Head Office, - . Hamilton, Ontarie

> Incorporated under Special Act of Parliament of the Domin on of Canada.

- \$157,79€ \$104,000 GOVERDUM- 12 , emusit PRESIDENT

JAMES I JRAWE, Loq Vice-President of Bank of Hamilton. MANAGER.

JOHN CAMERON, Esq.

LOCAL BOARD. Hon. Judge Smith, | Hon. Samuel Creetman John Pugh, Esq. | John T. Wylde, Esq. Medical Examiner. Thos. Trenaman, M.D. JOSEPH 8. BELCHER,

Agent at Halifun. Agents wanted for Counties of Hants,

GATES'

THIS PREPARATION is we throughout the quality is the best Farmily Mean me become the public, and should

FOR COUGHS AND COLDS a 'ntle might and improng will soon break.

It gives immediate relief. For IRREGULARITIES OF THE nothing can be bunit excel as it causes no

For ASTHMA and PALPITA-TION of the HEART.

one swallow gives instant relief. SICK HEADACHE, STOMACH and PIN WORKS

yield at once. It is in fact an invigorator of the whole system, whereby a regular and healthy circulation is maintained it has been well tested already and will do all that we say it

Price only 50 cents per Bottle. SOLD EVERYWHERE

MANCHESTER, RUBERTSON AND ALLISON.

IMPORTERS OF

DRY GOODS

MILLINERY OF EVERY DESCRIPTION

WHOLLSAE and RETAIL. MANUFACTURERS OF SHILTS OF ALL KINDS, AN

LADIESUNDERCLOTHING 27 and 29 KING STREET

SAINT JOHN, N.B. JOHN K. TAYLOR MERCHANT

TAILOR AND CLOTHIER. UNION STREET

CARLETON, ST. JOHN, N.B.

WILLIAM CROWE IMPORTER OF

ANDALUSIAN SHETLAND. MERINO. WELSH.

FLEECY, and **BERLIN WOOLS**

---AND---

SCOTCH YARNS. Fillosell, Floss, Embroidering Silk, Linea Floss Silk, Mohair, Worsted and Cotton Braids; Stamped Strips, Yokes and Toilet Sets; Canvas, Cloth, Velvet and Kid Sap-pers; Fancy Work of all kinds, with Materials; Work Boxes; Jewel Cases, Glove and Handkerchief Sets; Cardboard Mot-toes; White, Black, Colored, and Gold

and Silver Cardboard; Fancy Baskets: Bracket Saw Frames; Serrento, Fleetwood and Dexter Foot Saws; Walnut, Holly, Rosewood. etc., for Amateur

Fret Sawyers. 133 BARRINGTON STR**EET** HALIFAX.

DEALER IN

Sewing Machines.

ALL KINDS OF MACHINE NEEDLES SENT BY MAIL TO ANY PART OF THE PROVINCES.

AGENCY FOR Mme. Demorest's Patterns ot Ladies' and Children's Garments.

CATALOGUES OF WHICH WILL BE MAILED PREE WILLIAM CROWE,

Barrington Street, HALIPAX, N.

BLUE RIBBON Xmas Cards.

Methodist Book Room.

TRADE SUPPLIED.

. Now Ready!

DR. VINCENT'S

Lesson Commentary.

Cloth, alegantly illustrated. Price \$1.25 uet.

Dr. Vincent's Question Books

No. 2+The Intermediate Lesson Book.

Price 20c. each, or 17c each by the domen-

Ready early in November.

Meredith's Notes, etc.

Send on your orders, they will have our

No. 3-The Beginners Lesson Book.

Monday Club Sermons.

No. 1-The Senior Lesson Book.

Pelonbet's Notes.

Address S. F. HUESTI S Kings, Colchester, Annapolis and Digby.