

## HEALTH AND HOME HINTS.

A plain soup that any one may have, yet very pleasing and not to be despised, is made from potatoes.

Six potatoes must be boiled and mashed fine with a silver fork or put through a "vegetable ricer." This is a little utensil like a sieve with a cover that presses the vegetable through by force in grains resembling rice, hence the name.

Scald one quart of milk in a double boiler or pail set in another dish of hot water to prevent the milk from burning. Season with celery, white pepper and a slice of onion, if liked, and add the potatoes and serve. Cream makes it richer, of course, and the addition of the yolk of an egg carefully beaten is an improvement where extra nourishment is desired. It is one way in which yolks left from angel cake may be utilized. Thin the egg with cold milk before adding to the scalding soup, else the egg will not unite with the soup but set hard.

Escalloped Codfish.—Take a quantity of the cooked fish and place in the baking dish, alternate layers of the fish and bread crumbs, seasoned with butter. Over all pour plenty of rich milk and bake one-half hour.

Escalloped Onions.—Boil the necessary number until thoroughly tender; prepare a white sauce made of one cup of milk thickened with a small tablespoonful of flour and the same amount of butter rubbed together until smooth, and seasoned. Put alternate layers of onions and sauce in a baking dish and bake one and one-half hours.

Oatmeal porridge should be made with water—not milk. The latter renders it less digestible, but take milk with it when it is sufficiently cooked.

When boiling meat keep the lid pressed down tightly. The delicate flavor and the aroma of most boiled dishes escape with the steam.

## A BREACH OF COMITY.

A few months ago the pastor of the Southern Presbyterian church of Texarkana, Tex., was, by his Presbytery, deposed from the ministry because of un-soundness on the fundamental doctrines of the inspiration and authority of God's Word, and of the atonement. His church sided with him, by a majority vote, on the matter, and, instead of accepting the judgment of the Presbytery, withdrew from the Presbyterian Church, and was, in a short time, received into the Lone Star Association of Congregational Churches. It has been a sad thing, indeed, says the Herald and Presbyter, to note the exultation displayed by several Congregational papers throughout the country over the gain of a church and minister by their denomination from the Presbyterian body. The act of receiving them was a breach of comity, as well as an ignoring and trampling under foot the fundamental distinction between truth and error in essential doctrine. No man, or body of men; no church, or body of churches can afford to turn their back on Jesus Christ and His teachings. If we have any right to call ourselves Christians it is because we accept the truths taught by Christ and His apostles as to the way of salvation through the Cross of the atoning Saviour. When we turn from these, no matter what our supposed culture, we put ourselves outside the pale of Christianity.

Don't be in a hurry about finding your work in the world, but just look about you in the place you find yourself in, and try to make things a little better and honest there.—T. Hughes.

## SPARKLES.

An American and a Scotchman were on a high hill in Scotland, and the Scotchman was boasting of the extent of view. "I suppose you can see America from here on a fine day," said the American chaffingly. "O, ay, further than that," was the reply. "Further than that?" "Ay! on a fine night we can see the muna."

Synnex—"You profess to be a devoted believer in Christian Science, but I noticed that when you had a tooth extracted that other day you took gas."

Mentor—"I took the gas, not because there is such a thing as pain, but from fear that I might be led into thinking that there was in the excitement of the moment."

Office Boy—The editor says he's much obliged to you for allowing him to see your drawings, but much regrets he is unable to use them.

Fair artist (eagerly)—Did he say that? Office Boy (truthfully)—Well, not exactly. He just said: "Take 'em away, Pimple; they make me sick."

A minister one Sunday announced to his flock that he would have to leave them, as he was called to another field. "How much more salary do you expect to get there than here?" asked one of the deacons.

"Three hundred dollars," remarked the minister, with some hesitation.

"I do not blame you for goin'," remarked the deacon, who had been a worldly man in his time, "but you should be more exact in your language. That isn't a 'call,' it's a 'raise.'"

Caller—Do you think the doctor is going to help you, Mr. Jones?

Jones—He may, if I can only follow his orders. He told me to drink hot water thirty minutes before every meal, but it is hard work to drink hot water for thirty minutes.—Pittsburg Observer.

His Aunt—Now, Willie, never try to deceive anyone. You wouldn't like to be two-faced, would you?

Willie—Gracious, no. One face is enough to wash these cold mornings.

Scott—I guess there's none of us better than we should be.

Mott—Goodness, no! I was thinking it over last night. Why, only yesterday I was guilty of killing time, murdering a tune, smothering a yawn, stealing a kiss, cutting a creditor and breaking into a perspiration.—Boston Transcript.

Patient—I have a confession to make, doctor. I didn't like the taste of that medicine you left, so instead of taking it I gave it to my dog.

Doctor (indignantly)—Do you mean to say, madam, that you wasted all that medicine?

Patient—But it wasn't wasted, doctor. We wanted to get rid of the dog, anyhow.—Circle Magazine.

## LIQUOR AND TOBACCO HABITS.

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Dr. McTaggart's vegetable remedies for the liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections, no loss of time from business, and a cure certain. Consultation or correspondence invited.

## TO REMOVE STAINS.

Chocolate and Cocoa Stains—Wash with soap and tepid water.

Scorch Stains—Wet the scorched place rub with soap, and bleach in the sun.

Spot Stains—Rub the spots with dry cornmeal before sending the clothes to the wash.

Grass Stains—Saturate the spot thoroughly with kerosene, then put in the washtub.

Mildew—Soak in a weak solution of chloride of lime for several hours. Rinse in cold water.

Blood Stains—Soak in cold salt water; then wash in warm water with plenty of soap; afterwards boil.

Ink Stains—Soak in sour milk. If a dark stain remains, rinse in a weak solution of chloride of lime.

Sewing-Machine Oil Stains—Rub with lard. Let stand for several hours, then wash with cold water and soap.

Iron Rust—Soak the stain thoroughly with lemon-juice; sprinkle with salt and bleach for several hours in the sun.

Vaseline Laine—Saturate the spots with ether, and lay a cup over them to prevent evaporation until the stain is removed. Use the ether with very great care.

Hot Tea and Coffee Stains—Soak the stained fabric in cold water; spread out and pour a few drops of glycerine on each spot. Let it stand several hours; then wash with cold water and soap.

Grease Spots—Hot water and soap generally remove these. If fixed by long standing, use either chloroform or naphtha. Both of these must be used away from either fire or artificial light.

Pitch, Wheel Grease, Tar Stains—Soft-on the stains with lard, then soak in turpentine. Scrape off carefully with a knife all the loose surface dirt; sponge clean with turpentine, and rub gently till dry.

Fruit Stains—Stretch the fabric containing the stain over the mouth of a basin and pour boiling water on the stain. In cold weather fruit spots can frequently be removed by hanging the stained garments out of doors over night. If the stain has been fixed by time, soak the article in a weak solution of oxalic acid or hold it over the fumes of sulphur.

Varnish and Paint—If the stain is on a coarse fabric, dissolve by saturating with turpentine; use alcohol if on a fine fabric. Sponge with chloroform if a dark ring is left by the turpentine. Be very cautious not to use chloroform or turpentine where there is either fire or artificial light.—Ex.

A Lancashire vicar was asked by the choir to call upon old Betty, who was deaf, but who insisted in joining in the solo of the anthem, and to ask her only to sing in the hymns. He shouted into her ear, "Betty! I've been requested to speak to you about your singing." At last she caught the word "singing," and replied, "Not to me be the praise, sir; it's a gift."

A prominent Southern physician, upon reaching the office one morning, found an old negro who had been a servant in his family standing in the waiting room. The old negro, after mentioning several painful symptoms, related his usual hard-luck story, and begged the doctor to prescribe.

The physician filled a small bottle, and said, "Take a teaspoonful of this, Mose, after each meal, and come back in a day or two if you do not feel better."

"Mars' John, I can't take dat medicine," answered Mose.

"You will have to take it if you want to get well."

"How'm I gwine take it? Whar'm I gwine to get de meals?"