



SUNLIGHT SOAP

Household utensils can be made to look as good as new by washing in a suds solution of Sunlight Soap. They will shine and glitter thus helping to make the home bright and inviting.

Sunlight Soap means less than half the labor required in washing with common soap—and makes everything spotlessly clean.

Sunlight Soap is made of pure oils and fats, contains no ingredient injurious to the hands or clothing.

ASK FOR THE OCTAGON BAR

Sunlight Soap Washes the Clothes White and won't Injure the Hands
LEVER BROTHERS LIMITED, TORONTO 8a

District Doings

OUNGAH.

Miss Sarah Askin spent last Sunday at home.

C. Brown spent last Sunday at Charles Bevin's.

Allen Lundy has returned from Raleigh.

Sore Throat and Coughs

A simple, effective and safe remedy for all throat and coughs is found in

Cresolene Antiseptic Tablets

They combine the germicidal value of Cresolene with the soothing properties of slippery elm and licorice.

10c. All Druggists

CON. 13, RALEIGH.

We are glad to report that the 2-year-old son of Geo. Russell is improving.

A. Smith has the contract for drilling a well on the Dagneau farm.

John Knott received a bad kick on the knee last week from one of his horses.

Philip Cox has been repairing his horse stable, which will be much improved.

Clipping horses is the order of the day on the 13th.

FLETCHER.

Wm. Finn and family have moved to Windsor. They will be greatly missed by their many friends here.

Miss E. Minor left this week for Detroit to visit her brother.

J. Farrie, of Chatham, was a Fletcher visitor to-day.

The Mahenan Bros., of McKay's

Corners, are sawing the timber for Wm. McFadden's barn.

Mrs. W. Hope, of Merlin, was the guest of her sister, Mrs. J. Cooper, this week.

Coughs, colds, hoarseness and other throat ailments are quickly relieved by Cresolene Tablets, ten cents per box. All druggists.

GUILDS.

Mrs. George Attridge arrived home after visiting relatives in Detroit.

Mr. Grant Freestone, of Bristol, England, arrived in our village on Thursday last.

Mr. John Arnold holds his auction sale on Thursday of this week.

Mr. and Mrs. John Forbes, of South Harwich, spent Sunday at Mr. J. Sprague's.

The Epworth League and Missionary Society will hold a social on the 19th inst. A good program will also be given.

Winifred Dodd, of Aurora, arrived in the neighborhood a few days ago and intends staying the summer here.

Miss Bertha Searon, of Ridgetown, was a village visitor one day last week.

W. Hardy, of Highgate, was the guest of his sister, Mrs. George Attridge, on Sunday.

Miss Mabel Jenner, of Charing Cross, is in the neighborhood.

Mr. Henry Lampman is confined to the house with a severe cold.

Mr. and Mrs. Geo. Cumming, of Ridgetown, spent Sunday in the village.

Assessor Grant has gone his rounds in our neighborhood.

WHYS AND WHEREFORES.

Pleasant Old Time Dietetic Habits Justified by Modern Science.

There are many eating habits which, though followed merely because they have been customary from time immemorial, really have a scientific basis. Such is the eating of butter with bread, which by itself, though rich in starch and having a fair proportion of protein, at all events when made of whole meal flour, has not the fat which is dietetically necessary. Similarly with rice puddings the milk is added to make up for the deficiency of protein in the rice.

The Justification of Milk in Tea.

The scientific justification for adding milk to tea is quite different. When taking meat with tea, the tannic acid contained in the latter combines with albumen to form tannate of albumen, which is practically leather, so that by drinking tea the coating of the stomach is made leathery. But milk also contains albumen, and when milk is added to tea the molecules of tannic acid select their albumen from it, and, as a divorce is unknown to tannate of albumen, the albumen of the stomach is less liable to be affected by tannic acid than it would be if the tea were taken alone.

Sharp and Smooth of the Salad.

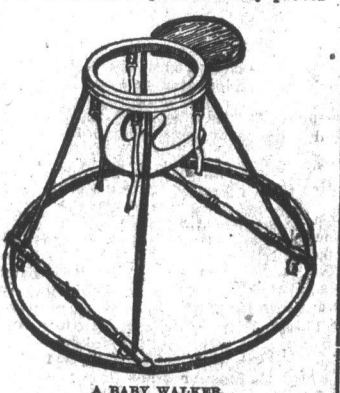
Then there is a chemical reason for adding vinegar to salads. Raw vegetables are easily enough digested by cows and horses, but with difficulty by the human stomach, because they contain that hard, fibrous substance, cellulose. But acids dissolve cellulose to some extent, and vinegar is an acid. That is why it is a good thing to take vinegar or lemon juice with salad and cabbage, and doubtless that is why it tastes so well, for the palate is an excellent judge of what is good for the stomach. The justification for adding oil to fat in the salad itself and partly that it protects the lining of the stomach from the action of the acid in vinegar.—Boston Cooking School Magazine.

A NURSERY DEVICE.

The Baby Walker Is a Host of Good Things Rolled Into One.

The baby walker is a host of good things rolled into one. It provides a safe seat for baby on which he can sit at ease and dine off the contents of his silver porringer. It is not merely a toy but a handy and useful thing which can be used in many ways. When he tires of sitting still the seat can be tucked out of the way, the shelf let down, and he can

Trot a white horse To Danbury Cross as long as his little legs will hold out, and that, too, in perfect safety provided.



ed he does not steer in the direction of a staircase. The average baby will amuse himself in a baby walker for hours at a stretch and give his mother leisure for doing something besides baby tending. These baby walkers are so constructed that none but a baby Hercules can upset them.

The upper part is a small circle coming under the arms of the standing child and giving the needed support that takes much of the weight off the legs and so prevents bandying.

There should be no rugs or obstructions in the way of baby when he goes about in his walker. All should be "plain sailing" to insure safety. Babies like the walker and doubtless cry for it. Mothers who have never tried it will now know of a great help in keeping baby quiet and happy, concludes a writer in the Ladies' World.

A Simple Floor Treatment.

One of the simplest as it is the prettiest of treatments for a floor is as follows: Wash the floor well and let it dry; then cover it with a cloth dipped from time to time in coal oil, which not only cleanses but penetrates the floor, so that less of the boiled oil is required. In two quarts of boiled oil put beeswax the size of half an egg and boil together till melted and thoroughly mixed. The utmost care must be taken in doing this, as both materials are very inflammable. While the oil is still warm apply with a wide paint brush. If the wood has a handsome grain, the oil brings it out beautifully. It only requires dusting from week to week.

Flanked Shad.

Shad to be at its best should be flanked on a thick hardwood board which has been heated. Split the shad down the back, lay the skin down on the board, rub with butter and seasoning of salt and pepper and cook for half an hour in a hot oven. Send to the table on the plank, garnished with parsley and thin slices of lemon.

The Submerged.

Robert Hunter says, "Even in prosperous times not fewer than 10,000,000 persons in the United States are underfed, underclothed and poorly housed."

Novel designs in bathpans are in open scroll work, topped with one or two stones.

PAINE'S CELERY COMPOUND

PURIFIES THE BLOOD.
BRACES THE NERVES.
BUILDS UP THE BODY.



MAKES SICK
PEOPLE WELL
IN SPRING TIME

Ask For "PAINE'S" Ask For
The Kind That Has Made Such Wonderful Cures.

NO MUD IN OURS!

WELLS,
RICHARDSON & CO.'S
IMPROVED BUTTER COLOR

Gives the True Golden June Tint that Guarantees Prize Butter.
The Largest and Best Creameries and Dairies in the World Use It.

LOOK FOR THE DANDELION TRADE MARK. BEWARE OF SUBSTITUTES AND IMITATIONS.
ALL DRUGGISTS AND DEALERS.

Washing Air.

Air drawn by huge fans into the School of Technology at Manchester, England, is washed by a spray of water and filtered through a screen of corrugated sheets of galvanized iron. After a heavy fog the wash water was found to be inky black. The proportion of solid matter was large, but analysis showed little acid, but considerable iron (probably from the screen), with ammonia, lime, magnesia, a trace of arsenic and much sulphuric and hydrochloric acids.

An Awful Jolt.

Softly—We—aw—have a large apary at oah summah place, doncher know.

Miss Cutting—indeed? And are the other ages in it anything like you?

Shutting Him Off.

Touche—I say, old man, I've got a good short story to tell you.

Wiser—Never mind about it. I'm short myself today.—Detroit Tribune.

We Ask Too Much.

We're most exacting cads, we men—An inconsistent crew.

We take a fellow's word and then Expect he'll keep it too.

—Baltimore News.

Gloomy Reflections.

Gloomy reflections are most likely to come with self imposed idleness.

The coin of vantage is all right if you can convert it into cash.

That's the Thing.

"A word to the wise is sufficient." Is a saying we've frequently heard. But what we need now is a mentor To tell us just what is that word.

—Philadelphia Ledger.

Small Boy (just home from school)—

Mamma, Miss Simpson says I'm descended from a monkey. His Mother (glancing severely at her husband)—

Not on my side, darling.—Harper's Weekly.

Genealogy.

The man who is afraid of his own shadow stands in his own light.

What we learn with pleasure we reflect an ugly state of mind.

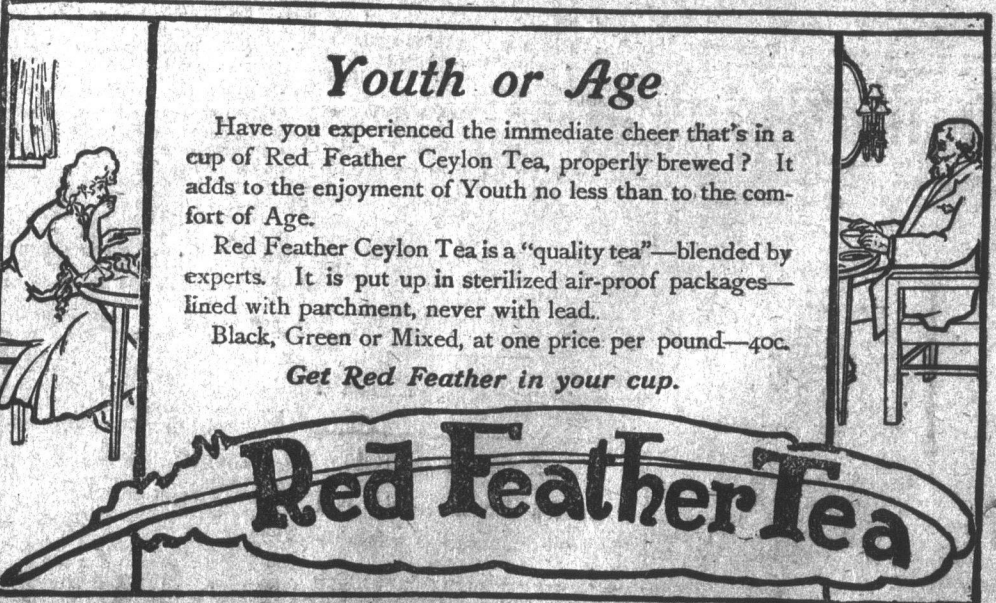
Youth or Age

Have you experienced the immediate cheer that's in a cup of Red Feather Ceylon Tea, properly brewed? It adds to the enjoyment of Youth no less than to the comfort of Age.

Red Feather Ceylon Tea is a "quality tea"—blended by experts. It is put up in sterilized air-proof packages—lined with parchment, never with lead.

Black, Green or Mixed, at one price per pound—40c.

Get Red Feather in your cup.



DIAMOND DYES

EASY TO USE, BRIGHTEST AND BEST.

ASK FOR THE "DIAMOND." All Druggists and Dealers. TAKE NO OTHERS.

PAINT YOUR NEW HOUSE WITH S. W. P.

WESTMAN BROS. have just received the largest shipment ever brought to the city. If you want good paint have it mentioned in your specification.

WESTMAN BROS. SOLE AGENTS

The Chatham Loan and Savings COMPANY.

Capital, \$1,000,000.

INCORPORATED A. D. 1881.

Money to Lend on Mortgages

Borrowers should apply personally and secure best rates.

Deposits received of \$1 and upwards, and the highest current rate of interest allowed.

Debentures issued for sums of \$100 and upwards from one to five years bearing interest at four per cent. per annum half yearly.

S. F. GARDINER, Manager

Y-Don't

you have a neat Photo of yourself taken at the

GIBSON STUDIO, Cor. King and Fifth Sts

VARICOCELE CURED

NO NAMES USED WITHOUT WRITTEN CONSENT. Confined to His Home for Weeks.

"Heavy work, severe straining and evil habits in youth brought me to this state of affairs. When I worked hard the aching would become severe and I was often laid up for a week at a time. My family physician told me an operation was my only hope. But I dreaded it. I tried several specialists, but none found out all they wanted was my money. I commenced to look upon all doctors as little better than rogues. One day my boss and me why I was off work so much and I told him my condition. He took treatment from them himself and knew they were square men for me. My progress was somewhat slow and during the first month's treatment I was somewhat discouraged. However, I continued treatment for three months longer and was rewarded with a complete cure. I could only earn \$1 a week in a machine shop before treatment, now I am earning \$10 and never lose a day. I wish all sufferers knew of your valuable treatment."

HENRY C. LOCUST.

HAS YOUR BLOOD BEEN DISEASED?

BLOOD POISONS are the most prevalent and most serious diseases. They sap the very life blood of the victim and unless entirely eradicated from the system will cause serious complications. Beware of Mercury. It only suppresses the symptoms—our NEW METHOD positively cures all blood diseases forever.

YOUNG OR MIDDLE AGED MEN—Impudent acts or later excesses have broken down your system. You feel the symptoms stealing over you. Mentally, physically and vitally you are not the man you used to be or should be. Will you heed the danger signal?

READER Are you a victim? Have you lost hope? Are you intending never to marry? Has your blood been diseased? Have you any weak eyes? Our New Method positively cures you. What it has done for others it will do for you. CONSULTATION FREE. No matter who has treated you write for a honest opinion Free of Charge. BOOKS FREE—"The Golden Monitor" (Illustrated), on Diseases of Men.

NO NAMES USED WITHOUT WRITTEN CONSENT. PRIVATE. No names on boxes or envelopes. Everything confidential. Question list and cost of treatment FREE for Home Treatment.

DRS. KENNEDY & KERGAN
Cor. Mich. Ave. and Shelby St., Detroit, Mich.

Lime, Cement and Cut Stone.

We keep the best in stock at right prices.

JOHN H. OLDBERSHAW,

Thomas Street, Opposite Police Station.

Coal and Wood

Order your COAL and WOOD from
J. GILBERT & CO.

We have the best to be got and at lowest market prices. Orders promptly delivered.
OFFICE and YARDS Queen St., near G. T. R. Crossing. PHONE 119.