

'Coach of the Year' tells you how

Students Union Forums will present "Creativity in Coaching," with Lionel Pugh, on January 31st at 11:30 a.m. in SUB Theater.

Canada's "Coach of the Year" in track and field in 1974, Lionel Pugh has been active in track and field coaching for over 22 years. During that time he has given coaching clinics and seminars all over the world, never missed an Olympics and been personal coach to 18

international-class athletes in Canada.

Born near Cardiff, Wales, Lionel Pugh obtained a bachelor of arts in economics and psychology at the University of Wales and a bachelor of physical education from the University of Leeds. During his undergraduate years, he was an all-round athlete active in rugby, soccer, squash, boxing and track and field where he was an international level javelin

thrower. He is now a 6-handicap golfer.

Lionel Pugh was national coach for the United Kingdom for over 10 years, leading the British track and field team to competition in Germany in 1957, Russia and Finland in 1959. He was also coach of the Nigerian track and field team at the 1958 Commonwealth Games.

He was head coach of the Oxford University team from 1962-64 - the oldest track and field institution in the world.

Since 1964, Lionel Pugh has been head coach of the track and field team (men and women) at the University of British Columbia, where he is also an associate professor of physical education. He served as Canada's national coach from 1969-73, leading the track and field team to the 1969 Pan-Pacific Games, the 1970 Commonwealth Games, the 1972 Olympics and the 1973 Pan-American Games.

Lionel Pugh was host and commentator of a BBC-TV current affairs program from 1954-64. Since then he has been a sports commentator at Olympics and Commonwealth Games for the BBC, CBC and

UA athletes show stuff

Alberta athletes performed extremely well at an open meet in Saskatchewan this weekend.

Track and Field team coach Gary Ness expressed satisfaction with their efforts, adding that he expects great things in the Canada West meet in Edmonton February 28 and March 1.

Debbie Ryan recorded a personal best time of 2:20:1 in the 800-meter event, which was good for a third place finish. A similar time should place her high in the CW finals.

Damien Gynane won the men's 800-meters, leading all the way, and recording a 1:59:2 time.

Two UA athletes finished high in the 80 and 300-metre races. Vic Marchiel had times of 9.4 in the 80-metre and 36.7 in 300-metre for 3rd place in both events, while Al Hone finished 2nd in the same events with times of 9.3 and 36.6 seconds, respectively. Both men beat former Canada West great John Konihowski, (you may remember him as a wide receiver with the Eskimos) who holds the Canadian record.

Don Klapecki took top honors in the triple jump event and Rick Wiens placed 2nd in the pole vault.

Jim Young ran an excellent 3000-metre race, and beat his personal best time by 6 seconds, finishing in 8:44.6.

Brian Fryer, making the adjustment from football, placed 3rd in the long jump, and is not yet at his best.

The Alberta sprint team is, according to Ness, "the best in the conference," despite disqualifying at Saskatchewan.

The team hosts the Golden Bear Open, February 8th at the Kinsmen Field house, with action getting under way at 10:00 a.m.

Team Handball flourishes at U

The U of A Team Handball squad is enjoying a good deal of success in its first season. The team, coached by National Team member Ron Gorgichuk, is currently second in the ten team Alberta Senior Men's "A" League, having won 5 games, tied 2, and lost but one.

Other teams in the loop include 3 Calgary clubs, an entry from Fox Creek, and 5 other aggregations from Edmonton.

The U of A team played in two extremely tight contests last Sunday. Capitalizing on several fast break opportunities, they came from behind to defeat the more experienced Edmonton International team 22-21, on the strength of 5 goals by Dale Cox and 4 by Gorgichuk, who doubles as a player.

In their second game of the day, a last-minute penalty shot by Gorgichuk gave U of A an

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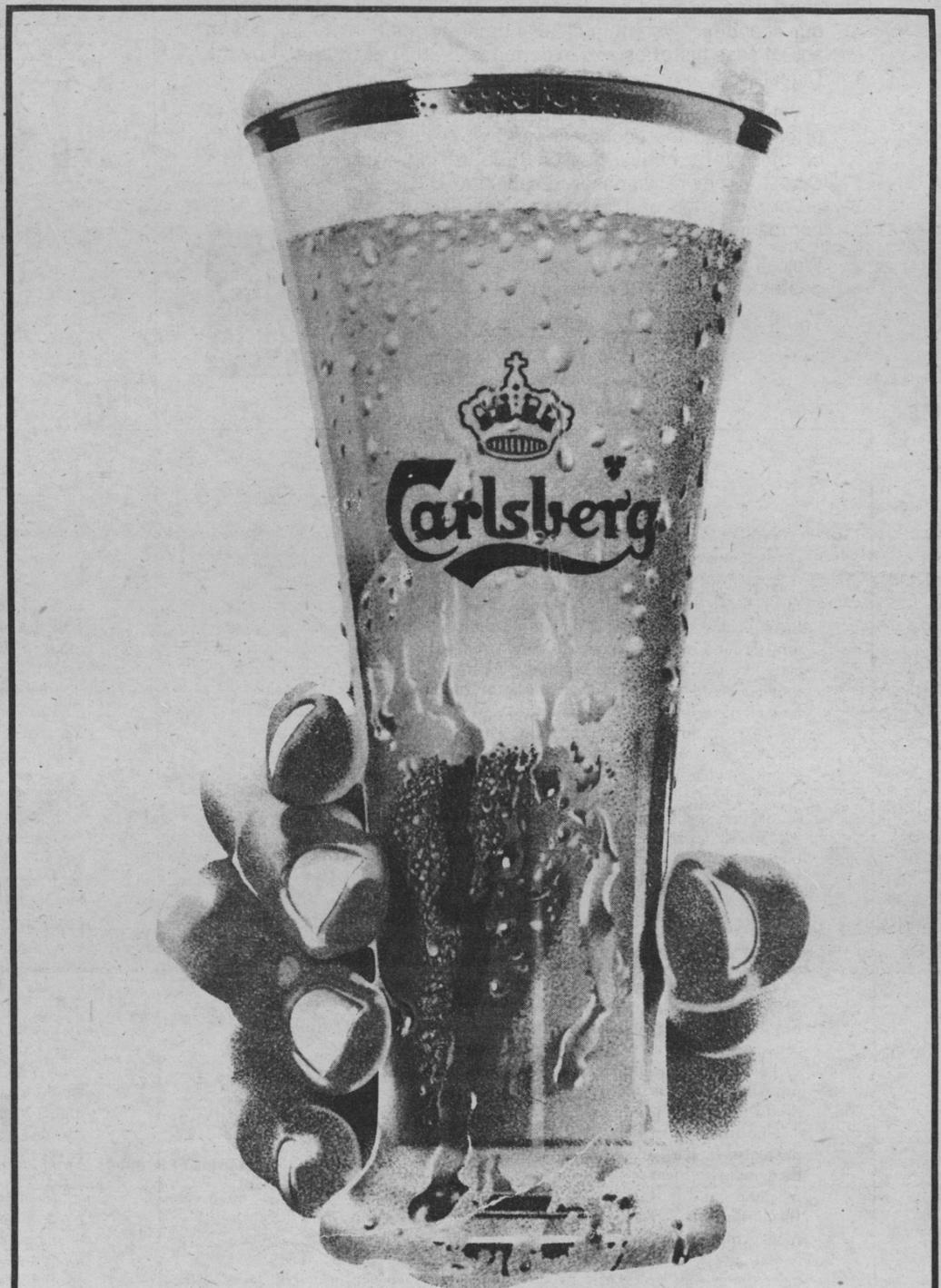
Lionel Pugh - Canadian Coach of the Year.

ITV networks.

In 1971, Pugh was one of the principal speakers at the International Coaching Symposium in Toronto. Over the years he has been on lecture tours on track and field in Finland, Sierra Leone, Gambia, Kenya, Tanzania and in 1974 he travelled to Bolivia and Ecuador for the Olympics Solidarity

Movement to conduct track and field clinics there.

The author of three books and one booklet on track and field, a member of the board of directors of the Coaching Association of Canada, Lionel Pugh is noted for a unique coaching philosophy which concentrates on the athlete as a whole individual.



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*Office hours by appointment monday thru saturday
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TUITION FEES ARE DUE

University regulations governing the payment of fees require that the second instalment be made by January 15, 1975. A penalty of \$15.00 will be charged on any payment made or postmarked after that date.

The regulations further state that should payment not be made by January 31st, registration will be subject to cancellation.

The last day for payment of fees without penalty for students who have registered only in the Second Term (January to April) is January 31, 1975. Should payment not be made by February 17th following, registration will be subject to cancellation.

Payments are accepted by the Cashier, 3rd Floor, Administration Building, or by mail addressed to the Fees Division, Office of the Comptroller, Administration Building.