

DANGER PERIOD OF WOMANS' LIFE FROM 45 to 50

Interesting Experience of Two Women—Their Statements Worth Reading.

White Oak, Ont.—“At Change of Life when doctors could do no more and I was given up by my friends, Lydia E. Pinkham's Vegetable Compound came to the front and did wonders for me. I had been having female troubles for years, my head troubled me severely at times, I had bearing down pains and backache and I was very anaemic from excessive flowing. I recommend your Compound highly and do all I can to advertise it as a genuine woman's medicine.” — Mrs. SYLVESTER MANNING, White Oak, Ontario.



The Case of Mrs. Kirlin.

Circleville, Ohio.—“I can truthfully say that I never had anything do me so much good during Change of Life as Lydia E. Pinkham's Vegetable Compound. “Before I had taken one half a bottle of it I began to feel better, and I have continued taking it. My health is better than it has been for several years. If all women would take it they would escape untold pain and misery at this time of life.” — Mrs. ALICE KIRLIN, 358 W. Mill St., Circleville, Ohio.

The Change of Life is one of the most critical periods of a woman's existence. At such times women may rely upon Lydia E. Pinkham's Vegetable Compound.

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Relieves Urinary and Kidney Troubles, Backache, Straining, Swelling, Etc.

Stops Pain in the Bladder, Kidneys and Back.

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I have a recipe for these troubles that you can depend on, and if you want to make a quick recovery, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this. Dr. A. F. Robinson, K2045 Luok Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.



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readers may be interested in it. We came here from Rapid City, Manitoba, nine years this June, quite in the early days and all we could see, were two tents two miles away. The railroad only came up then as far as Sheho, and we had to travel twenty miles, with oxen, which was very slow work as it was so wet and we kept getting stuck. There is certainly a great change here now. The railroad has been extended, and Leslie is our nearest town, just ten miles north of us. Ladstock is the district post office, and we can now see sixteen houses. This settlement is largely composed of Scotch and English people, and a few Galicians. As I see many discussing dancing, I would like to say a few words too. Well, I don't see any harm in it. This is a great district for this, and for a month there has been one every Friday night, and they were very well attended considering there is so much snow and the roads not very good. Last Friday night there was a masquerade ball. We had one last year too. It was very interesting. Prizes, of course, were given to the best dressed. Card playing, I know very little about, but I like playing games better. There is just mother, father and a brother in our family. We have ten head of cattle. My brother has five head of horses, thirty-five hens, one dog, and two cats. I might say that the soil here is said to be very good, not much wood, only small scrub. We get our wood five miles south. We had two men here last week with a gasoline engine and they saved the wood in three and a half hours. I am great at doing silk crazy work and I have two quilts and twenty sofa cushions. Any one wishing to write to me will find my address with the Editor. Wishing the club all prosperity, I will now close.

Ethel Cecilia Priscilla.

News of the West

Alberta, February 18th, 1913.

Dear Editor: Here comes another Western bachelor looking for admittance into your happy circle. I have been a reader of your valuable magazine for two years. The correspondence columns are the first place I open it at. I just cannot refrain from writing a letter to the column any longer, so I hope the ever-hungry waste paper basket has not got its mouth wide open. I must say your magazine is full of good reading from start to finish. Well, Mr. Editor, to be brief, I do not chew tobacco, or drink anything stronger than tea, a lover of all sports, and living on 320 acres in a good part of the country. Any of the Eastern boys or girls who would like to hear of the West just write to me, I will answer any letters or exchange postcards. Girls, I am also right there when it comes to drying the dishes or cutting the wood. I would like to correspond with farmers' daughters. Wishing the Western Home Monthly every success.

Broncho Tame

The Power of Influence

Alberta, March 18th, 1913.

Dear Editor: Have you room for a few words from another devoted subscriber? I can easily imagine how much the Western Home Monthly must mean to the lonely “Homesteading Bachelors,” of whom there are so many. I like to read their letters. Do you bachelors all have dogs? I think a dog is very good company, especially when one cannot have human society. “Bashful Sandy,” I liked your letter and the verse you gave. Poetry is a great comfort, isn't it? I am glad you went to that “really true New Year's dinner.” I suppose some good hearted housewife in your neighbourhood opened her doors to the bachelors in honor of the holiday. Of whom is the photograph, I wonder? It is a woman I am sure. I am glad you did not go to that dance. Being a wall-flower is no fun. May I introduce a new subject for discussion? It is one I have thought about a good deal, because I am a woman. It is this “just how much influence a woman has in a man's life.” How closely must she come in contact with him in order to influence him? When a man is down how far will a good woman's influence go to

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- Is your breath foul?
- Are your eyes watery?
- Do you take cold easily?
- Is your nose stopped up?
- Does your nose feel full?
- Do you have to spit often?
- Do crusts form in your nose?
- Are you worse in damp weather?
- Do you blow your nose a good deal?
- Are you losing your sense of smell?
- Does your mouth taste bad mornings?
- Do you have a dull feeling in your head?
- Do you have pains across your forehead?
- Do you have to clear your throat on rising?
- Is there a tickling sensation in your throat?
- Do you have an unpleasant discharge from the nose?
- Does the mucus drop into your throat from the nose?

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