

If you could see your own scalp through an ordinary magnifying glass, you would be amazed at the amount of dust, dandruff, and dead skin thereon accumulated. The best and most popular preparation for cleansing the scalp is Ayer's Hair Vigor.

American oculists are said to be buying up Fort Worth lots.

Dallas, which might otherwise be thrown away by resorting to ineffectual medicines, are saved by purchasing that inexpensive specific for back pain and remedy for affections of the throat, lungs, stomach, liver and bowels, Dr. Thomas' Electric Oil, which does not deteriorate, and is thorough and pure.

The French Anarchist convention opened at Clare, N.S., Wednesday.

H. A. McLachlan, Norland, writes: "I am sold out of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure. It sells well, and I find in every instance it has proven satisfactory. I have reason to believe it the best preparation of the kind in the market." It cures Dyspepsia, Biliousness, and Torpidity of the Liver, Constipation, and all diseases arising from Impure Blood, Female Complaints, etc.

The actual sales arriving at Winnipeg, Man., during July numbered 1,911.

Voice Culture.—Adams' Tutti Frutti Gum improves the voice. Sold everywhere, 5 cents.

Mrs. Jane Wheeler, a prominent lady of London, committed suicide Tuesday.

The easy quiet way in which T. A. SLO-CUM'S OXYGENIZED EMULSION OF PURE COD LIVER OIL has won its way into public favor speaks volumes for its merits. At the office of the company, Toronto, Ont., can be seen scores of valuable testimonials, while any druggist will tell you that for all pulmonary difficulties it stands unrivalled.

Flour rose 17 cents per bag at Winnipeg Tuesday owing to the rise in wheat.

Hard and set corners withstand Holloway's Corn Cure; it is effective every time. Get a bottle at once and be happy.

David Langille was crushed to death in a shipyard at River John, N.S., Tuesday.

Thomas Myers, Bracebridge, writes:—"Dr. Thomas' Electric Oil is the best medicine I sell. It always gives satisfaction, and in cases of coughs, colds, sore throat, &c., immediate relief has been received by those who use it."

Horses in various parts of Manitoba and the Northwest are afflicted with glanders.

Four Years in Sawyerville.

"For four years I had pimples and sores breaking out on my hands and face caused by bad blood. Medicine from the doctor was tried without avail, but after using two bottles of Burdock Blood Bitters I am well."

MISS MABEL GIBSON, Sawyerville, Que.

The harvest in Hungary is ruined by the floods.

When the Vital Current is vitiated from any cause, scrofulic blemishes in the shape of pimples, sores and blotches soon begin to disfigure the skin. Is such a case the most effective purifier in Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, which expels impurities from the blood as well as regulates digestion, the bowels, liver and kidneys. For Female Complaints it has no equal.

Prof. Favre, the eminent Swiss geologist, is dead.

One trial of Mother Graves' Worm Terminator will convince you that it has no equal as a worm medicine. Buy a bottle, and see if it does not please you.

The population of Chicago is estimated at 1,098,567, placing her next to New York.

Bickle's Anti-Consumptive Syrup is a combination of several medicinal herbs which exert a most wonderful influence in curing pulmonary consumption and all other diseases of the lungs, chest and throat. It promotes a free and easy expectoration, and gives ease even to the greatest sufferer. Coughs, colds, shortness of breath, and affections of the chest, attended with weakness of the digestive organs or with general debility, seem to vanish under its use. No other remedy acts so readily in allaying inflammation or breaking up a severe cold, even the most obstinate cough is overcome by its penetrating and healing properties. When children are affected with colds, coughs, inflammation of the lungs, croup, quinsy, and sore throat, this Syrup is of vast importance. The number of deaths among children from these diseases is truly alarming. It is so palatable that a child will not refuse it, and is put at such a price that will not exclude the poor from its benefits.

There is not a more dangerous class of disorders than those which affect the breathing organs. Nullify this danger with Dr. Thomas' Electric Oil—a pulmonary of acknowledged efficacy. It cures lameness and serenity when applied externally, as well as swelled neck and crick in the back; and, as an inward specific, possesses most substantial claims to public confidence.

A death from cholera occurred in Madrid on Monday.

Moderate Gum chewing positively healthful. Chew Adams' Tutti Frutti Gum, 5 cents.

A graveyard near Waldron, in Indiana, has been heaved up by gas.

John Hays, Credit P. O., says:—"His shoulder was so lame for nine months that he could not raise his hand to his head, but by the use of Dr. Thomas' Electric Oil the pain and lameness disappeared, and although three months has elapsed, he has not had an attack of it since."

Prince Napoleon is said to have landed in Tunis, carrying an Italian passport.

People who read and reflect, after reading, upon the many published testimonials regarding Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, can scarcely fail to perceive that evidence so positive and concurrent could not be adduced in behalf of a remedy of doubtful efficacy. The facts proven by such evidence are that it roots out impurities of the blood, restores digestion, enriches the circulation, and regulates the bowels and liver.

The pope will build a new palace in the Vatican gardens for a summer residence.

It Saved His Life.

GENTLEMEN,—I can recommend Dr. Fowler's Extract of Wild Strawberry, for it saved my life when I was about six months old. We have used it in our family when required ever since, and it never fails to cure all summer complaints. I am now fourteen years of age.

FRANCIS WALSH, Dalkeith, Ont.

The Congo State has annexed the kingdom of Monatayamoo, lying to the south.

Public Speakers, Actors and Vocalists find, and state that Dr. Thomas' Electric Oil relieves hoarseness and irritation in the throat better than remedies specially advertised to relieve that difficulty. This Oil has a wide scope, since it cures external hurts, corns, sores, frost-bite, piles, and a variety of other unhealthy conditions.

The flint glass works at Pittsburg have been reopened.

Superfluous hair, birth-marks, moles and all facial blemishes permanently removed, by Electrolysis. Dr. Foster, Electrician, 133 Church Street, Toronto.

The Erie Railway Company has gained an entrance into Chicago.

Mr. Alexander Robinson, of Exeter, in writing about one of the most popular articles, and one that has done more good to the afflicted than any other medicine has during the short time it has been in existence, says: "I have used four bottles of Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, and have been cured of Dyspepsia that troubled me for over ten years. Part of that time I had it very bad, and I was at considerable expense trying to get relief; but this excellent medicine was the first and only relief I received."

Prince George will not return to England until May next.

The Sleep of the Just.

For sleepless nights depending on worry, vexation, indigestion, etc., Burdock Blood Bitters is a remarkably efficient cure. "I have used Burdock Blood Bitters for sleepless nights and now sleep well all night. I recommend it to all suffering from imperfect rest."

Geo. U. SHIEL, Stony Creek, Ont.

Timothy Harrington is coming to America to assist in reorganizing the Irish League.

D. Sullivan, Malcolm, Ontario, writes:—"I have been selling Dr. Thomas' Electric Oil for some years, and have no hesitation in saying that it has given better satisfaction than any other medicine I have ever sold. I consider it the only patent medicine that cures more than it is recommended to cure."

A crying need—A handkerchief.

Do no violence to the liver and general system by repeated doses of mercury in the shape of calomel and blue pill. Many persons thus dose themselves even without the advice of a physician. The best substitute for such pernicious drugs, and the use of which is never followed by disastrous effects upon the general health, is Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, which permanently tones the stomach, regulates the bowels, purifies the blood, and gives a healthful glow to the cheek.

System in Housework.

System, applied to housework, means the apportionment of certain duties or kinds of work among the several days of the week. A systematic arrangement of work and material is necessary in every vocation, to save time and to avoid confusion.

"Order is Heaven's first law." System underlies all the works of the Creator. The farmer must sow in season and reap in season, or suffer loss; the teacher must follow a certain programme or the school will be disorderly and undisciplined; the merchant must have a system of arranging his shelves and displaying his goods, or he will fail to attract customers.

A well-laid plan is a long step toward the accomplishment of any task. What is true of other callings is true of housekeeping. Every housewife should study a system, especially one whose purse is too slender for hired help. The woman who wisely allots certain portions of her work to certain days, and strictly adheres to the allotment, is master of the situation, while she who goes from task to task, and from day to day with no definite plan in view, is sure to be crowded and harassed by unthought-of cares.

One day in the week should be set apart for washing, and when that day dawns no other duties should be allowed to interfere. Let the washing be done, rain or shine. As a fixed day for that duty, Monday has advantages over any other. The family washing is the hardest task that falls to the lot of a housewife, and when she is better prepared for it than after mind and body have been strengthened by the Sabbath? Then, too, there is less danger of being interrupted by callers. It is very embarrassing and annoying to be called upon to entertain people on wash-day. There is a rap at the door, the flurried housewife hastily wipes the suds from her hands, gives her hair a twist, throws off her soiled apron for a clean one, (if she has one) and hastens to admit her guest. She sits to chat awhile, wondering if meanwhile the clothes she left on the stove will boil until they are yellow, or if the calicoes she left in the tub will be all faded out. In many homes kitchen, dining-room and parlor are one; then the embarrassment is much greater. After an hour's delay, which will hinder her getting through before dark, she resumes her work to find that her clothes have fared even worse than she feared.

Another reason for preferring Monday is that with most women the washing is mostly dreaded, and postponement only increases the dread. Let the most irksome tasks be first disposed of. Should there be inclement weather during the week, or an entertainment that one would wish to attend, or sickness, or unexpected company, or any unlooked for emergency, what comfort in the thought, "Well, my washing is done; I haven't that to worry about!" With the most unpleasant task of the week disposed of, it is an easy matter to so distribute the ironing, baking, cleaning and minor duties among the remaining forenoons as to leave the afternoons for sewing, mending or recreation.

Here is a system that was successfully carried out by a woman who did all the work for her own large family, and some for her neighbors, for she was obliged to earn money. On Monday she washed and scrubbed the floors, if there was time; if not, the scrubbing was left until the next morning. Tuesday forenoon was devoted to baking, sweeping, dusting, and a general straightening up of cupboards, shelves, stands, etc., that had become disarranged during Sunday and Monday. Wednesday forenoon part of the ironing was done, and whatever baking or cooking was a necessary Thursday the ironing finished and the kitchen floor scrubbed. Friday was the day for odd jobs, such as cleaning windows and wood work, airing beds and closets, cleaning out wood-sheds, cellars, etc. On Saturday she did baking enough to last until the next Tuesday, scrubbed floors, gave the children baths and clean clothes, and put everything in readiness for the Sabbath. Every afternoon, excepting Monday, as soon as the dinner work was over, her dress was changed and she took up sewing, knitting, or mending for herself or others. The Sabbath was decidedly a day of rest. No clothes were put to soak, and no snow or ice was melted for wash-day. The day was kept holy, thereby refreshing mind, soul, and body. Housekeepers will find that strict Sabbath observance pays.

The cares and perplexities of a housekeeper's life are manifold, but they are greatly increased where there is lack of system in the work. Systematic housekeeping benefits all classes of housewives, the frail and strong, the rich and poor. The overworked, nervous woman will find her labors simplified and lightened by pursuing a studied routine, and the rich woman will find that her servants stay longer and give better satisfaction

where they are trained to work upon a given plan.

LAURA C. GIBBONS.

You cannot be too particular about the medicines you use. When you need a blood-purifier, be sure you get Ayer's Sarsaparilla, and no other. It will mingle with, purify, and vitalize every drop of blood in your body. It makes the weak strong.

FOR CRAMPS, COLIC, and all Bowel Troubles, use

PERBY DAVIS'

PAIN-KILLER. Used both internally and externally. It acts quickly, affording almost instant relief from the severest pain. BE SURE TO GET THE GENUINE 25c per bottle.

MEDICINE and FOOD COMBINED!

THE OIL EMULSION OF PURE COD LIVER OIL & HYPO OF LIME AND SODA. Increases Weight, Strengthens Lungs and Nerves. Price 50c. and \$1.00 per Bottle.

Ministers and Public Speakers use

SPENCER'S Chloramine Pastilles. For Clearing and Strengthening the voice. Cure Hoarseness and Soreness of Throat. Price 25c per bottle. Sample free on application to Druggists.

TO MOTHERS PALMO-TAR SOAP

Is Indispensable for the Bath, Toilet or Nursery, for cleaning the Scalp or Skin. THE BEST BABY'S SOAP KNOWN. Price 25c.

EVERY WOMAN SURPRISE SOAP. Can save half the toil of wash-day and be fresh and strong. Can have clothes secret, never white, never yellow. Flannels not to shrink, cotton not to harden, but soft and white. Use the "Surprise" soap. No boiling or scalding. Remarkable! Try it! READ THE DIRECTIONS ON THE WRAPPER. St. Croix Soap Mfg. Co. St. Stephen, N. B. SOAP. Send us 25 SURPRISE wrappers and get one of our beautiful engravings.

BRISTOL'S Sarsaparilla. The Great Purifier OF THE BLOOD AND HUMORS.