The Victory [Loan

Should be loyally supported by every citi-

This Bank gladly furnishes full information. and is pleased to co-operate with intending subscribers.

Paid-up Capital \$ 9,700,000 Reserve Pund 18,000,000

THE BANK OF **NOVA SCOTIA**



London & Port Stanley Railway

Timetable Effective September 8.

To St. Thomas—†5:00, †*6:20, 7:20, :20, 9:20, *10:20, 11:20 a.m., *12:20, :20, 2:20, *3:20, 4:20, *5:20, 6:20, *7:20, 2:0, 9:20, *10:20, †11:20 p.m.

To Port Stanley—†*6:20, *8:20, *10:20, :20, *3:20, *5:20, *7:20, *10:20 p.m. †Daily except Sunday.

HOT WATER FOR

drink hot water with phosphate in it before breakfast.

Headaches are caused by auto-intoxication-which means self-poisoning. Liver and bowel potsons called toxins. was the demand. The commission could now easily dispose of 100,000 more which pumps the blood so fast that it congests in the smaller arteries and veins of the head, producing violent, throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable, of power might be as low as pre-war prices. you resort to acetanilid, aspirin or the bromides, which temperarily relieve but do not rid the A glass of hot water with a teaspoonful of limestone phosphate in it,

drank before breakfast will not only wash these poisons from your system and cure you of headache, but will cleanse, purify and freshen the alimentary canal. Ask your pharmacist for a quarter

bound of limestone phosphate. It is nexpensive, harmless as sugar. If you aren't feeling your best, if ongue is coated or you wake up with bad taste, foul breath or have colds, indigestion, biliousness, constipation or sour, acid stomach, begin the phoshated hot water cure to rid your system of toxins and poisons.

COLD WEATHER MAY BRING NEW "FLU" DANGER

Health Boards Give Warning, Watch First Dangerous Symptom, Easier To Prevent than Cure— How to Avoid.

Although, to date, this fall no serious country-wide Epidemic of Influenza has developed, the many scattered cases reported by Physicians shows clearly that people are failing to take the simple ordinary precautions necessary to avoid infection. Health Boards are therefore again issuing public warning as to the best methods of prevention. ordinary precautions necessary to avoid infection. Health Boards are therefore again issuing public warning as to the best methods of prevention.

The best plan is to begin treatment before the first symptom starts. For no other disease will develop so quickly or spread so rapidly. You may feel fine today—be sick tomorrow and lose a week or more of work. You will indeed be fortunate if pneumonia does not develop.

It is claimed that influenza is caused by a germ in the air, and that every breath you take is likely to draw them into your nose and throat; that you can prevent the disease by killing the germs before they spread throughout your body. There is probably no safer or surer treatment than to go to the nearest drug store and get one of the fancois Hyomei Inhaling Outflits, consisting of a bottle of the pure Oil of Hyomei and allittle vest-pocket hard rubber inhaling device into which a few drops of the Oil of Hyomei are poured.

Just breathe this Oil of Hyomei deep into your nose, throat and lungs and then every particle of air that enters your breathing organs will be charged to again the right-of-way, track construction, building, overhead construction, buildin

Thist breathe this Oll of Hyomel deep into your nose, throat and lungs and then every particle of air that enters your breathing organs will be charged with an antiseptic healing balsam.

You can't do this too often. No ordinary night and morning gargling or throat spraying will be sufficient so long as during the day you come in content outlact with infection. The Hyomel inhaler is small and can be conveniently carried in a handbag or vest-pocket. Every half-hour or so throughout the day take it out and draw a few breaths of its pure healing air into your nose and throat. By doing this you should avoid infection and check the further spread of the disease, even though you are coming in direct connect with it. This is an inexpensive reatment, as the Inhaler will last a lifetime, and further supplies of the Dij of Hyomel can be had at any drug commended above, is not a new dissection of the Slavic and the Teutonic peoples, but the British delegation, at today's sitting. It had been ageed that one of the Slavic and the Teutonic peoples, but the British delegate insisted that the position of the women of the Central Powers of the Central Powers in the new organization of Margaret Bondfield, of the British delegation, at today's sitting. It had been ageed that one of the Slavic and the Teutonic peoples, but the British delegate insisted that the bottom of the women of the Central Powers and the suggestion of the International Congress of Working Women was made at the suggestion of Margaret Bondfield, of the British delegation, at today's sitting. It had been ageed that one of the Slavic and the Teutonic peoples, but the British delegate insisted that the position of the women of the Central Powers was too important for such divided representation, and it was agreed to hold open one vice-presidency to be filled later by a woman chosen by German, Austrain and Russian representatives. Wiss Jeanne Bouvier, representing the Latin peoples; Miss Betsy Kelsberg, the Scandinavians and Finlanders: Miss L. Stychovo, the Slavi

COST MORE THAN \$6,500,000

Beck Gives Out Estimates and Proposed Route At Galt.

TAKE VOTE IN JANUARY

To Submit Bylaws in Seventeen Municipalities-Would Take Over G. T. R. System.

[Special to The Advertiser.]

GALT, Nov. 6.-Representatives every municipality and township lying between Hamilton on the south and Elmira on the north gathered here this afternoon in the city hall, filling it to the door, to hear Sir Adam Beck and Chief Engineer Gaby of the hydro com-Chief Engineer Gaby of the hydro commission outline their plans for the hydro radial system, covering this territory and to receive estimates on its cost.

As a result of today's meeting bylaws will be submitted to 17 municipalities affected at the January elections.

Today's meeting, called by the commission, was presided over by Mayor Mercer. Sir Adam Beck said Ontario lacked transportation, and that he came before this meeting assured that the system proposed was the best. Electric lines in the United States had been investigated, estimates on revenue had been obtained from experienced trafficmen. He announced that an order-incouncil had been obtained and full arther than the control of the control

been obtained from experienced traffic men. He announced that an order-incouncil had been obtained and full authority given to present bylaws to seventeen municipalities, to be voted on in January. He predicted that the extension of hydro radials would have the result of reducing the cost of power to districts served by them.

Sir Adam said it was absolutely necessary that the country should take over the G. T. R. system.

Sir Adam said it was absolutely necessary that the country should take over the G. T. R. system, and with politics eliminated from the management and honest men put in charge, government lines would be able to compete with the C. P. R. It was not the intention of hydro radials to parallel G. T. R. branch lines, but only those which the commission was satisfied would pav. He predicted great success for hydro radials and said everybody wanted to travel on the road that gave the best service and cheapest fare as had been demonstrated with the London and Port Stanley line, which was making demonstrated with the London and Port Stanley line, which was making

The Toronto terminal of the hydro radials, he said, would be almost as large as the present union depot and further, he said, ample market facilities would be provided for agricultural and fruit products with an interchange of traffic with all steam roads. The hydro chairman was inclined to wander of traffic with all steam roads. The hydro chairman was inclined to wander somewhat, and he even touched on the political situation at Queen's Park.

"I care not what party I belong to," he said, "but I believe it is right to give these men (referring to the U. F. O.), a chance. This is no time for strife and only by production can we reduce the high cost of living.

Chippawa Canal.

Reference was made to statements

Chippawa Canal.

Reference was made to statements that the Chippawa Canal scheme would be a failure, but Sir Adam reminded his hearers of the prediction he made in 1913 that 200,000 horsepower would be required in 1919, which had been fulfilled. Further, he said, there would be greater restrictions in the use of power in the next year and a half, so great was the demand. The commission could now easily dispose of 100,000 more

oped he believed that 450,000 horse-power to be provided by the Chippawa Canal would be taken up in a few years. He did not believe the people of Ontario would turn back on hydro, but that Ontario would continue to lead the world in electric production. Chief Engineer Gaby presented the report on the route and cost of the pro-

report on the route and cost of the proposed hydro radials lines from Hamilton to Elmira, with Galt practically the hub of the system. Municipalities to be served will be the townships of Ancaster, West Flamboro, Beverly, North Dumfries, Waterloo, Woolwich, Puglinch and Gueiph, towns of Elmira, Dundas, Waterloo, Preston and Hespeler and the cities of Hamilton, Galt, Kitchener and Gueiph.

Interurban Terminal. Interurpan Terminal.

It is the intention to use the interurban terminal on James street, Hamilton, thus connecting with Toronto.

The Hamilton-St. Catharines Railway ine will branch off from the Toronto Hamilton, Niagara line three-quarters of a mile from the terminal, then run westerly, south of the Desjardines Canal in the valley to Dundas and Copetown, and then northwesterly through Rock-ton and Sheffleld to Galt, entering this city from the south along the Grand

From this city the line will follow the general direction of the Grand River and Schnelder's Creek into Kitchener. From Kitchener the radial will extend practically in a straight line through Waterleo to Elmira from a junction located on the Galt-Kitcher The line would extend through Preston and Hespeler and follow the Speed River into the heart of Guelph. From this line a branch about three mile long will be run to Puslinch Lake, summer resort for this district.

WHY EXPERIMENT?

Food scientists claim that the leavener is largely responsible for the flavor, texture and wholesomeness of your home baking. That on no other one ingredient does so much depend. It is important, therefore, to use a baking powder that you know possesses the necessary leavening qualities.

MAGIC BAKING POWDER

and is the only strictly high class baking powder in Canada selling at a moderate price. Its reputation is built on purity and highest quality.

The only well known medium priced baking powder made in Canada that does not contain alum and that has all its ingredients plainly stated on the label.

Made in Canada

TRADING SCHOONERS

their way along the northern rim of the continent to Banks Land and Herschel Island and back again.

Over 2,500 furs were stored on Banks Land alone awaiting the boats, accord-NOME, Alaska, Oct. 22.—Fortunes in furs were brought out of the far north furs were brought out of the far north trappers on the island have been piling to its regular order of bu up what Nome men said was the greatest cargo ever brought around servations recommended by heavy Arctic Ocean ice and worked into the Bearing Sea.

A SHARP SKIRMISH.

WASHINGTON, D.C., Nov. 6 .- After a sharp and fruitless parliamentary skirmish, during which a vote on the ratification of the peace treaty without reservations for a time seemed imminent, the Senate late today went back to its regular order of business and began formal consideration of the re-

Col. Gerald White Former Tory M. P. Appointed Senator

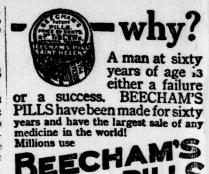
OTTAWA, Nov. 5 .- Colonel Gerald frew, was today appointed to the Sensigned the roll. The new senator served board today. "At present we have not as commander of a forestry battalion overseas and was not a candidate for

It is understood that William Proudfoot, former Liberal leader in the Ontario Legislature, has been added to the Senate, or that he will be within the next day or two.

EMPLOY SPOTTERS TO WATCH THE SPOTTERS

TORONTO, Nov. 6 .- "I am satisfied White, who for a number of years was that liquor spotters are not accepting Conservative member for North Ren- any bribes, but we are making inquiries into certain rumors," said J. D. Flaate and this evening took the oath and velle, chairman of the Ontario license sufficient evidence to hang a cat on." overseas and was not a candidate for re-election at the general election of 1917. Te takes the place made vacant in the Upper House by the death of the late Senator George Taylor.

Rumors have been persistent of late that the spotters employed by the department were taking bribes. Spotters will now be engaged to spot the alleged bribed spotters.



The Royal Bank of Canada

Capital, \$16,823,340.00

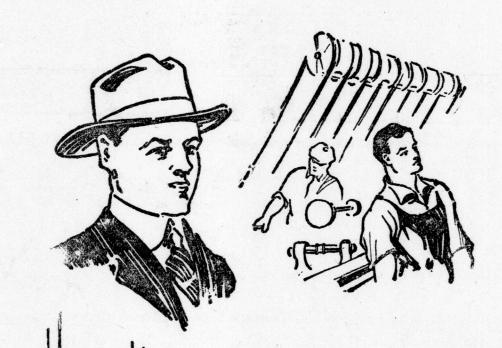


Reserve, \$16,861,670.00

beg to announce

that THEY HAVE OPENED a THIRD BRANCH of their Institution in the City under the management of Mr. R. H. Gale, AT THE CORNER OF RICHMOND AND PICCADILLY STREETS, which they trust will be of convenience to the citizens of that locality, whose accounts are respectfully solicited.

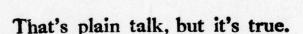
The Young Man's Opportunity







"If you want to know if you are a success, ask yourself this question—'Can you save money?' If you can, you are a success. If you can't, drop out."



That's something for the young man of Canada to think over. If you are not saving money—you are not getting anywhere.

You are lifting your feet and putting them down on the same spot day after day, marking time.

No man ever succeeded that way.

Take a grip on yourself and cut out those careless, useless expenditures you make day after day.

Victory Bonds are your oppor-

Buy a "big block" of Victory Bonds.

Buy them on easy terms - under the instalment plan.

Grit your teeth—and pay for them! You can do it.

And think what this money saved may mean to you later in life. It may mean an interest in some business; it may mean the making of a home. It will mean that you can avail yourself of some investment opportunity that will ensure your financial or business success. The possession of some "ready money" has often been the foundation of a fortune.

Begin saving to-day.

Buy Victory Bonds

Issued by Canada's Victory Loan Committee in co-operation with the Minister of Finance