Now, that which we would persuade you to, is this solemn and expressed covenanting with God; and in order to the putting this matter into practice, take these few directions:—

1. Seek earnestly His special assistance, and gracious acceptance of you.

2. Consider distinctly all the conditions of the Covenant, as they have been laid before you.

3. Search your hearts, whether you either have already or can now freely make such a closure with God in Christ as you have been exhorted to. Especially consider what your sins are, and examine whether you can resolve to forego them all. Consider what the laws of Christ are, how holy, strict, and spiritual, and whether you can, upon deliberation, make choice of them all (even those that most cross your interests and corrupt inclinations), as the rule of your whole life.

First. Be sure you be clear in these matters; see that you do not lie unto God.

Secondly. Compose your spirits into the most serious frame possible, suitable to a transaction of so high importance.

Thirdly. Lay hold on the covenant of God, and rely upon His promise of giving grace and strength, whereby you may be enabled to perform your promise. Trust not to your own strength, or to the strength of your own resolutions, but take hold on his strength.

Fourthly. Resolve to be faithful. Having engaged your hearts, opened your mouths, and subscribed with your hands to the Lord, resolve in His strength never to go back.