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Ensure that the windows are fully raised when your car is parked and open only enough for ventilation when you are driving.

On the road, day or night, be on the look-out for attempts by criminals to stop your car to rob the occupants. Robbers may position themselves on the pavement to block your route, or they may throw stones at the wind-shield to make you lose control of the car and crash.

Do not daydream when driving. If you are a passenger, don't read. Instead, keep an eye open for cars carrying three or four young men and sometimes women who may be following you, or who may be parked on the side of the road for the purpose of monitoring the movements of diplomats.

Be alert to what is developing one, two or more blocks ahead so that you will be able to take evasive action should you observe a road block or any type of obstruction that might endanger your safety.

Install wide-angle rear-view mirrors and use them continuously.

If you believe that you are being followed, drive to the nearest policeman or guarded area and keep sounding your horn to draw attention to your plight. Identify in advance safe havens you may wish

to use en route, if you feel threatened.

Avoid "slum" areas. Criminal elements can travel in these districts without drawing undue attention.

Before leaving your locked car, no matter where you are parked, look carefully about you for persons, especially young people, who appear to be loitering in the vicinity. If you observe any one who arouses your suspicion, notify the police.

Don't let the level of gasoline in your tank drop below the half-full mark. Make certain that you always have more fuel than you require to return home, especially at night when many stations are closed, or in the country when you are not sure just where service stations are located.

Don't pick up strangers.

Ram an attacker's car only if you feel you cannot manoeuvre from the scene. If you must take this extreme measure, gear down to second gear and attempt to strike the rear of the blocking car at about a 45° angle just behind either back wheel. Keep firm control of your car and attempt to escape at high speed if possible sounding your horn as you move from the area. The front end of your car may be damaged and the fan pushed into the radiator resulting in a loss of water.