

Choice Literature.

Nelly's Wish; or, How to be Happy.

"Nelly dear, why do you sit in that listless way; have you nothing to do?" "I do not care to do anything just now; I was thinking."

any of her companions, and felt very important in consequence, till various whippers reached her ears, which made her feel rather uncomfortable. One little girl, who was very fond of her, ventured to ask if she had not a party dress to come in.

Latest Ritualistic Development in England.

The London correspondent of the Freeman writes:—The latest development of Ritualism in England is the establishment of what is called a "Confraternity of Jesus," with a "mother house of fraternity, in which the Superior-General, Brother Bede, will reside, and exercise a supervision over all the branch establishments."

The English P.

The task of establishing a daily newspaper in London is of very difficult accomplishment. Not less than £40,000 (nearly \$200,000) were it creditably reported, spent on the Hour, and yet it had to be given up. On the 7th of May last the Daily Express appeared as a penny daily newspaper.

Wealth of the Ancient Hebrews.

In the time of David and Solomon gold existed in enormous quantities among the Hebrews. The figures given in the Old Testament appear most fabulous. From 1 Chron. xxv. 14, we learn that David had collected together for the purpose of the Temple building a hundred thousand talents of silver.

A Little Sermon on Money.

What is money? Look at it; little circular pieces of dingy copper, or shining silver, or gaudy gold. Can we eat it? or drink it? make a garment of it? or warm ourselves at its glitter? No; a handful of stones picked up by the wayside would answer these purposes just as well.

The Origin of Mormonism.

Remarkable local testimony has been discovered by the Republican sustaining the charge that the religion of Joe Smith and Brigham Young had its origin in a romance written by Rev. Solomon Spaulding of Ohio half a century or more ago.

NO UNDER CRUST TO APPLE-PIE.

There never should be an under-crust apple or any fruit pie. A narrow strip of crust should be laid around the edge of the patted plate, making what is professionally called a double edge, but not doing the bottom.

FRIED OYSTERS.

Simmer for a few minutes in the liquor then drain till quite dry; dip in yolks of eggs and then put in broad crumbs, seasoned with nutmeg, cayenne and salt. Fry in brown. Serve with thick melted butter moistened with oyster liquor as sauce.

DOUGHNUTS.

One pint of clabber milk, one teaspoonful of soda, one coffee cupful of sugar, spice to taste—adding a little salt. Mix the dough only stiff enough to roll and into hot lard, and fry to a light brown. This is an excellent receipt for doughnuts.

TO CURE BUNIONS.

Bind a fine linen band tightly around foot and over the bunion, sew it if necessary, and wear it day and night. Bathe the feet frequently in strong water, using a teaspoonful of pulverized borax to a basin of water.

VERTIGO OR DIZZINESS.

To cure vertigo or dizziness, arising from dyspepsia, eat food that is easily digested, avoiding pastry and fat meat. Sometimes it is occasioned by costiveness, and in such case the remedy is to keep the bowels open with a gentle physic. Avoid coffee, and spirits, late suppers, and go to bed and rise early, and take plenty of out-door exercise.

A SAFE VERMIFUGE.

A simple and safe vermifuge consists of powdered rust of iron. It expels the worms and strengthens the constitution. A child six years old, twenty grains may be given. An adult may take a quarter of an ounce. It may be given in molasses or beer. Follow always with an aperient senna for a child, castor oil for an adult.

TEA AND COFFEE.

Tea and coffee dietary for children is bad in its effects as its use is universal. Dr. Ferguson found that children who only grew four pounds per annum between the ages of thirteen and sixteen; whereas those who got milk night and morning grew fifteen pounds each year. This needs commentary. The deteriorated physique of tea and coffee fed children, as seen in their power to resist disease, is notorious amidst the medical men of factory districts.

BLEEDING AT THE NOSE.

For bleeding at the nose, the best remedy as given by Dr. Gleason, in one of his lectures, is a vigorous motion of the jaws, if in the act of mastication. In the case of a child, a wad of paper should be placed in the mouth and the child instructed to chew it hard. It is the motion of the jaws that stops the flow of blood. This remedy is very simple that many will feel inclined to laugh at it, but it has never been known to fail in a single instance, even in very severe cases.

ROCK CREAM, ORNAMENTAL AND DELICIOUS.

Boil a cupful of rice quite soft in new milk, sweetened with powdered sugar, and pile it upon a dish; lay over in different places square lumps of jelly or preserved fruit; beat whites of five eggs to a stiff froth with a tablespoonful of powdered sugar; flavor with lemon or vanilla; when stiff, add a tablespoonful rich cream and drop over the rice, giving it the appearance of a rock of snow; serve for tea. Your city friends will be delighted at the taste displayed with the delicacy of the dish.

KEEP THE FEET CLEAN.

The feet not only support the body, but are the seat of the most unpleasant odor. For the removal of this means of personal cleanliness, the promotion of the health, the feet should be washed frequently. Indeed this should be daily, at least—oftener in summer, since the feet need far more attention in this respect than the face. To remove the feet "sweat"—which is simply an unusual method of purifying the system—the more attention should be given to the feet. If it is desirable to prevent the sweating, it may be done by strict cleanliness, adding salt to the water in which the feet are washed, followed by thorough friction with a brush or crash towel.

BEEF TEA MADE WITH ICE.

Beef tea can be made without using heat whatever, except that generally the thawing of ice—the change of it from a solid to a liquid form—by all deep dish with the dice-like pieces of ice and then piling cracked ice on top, resultant in an hour or two, is a quantity of juice in the bottom of the dish that is really an ice-cold beef-tea. One should doubt that this process of the juices like the heating process, it is a satisfaction of all doubt to try it. Beef is just as much deprived of its strength and changed in its character as if subjected to a steaming or even a stewing. No more nutriment is left in the beef than when the juices are extracted by heat. In fact, it is an illustration of an old adage, "extremes meet," which is familiar to readers of Arctic explorations and with the sufferers from summer fevers and faces and frozen noses in our "temperate" climate of extremes.

The University of Upsala, Sweden, founded four hundred years ago, has 1,200 students. Its library of 160,000 volumes contains, among other rare things, the copy of the four gospels of the fifth century, the letters of which are silver, and in the parchment of which are therefore called Codex Argenteus.

At the Lyceum, the Lyceum also to stop tobacco, and in vain it comes, fully im-